

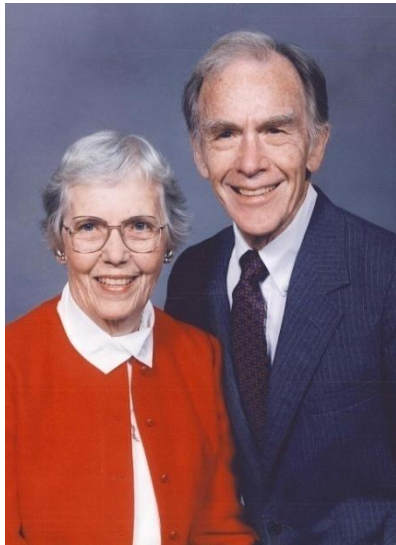
The Home Instead Center For Successful Aging





Lori and Paul Hogan
Home Instead Senior Care, Inc.

The Home Instead Center for Successful Aging Donors



Virginia and
Robert Grissom, M.D.



Ramona and
Deryl F. Hamann



Col. Barney Oldfield and
Vada Kinman Oldfield

Goals Of The Home Instead Center for Successful Aging

- ⦿ Clinical care
- ⦿ Education
- ⦿ Whole Person Wellness Center
- ⦿ Research

Clinical Care



Clinical Care

- ⦿ Comprehensive Geriatric Assessment
- ⦿ Medical Consultation
- ⦿ Primary Medical Care
- ⦿ Geriatric Psychiatric Care
- ⦿ Interdisciplinary Care Coordination and Management
- ⦿ Tele-health Outreach Center

Clinical Care Focus

- ⦿ Alzheimer's disease and other dementias
- ⦿ Chronic illness
- ⦿ Functional Disabilities

Clinical Care Facilities

- ① 9 exam rooms for geriatric medicine
- ① 11 exam and consultation rooms for geriatric psychiatry

Geriatric Medicine Clinic - Exam Room





***Geriatric Medicine Clinic
Nursing Station***

***Geriatric Medicine Clinic
Patient Resource Alcove***



The Home Instead Center for Successful Aging

Waiting Area



A Small Conference Room



EDUCATION FOR THE FUTURE



Who We Educate

- ⦿ Students – Medical, Nursing, Pharmacy and Allied Health
- ⦿ Residents – Internal Medicine, Family Medicine, Psychiatry and other medical specialties
- ⦿ Practicing health care providers
- ⦿ Training and educating well and infirm seniors

How We Educate

- ◎ By providing a quality environment for students, residents and fellows to care for older people with a range of functional abilities
- ◎ By modeling, teaching and promoting successful aging

The Whole Person Wellness Center



Wellness Center – Waiting Room

The Wellness Center Mission:

To improve actual and perceived health and well being of older adults throughout the lifespan by:

- ① Delivering and teaching the Whole Person Wellness approach to optimal aging.
- ② Training health care professionals and caregivers to understand and engage older adults in their personal health and well being.
- ③ Conducting research on aging and independence.

Whole Person Wellness

Incorporates Three Dimensions:

- ⦿ Body
- ⦿ Mind
- ⦿ Spirit

Fitness Room

- ① 1600 sq. ft. fitness room with state of the art equipment that incorporates safety and ease of use.



Group Exercise Room

- ⦿ Group exercise classes
- ⦿ Wii activities/tournaments
- ⦿ Cork floor



Multi-Purpose Room

- ◎ Capacity of 96
- ◎ Tele-health capabilities
- ◎ Utilized for:
 - Education
 - Outreach
 - Social events
 - Large non-impact group exercise classes



Additional Programs & Services

- ⦿ Computer Classes
- ⦿ One-to-One Consultation
 - Wellness coaching
 - Nutrition counseling
 - Medication review
- ⦿ Complimentary Services
 - Massage
 - Aroma Therapy
- ⦿ Physical Therapy
- ⦿ Functional Performance Lab

Research

- ⦿ Cognitive disorders
- ⦿ Emotional disorders
- ⦿ Sensory disorders
- ⦿ Functional problems

Other Areas of Research

- ① Improving education for health care professionals
- ① Improving quality of care and patient outcomes

Benefits to the Community

- ⦿ A unique community resource
- ⦿ Expert clinical care
- ⦿ Education for health care professionals and older adults
- ⦿ Research
- ⦿ Promoting successful aging

Home Instead Center For Successful Aging

A full spectrum of clinical excellence



Jane F. Potter, M.D. – Division
Chief, Geriatrics

“Our vision for the
center is an
interdisciplinary site
for education,
research and clinical
care”

- Jane Potter

The Home Instead Center for Successful Aging

- ⦿ Location: 730 S. 38th Avenue, Omaha, NE
- ⦿ Information: (402) 559-9600
- ⦿ Medical Appointments: (402) 559-7515
- ⦿ Psychiatry Appointments: (402) 552-6007
- ⦿ Wellness Center: (402) 552-7227
- ⦿ On-line:

<http://www.unmc.edu/homeinsteadcenter/>