

Goals & Objectives
CONTINUITY CLINIC ROTATION FOR GERIATRIC FELLOWS (TNMC)

I. EDUCATIONAL PURPOSE

- Fellow will gain experience in managing the spectrum of health and illness for older outpatients.
- Fellow will learn to manage complex geriatric patients in an outpatient setting.
 - Documentation
 - Billing
 - Health Care maintenance (routine/ screening)
 - Patient/caregiver education; discussing and setting goals of care
- Fellow will learn to perform geriatric consultations in outpatient settings
 - Communication with referring physicians
 - Co-management with primary care physicians and/or other specialists.

II. TEACHING METHODS

- Patient care discussion during clinic with attending geriatrician
- Every other week, individual meeting with clinic faculty supervisor.
- Weekly case conference discussions.
- Self-directed (readings)

III. MIX OF DISEASES

Patients represent the spectrum of illnesses and health from well older people for whom health maintenance and prevention is the major goal, to the frail and disabled for whom comfort is often the most important goal. Sensory impairment, hypertension, diabetes type 2, and musculoskeletal disorders are the most common conditions.

IV. PATIENT CHARACTERISTICS

Patients all are aged greater than 62 years. Consistent with the demographics of a geriatric population, the majority (60-70%) of patients are female.

V. TYPES OF CLINICAL ENCOUNTERS

All clinical encounters will occur in the TNMC Geriatric Clinic.

VI. PROCEDURES AND SERVICES

Primary care, urgent care and consultation visits occur in this clinic. Family meetings also occur. Joint aspiration and injections, wound care and dressing changes are the common procedures provided to patients.

VII. EDUCATIONAL RESOURCES

There are no set reading materials. The materials below are available for point of contact use. Fellows' clinic is an important source for cases to discuss during the weekly case conference. Pertinent literature is identified and shared among participants during those weekly conferences.

- Geriatrics At Your Fingertips
- Geriatric Review Syllabus
- Journal of the American Geriatric Society
- Web access to UpToDate, The Cochrane Reviews and the electronic journal content of The Nebraska Medical Center's McGoogan Library.

VIII. METHOD OF EVALUATION OF FELLOWS COMPETENCE

Several methods of evaluation are used. Evaluations are conducted by clinic nurses, patients, and faculty.

- Direct observation by faculty supervisor with immediate feedback and periodically using the Mini-CEX.
- Review of written records
- Every other week meeting with clinic faculty supervisor to review ongoing care of patients and clinical management.
- Clinic nursing staff evaluate on a quarterly basis.
- Quarterly three patients are randomly selected to complete a questionnaire evaluating the fellows and the clinic environment.

IX. TEACHING PERFORMED BY FELLOWS

No other trainees are scheduled in fellows' clinic. Fellows are expected to teach patients and families about the disease process and help identify specific patient education materials. Although most of the clinical management is done by the fellow, fellows also educate nursing staff when nurses are needed to assist with telephone management between appointments,

Fellows are expected to identify cases that are either puzzling or present some dilemma in care or decision making for presentation at a weekly case conference. This conference is attended by faculty and all students (allied health, medical, nursing) on a geriatrics rotation. In the case conference venue, fellows present both the issues and literature relevant to the case and also accept suggestions from faculty for additional literature for review and presentation at the next conference.