

# Dietary Manager

## ***Nature of the Profession***

*Working together with registered dietitians, dietary managers provide food service supervision and nutritional care in a variety of settings including hospitals, schools, long-term care, and correctional facilities. They interview patients for diet history, instruct patients on dietary restrictions, calculate nutrient intake, coordinate food service to patients, order supplies, maintain sanitation, develop the annual budget, and supervise the work of food service employees.*

## **APTITUDES**

- Ability to learn the basics of nutritional science and dietetics
- Good verbal abilities for reading, writing, and communicating
- Ability to keep records, visualize space and form relations, and work with scientific data
- Planning and organizing skills, resourcefulness, and ability to work under pressure
- Ability to supervise and train others
- Ability to get along with a variety of people

## **EDUCATION**

Training to become a dietary manager requires the completion of a formal 12-18 month program or on-the-job training in a hospital food service program.

## **EDUCATIONAL PROGRAMS IN NEBRASKA**

- Northeast Community College – Norfolk (C)

## **LICENSURE/CERTIFICATION**

Certification is voluntary, however, certification may command a higher rate of pay. Graduates from Dietary Managers Association (DMA) approved programs are eligible to take a certification exam offered by the Certifying Board of Dietary Managers (CBDM) to become a certified dietary manager (CDM).

## **PROFESSIONAL ASSOCIATIONS**

### ***Dietary Managers Association***

Web Address: [www.dmaonline.org](http://www.dmaonline.org)

### ***Nebraska Dietary Managers Association***

Web Address: [www.nebraskadma.org](http://www.nebraskadma.org)