

Depression Studies

TEEN DEPRESSION STUDY

Is your 7 to 17 year-old often sad, unhappy or in a bad mood?
Do these symptoms sound like your child/teenager?

- trouble sleeping or staying asleep
- change in appetite
- loss of interest or motivation
- decreased energy
- feelings of emptiness or worthlessness

If this sounds like your son or daughter, the UNMC Department of Psychiatry is conducting a study of an investigational medication for child/adolescent depression.

Study evaluation and medication are provided at no cost to those that meet eligibility requirements.

Call 402-552-6240 or 402-552-6241 or email unmcprc@unmc.edu to learn more about this clinical research study.

PROTECT STUDY - ADULT

The PROTECT study is jointly funded by the National Institute of Mental Health and the National Cancer Institute and is focused on preventing depression in persons being treated for cancers of the head and neck.

Most types of head and neck cancer develop in the lining of cells found within many parts of the head and neck. Each year, more than 40,000 adults are diagnosed with head and neck cancer in the United States. Effective treatments for head and neck cancer are available if the cancer is found in its early stages. However, treatment is difficult, causing many people to become depressed within 3 months of being diagnosed. Unfortunately, depression can lead to delays in treatment, impair quality of life, and decrease long-term survival.

The purpose of this study is to determine whether the use of antidepressant medication initiated prior to starting cancer treatment will prevent the onset of depression during treatment in non-depressed head and neck cancer patients. This study will also determine if escitalopram will maintain quality of life during treatment, improve participation in treatment, decrease delays and premature discontinuation of treatment, and reduce alcohol and tobacco use in patients with head and neck cancer. Call 402-552-6005 or email unmcprc@unmc.edu
ClinicalTrials.gov: <http://clinicaltrials.gov/ct2/show/NCT00536172>

[Click here for information on other studies](#)