

# Weight Watchers At Work

**UNMC - Lose weight while you work!**

Interested in losing a few pounds? Why not join UNMC's Weight Watchers Corporate Solutions program? The cost of the program is \$156.00 for 12 weeks. No registration required, just show up if you're interested and bring your payment in case you do decide to sign-up (payments can be made with cash, credit card or a check). Three-part payment option available.

New sessions are start approximately every 12 weeks.

**For more information please contact:**

Jayne Nekuda

559-8962 or [jnekuda@unmc.edu](mailto:jnekuda@unmc.edu)

Any comments or suggestions regarding this web page can be emailed to [rpruch@unmc.edu](mailto:rpruch@unmc.edu)

rev. 11/07/2008 rp