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UNIVERSITY OF NEBRASKA MEDICAL CENTER

COLLEGE OF NURSING



Annual Report | July 1, 2012-June 30, 2013



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VOICE From the Dean's Desk

June 2013

Dear Friends and Colleagues,

It is such a pleasure to share with you what we have been doing in the University of Nebraska Medical Center College of Nursing this past year. It has been a year of excitement, important advances in research and teaching, evidence-based clinical practice, dedicated community engagement, and innovations in continuing nursing education. I hope you see the work that is described in these pages as an indication of how seriously College of Nursing faculty, staff, students, alumni, donors, and friends of the College of Nursing take our mission to

"...improve the health of Nebraska through premier nursing education programs, innovative research, the highest quality patient care, and service to underserved populations".

Highlights of the year include much work on the College's physical facilities in Kearney, Scottsbluff and Lincoln, as well as exciting directions in our academic programs, growth in research, and new opportunities in academic faculty practice. For example, faculty, staff, and students have been hard at work planning for the new Health Sciences Education Building on the University of Nebraska Kearney campus with our colleagues at UNK and the UNMC School of Allied Health Professions. This new facility, funded by \$15 million in state support and another \$4 million that is being raised privately, will serve as the home of innovations in interprofessional clinical education that will move the entire College of Nursing forward. Our West Nebraska Division in Scottsbluff has partnered more strongly than ever before with Regional West Medical Center and the Western Nebraska Community College by relocating the West

Nebraska Division to those two facilities. And we were absolutely delighted that in May, the Nebraska legislature approved \$12 million for a new College of Nursing Lincoln Division building. We are raising another \$5.5 million in private funds to complete what will be needed for the \$17.5 million building.

Faculty have continued enhancing our new concept-based BSN curriculum, and completed the merger of the Adult and Gerontologic Nursing curricula for advanced practice nurses. It is a delight to share with you that we had a very successful initial accreditation visit for the Doctor of Nursing Practice program in February and are now awaiting the official accreditation decision by the Commission for Collegiate Nursing Education.

Faculty research is moving ahead with new studies underway in the areas of care transitions, family caregiving for high risk patient populations, and relationships between genetic profiles and tobacco cessation, and many proposals under development for additional work in areas such as caring for people with head and neck cancers, for infants with feeding difficulties, post-menopausal women's bone health, and cardiovascular health of caregivers of people with cardiovascular disease. The future of clinical practice improvements is based on new knowledge from research and we are proud to be part of the growth in research at UNMC.

Faculty clinicians continue to forge new territory in areas such as caring for older adults, primary care for women and children, and provision of mental health care for high risk populations. Students work alongside



**Dean Juliann G. Sebastian,
PhD, RN, FAAN**

faculty in clinical practice and have the opportunity to experience inquiry-based practice first-hand.

My thanks to the faculty, staff, students, and alumni who make these many accomplishments possible. And I thank you for your interest in the University of Nebraska Medical Center College of Nursing and for sharing our enthusiasm and excitement about the future of nursing and health care. We are propelled every day by a passion for making nursing and health care better and for improving the health of individuals, families, populations, and communities. We are grateful for the opportunity to serve the people of Nebraska and beyond in this way.

Juliann G. Sebastian
Juliann G. Sebastian, PhD, RN, FAAN
Dean and Professor

We are propelled every day by a passion for making nursing and health care better and for improving the health of individuals, families, populations, and communities.

Dr. Juliann Sebastian

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BONES: University of Nebraska Medical Center College of Nursing faculty member Nancy Waltman, PhD, RN, explains bone health

Contributions

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Appendices

Appendix A Kudos

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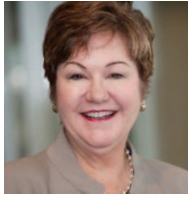
Appendix C Funded

Appendix D Inked



MOVERS

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Dean



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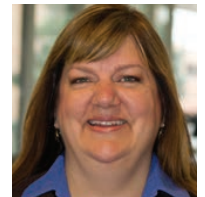
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LaDonna Tworek
Administrative Assistant to the Dean

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Rita Weber, MS, RN, Instructor

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Community-Based Health Department

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Teresa Hultquist, PhD, RN, APRN-CNS, Assistant Professor
Rebecca Keating-Lefler, PhD, RN, Assistant Professor
Laura Lonehill, MSN, RN, APRN-NP, Nurse Specialist
Mary Megel, PhD, RN, Associate Professor
Tiffany Moore, PhD, RN, Assistant Professor
Audrey Nelson, PhD, RN, Associate Professor
Peggy Pelish, PhD, RN, APRN-NP, Associate Professor
Sheila Ryan, PhD, RN, FAAN, Professor,
Director of International Programs &
Charlotte Peck Lienemann & Alumni Distinguished Chair
Cheryl Thompson, PhD, RN, Associate Professor
Janice Twiss, PhD, RN, APRN-NP, Associate Professor

FOCUS

Our Mission and Vision



TRAINING: College of Nursing Lincoln Division students work with simulators that provide true to life training.

The **Mission** of the College of Nursing is to improve the health of Nebraska through premier nursing education programs, innovative research, the highest quality patient care, and service to underserved populations.

The **Vision** of the College of Nursing is to be a vital part of a world-renowned health sciences center and to:

- Deliver state of the art nursing education blending traditional learning approaches with emerging learning technologies;

- Offer health care and health systems solutions grounded in leading-edge nursing science;

- Promote health, reduce the burden of illness, and lessen health disparities in Nebraska and beyond.

The mission and vision of the College of Nursing are accomplished through leadership by faculty, staff, and students.

The **Leadership Philosophy** of the College embraces resiliency, shaping positive change, pro-active thinking, effective partnerships, and risk-taking toward creative possibilities.

STRATEGY 2012-2013 Plan

A: UNMC WILL BE LEARNING-CENTERED IN EDUCATION

College of Nursing Long Range Plan: Offer high quality, cost-effective educational programs that prepare nurse leaders to shape a preferred health care future.

- Goal 1: Foster a climate of life-long learning and innovation.
- Goal 2: Create a premier institute to prepare health professions leaders for a dynamic interprofessional work environment.
- Goal 3: Collaborate with the UNMC School of Allied Health Professions and the University of Nebraska-Kearney to complete a building plan for the new Health Sciences Education building on the UNK campus and expansion of the nursing and allied health programs at that site.

B: INCREASE PROMINENCE AS A RESEARCH HEALTH SCIENCES CENTER

College of Nursing Long Range Plan: Achieve and sustain a pervasive culture of research and scholarship throughout the College of Nursing.

- Goal 1: Increase our prominence in promoting self-management of health and chronic conditions and delivering interventions and monitoring outcomes to rural and underserved populations using technology.
- Goal 2: Expand research collaboration and research team membership from all campuses.
- Goal 3: Develop and implement a comprehensive development plan for faculty development related to research.
- Goal 4: Increase the number of R series or equivalent grants and prepare for submission of P30 and/or T32 grants.

C: ADVANCE COMMUNITY/GLOBAL PARTNERSHIPS FOR HEALTH

College of Nursing Long Range Plan: Reduce health disparities in Nebraska and the region through faculty practices and community partnerships that focus on health promotion and disease prevention, chronic care management, behavioral/mental health services, and other emerging local and global health issues.

- Goal 1: Build a new business model for practice that more fully integrates the College of Nursing faculty practice within the UNMC clinical enterprise.
- Goal 2: Develop collaborative interprofessional faculty practices across the five CON divisions that tap the unique characteristics of each of the five CON campuses and community.
- Goal 3: Expand the College of Nursing faculty practice program using an entrepreneurial approach.

D: CREATE A CULTURALLY COMPETENT ORGANIZATION

College of Nursing Long Range Plan: Increase multi-cultural presence across all Divisions of the College of Nursing. Improve faculty, staff, and students' understanding of being a global citizen and living within the context of a global community.

- Goal 1: Embrace diversity among faculty, staff, students, and the populations they serve.
- Goal 2: Enhance student, staff and faculty cultural and linguistic sensitivity.

E: ADVANCE BIOMEDICAL TECHNOLOGIES TO IMPROVE HEALTH, DIVERSIFY UNMC REVENUES, AND CREATE ECONOMIC GROWTH IN NEBRASKA

College of Nursing Long Range Plan: Advance technologies and information systems to support education, research, practice, and administrative operations of the College.

- Goal 1: Enhance mobile learning and use of social media in education by increasing access to academic content on mobile devices.
- Goal 2: To enhance student learning, increase faculty access to and use of simulation.
- Goal 3: Enhance interprofessional learning through the use of technology.

F. STRENGTHEN EMPLOYEE LOYALTY, SATISFACTION AND WELLNESS

College of Nursing Long Range Plan: Strategically align faculty and staff with the missions of the College of Nursing so as to optimize their role satisfaction, talents, interests, productivity, and loyalty.

- Goal 1: Evaluate and revise the orientation process for faculty and staff.
- Goal 2: Create a career development and/or mentoring plan for faculty and staff.
- Goal 3: Evaluate and revise current shared governance model for staff and faculty.
- Goal 4: Promote physical/emotional health and wellness through communication, information and activities.
- Goal 5: Develop the criteria for team based awards.

G: POSITION THE COLLEGE OF NURSING TO PROSPER DURING HEALTH CARE REFORM

- Goal 1: Build interprofessional research teams that are positioned to respond to RFAs related to health care reform with an emphasis on clinical practice outcomes, cost effectiveness, comparative effectiveness research, and health services, evaluation and dissemination research.
- Goal 2: Develop interprofessional practice teams to create and test innovative practice models (e.g., medical homes, chronic care management, health care in the home, and transitional care delivery).
- Goal 3: Advocate and support the Nebraska Action Coalition in their practice, leadership, and education initiatives.

MORE A Closer Look

CRITICAL SUCCESS FACTOR A:

UNMC will be Learner-Centered in Education

Kearney Division in line for cutting edge facility

Construction of a \$19 million Health Science Education Building at UNK will start in April of 2014. Representatives from the College of Nursing, School of Allied Health Professions and the University of Nebraska at Kearney met throughout summer and fall with members of the architectural firm to make plans for the building.

The building will be located at Highway 30 and University Drive, just west of the West Center Building on the UNK campus, current home of the UNMC College of Nursing.

The building Program Statement was presented to the Board of Regents in January 2013, and proposed completion on the 48,500-square foot building is scheduled for the summer of 2015.

The new facility will provide space for the expansion of College of Nursing programs, bring new UNMC programs for physician assistants, physical therapists, medical nutritionists, clinical laboratory scientists, radiographers and diagnostic medical sonographers to the UNK campus, and facilitate the education of current UNK students. Building plans include state of the art classrooms designed to facilitate learner-centered pedagogy and delivery of educational experiences via distance technology, multiple clinical and simulation laboratories, a gross anatomy lab and research space.

The health science education building will expand nursing and allied health education in a rural part of the state.

Students will experience interprofessional education which emphasizes rural primary care practice experiences.

West Nebraska Division move strengthens relationships

The West Nebraska Division of the University of Nebraska Medical Center College of Nursing in Scottsbluff has relocated.

Since the mid-1990s, the college has leased space at the University of Nebraska-Lincoln Institute of Agricultural and Natural Resources' (IANR) Panhandle Research and Extension Center.

The facility is in the process of being renovated, thus necessitating the move.

The college moved its classroom, clinical skills laboratories and staff to the Western Nebraska Community College John N. Harms Advanced Technology Center.

Faculty offices, as well as an assessment lab and a patient simulation suite, are housed at Regional West Medical Center.

Susan Wilhelm, Ph.D., assistant dean of the UNMC College of Nursing West Nebraska Division, said the college will continue to work with its partners at the IANR to improve the quality of life in Western Nebraska.

"We share the same goal to improve the health of Nebraskans," Dr. Wilhelm said.



CONT. PG 9

PROGRESS: Construction of the \$19 million Health Science Education Building at Kearney will begin in 2014.

MORE A Closer Look

Dr. Wilhelm said the move provides an opportunity to expand partnerships with two key leaders in education and health care in the community.

Todd Sorensen, M.D., president and CEO of Regional West Health Services, said the arrangement is an extension of the cooperation between the college and our medical center that has helped to build an excellent nursing program.

“We have worked in partnership with UNMC since the College of Nursing assumed direction of our nursing school in 1988, and we’re happy to welcome the administration and students to our campus.”

Legislators commit dollars for new Lincoln building

The Nebraska Legislature approved \$12.5 million dollars for a new College of Nursing building in Lincoln. The building will be the first specifically designed for the College of Nursing in Lincoln. It will replace the college’s current location in downtown Lincoln and allow the college to expand the number of students enrolled in the nursing programs in Lincoln. The proposed \$17.5 million building project calls for \$5.5 million in private support. The new building will provide the necessary

The proposed east campus location will allow nursing and dentistry students to collaborate on clinical research projects to better meet the demand for a more integrated approach to health care in the coming year.

space for new approaches to learning that optimize clinical reasoning and team-based collaborative clinical care with other health professional students.

College’s DNP Program receives accreditation

The UNMC College of Nursing Doctor of Nursing Practice program received approval by the University of Nebraska Board of Regents and Nebraska’s Coordinating Commission for Postsecondary Education in spring 2011. In summer of 2011, the first DNP students were admitted to the program. The DNP program underwent an accreditation review by the Commission on Collegiate Nursing Education (CCNE) in 2013. Based upon the review of the UNMC College of Nursing DNP program, the CCNE Board of Commissioners granted accreditation to the DNP program for the full 5 years for which new programs are eligible during their fall 2013 meeting. The CCNE Board determined that the program met the four accreditation standards and found no compliance concerns. The accreditation action was effective as of February 20, 2013 and extends through December 31, 2018.

Dedicated Educational Unit program is expanded

The Dedicated Education Unit (DEU) model, an innovative approach to provide baccalaureate students with clinical learning experiences under the guidance of both faculty and staff nurses, has been expanded throughout the state of Nebraska.

BSN Program Director, Dr. Louise LaFramboise, introduced the model to rural hospitals, while continuing to use it in urban hospitals to support an expanded clinical education model.



EXPANSION: The Nebraska Legislature approved \$12.5 million dollars for a new College of Nursing Building in Lincoln.

Hospitals that continue to partner with the College to support this educational model and to expand the number of units on which the DEU is offered include The Nebraska Medical Center, Omaha; Saint Elizabeth Regional Medical Center, Lincoln; and Regional West Medical Center, Scottsbluff. Critical access hospitals in Blair, West Point, Seward, and Syracuse in Nebraska, and Torrington, Wyoming are also on-going partners. New hospital partners in 2012-2013 include Faith Regional Medical Center, Norfolk; Nemaha County Hospital, Auburn; Chadron Community Hospital, Chadron; Alliance Community Hospital, Alliance; and Memorial Health Center, Sidney. Since August 2009, 115 staff nurses have engaged in continuing education to serve as Clinical Staff Instructors (CSI), with many of these CSIs serving in the role each semester the course is offered. These CSIs have supported the education of over 400 students on four campuses in the DEU program.

CRITICAL SUCCESS FACTOR B:

Increase Prominence as a Research Health Sciences Center

The UNMC College of Nursing ranked 26th out of 77 schools (Blue Ridge Institute for Medical Research, http://brimir.org/NIH_Awrds/2012/NIH_Awards_201.htm).

Scholarly output of faculty continues to grow

In 2012-2013, College of Nursing faculty submitted 19 research grants, three student research grants, and seven training grants through the Niedfelt Nursing Research Center.

Of the new grant proposals submitted during fiscal year 2012-2013, three research grants were funded and two training grants were approved for funding. Faculty published 61 journal articles and book chapters during the year, with an additional 35 in press.

Research strengthened by faculty development plan

This year, the College of Nursing initiated a comprehensive development plan for faculty related to research. The plan includes mentoring, just-in-time pilot funding, mock reviews of grant proposals, and research consultation by members of the faculty.

Jonas Programs support PhD students and their research

The UNMC College of Nursing received funding for the Jonas Veterans Healthcare Program and the Jonas Nurse



CLINICAL: University of Nebraska Medical Center College of Nursing students' educational experience includes challenging clinical experiences to prepare them for their careers. Omaha students review data as a part of their lab.

Leaders Scholar Program in July 2012-June 2014. The UNMC College of Nursing selected the recipients of the awards.

Narda Ligotti received the Jonas Veterans Healthcare two-year scholarship. Michelle Johnson was awarded the Jonas Leaders Scholar two-year scholarship.

The purpose the Jonas Veterans Healthcare award is to improve the health of veterans by supporting doctoral-level nursing candidates committed to advancing veterans' healthcare. Ligotti received a two-year scholarship \$10,000 award from the Jonas Foundation. Her dissertation was titled: *Care of Combat Veterans in the*

Home: A Grounded Theory Study of Self-Management and Family Caregiving.

Johnson was awarded the scholarship that supports the educational development of a new nursing faculty and stimulates models for joint faculty appointments between schools of nursing and clinical affiliates. Johnson received a two-year scholarship award of \$10,000 from the Jonas Foundation and a matching award of \$10,000 from the UNMC College of Nursing to support her doctoral work. Her dissertation was titled "Impact of the TEACH Intervention on Adherence to Self-Management Skills in Stage 1-3 Chronic Kidney Disease Patients.

MORE A Closer Look

CRITICAL SUCCESS FACTOR C: Community/Global Partnerships Grow

Morehead Center for Nursing Practice expands vision

In order to more fully integrate the College of Nursing faculty practice within the UNMC clinical enterprise, a new vision statement was developed that incorporates sustainability, quality outcomes, and relevance to new mandates from health care reform.

This vision statement is: Nursing faculty and staff will be recognized for leadership in nursing practice that transforms health care through:

1. comprehensive health services focused on health promotion and disease prevention, chronic care management, behavioral/mental health services and other emerging health issues;
2. translational research that is policy driven and studies both clinical and systems outcomes;
3. interprofessional service learning focused on reducing health disparities; and,
4. partnerships to improve the health care needs of rural Nebraskans.

Faculty practice program strengthened by approach

Several new initiatives during 2012-2013 used entrepreneurial approaches to strengthen the college's faculty practice program. Business plans were developed for the Mobile Nurse Managed Clinic and the Aging in Place initiatives to provide support for decision-making. An



VISION: Colleen Kennedy, RN, MSN, instructor at the CON Northern Division in Norfolk, consults with a student.

additional new faculty practice contract was finalized with All Care Health Center in Council Bluffs, Iowa. Finally, UNMC Public Relations/Marketing expertise was used to disseminate information about the College's practice initiatives.

Rural Nebraska elderly research grant focus

Health care services to the elderly who live in rural areas around Kearney were the focus of a grant awarded to Claudia Chaperon, PhD, RN, APRN-NP, BC, by the NU Foundation Program, "Women Investing in Nebraska."

Dr. Chaperon and her team used the grant to improve geriatric health care services offered through the Mobile Nurse Managed Comprehensive Geriatric Assessment Project in the rural Kearney area.

The grant team provided comprehensive geriatric health services administered by board certified geriatric nurse practitioners in collaboration with rural residents and their primary care providers. The interprofessional team on the Mobile Nurse Managed Clinic provided needed clinical education experiences for primary care providers and adult gerontology nurse practitioner students.

The ultimate objective was to increase access to comprehensive geriatric care for older adults living in rural and medically underserved patient care areas near Kearney.

Participating individuals received comprehensive geriatric assessments and treatments to improve appropriate use of medications, mood and cognition, safety in the home, pain management, and function.

CRITICAL SUCCESS FACTOR D:

Became Even More Culturally Proficient

Mentoring implemented for high school students

Dr. Connie Miller and Lissa Clark taught a course in the UNMC High School Alliance program, the College's first opportunity to contribute to this program. The focus of the course was nursing's role in today's healthcare environment.

A highlight of the High School Alliance course was a book club around the book, *The Spirit Catches You and You Fall Down*, (Fadiman, A., 1997)*. Using the book, several class discussions focused on the Hmong culture and the differences between that culture and western culture and how those differences impact healthcare.

Although not all students in the course have chosen nursing as their future career, the course provides the College the opportunity to showcase nursing in a variety of settings and with a variety of different patient populations.

*Fadiman A. (1997). *The Spirit Catches You and You Fall Down: a Hmong Child, Her American Doctors and the Collision of Two Cultures*. New York, NY: Farrar, Straus and Giroux.

The College of Nursing participated in several initiatives to mentor high school students interested in pursuing a career in health care.



RELATIONSHIPS: Learning goes beyond the classroom into the friendships bound by the students' years together at UNMC. Students at the Kearney Division take time for a smile.

International Programs continue growth trend

An Advisory Council to the College's International Programs has been named to advise on strategic growth and development of the college's global initiatives.

In 2012-2013, international exchanges involving nursing students increased in several important areas. The number of international UNMC College of Nursing students participating in exchanges tripled from 4 to 12. The number of universities participating in international exchanges tripled from one to three: two in Shanghai (Jiao Tong University and Tongji University) and one in Sweden (Kristianstad University). The number of UNMC nursing students participating



LEARN: Part of the learning is listening. Omaha Division nursing students listen carefully.

in the Nicaragua immersion language training more than doubled to 14. These exciting activities contribute to students' understanding of global health issues and enhance cultural and linguistic sensitivity.

MORE A Closer Look

CRITICAL SUCCESS FACTOR E:

Advance Biomedical Technologies

College of Nursing steps into “mobile” generation

In spring 2012, the Chancellor’s Social Media Committee conducted an extensive survey of all UNMC faculty, staff and students about their use of technology in education.

In spring 2013, the College of Nursing participated for the first time in the EDUCAUSE study of undergraduate students and technology. This study provided an aggregate look at student technology use across peer institutions in the United States.

Data from these surveys and other accumulated feedback stimulated College of Nursing efforts in 2012-2013 to provide information about mobile

devices and their compatibility on the College of Nursing website and full access to the College’s academic content for mobile device users.

Continued field testing of mobile device usage at the College of Nursing keeps the newly published mobile device compatibility information on the College of Nursing website current and useful for students who are using mobile devices on College of Nursing campuses.

The information from this effort is also helping to inform and guide faculty deploying educational strategies that are compatible with mobile device use.

Simulation enhances learning strategies

A standardized simulation planning scenario template was approved by the College’s simulation interest group in fall, 2012.

It is accessible and available for use by faculty on all College of Nursing campuses. An inventory (database) of high-technology simulation scenarios was also developed and placed within the College’s web based repository. Each simulation links to a variety of pedagogical elements, such as course objectives, learning strategy concepts and competencies.



CHALLENGING: Nursing Instructor Julie Quickert, MSN, RN, APRN-NP, quizzes a West Nebraska Division student.

CRITICAL SUCCESS FACTOR F:

Strengthen Employee Health, Satisfaction

Orientation plan unveiled for new employees

A year-long effort by a task force of faculty and staff to develop a comprehensive program to orient faculty and staff who are newly hired to the College of Nursing was completed in 2012-2013.

The new orientation program will be rolled out in fall of 2013.

The second phase of this initiative is development of a faculty and staff career enrichment program, intended to support individual achievement and career development and success in the College of Nursing.

A task force will commence work on this second phase in fall 2013.

Shared governance model enriches processes

The 2012-2013 academic year included many opportunities for faculty and staff to enhance their understanding of shared governance as a decision-making model.

The College's Organizational Structure Task Force completed a literature review on the topic and then surveyed all staff and faculty about the CON shared governance model.

Their findings were presented to the full faculty and staff in May 2013. Both the Faculty Coordinating Council (FCC) and the General Staff Organization (GSO) completed their own assessments of

the shared governance model at the College. A final decision on the new structure will be made in fall 2013.

Two faculty from the College who were enrolled in the UNMC iLead program in 2012-2013, Dr. Shirley Wiggins and Dee Ernesti, investigated the topic of shared governance for their final project, using all data sources available in the College of Nursing.

They presented a poster related to the meaning of shared governance in academia at the UNMC iLead graduation program in May 2013. The poster is available as a resource to UNMC College of Nursing faculty and staff on all campuses.

Faculty/staff advance wellness efforts

Throughout the 2012-2013 year, staff member Lori Cooley sent wellness emails to all faculty and staff to heighten awareness, disseminate information and encourage participation in UNMC-sponsored wellness opportunities.

In addition she emailed wellness messages targeting all CON staff and faculty during the month of April 2013, when the University emphasized wellness throughout the institution.

As a result of her work, College-wide wellness activities in the coming year will be expanded by a newly appointed wellness team.



Emphasis on team culminates new award

A new award recognizing outstanding team-based work by College of Nursing faculty and/or staff was provided for the first time at the UNMC CON Annual meeting in May, 2013.

The award is intended to build a sense of loyalty and satisfaction, and promote communication within the College.

A joint task force of General Faculty Organization (GFO) and General Staff Organization (GSO) members developed the criteria for the Distinguished TEAM (Together Everyone Achieves More) Award.

The award criteria focused on a team of three or more in the College who: impact the mission, vision, and goals of UNMC CON; demonstrate exemplary effort beyond what is expected, and exemplify innovation, cohesiveness, and communication in service.

The first UNMC CON Distinguished TEAM Award was presented to the Doctor of Nursing Practice (DNP) Accreditation Task Force Self Study Site Visit Team at the CON May annual meeting.

MORE A Closer Look

CRITICAL SUCCESS FACTOR G:

Positioning During Health Care Reform

Grants funded to support innovative practice models

College of Nursing faculty members are principal investigators or co-investigators on three newly funded grants related to health care reform.

All involve the implementation and testing of innovative interprofessional practice models designed to address current health care concerns (e.g., chronic care management, transitional home-based care to prevent hospital readmissions, and education of family nurse practitioners to meet acute care workforce needs in rural areas).

Schiffmiller, J., Vasey, A., Lyden, L. and **Farris, N.**, et al. *Midtown Multi-Morbidity Project*. Funded by Blue Cross-Blue Shield of Nebraska. 2012-2014.

Zimmerman, L., Pozehl, B., Schmaderer, M., and Bauer, L. *Home-based Care Transitions Tailored by Cognition and Patient Activation*. Funded by Blue Cross Blue Shield Foundation of Nebraska, 2013-2014.

Morris, K. J., Barnason, S., Bevil, C., Britigan, D., Wadman, M., Vokoun, C. *Advancing Rural and Emergency and Acute Care (AREA) Program for Family Nurse Practitioners*. Funded by the Health and Resources Administration Advanced Education Nursing program, 2013-16.



HEROES: Students participate in HEROES – a program of UNMC College of Nursing that was created, in collaboration with the College of Medicine, School of Allied Health Professions, and Center for Preparedness Education, for biopreparedness. Kearney Division students test their skills during HEROES drills.

CON works with Nebraska Action Coalition

The College of Nursing has supported and advanced recommendations from the Institute of Medicine *The Future of Nursing: Leading Change, Advancing Health* (2010).^{*} College of Nursing faculty members have been instrumental in establishing the Nebraska Action Coalition to implement the IOM recommendations in Nebraska in collaboration with other nurses and stakeholders. In addition, the College has focused on promoting seamless academic progression for nurses seeking higher levels of education. These include establishment of a new collaboration with community colleges throughout the state to streamline and facilitate matriculation of Associate Degree graduates into the UNMC RN-to-BSN (baccalaureate degree) program, accreditation of the DNP program, and successful recruitment to the PhD program, which is at maximum capacity.

Interprofessional education opportunities expand

College of Nursing faculty members continue to work with colleagues in the Colleges of Medicine, Dentistry, Pharmacy and the School of Allied Health Professions to develop new and innovative opportunities for interprofessional education and practice.

Nursing students share learning experiences with other health profession students through designated interprofessional education (IPE) days, patient simulations, service learning activities and shared clinic visits.

These experiences prepare students for the collaborative interprofessional practice models of the future.

^{*}Institute of Medicine. (2010). *The Future of Nursing: Leading Change, Advancing Health*. Washington, D.C.: The National Academies Press.

DEVELOPMENT 2012-2013

Generous investments enhance CON mission

During the 2012-2013 academic year the UNMC College of Nursing was once again the grateful beneficiary with the generosity and support of many wonderful donors, friends and alumni of the College. These investments have supported scholarships, research, innovation, simulation, student activities and other faculty support, and have provided funding for critical building projects in progress.

Valuable investments in the UNMC CON enhance the college's ability to continue in its mission to provide eminence in education for nurses in Nebraska and beyond and to prepare a compassionate and skilled workforce to meet the Nebraska's nursing needs.

CON has also been very fortunate to have individuals choose to designate the College of Nursing as a beneficiary in their estate plans. These individuals have worked directly with CON and the University of Nebraska Foundation to match their philanthropic intent and passion with needs and opportunities in the College of Nursing.

Planned gifts are of critical importance to the college because they provide funding for significant CON needs where additional state funding is not always possible.

The College of Nursing is thankful for the gracious investments in the

future of nursing and will continue to advance the college's mission to provide a healthier future for Nebraskans.

Vella E. Stewart estate awards generous gift

While Vella Stewart encountered enormous change throughout her life, one thing remained constant - her compassion for others.

Born in 1904, Vella graduated from the Lord Lister Hospital diploma program in Omaha with a diploma in nursing and later received formal training in anesthesia. She spent years as a nurse in rural Nebraska and shared stories of administering anesthesia to patients as they underwent medical procedures in their homes. Vella passed away in 2009 at the age of 105.

Through her estate, she gifted her farm to the University of Nebraska Foundation to benefit the students, faculty and programs of the UNMC College of Nursing. The College received the final proceeds from this generous gift during the 2012-2013 academic year.

To recognize Vella Stewart's contributions to the education of nurses and the nursing profession, UNMC has established the Vella Elsie Stewart Health Assessment Laboratory on the second level of the Center for Nursing Science on the Omaha Campus.



Sarah Gloden Carlson, J.D.
NU Foundation Director

Sarah Gloden Carlson joins NU Development

Sarah Gloden Carlson, J.D., joined the University of Nebraska Foundation in the spring of 2013 as the Director of Development for the College of Nursing.

Prior to her role at the Foundation, Sarah worked at the University of Nebraska Lincoln where she was the Assistant Dean for the College of Law. She was responsible for overseeing Admissions and Communications and taught regularly in the College of Journalism and Mass Communications as well as in the University Honors Program.

Sarah is married to Mark Carlson, M.D., a researcher, professor and surgeon at UNMC, and has two young sons and three step-children. She comes to this role with a sincere passion for working to advance the interests of the University of Nebraska and a deep respect for those who choose to work in nursing.

ALUMNI

College of Nursing Association



Submitted by Catherine Mello, Associate Director, Alumni Relations

SUPPORT: In partnership with the University of Nebraska Foundation, UNMC alumni and friends sponsored more than 300 white coats for the August and September ceremonies held on each campus.

The College of Nursing Alumni Association (CONAA) is one of nine chapters of the UNMC Alumni Association. It is a non-profit membership organization with a mission to: promote and support the programs and philosophy of the UNMC College of Nursing, to maintain communication with alumni through publications and reunions, to encourage financial support for students and faculty in the College of Nursing, to encourage promotion of the nursing profession, and to recognize individuals and organizations for their meritorious service. Members span the country and class years back to the 1950s.

President: Carrie Smith BSN '12
Vice-President/President-Elect:
Amy Schroeder-Thimm BSN '91

For more information about the College of Nursing Alumni Association, please visit:
www.unmc.edu/alumni or
www.facebook.com/unmcNURSINGalumni

Here are a few highlights of CONAA activities in the past year:

OUTREACH ACTIVITIES FOR STUDENTS & ALUMNI

The CONAA takes pride in connecting with students on each of the five nursing campuses. This year the CONAA sponsored “welcome back” lunches for students on College of Nursing campuses. The lunches provided an opportunity to welcome the new students, begin building a sense of community, and offer the opportunity for professional socialization. The CONAA for the first time sponsored a booth at the Nebraska State Student Nurses Association meeting in Gering, NE. New programming this year focused on the Norfolk campus including Nurses Week promotion and the “Blow Off Some Steam – Run With Your Dean” event at the Laugh-And-A-Half Marathon in Norfolk.

SPONSORED CONTINUING EDUCATION OPPORTUNITIES FOR ALUMNI

The CONAA offered the first annual Distinguished Alumnus Award Lecture in the fall of 2012. The award provided continuing education credit, credit provided by the CON Continuing Nursing Education, to alumni attending Alumni Reunion Weekend. The lecture will continue in the fall of 2013.

SUPPORTED WHITE COAT CEREMONIES IN COLLABORATION WITH NU FOUNDATION

In partnership with the University of Nebraska Foundation, UNMC alumni and friends sponsored over 300 white coats for the August and September professionalism ceremonies held at each of the five campuses of the College of Nursing. The white coat symbolizes the students’ entry into the nursing profession, and the alumni sponsorships establish a connection with current students at the beginning of their nursing school journey.

SPOTLIGHT

Distinguished Visitors



OCTOBER 2012

Mary D. Moller, DNP, MSN, ARNP, APRN, PMHCNS-BC, CPRP, FAAN

Associate professor of Nursing in the Division of Primary Care at Yale University School of Nursing. Dr. Moller received the 2012 College of Nursing Distinguished Alumnus Award and presented the first Annual College of Nursing Distinguished Alumnus lecture entitled, "From the Farm to the Ivy League: Nursing Can Take You Anywhere."



JANUARY 2013

Brenda Zierler, PhD, RN, FAAN

Professor, Department of Biobehavioral Nursing and Health Systems, University of Washington. Dr. Zierler was the 5th Audrey Solberg Smith Distinguished Lecturer to the College of Nursing. Her keynote presentation was titled "IPE as a Tool to Address the Triple Aim."



FEBRUARY 2013

Kathi Mooney, PhD, RN, FAAN

Professor and Louis S. Peery and Janet B. Peery Presidential Endowed Chair in Nursing in the College of Nursing at the University of Utah. Dr. Mooney came to the CON at the invitation of the PhD Program to consult with the PhD Affairs Council about the recent curriculum changes and the upcoming program evaluation. While in Omaha, she generously gave presentations based on her own work titled "Health Policy: Advocating for Policy Change Based on Research Findings" and "New Eyes for Old Problems: Accelerating Pathways to Innovation Nursing Sciences."



MAY 2013

Sonia Ancoli-Israel, PhD

Professor of Psychiatry at the University of California San Diego School of Medicine, Director of the Gillin Sleep and Chronobiology Research Center, Co-Director of the Laboratory for Sleep and Chronobiology at the UCSD GCRC, and Director of Education at the UCSD Sleep Medicine Center. Dr. Ancoli-Israel visited the CON to consult with Dr. Ann Berger on their R21 grant submission. While in Omaha the Cancer Prevention and Control group, Eppley Cancer Center, sponsored a presentation titled "Presentation Sleep, Circadian Rhythms, and Fatigue in Patients with Cancer."

APPENDIX A

KUDOS Faculty/Staff Awards

Ada M. Lindsey Professional Service Award

Roberta Kroeger

American Academy of Nursing – Inducted as a New Fellow

Mary Cramer (October 2012)
Sue Barnason (October 2012)

American Association of Colleges of Nursing Outstanding Dissertation Award (Honorable Mention)

Tiffany Moore

American Nurses Credentialing Center Awarded Full Accreditation With Distinction (2012-2016)

Continuing Nursing Education

Appointments (New)

Christie Campbell-Grossman
Interim Assistant Dean, Lincoln Division
(effective 7/1/12)

Janet Cuddigan

Interim Department Chair, Community-
Based Health (effective 7/1/12)

Karen Grigsby

Interim Associate Dean for Academic
Programs (effective 8/22/12)

Rolee Kelly

Director of Student Services (effective 7/1/12)

BSNtoMSN.org Top 100 Nursing Professors in 2012

Sue Barnason

Chancellor's Silver U Award

May, 2013 Manda Clarke
March, 2013 Kate Nickel
January, 2013 Colleen Tworek
November, 2012 Paula Schulz
July, 2012 Dani Wilson-Baxter

Distinguished TEAM Award

DNP Accreditation Task Force
Julie Sebastian, John Barrier, Sue Barnason,
Catherine Bevil, Colleen Buescher,
Karen Grigsby, Kelly McDonald, Cara
Mouw, John Rejda, Patrick Rejda, Carla
Troutman, Anji Wittman, Alan Wass

Donna Westmoreland Excellence in Faculty Mentoring Award

Steph Burge

Emergency Nurses Association Frank L. Cole Nurse Practitioner Award

Kathy Morris

Kathryn Sandahl Philp Creativity and Innovation Award

Amy Herboldsheimer

March of Dimes Nebraska Chapter Excellence in Nursing Award

Lufei Young

Midwest Nursing Research Society MNRS/ANF Grant Award

Kathy Kaiser

Midwest Nursing Research Society Mentor Award

Trina Aguirre

National Gerontological Nursing Association Excellence in Gerontological Nursing Award – APRN 2012

Claudia Chaperon

Nebraska Action Coalition “Forty Under Forty” Award

Beth Beam

Heidi Keeler

Tiffany Moore

Heather Swanson

Pennie Z. Davis Faculty Research Award

Paula Schulz

Spirit of Shared Governance Award

Karen Schumacher

Staff Excellence Award

Cara Mouw

Staff Leadership Award

John Barrier

Staff Spirit Award

Maureen Oberdorfer

The Dean's Excellence in Teaching Award

Cathy Binstock

The Rosalee C. Yeaworth Excellence in Teaching Award

Barb Sand

UNMC College of Nursing “Making a Difference” Recognition

Kris Claussen

Kendra Knox

Colleen Tworek

UNeMed Innovation “New Inventors” Award

Beth Beam

Stephen Smith

UNMC College of Nursing Promotions and/or Tenure

Claudia Chaperon to Associate Professor
(effective 7/1/12)

Lissa Clark to Clinical Assistant Professor
(effective 7/1/12)

Mary Cramer to Professor with Tenure
(effective 7/1/12)

Connie Miller to Associate Professor with Tenure
(effective 7/1/12)

Michael Rice with Tenure (effective 7/1/12)

UNMC Distinguished Scientist Award

Bunny Pozehl

UNMC Honorary Doctor of Health Science Degree

Maj. Gen. Kimberly A. Siniscalchi, NC, MSN

UNMC New Investigator Award

Julie Houfek

UNMC Vital Thank “U” Award

Lori Cooley

Gloria Geiselman

Bobbi Hartshorn

Deborah Lee

Cara Mouw

Patrick Rejda

Christine Rumery

Lori Turner

Colleen Tworek

LaDonna Tworek

Alan Wass

UNMC Years of Service

25 YEARS

Linda Dobson

Bobbi Hartshorn

20 YEARS

Jan Judy

Sheryl Paskevic

15 YEARS

Tom Mason

10 YEARS

Valeta Creason-Wahl

Marge Kaiser

Patrick Rejda

Wendy Wells

5 YEARS

Beth Culross

Michelle Ellermeier

Amy Ford

Jessica Greni

Teresa Hultquist

Rebecca Kremen

Debbi Lee

Eric Rivera

Jerry Schledewitz

Paula Schulz

Leeza Struwe

Nancy Stuart

Keya Timberlake

Denise Waibel-Rycek

Anji Wittman

Virginia Tilden Leadership Development Award

Connie Miller

SALUTE

Student Recognitions

Advances in Nursing Science "Editor's Pick"

Carol Geary – Doctoral Student

American Psychiatric Nurses Association Janssen Student Scholar

Kosuke Niitsu - Omaha

Bob Woodruff Foundation – Jonas Nurse Scholar

Narda Ligotti – PhD Student

March of Dimes Excellence in Nursing Student Award

Heidi Noecker – Lincoln

Lori Klein – Kearney

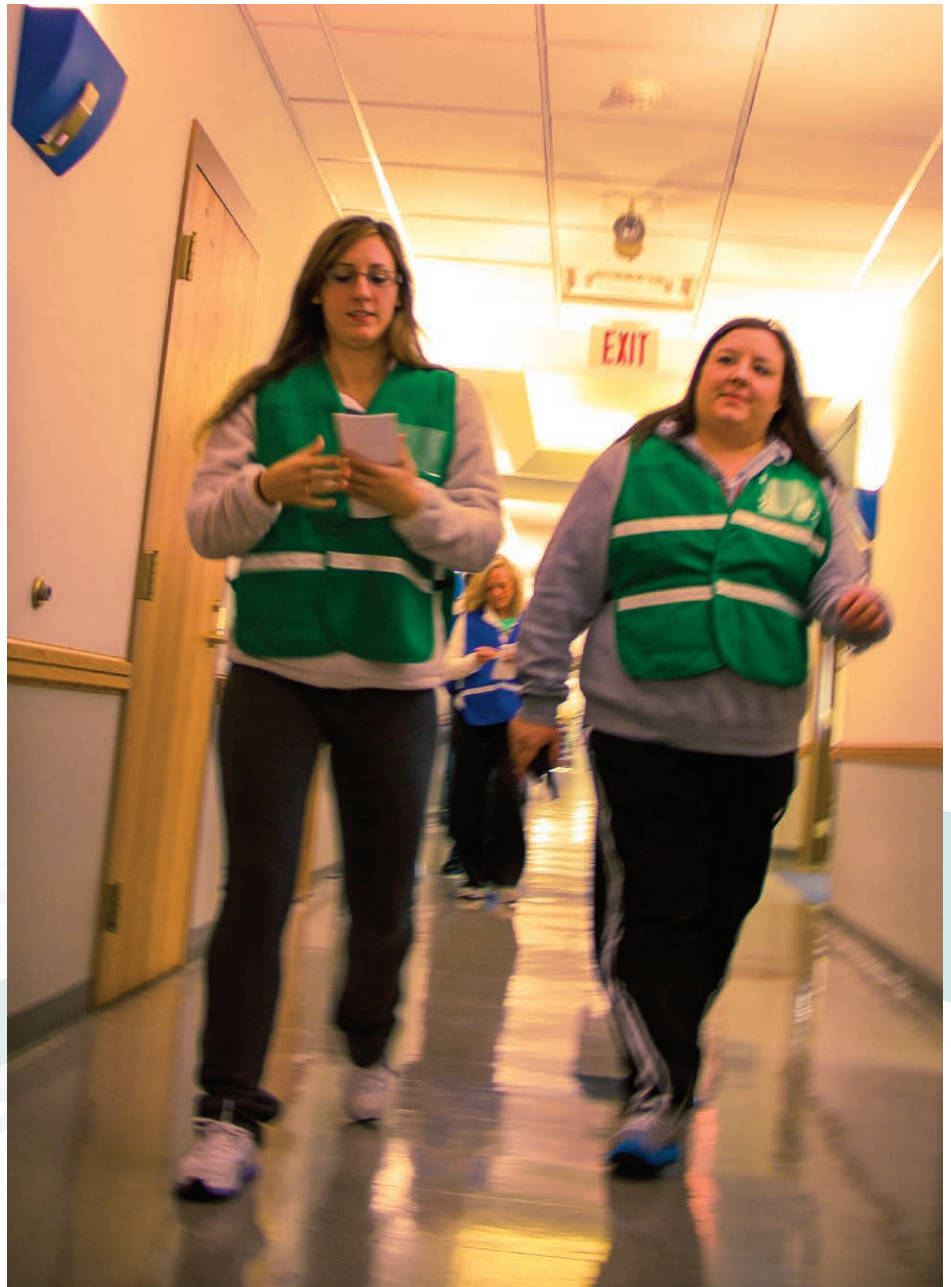
Elizabeth Tylander – Omaha

State Community Service Award 2013

Scottsbluff Student Nurses' Association



COMMUNITY: UNMC College of Nursing students and faculty participate every year in community events as part of the college's global approach to health care. These West Nebraska students participate in community booth.



DETERMINED: UNMC College of Nursing Kearney Division students echo the mission of the college in the walk each day to making health care better for individuals, families and communities.

FUNDED

2012-2013 Grants

*New Funding

***Aguirre, T. (P.I.)** Subaward from University of Nebraska-Lincoln/University of Maine/USDA, National Institute of Food and Agriculture, *iCook: A 4H Program to Promote Culinary Skills and Family Meals for Obesity Prevention*. ME0-2011-04536. 08/1/12 – 07/31/17: \$10,443 direct

Buchanan, L. (P.I.) V.A. Medical Center – Iowa City, *IPA for Improving the Delivery of Smoking Cessation Guidelines in Hospitalized Veterans*. 10/01/09 – 09/30/12: \$35,500

Cramer, M. (P.I. for subaward/Rautianen, PI) National Institutes of Health, National Institute for Occupational Safety and Health (U54), *Evaluation Program for Central States Center for Agricultural Safety and Health (CS-CASH)*. 1U54OH010162. 09/01/11-08/31/16: \$374,284

Cuddigan, J. (P.I.) National Pressure Ulcer Advisory Panel, *Pressure Ulcer Treatment Guidelines Revision*. 01/01/11-12/31/13: \$66,479

Filipi, M. (P.I.) MARS Foundation, *Impact of Structured Weight Resistance Training on Balance in MS Patients*. 07/01/12-06/30/13: \$10,000

***Kaiser, K., (P.I.)** American Nurses Foundation, *Expanding the Typology of Life Transitions in Women Using a Clinical Data-Based Approach*. #2451-12. 09/01/12-08/31/13: \$6,995

***Morris, K. (P.I.)** Central States Center for Agricultural Safety and Health (CS-CASH), *Prevention and Treatment of Agricultural Respiratory Disorders: A Pilot Educational Program of Rural Health Care NPs and PAs*. 12/01/12-5/31/14: \$20,000

Pozehl, B. (P.I.) Artinian, N.T., Duncan, K., Hertzog, M., Keteyian, S.J., Krueger, S.K., Norman, J.F., Creswell, J. National Institutes of Health – National Heart, Lung, & Blood Institute (R01). *Heart Camp: Promoting Adherence to Exercise in Patients With Heart Failure*, (1R01HL112979). 04/01/12-03/31/17: \$2.7 million

Pullen, C. (P.I.), Boeckner, L.S., Hageman, P.A., Hertzog, M., Pozehl, B. National Institutes of Health - National Institute of Nursing Research (R01). *Web-based Weight Loss & Weight Maintenance Intervention for Older Rural Women*. (1R01NR010589). 09/09/10-06/30/15: \$2.3 million

Pullen, C. (P.I.), Bevil, C., Cohen, M.Z., Hertzog, M., Thompson, C., Yates, B., Zimmerman, L. National Institutes of Health, National Institute of Nursing Research (P20). *Interdisciplinary Healthy Heart Center: Linking Rural Populations by Technology* (1P20NR011404). 08/04/09-05/31/13: \$996,195

***Thompson, C. (P.I.)** Subcontract with UNO. *Norway Project* (in-kind support only) 2012-2014

Young, L. (P.I.) Nurse Practitioner Healthcare Foundation. *Advanced Nurse Practitioner Role to Improve Medication Reconciliation in Rural Elders with Heart Disease*. 05/01/12-08/31/12: \$3,000

GRADUATE STUDENTS RESEARCH GRANTS FUNDED FOR FISCAL YEAR 2012-2013

Moore, T. (P.I.) Berger, A (Advisor). Foundation for Neonatal Research and Education, *Relationships Between Stress Biomarkers and Feeding Intolerance in Premature Infants Over Time*. 09/01/11: \$2,500

EDUCATIONAL/SPECIAL PROJECTS FUNDED FOR FISCAL YEAR 2012-2013

***Berger, A. (P.D.)** U.S. Dept of Health and Human Services, *Nurse Faculty Loan Program*, CFDA 93.264. 1E10HP246660-01-00. 07/01/12-06/30/13: \$22,671

***Chaperon, C. (P.D.)** Univ of NE Foundation, *Women Investing in Nebraska, Kearney Nebraska Mobile Nurse Managed Clinic Comprehensive Geriatric Assessment Project*. 10/01/12-12/31/13: \$70,000 direct

***Cramer, M. (P.D.)** Region 6 Behavioral Healthcare Services, *Tobacco Free Nebraska Program (MOTAC)*. 07/01/12-06/30/13: \$40,807 direct

Grigsby, K. (PD), Barry, T.L., Bevil, C., Duncan, K., Pitkin, S. U.S. Department of Health and Human Services, Advanced Education Nursing Program, CFDA 93.247. *Increasing Leadership Capacity of Nurses in Rural Nebraska*. 07/01/10-06/30/13: \$751,911

***LaFramboise, L. (P.D.)** Robert Wood Johnson Foundation, *New Careers in Nursing*. ID 70069. 09/01/12-08/31/13: \$50,000

***LaFramboise, L. (P.D.)** Robert Wood Johnson Foundation, *New Careers in Nursing Pre-Entry Immersion Program*. ID70069. 09/01/12-08/31/13: \$5,200

LaFramboise, L. (PD), Miller, C., Barry, T., Durham, C. U.S. Department of Health & Human Services, Nurse Education Practice and Retention Grant, CFDA 93.359. *Innovations in Clinical Education: The Dedicated Education Unit*. 1D11HP19240. 07/01/10-06/30/13: \$770,891

***McDonald, K. (P.D.)**, Berger, A. Jonas Center for Nursing Excellence, *The Jonas Nurse Leaders Scholar Program Scholarship*. 07/01/12-6/30/14: \$10,000

***McDonald, K. (P.D.)**, Berger, A. Jonas Center for Nursing Excellence, *Jonas Veterans Healthcare Program Scholarship*. 08/01/12-7/31/14: \$10,000

Morris, K. (PD), U.S. Department of Health & Human Services, Nurse Education Practice and Retention Grant, CFDA 93.359. *Advanced Rural Hospital Care (AHRC) Program*. 1D11HP22188. 07/01/11 – 06/30/14: \$467,381

*Bold type demotes current College of Nursing faculty and/or staff members.

2012 PROFESSIONAL JOURNALS/BOOK CHAPTERS

AGUIRRE, TRINA

Aguirre, T., Brage-Hudson, D., Weber, T.K., Pozehl, B., Boeckner, L., & Wilhelm, S. (2012). Mexican American mothers' eating and child feeding behaviors. *Issues in Comprehensive Pediatric Nursing*, 35(1), 4-23. doi: 10.3109/01460862.2012.646462

Wilhelm, S., Rodehorst-Weber, K., Aguirre, T., Stepan, M.B., Hertzog, M., Clarke, M., & Herboldsheimer, A. (2012). Lessons learned conducting breastfeeding intervention research in two northern plains tribal communities. *Breastfeeding Medicine*, 7(3), 167-172. doi: 10.1089/bfm.2011.0036

Aguirre, T., Wilhelm, S., & Joshi, A. (2012). Assessment of technology access and preference for health education in a rural Hispanic community. *Technology and Healthcare*, 20, 521-525.

BALAS, MICHELE

Balas, M.C., Rice, M., Smith, H., Disbot, M., **Chaperson, C., & Fuchs, B.** (2012). Management of delirium in critically ill older adults. *Critical Care Nurse*, 32, 15-26. doi: 10.4037/ccn2012480

Balas, M.C., Vasilevskis E.E., Burke, W.J., Boehm, L., Pun, B.T., Olsen, K.M., Peitz, G.J., & Ely, E.W. (2012). Critical care nurses' role in implementing the "ABCDE bundle" into practice. *Critical Care Nurse*, 2, 35-47.

Carlson, R.H., Huebner, D.R., Hoarty, C.A., Whittington, J., Haynatzki, G., **Balas, M.C.,** Schenk, A.K., Goulding, E.H., Potter, J.F., & Bonasera, S.J. (2012). Treadmill gait speeds correlate with physical activity counts measured by cell phone accelerometers. *Gait & Posture*, 36(2), 241-248. doi: 10.1016/j.gaitpost.2012.02.025

BARNASON, SUE

Barnason, S., Williams, J., Proehl, J., Brim, C., Crowley, M., Leviner, S., Lindauer, C., Naccarato, M., Storer, A., & Papa, A. (2012). Emergency nursing resource: Non-invasive temperature measurement in the Emergency Department. *Journal of Emergency Nursing*, 38(6), 523-530. doi: 10.1016/j.jen.2012.05.012



FACES: The faculty of UNMC College of Nursing regularly publish the results of their scholarship. **Bunny Pozehl, RN, PhD, APRN-NP, FAAN,** a professor for the CON works on a project at the Lincoln Division.



DATA: Data is evaluated by Project Nurse Coordinator **Rita McQuire**, at left, and **Melody Hertzog**, PhD Assistant Professor, at UNMC Lincoln Division.

*Bold type demotes current College of Nursing faculty and/or staff members.



SIMULATION: CON West Nebraska Division students discuss chart information derived from their simulator patient.



PROUD: In October 1917, 13 women enrolled in the University of Nebraska School for Nurses. UNMC College of Nursing has had thousands of nursing students pass through its door's at campuses statewide—all with the same pride and honor as those original 13 students.

Barnason, S., Zimmerman, L., & Young, L. (2012). An integrative review of interventions promoting self-care of patients with heart failure. *Journal of Clinical Nursing*, 21(3-4), 448-475. doi: 10.1111/j.1365-2702-2011.03907.x

Barnason, S., Zimmerman, L., & Young, L. (2012). Patient recovery and transitions after hospitalization for acute cardiac events: An integrative review. *Journal of Cardiovascular Nursing*, 27(2), 175-191. doi: 10.1097/JCN.0b013e318239f5f5

Crowley, M., Brim, C., Proehl, J., **Barnason, S.**, Leviner, S., Lindauer, C., Naccarato, M., Storer, A., & Williams, J. (2012). Emergency nursing resource: Difficult intravenous access. *Journal of Emergency Nursing*, 38, 335-343. doi:10.1016/j.jen.2012.05.010

McCabe, P.J., & **Barnason, S.A.** (2012). Illness perceptions, coping strategies, and symptoms contribute to psychological distress in patients with recurrent symptomatic atrial fibrillation. *Journal of Cardiovascular Nursing*, 27(5), 431-444. doi: 10.1097/JCN.0b013e31821e7ab1

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Matthews, E., Schmiege, S., Cook, P., **Berger, A.**, & Aloia, M. (2012). Adherence to Cognitive Behavioral Therapy for Insomnia (CBTI) among women following primary breast cancer treatment. *Behavioral Sleep Medicine*, 10(3), 217-29. doi:10.1080/15402002.2012.666220

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BEVIL, CATHERINE

Bevil, C., Cohen, M.Z., Sherlock, J., Yoon, S., & Yucha, C. (2012). Research support in doctoral-granting Schools of Nursing: A decade later. *Journal of Professional Nursing*, 28(2), 74-81. doi: 10.1016/j.profnurs.2011.11.016

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BRAGE-HUDSON, DIANE

Aguirre, T., Brage-Hudson, D., Rodehorst-Weber, T.K., Pozehl, B., Boeckner, L., & Wilhelm, S. (2012). Mexican American mothers' eating and child feeding behaviors. *Issues in Comprehensive Pediatric Nursing*, 35(1), 4-23. doi: 10.3109/01460862.2012.646462

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CAMPBELL-GROSSMAN, CHRISTIE

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CHAPERON, CLAUDIA

Balas, M.C., Rice, M., Smith, H., Disbot, M., Chaperon, C., & Fuchs, B. (2012). Management of delirium in critically ill older adults. *Critical Care Nurse*, 32, 15-26. doi: 10.4037/ccn2012480



STATE: UNMC College of Nursing, Beth Beam, MSN, RN, hosts a booth for HEROES unit at the Nebraska State Fair.

CLARK, LISSA

Megel, M., Black, J., Clark, L., Carstens, P., Jenkins, L., Promes, J., Snelling, M., Zander, K., Bremer, A & Goodman, T. (2012). Effect of high-fidelity simulation on pediatric nursing students' anxiety. *Clinical simulation in nursing*, 8, e419-e428.

COHEN, MARLENE

Torres-Vigil, I., **Cohen, M.Z.**, de la Rosa, A., **Burbach, B.**, Tarleton, K., Shen, W., & Bruera, E. (2012). Food or medicine: Ethnic variations in perceptions of advanced cancer patients and their caregivers regarding artificial hydration during the last weeks of life. *BMJ Supportive & Palliative Care*, 2:276-279. doi:10.1136/276bmjpspcare-2012-000205

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DUNCAN, KATHLEEN

Norman, J., **Pozehl, B., Duncan, K., Hertzog, M.**, & Krueger S. (2012). Effects of exercise training versus attention on plasma B-type natriuretic peptide, 6-minute walk test and quality of life in individuals with heart failure. *Cardiopulmonary Physical Therapy Journal*, 23(4), 19-25.

FILIP, MARY

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training versus attention on plasma B-type natriuretic peptide, 6-minute walk test and quality of life in individuals with heart failure. *Cardiopulmonary Physical Therapy Journal*, 23(4), 19-25.

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Hageman, P.A., **Pullen, C.H., Hertzog, M.**, Boeckner, L.S., & **Walker, S.N.** (2012). Associations of cardiorespiratory fitness and fatness with metabolic syndrome in rural women with prehypertension. *Journal of Obesity*, 2012, 9 pages. doi: 10.1155/2012/618728.

HULME, POLLY

Hulme, P.A., Land, T.W., & McBride, C.L. (2012). Barriers and strategies in recruitment for bariatric surgery research. *Journal of Bariatric Nursing and Surgical Patient Care*, 7, 121-126.

NIEVEEN, JANET

Zimmerman, L.M., Barnason, S., Schulz, P., Nieveen, J., & Tu, C. (2012). Rural versus urban comparison: Physical activity and functioning following coronary artery bypass surgery. *Online Journal of Rural Nursing and Health Care*, 12(1), 16 - 28.

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POZEHL, BUNNY

Aguirre, T., Hudson, D.B., Weber, T.K., Pozehl, B., Boeckner, L., & **Wilhelm, S.** (2012). Mexican American mothers' eating and child feeding behaviors. *Issues in Comprehensive Pediatric Nursing*, 35(1), 4-23. doi: 10.3109/01460862.2012.646462

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FOCUSED: Nursing students are focused on achieving the best patient outcomes. Lincoln Division students practice their skills.

model of intervention fidelity. *Western Journal of Nursing Research*, 34(4), 504-519. doi: 10.1177/0193945911403774

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PULLEN, CAROL

Yates, B.C., Pullen, C.H., Santo, J.B., Boeckner, L., Hageman, P.A., **Dizona, P.J., & Walker, S.N.** (2012). The influence of cognitive-perceptual variables on patterns of change over time in rural midlife and older women's healthy eating. *Social Science & Medicine*, 75(4), 659-667. doi: 10.1016/j.socscimed.2012.01.001

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RICE, MICHAEL

Balas, M.C., Rice, M., Smith, H., Disbot, M., **Chaperon, C.,** & Fuchs, B. (2012). Management of delirium in critically ill older adults. *Critical Care Nurse*, 32, 15-26. doi: 10.4037/ccn2012480

Balas, M., Rice, M., Chaperon C., Smith, H., Disbot H., & Fuchs B. (2012). Symptom management of delirium in the critically-ill older adult: Restoring PEACE. *Critical Care Nurse*; 32:15-26

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SCHULZ, PAULA

Zimmerman, L.M., Barnason, S., Schulz, P., Nieveen, J., & Tu, C. (2012). Rural versus urban comparison: Physical activity and functioning following coronary artery bypass surgery. *Online Journal of Rural Nursing and Health Care*, 12(1), 16 - 28.

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SCHUMACHER, KAREN

Fletcher, B., Cohen, M.Z., Schumacher, K., & Lydiatt, W. (2012). Blessing and a curse: Head and neck cancer survivors' experiences. *Cancer Nursing: An International Journal for Cancer Care*, 35(2), 126-132. doi: 10.1097/NCC.0b013e31821bd054

*Bold type demotes current College of Nursing faculty and/or staff members.



LEARNING: College of Nursing students test their skills with simulators. These West Nebraska Division students were working with the new born simulator.

Fletcher, B.S., Miaskowski, C., Given, B., & **Schumacher, K.** (2012). The cancer family caregiving experience: An updated and expanded conceptual model. *European Journal of Oncology Nursing*, 16(4), 387-398. doi: 10.1016/j.ejon.2011.09.001

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Geary, C.R., & Schumacher, K. (2012). Care transitions: Integrating transition theory and complexity science concepts. *Advances in Nursing Science*, 35(3), 236-248. doi: 10.1097/ANS.0b013e31826260a5

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Bevil, C., Cohen, M.Z., Sherlock, J., Yoon, S., & Yucha, C. (2012). Research support in doctoral-granting Schools of Nursing: A decade later. *Journal of Professional Nursing*, 28(2), 74-81. doi: 10.1016/j.profnurs.2011.11.016

TILDEN, VIRGINIA (Emeritus)

Tilden, V.P., Thompson, S.A., Gajewski, B.J., & Bott, M.J. (2012). End-of-Life care in nursing homes: The high cost of staff turnover. *Nursing Economics*, 30(3), 163-166.

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WALKER, SUSAN NOBLE (Emeritus)

Yates, B.C., Pullen, C.H., Santo, J.B., Boeckner, L., Hageman, P.A., **Dizona, P.J., & Walker, S.N.** (2012). The influence of cognitive-perceptual variables on patterns of change over time in rural midlife and older women's healthy eating. *Social Science & Medicine*, 75(4), 659-667. doi: 10.1016/j.socscimed.2012.01.001

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WALTMAN, NANCY

Parker, C., & **Waltman, N.** (2012). Reducing the frequency and severity of migraine headaches in the workplace: Implementing evidence-based interventions. *Workplace Health & Safety*, 60(1), 12-18. doi: 10.3928/21650799-20111227-02

WEBER, KIM

Aguirre, T., Brage-Hudson, D., Weber, K., Pozehl, B., Boeckner, L., & **Wilhelm, S.** (2012). Mexican American mothers' eating and child feeding behaviors. *Issues in Comprehensive Pediatric Nursing*, 35(1), 4-23. doi: 10.3109/01460862.2012.646462

Wilhelm, S., Rodehorst-Weber, K., Aguirre, T., Stepan, M.B., **Hertzog, M., Clarke, M., & Herboldsheimer, A.** (2012). Lessons learned conducting breastfeeding intervention research in two northern plains tribal communities. *Breastfeeding Medicine*, 7(3), 167-172. doi: 10.1089/bfm.2011.0036

WILHELM, SUSAN

Wilhelm, S., Rodehorst-Weber, K., Aguirre, T., Stepan, M.B., **Hertzog, M., Clarke, M., & Herboldsheimer, A.** (2012). Lessons learned conducting breastfeeding intervention research in two northern plains tribal communities. *Breastfeeding Medicine*, 7(3), 167-172. doi: 10.1089/bfm.2011.0036

Aguirre, T., Brage-Hudson, D., Rodehorst-Weber, T., Pozehl, B., Boeckner, L., & **Wilhelm, S.** (2012). Mexican American mothers' eating and child feeding behaviors. *Issues in Comprehensive Pediatric Nursing*, 35, (1), 4-23. doi: 10.3109/01460862.2012.646462

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WILSON, MARGARET (Emeritus)

Elverson, C.A., **Wilson, M.E., Hertzog, M., & French, J.A.** (2012). Social regulation of the stress response in the transitional newborn: A pilot study. *Journal of Pediatric Nursing*, 27(3), 214-224. doi: 10.1016/j.pedn.2011.01.023

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YATES, BERNICE

Yates, B.C., Beckie, T.M., Carey, M.G., Stinebaugh, K.C., & McCabe, P.J. (2012). Council on Cardiovascular Nursing. *The Journal of Cardiovascular Nursing*, 27(2), 93-95. doi: 10.1097/JCN.0b013e318244fb35

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YOUNG, LUFEI

Young, L., Zimmerman, L., Pozehl, B., Barnason, S., & Wang, H.M. (2012). Cost-effectiveness of a symptom management intervention: Improving physical activity in older women following coronary artery bypass surgery. *Nursing Economics*, 30(2), 94-103.

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Barnason, S., Zimmerman, L., & Young, L. (2012). Patient recovery and transitions after hospitalization for acute cardiac events: An integrative review. *Journal of Cardiovascular Nursing*, 27(2), 175-191. doi: 10.1097/JCN.0b013e318239f5f5

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ZIMMERMAN, LANI

Zimmerman, L.M., Barnason, S., Schulz, P., Nieveen, J., & Tu, C. (2012). Rural versus urban comparison: Physical activity and functioning following coronary artery bypass surgery. *Online Journal of Rural Nursing and Health Care*, 12(1), 16 - 28.

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2013 PROFESSIONAL JOURNALS/BOOK CHAPTERS

BALAS, MICHELE

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