



UNIVERSITY OF NEBRASKA
MEDICAL CENTER

UNIVERSITY OF NEBRASKA MEDICAL CENTER

COLLEGE OF NURSING



Annual Report | July 1, 2013-June 30, 2014



Committed to Excellence

VOICE

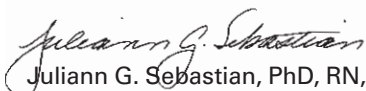
From the Dean's Desk

March 2015

Dear Friends and Colleagues,

I am delighted to share the University of Nebraska Medical Center College of Nursing 2013-14 Annual Report and to reflect with you on the vision we share; the accomplishments of faculty, staff, students, alumni, and friends; and our directions for the future. As health care and higher education are in states of rapid change, so too, are nursing and health professions education. Our emphases on interprofessional education can be seen in the architectural work being done for the Kearney building. Our focus on collaboration is evident in the work we have done with the six Nebraska community colleges to establish the Nebraska RN-BSN Collaborative. Our commitment to advancing graduate education is evident in part through the full five year accreditation of our DNP program by the Commission for Collegiate Nursing Education. Our dedication to premier nursing education is highlighted in the work faculty are doing to expand diversity in the nursing workforce and to update and refresh the undergraduate curriculum. And our conviction that nursing research lays the foundation for improvements in nursing practice and health care outcomes for the future is clear from the exciting work faculty and research teams are doing as they develop, conduct, and disseminate research. The conclusion of the NIH-funded P20, "Interdisciplinary Healthy Heart Center" gives us the opportunity to build on the infrastructure that was created to mentor and encourage emerging investigators. These initiatives and other creative and innovative projects are highlighted in this report and give meaning to our promise to all of you to provide "premier nursing education programs, cutting edge research, high quality clinical care, and service to underserved populations" as we pledge in the College of Nursing mission.

My deep thanks for all you do to help make our world healthier every day and to engage nurses with other health professionals and the public in creating healthful solutions to opportunities and challenges before us.



Juliann G. Sebastian, PhD, RN, FAAN
Dean and Professor



Dean Juliann G. Sebastian,
PhD, RN, FAAN

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Forging New Territory

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Contributions

Editor Juliann G. Sebastian

Managing Editors Teresa Hultquist and Catherine Bevil

Editorial Support LaDonna Tworek

Appendices

Appendix A Kudos

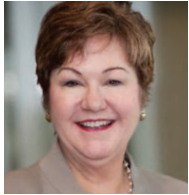
Appendix C Funded

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MOVERS

2013-2014 Executive Council



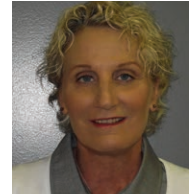
Juliann G. Sebastian, PhD, RN, FAAN
Dean



Marlene Cohen, PhD, RN, FAAN
Associate Dean for Research



Karen Grigsby, PhD, RN
Interim Associate Dean
for Academic Programs &
Department Chair, Families
& Health Systems



Christie Campbell-Grossman, PhD, RN
Interim Assistant Dean,
Lincoln Division



Jana Pressler, PhD, RN
Assistant Dean,
Lincoln Division



Liane Connelly, PhD, RN
Assistant Dean,
Northern Division



Steve Pitkin, MN, RN
Assistant Dean,
Kearney Division



Susan Wilhelm, PhD, RN
Assistant Dean, West
Nebraska Division



Janet Cuddigan, PhD, RN, FAAN
Department Chair, Adult
Health & Illness & Interim
Department Chair,
Community-Based Health



Sue Barnason, PhD, RN, FAAN
Director, Doctor of Nursing
Practice Program



Ann Berger, PhD, RN, AOCNS, FAAN
Director, PhD in
Nursing Program



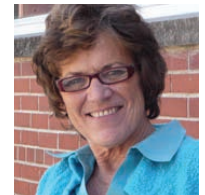
Catherine Bevil, EdD, RN
Director, Continuing Nursing
Education & Evaluation



Louise LaFramboise, PhD, RN
Director, Undergraduate
Program



Linda Sather, EdD, RN
Interim Director, Morehead
Center for Nursing Practice



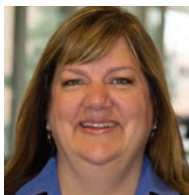
Sheila Ryan, PhD, RN, FAAN
Director, International Program



Connie Miller, PhD, RN
Director, Learning
Resource Center



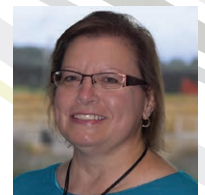
Rolee Kelly, MSW
Director, Student Services



Kelly McDonald, MHA
Director of Administration
and Operations



Rita Weber, MS, RN
Chair, General Faculty
Organization



LaDonna Tworek
Administrative Assistant to
the Dean

SHAKERS 2013-204 Faculty

KEARNEY DIVISION

Stephanie Burge, MSN, RN, APRN-NP, Instructor
Lois Dauel, MSN, RN, APRN-NP, Instructor
Michelle Ellermeier, MSN, RN, Instructor
Cindy Ference, MSN, RN, Instructor
Jessica Greni, MSN, RN, Instructor
Diana Hines, MSN, RN, Instructor
Diane Jackson, MS, RN, APRN-NP, Instructor
Mary Ann Mertz, EdD, MN, RN, Assistant Professor & Interim Assistant Dean, Kearney Division
Joella Miller, MS, RN, Assistant Professor
Kate Nickel, PhD, RN, Assistant Professor
Steve Pitkin, MN, RN, Assistant Professor
Jill Reed, MSN, RN, APRN-NP, Nurse Specialist
Nancy Stuart, MS, RN, Instructor
Pat Trausch, MS, RN, Instructor
Denise Waibel-Rycek, MSN, RN, Instructor
Rita Weber, MS, RN, Instructor & Chair, General Faculty Organization
Jean Wilke, MSN, RN, Nurse Specialist

LINCOLN DIVISION

Shirley Tachenko Achord, MSN, RN, APRN-NP, Assistant Professor
Rita Antonson, MSN, RN, APRN-NP, Instructor & Director, Senior Health Promotion Center
Sue Barnason, PhD, RN, APRN-CNS, CEN, CCRN, FAHA, FAEN, FAAN, Professor & Director, Doctor of Nursing Practice
Christie Campbell-Grossman, PhD, RN, Associate Professor
Mary Christensen, MSN, RN, APRN-NP, Nurse Specialist
Kathy Duncan, PhD, RN, Associate Professor
Jami Fulwider, MSN, RN, Instructor
Krystal Hays, MSN, RN, Nurse Specialist
Melody Hertzog, PhD, Assistant Professor
Diane Brage Hudson, PhD, RN, Associate Professor
Mary Jane Jobes, MA, RN, Assistant Professor
Roberta Kroeger, MSN, RN, APRN-NP, Instructor
Sev Linder, MSN, RN, APRN-NP, Instructor
Donna McElvain, MSN, RN, Instructor
Karen McGivney-Liechti, MSM, RN, APRN-CNM, Instructor
Rita McGuire, PhD, RN, Research Assistant Professor
Robyn Mendenhall, MSN, RN, Instructor
Janet Nieveen, PhD, RN, Assistant Professor
Vicki Norton, MSN, RN, APRN-NP, Instructor
Bunny Pozehl, PhD, RN, APRN-NP, FAHA, Professor
Jana Pressler, PhD, RN, Professor & Assistant Dean, Lincoln Division
Barb Sand, MSN, RN, APRN-NP, Instructor
Judith Schlife, MSN, RN, APRN-CNS, Instructor
Myra Schmaderer, MSN, RN, Nurse Specialist
Rita Schmitz, MSN, RN, Assistant Professor

Vanessa Schott, BS, RN, Nurse Specialist
Paula Schulz, PhD, RN, Associate Professor
Lucinda Seidl, MSN, RN, Assistant Professor
Leeza Struwe, MSN, RN, APRN, Instructor
Dawn Tassemeyer, MSN, RN, Instructor
Nancy Waltman, PhD, RN, APRN-NP, Professor
Katie Wertz, MSN, RN, Instructor
Shirley Wiggins, PhD, RN, Associate Professor
Lufei Young, PhD, RN, APRN-NP, Assistant Professor
Chao (Mickey) Zhang, PhD, RN, Assistant Professor
Lani (Chi Chi) Zimmerman, PhD, RN, FAAN, FAHA, Professor

NORTHERN DIVISION

Jean Allen, MSN, RN, APRN-NP, Instructor
Mary Andersen, MSN, RN, APRN-NP, Instructor
Carol Anderson, MSN, RN, APRN-NP, Instructor
Jennifer Bowers, MSN, RN, Instructor
Beth Burbach, PhD, RN, Assistant Professor
Liane Connelly, PhD, RN, Associate Professor & Assistant Dean, Northern Division
Christine Eisenhauer, PhD, RN, APRN-CNS, Instructor
Wende Heckert, DNP, RN, APRN-NP, Assistant Professor
Robyn Heiser, MSN, RN, APRN-NP, Instructor
Carrie Holt, MSN, RN, Instructor
Amy Holtz, BSN, RN, Nurse Specialist
Colleen Kennedy, MSN, RN, Instructor
Heather Mosley, MSN, RN, APRN-NP, Instructor
Cindy Skye, MSN, RN, Instructor
Jean Suehl, MSN, RN, APRN-NP, Instructor
Jennifer Swantek, MSN, RN, Instructor
Cathy Tierney, MSN, RN, Instructor
Barbara Wehrman, MSN, RN, Instructor
Anne Wilber, MSN, RN, APRN-CNS, Instructor
Michelle Brtek Zwiener, DNP, RN, APRN-NP, Assistant Professor

WEST NEBRASKA DIVISION

Trina Aguirre, PhD, RN, Assistant Professor
Linda Bull, MSN, RN, FNP, Instructor
Manda Clarke, MSN, RN, APRN-NP, Instructor
Amy Herboldsheimer, MSN, RN, Nurse Specialist
Jan Judy, MSN, RN, Instructor
Rebecca Kreman, PhD, RN, APRN-NP, Assistant Professor
Nancy Meier, MSN, RN, APRN-NP, Instructor
Julie Quickert, MSN, RN, APRN-NP, Instructor
Kim Rodehorst, PhD, RN, Associate Professor
Dana Samson, MSN, RN, Instructor
Wendy Wells, MSN, RN, Instructor
Susan Wilhelm, PhD, RN, Assistant Professor & Assistant Dean, West Nebraska Division

SHAKERS

2013-2014 Faculty

OMAHA DIVISION

Adult Health and Illness Department

Elizabeth Beam, MSN, RN, Instructor
Ann Berger, PhD, APRN-CNS, AOCNS, FAAN,
Professor, Director, PhD Program &
Dorothy Hodges Olson Chair in Nursing
Catherine Bevil, EdD, RN, Professor & Director,
Continuing Nursing Education & Evaluation
Catherine Binstock, MSN, RN, APRN-NP, Instructor
Joyce Black, PhD, RN, FAPWCA, FAAN, Associate Professor
Lynne Buchanan, PhD, RN, APRN-NP, Associate Professor
Lissa Clark, MSN, RN, Clinical Assistant Professor
Marlene Cohen, PhD, RN, FAAN, Professor,
Associate Dean for Research &
Kenneth E. Morehead Endowed Chair in Nursing
Ernestine Cook, MSN, RN, Instructor
Janet Cuddigan, PhD, RN, FAAN, Associate Professor,
Chair, Adult, Health & Illness Department &
Interim Chair, Community-Based Health Department
Beverly Davey, MSN, RN, Instructor
Anne Elliston, MSN, RN, Instructor
Mary Filipi, PhD, RN, APRN-NP, Assistant Professor
Barbara Swore Fletcher, PhD, RN, Assistant Professor
Kevin Kupzyk, PhD, Assistant Professor
Louise LaFramboise, PhD, RN, Associate Professor &
Director of Undergraduate Program
Connie Miller, PhD, RN, Associate Professor &
Director, Learning Resource Center
Jessica Nielsen, MSN, RN, APRN-NP, Nurse Specialist
Mary Petersen, MSN, MBA, RN, APRN-CNS, Instructor
Yaewon Seo, PhD, RN, Assistant Professor
Maralyn Walko, MSN, RN, APRN-NP, Instructor
Alison White, MSN, RN, Instructor
Bernice Yates, PhD, RN, Professor

Community-Based Health Department

Claudia Chaperon, PhD, RN, APRN-NP, Associate Professor
Mary Cramer, PhD, RN, FAAN, Professor
Beth Culross, MSN, RN, APRN-CNS, Instructor
Lyndsay Dean, MSN, RN, APRN-NP, Instructor
June Eilers, PhD, RN, APRN-CNS,
Research Associate Professor
Nancy Farris, MSN, RN, APRN-CNS, Assistant Professor
Rachel Fortney, MSN, RN, APRN-NP, Nurse Specialist
Julia Houfek, PhD, RN, APRN-CNS, Professor
Tamala Houser-Hanson, MSN, RN, APRN-NP, Nurse Specialist
Polly Hulme, PhD, RN, APRN-NP, Associate Professor
Katherine Kaiser, PhD, RN, APRN-CNS, Associate Professor
Margaret Kaiser, PhD, RN, APRN-CNS, Associate Professor
Heidi Keeler, PhD, RN, Assistant Professor
Sahasini Kotcherlakota, PhD, RN, Assistant Professor

Sandra Leaders, MSN, RN, FNP, Instructor
Marlene Lindeman, MSN, RN, APRN-CNS,
Assistant Professor
Kathy Morris, DNP, RN, APRN-NP, FAANP, Assistant Professor
Carol Pullen, EdD, RN, Professor
Linda Sather, EdD, RN, Assistant Professor &
Interim Director, Morehead Center for Nursing Practice
Wilma Schuermann, MSN, RN, APRN-NP, Instructor
Karen Schumacher, PhD, RN, Associate Professor

Families and Health Systems Department

Karen Anderson, BSN, RN, Nurse Specialist
Katherine Bravo, MSN, RN, PNP-PC, Nurse Specialist
Sara Brown, EdD, RN, Assistant Professor
Jennifer Cera, MSN, RN, APRN-NP, Nurse Specialist
Dee Ernesti, MSN, RN, Instructor
Amy Ford, DNP, RN, APRN-NP, Nurse Specialist
Kelly Gonzales, PhD, RN, APRN-NP, Nurse Specialist
Karen Grisby, PhD, RN, Associate Professor,
Interim Associate Dean for Academic Programs &
Chair, Families & Health Systems Department
Katherine Hoffman, MSN, RN, APRN-NP, Instructor
Teresa Hultquist, PhD, RN, APRN-CNS, Associate Professor
Rebecca Keating-Lefler, PhD, RN, Assistant Professor
Tiffany Moore, PhD, RN, Assistant Professor
Audrey Nelson, PhD, RN, Associate Professor
Peggy Pelish, PhD, RN, APRN-NP, Associate Professor
Sheila Ryan, PhD, RN, FAAN, Professor,
Director of International Programs &
Charlotte Peck Lienemann & Alumni Distinguished Chair
Juliann G. Sebastian, PhD, RN, FAAN, Dean & Professor
Cheryl Thompson, PhD, RN, Associate Professor
Janice Twiss, PhD, RN, APRN-NP, Associate Professor
Deborah Wisnieski, PhD, RN, APRN-NP, Assistant Professor

FOCUS

Our Mission and Vision



The **Mission** of the College of Nursing is to improve the health of Nebraska through premier nursing education programs, innovative research, the highest quality patient care, and service to underserved populations.

The **Vision** of the College of Nursing is to be a vital part of a world-renowned health sciences center and to:

- Deliver state of the art nursing education blending traditional learning approaches with emerging learning technologies;
- Offer health care and health systems solutions grounded in leading-edge nursing science;
- Promote health, reduce the burden of illness, and lessen health disparities in Nebraska and beyond.

The mission and vision of the College of Nursing are accomplished through leadership by faculty, staff, and students.

The **Leadership Philosophy** of the College embraces resiliency, shaping positive change, pro-active thinking, effective partnerships, and risk-taking toward creative possibilities.

STRATEGY 2013-2014 Plan

A: UNMC WILL BE LEARNING-CENTERED IN EDUCATION

College of Nursing Long Range Plan: Offer high quality, cost-effective educational programs that prepare nurse leaders to shape a preferred health care future.

- Goal 1: Foster a climate of life-long learning and innovation.
- Goal 2: Create a premier institute to prepare health professions leaders for a dynamic interprofessional work environment.
- Goal 3: Collaborate with the UNMC School of Allied Health Professions and the University of Nebraska at Kearney (UNK) to complete a building plan for the new Health Sciences Education building on the UNK campus and expansion of the nursing and allied health programs at that site.
- Goal 4: Complete fund raising for new building for Lincoln Division
- Goal 5: Create innovation in the recruitment, admission, progression, and retention strategies including diversity to optimize success in the baccalaureate program to meet the needs of the state of Nebraska.

B: INCREASE PROMINENCE AS A RESEARCH HEALTH SCIENCES CENTER

College of Nursing Long Range Plan: Achieve and sustain a pervasive culture of research and scholarship throughout the College of Nursing.

- Goal 1: Increase our prominence in promoting self-management of health and chronic conditions and delivering interventions and monitoring outcomes to rural and underserved populations using technology.
- Goal 2: Increase our prominence in research related to promoting healing, reducing risk, and managing chronic conditions.
- Goal 3: Support new and ongoing translational research that is interdisciplinary, multi-site, multi-campus and that includes the use of technology.
- Goal 4: Continue developing and using comprehensive faculty development plan for research.

C: ADVANCE COMMUNITY/GLOBAL PARTNERSHIPS FOR HEALTH

College of Nursing Long Range Plan: Reduce health disparities in Nebraska and the region through faculty practices and community partnerships that focus on health promotion and disease prevention, chronic care management, behavioral/mental health services, and other emerging local and global health issues.

- Goal 1: Pilot a new interprofessional practice model focused on health promotion, health coaching and wellness education (nutrition, physical activity, stress reduction, as examples) with academic educational outcomes and research components.
- Goal 2: Engage College of Nursing faculty in the UNMC/TNMC Accountable Care Alliance and others as appropriate for each of the five campuses.
- Goal 3: Collaborate with academic and practice partners on dissemination of research and practice initiatives related to transitional care.
- Goal 4: Establish a telehealth nursing program that meets transitional and care coordination needs of a rural population.

D: CREATE A CULTURALLY COMPETENT ORGANIZATION

College of Nursing Long Range Plan: Increase multi-cultural presence across all Divisions of the College of Nursing. Improve faculty, staff, and students' understanding of being a global citizen and living within the context of a global community.

- Goal 1: Enhance CON faculty, staff and student's exposure to and respect for cultures other than their own.
- Goal 2: Develop a strategic approach for expanding global student and faculty exchange opportunities, including work with the Asia Pacific Rim Development Partnership and Oman.

E: ADVANCE BIOMEDICAL TECHNOLOGIES TO IMPROVE HEALTH, DIVERSIFY UNMC REVENUES, AND CREATE ECONOMIC GROWTH IN NEBRASKA

College of Nursing Long Range Plan: Advance technologies and information systems to support education, research, practice, and administrative operations of the College.

- Goal 1: Develop the College of Nursing's e-infrastructure to promote innovative technology use for education delivery and to help identify, implement, and share educational technology resources across education, research, and practice missions.
- Goal 2: Increase faculty access to and use of simulation, including virtual simulations.

F: STRENGTHEN EMPLOYEE LOYALTY, SATISFACTION AND WELLNESS

College of Nursing Long Range Plan: Strategically align faculty and staff with the missions of the College of Nursing so as to optimize their role satisfaction, talents, interests, productivity, and loyalty.

- Goal 1: Recruit and retain outstanding faculty and staff members as needed to meet the College of Nursing's mission and strategic priorities.
- Goal 2: Create a learning organization
- Goal 3: Create a holistic wellness program that includes UNMC CON students, staff, and faculty

G: POSITION THE COLLEGE OF NURSING TO PROSPER DURING HEALTH CARE REFORM

- Goal 1: Position CON graduates to prosper and flourish as interprofessional leaders of health care reform.
- Goal 2: Develop interprofessional practice teams to create and test innovative practice models (e.g., medical homes, chronic care management, health care in the home, and transitional care delivery).
- Goal 3: Advocate and support the Nebraska Action Coalition in their practice, leadership, and education initiatives.

MORE A Closer Look

CRITICAL SUCCESS FACTOR A:

UNMC will be Learner-centered in Education

All of the College's academic programs continued to shift their program delivery strategies from traditional approaches to ones that emphasized learner-centered approaches that incorporated more learning technology. These improvements are intended to maximize student engagement in their learning and promote students' academic success. Across the state, students in the academic programs engaged in novel clinical learning activities that not only reinforced their achievements of outcomes, but provided valuable community service. Innovative curricular changes, especially in the RN-BSN Program and the DNP Program are revitalizing those curricula.

RN-BSN Program Expansion

Recruitment strategies were expanded and recruitment efforts were intensified to boost admissions to the RN-BSN program. The outcomes in this first recruitment cycle are gratifying. The College will welcome 60 new RN-BSN students in fall 2014, who will join 20 continuing students. The RN-BSN program uses a largely online approach to delivery of its courses. Faculty are available to students through online communication mechanisms, as well as by telephone. They adhere to a practice of responding to any student questions or concerns within 24 hours. Students, in turn, have recognized the responsiveness and commitment of the RN-BSN faculty and give high marks to the program. Faculty are exploring several novel proposals to further expand delivery of the RN-BSN program. The first is a proposal for funding to develop an all-online RN-BSN Program which would be delivered through University



of Nebraska OnLineWorldWide. The second proposal is to develop a hybrid synchronous-asynchronous RN-BSN curriculum that would be available to students who prefer synchronous classes and to international students, such as a cohort from Oman, Jordan.

DNP to Initiate Option for BSN Graduates

The College's newest program, the Doctor of Nursing Practice (DNP) program, is ready for a major expansion. Initially developed as a post-master's option and available only to students who had already earned a master's degree in nursing, the curriculum has been expanded to accommodate admission of students with the BSN who are seeking a DNP. After intensive analysis of the existing MSN curricula and the

post-master's DNP curriculum, faculty completed development of a new BSN-DNP option. Students in this option will select an advanced practice specialty area from the College's currently available options plus they will complete existing courses in the DNP curriculum together with the post-master's DNP students. The BSN-DNP curriculum, as well as the admission criteria for this option, has received full faculty approval. Recruitment efforts will launch in fall 2014 to admit a cohort of 15 BSN-prepared students who will begin coursework in fall 2015.

CONT. PG 9

MORE A Closer Look

Student-Oriented Recruitment Strategy for College's Doctoral Programs

Both the PhD and DNP programs of the College seek to recruit talented students from around the nation, as well as from Nebraska. Both programs use distance delivery methods to deliver their courses, and now they are making these same delivery methods work as effective recruitment tools. In October, a "virtual open house" for students interested in the DNP or PhD programs was created and offered for the first time. It augmented the more "traditional" open houses, which were held on both the Omaha and Lincoln campuses. Will Roberts, who is the College's Student Services graduate associate, also launched a web-based virtual information session to provide an overview of both doctoral programs offered at the College of Nursing. Now that the nursing profession has two doctoral program options – the PhD and the DNP – potential students often need information and counseling to assess similarities and differences of the two programs and to make an appropriate decision about which option more closely matches their unique professional goals. The online information sessions, and the collaborative traditional and virtual open houses help fulfill this need while facilitating robust applicant pools for both the DNP and PhD programs at the College.

DNP Program Impact Already Noted

Although the DNP Program received initial accreditation from the Commission on Collegiate Nursing Education (CCNE) only one year ago, its impact is already being felt throughout the College and the region. In 2013-2014, the DNP Program had 13 graduates. Their capstone projects showcased their acquisition of the DNP program outcomes, addressed some of the most pressing health care system problems of today, and represented significant contributions to patient populations and health care systems.



Among the projects that were completed: Identification of Populations at Risk: A Stillbirth Toolkit for Health Care Providers; Impact of a Nurse Directed Celiac Disease Clinic; Improving Nurse Physician Collaboration; Exploration of Actionable Readmission Risk Factors: Implications for Decision Support; Implementation of a Post-Acute Care Management Program to Reduce Rehospitalization; Implementation of a Nurse Practitioner Directed Childhood Overweight/Obesity Program in Rural Nebraska Community; Promoting Exercise in Older Adults; and Implementation and Evaluation of an Antibiotic Stewardship Program in a University-based Health Center.

Using Clinical Learning Opportunities to Serve the Community

With support from a Women Investing in Nebraska grant, the College of Nursing Mobile Nurse Managed Clinic (MNNMC) traveled across the state to provide comprehensive geriatric assessment services to older adults

who otherwise would not have had access to them. Faculty members Claudia Chaperon, PhD, APRN-GNP, BC and Rachel Fortney, MSN-GNP, BC led this initiative. A total of 502 faculty practice hours were devoted to this project, with students learning alongside faculty for a total of 416 practice hours.

With leadership from Rita Antonson, MSN, APRN-GNP, BC, undergraduate students provided 654 clinical hours of service to 1,155 older adults at the Lincoln Senior Health Promotion Center (SHPC). Services included screening, teaching and referral to underserved older adults from the Lincoln community. This thriving clinic experience helps students bring curricular concepts about older adulthood and community health to life while meeting a pressing community need.

CRITICAL SUCCESS FACTOR B:

Increase Prominence as a Research Health Sciences Center

Sustaining a Record of Success Attaining External Grant Funding

For 2013, the Blue Ridge Institute for Medical Research (BRIMR) ranked the UNMC College of Nursing 22nd in funding awarded by the National Institute of Health (NIH) out of 75 U.S. schools of nursing that received NIH funding during the year. This achievement came in an environment when the pool of available research funding available through NIH is declining and the competition to obtain it is intensifying.

During 2013-2014, the College received a total of \$3,133,486 in external grant funding. This includes \$1,928,536 for NIH research grants plus \$495,269 from the Health Resources and Services Administration (HRSA) for educational training grants. Also included is \$30,000 from the Jonas Foundation for three Jonas Scholars awards and \$709,681 in research awards from other funding mechanisms.

Continued Growth in Scholarly Output

In academic year 2013-2014, College of Nursing faculty submitted 22 research grants and eight training grants through the Niedfelt Nursing Research Center (NNRC), and one National Breast Cancer Foundation grant through The Nebraska Medical Center. Three student research grants were also submitted. Of the new grant proposals submitted, four research grants received funding and two training grants were approved for funding. The College has been notified that one R01 has been approved with funding pending. Faculty published 74 journal



Tiffany Moore, PhD, RN (L) receives the Outstanding Pediatric Dissertation Award at the 2014 annual meeting of the Midwest Nursing Research Society from Kari Wade, EdD, RN, Chair, Pediatric Research Section

articles and book chapters in 2013, and 37 in 2014 with an additional 44 in press.

Efforts Intensified to Develop Research Capacity

This year, the College established and implemented a comprehensive development plan for faculty intended to strengthen skills associated with research and grantsmanship and improve the odds of their success in a competitive research environment. The multi-faceted plan includes ongoing, one-on-one mentoring, mock reviews of grant proposals prior to submission, and research consultation among members of the faculty. Also included was the opportunity to obtain "just-in-time" pilot funding from the College of

Nursing Dean's Office. This mechanism provided a total of \$30,000 for research projects in 2013-2014. In 2014, the mentoring plan for research faculty will be strengthened, with junior and senior researchers paired to help junior faculty plan their research trajectories.

MORE A Closer Look

CRITICAL SUCCESS FACTOR C:

Advance Community/Global Partnerships for Health



Promoting Partnerships through Community Engagement

Health professionals need skill development to prepare them to engage with diverse persons and populations in communities to reduce health inequities. An interprofessional group of faculty and staff, led by CON faculty member Dr. Sara Brown, designed an e-learning module, Promoting Partnerships through Community Engagement. Team members included Dr. Kathy Kaiser [CON], Dr. Ruti Margalit [Public Health], Dr. Sharon Medcalf [Public Health], Ms. Janice Tompkins [Allied Health], and Instructional Designer Dr. Suhasini Kotcherlakota [CON]). This module was specifically designed for an inter-professional audience to promote attainment of community engagement and social justice practices that will prepare UNMC learners uniformly for quality partnership work, during their education and in their future careers. This module showcases current UNMC students, faculty, staff and community members who are engaged in community health efforts and showcases how they serve as collaborative partners. This module contains a personal cultural awareness assessment to determine current cultural humility. It also includes an online, interactive game "Spent" forcing the participant to make pivotal decisions regarding basic needs, housing and health care on a limited budget. Once students complete the module, they have the tools to partner with people throughout the community and become a champion for reducing health inequities.

Supporting the Health of Communities

CON faculty, staff and students participate annually in a variety of activities to support health in local communities. For example, Lincoln faculty, staff and students provide care at *Clinic with a Heart*, a freestanding, free clinic providing assessment, diagnosis, treatment, management support and health care teaching for community members. CON faculty and students partnered with the Gamma Pi At-Large chapter of Sigma Theta Tau International to implement a service learning grant that helped to fund equipment for the clinic.

In another project, faculty and students at the Kearney Division of the College of Nursing have participated in a new safety project sponsored by the Nebraska Safety Center at the University of Nebraska at Kearney. The goal of the project is to reduce farm injuries and death through health and safety awareness. For the Kearney nursing students, it was a chance to practice their assessment skills and learn about safety issues. Cindy Ference, an instructor in Kearney who is helping with the project, said, "It's a nice lens to look at the rural population. We look at their risks and how that translates to their health status." The program began last year when the college was recommended to the Safety Center as a possible partner in the program. The project is funded by a \$15,000 grant from the Central States Center for Agriculture Safety and Health at UNMC. So far, three Kearney-area farms have been involved in the on-site farm safety and health screenings. Michelle Ellermeier, another Kearney instructor, and Kermit Bosshammer, transportation-ag training instructor for

the Nebraska Safety Center, and both are specially trained to inspect the tractors, grain and animal handling equipment, traffic flow, electrical, machine shop and building hazards. They then talk to the farmers and teach about about possible dangers. Ellermeier said students are also involved with the inspection. "We use the farm as a way to teach environmental safety." The second part of the program is the health screening for the farmer and any of his employees. Ellermeier said when the inspection and assessment are completed, and before they leave the farm, the farmer receives a report on what was found.

Northern Division students and faculty participated with Faith Regional Health Services to provide a drive-through flu shot clinic in Norfolk. About 100 community members showed up to receive the flu shot. The goal was to get as many people immunized as possible. Nursing student Heather Miller said the event increased her awareness about community health. "I thought it was a great way to decrease a possible communitywide flu epidemic. The event allowed me to gain experience and enhance my skills in giving intramuscular injections. I had to apply my nursing knowledge when consulting to see if the patient was allergic to eggs or is currently ill. It was great seeing the volunteers, students, and professionals come together to provide immunization prevention for the community. It truly put into perspective that healthcare isn't an individual entity but a collaboration of professionals."



Kearney third semester nursing student Tim Mason, center, shakes hand with a central Nebraska farmer following his health assessment. Watching and learning are first semester students Sydnee Kiesel, Madison Felker and Kathryn Reese. In the background are student Nicole Eisenach and instructor Cindy Ference. (from UNMC Newsroom: <http://www.unmc.edu/news.cfm?match=11801>)



Heather Miller, Northern Division, gives a flu shot to Jay Beltz. (from the UNMC Newsroom <http://www.unmc.edu/news.cfm?match=11824>)

MORE A Closer Look

CRITICAL SUCCESS FACTOR D:

Create a Culturally Competent Organization



Above: Students from Jiao Tong University: “Cindy” Juhong Chen, “Daisy” Haishan Ruan, “Gabiella” Shengjia Wan, and “Kimico” Jianshu Zhang; and Tongji University: “Cynthia” Xiu Li Sun, “Lucy” Qing Yu, “Jessica” Yiting Jiang, and “Carrie” Jie Pu (from the CON Cultural Events blog at <http://blog.unmc.edu/conculturalevents/>)

Highlighting Culture Benefits All

Two CON events were conducted this year to enhance exposure to, and respect for various cultures, including: A) East Meets West, and B) A Native American event. The East Meets West event provided a forum for nursing students visiting from Jiao Tong University in China to share perspectives of the America Health care system and culture with CON faculty, students and staff. The nursing students discussed their experiences in Nebraska while attending classes at the CON over their three week stay, and an opportunity for the students and audience to interact was informative to all.

The Native American event featured Lisa Spellman, a full blooded Lakota Sioux Native American. A former journalist

with the Omaha World-Herald, she has been a 2001 Fellow of the Casey School of Journalism, University of Maryland and has published the book “Broken Promises”. The CEO of the Rosebud Indian Health Services, Dr. Sophie Two Hawk, is her cousin. Ms. Spellman gave a passionate presentation, discussing the historical perspective on contemporary Native American issues.

Reaching Out: Rural Perspectives

Since Nebraska has many rural areas that are underserved by health care providers, an important CON initiative includes being culturally competent in serving Nebraskans living in rural areas of the state. Peru State College will have up to four student slots annually in the UNMC

College of Nursing as an extension of UNMC's Rural Health Opportunities Program (RHOP). Since 2012, Peru State has been offered three student slots annually in the UNMC College of Pharmacy. RHOP, which began in 1989, is designed to address the special needs of rural Nebraska by encouraging rural residents to pursue health care careers. The agreement between the colleges will allow up to two eligible students to be accepted into the Lincoln division of the UNMC College of Nursing and up to two in the Omaha division. Juliann Sebastian, Ph.D., dean of the UNMC College of Nursing, said expanding access to nursing education at Peru State College is an important approach to eliminating the shortage of registered nurses in rural parts of Nebraska. "We thank Peru State College for their dedication to making these educational opportunities available to students and look forward to working with their faculty, staff and students on this important new initiative," she said. Peru State President Dan Hanson called the Rural Health Opportunities Program an important commitment to rural health care by UNMC. "Peru State is proud to be a part of this prestigious program, which not only benefits our students but all of southeast Nebraska," he said. "The quality and strength of our science program and our faculty, as well as the support of area health care providers, have been instrumental in securing these nursing RHOP seats. We look forward to building an even stronger relationship with UNMC and bringing more RHOP seats in more health care fields to southeast Nebraska." (*found in the UNMC Newsroom at <http://www.unmc.edu/news.cfm?match=11713>*)



Louise LaFramboise, CON Baccalaureate Program Director, and Danielle Dohrmann, HEP Project Coordinator in International Health & Medical Education, meet with Nursing Institute and Ministry of Health officials in Oman to discuss student exchange opportunities

Reaching Out: International Perspectives

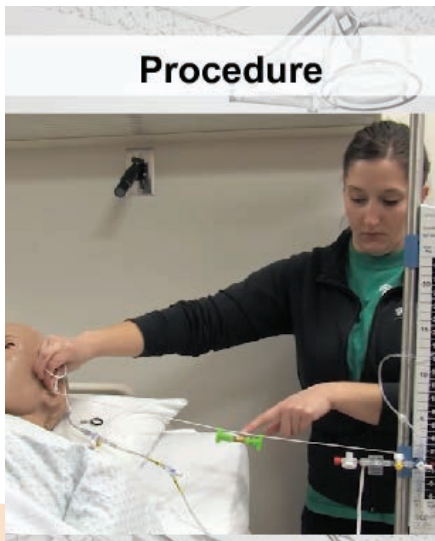
The CON fully supports UNMC's international activities and the contributions they bring to the college's research, practice and education missions. Two faculty contributed to medical mission trips, Jami Fulwider participated in a medical relief trip to Haiti, and Sandi Leaders participated in total hip replacement surgeries in Vietnam. Faculty presented at international conferences on a variety of research, practice, and education topics. Faculty also participated in consultations/visits with seven partner universities or potential partners, and one faculty co-taught a health informatics course with partners at the University of Nebraska Omaha and faculty from Norway.

Student exchanges exist between the CON and several partner universities in China, Sweden, and Norway. These opportunities provide rich learning for faculty and students, bridging differences in health care and education, and leading to better understanding across and within countries and cultures.

MORE A Closer Look

CRITICAL SUCCESS FACTOR E:

Advance Biomedical Technologies to Improve Health, Diversity, UNMC Revenues, and Create Economic Growth in Nebraska



Demonstration of Skills in Invasive Pressure Monitoring

The CON Interactive E-Learning Journey

The UNMC Interactive E-learning program is designed to provide support to turn bright ideas into creative solutions. CON faculty embraced this opportunity to unleash the creative potential of faculty and students in using technology to transform education to improve health. Nine innovative CON faculty and staff and other UNMC college partners participated in the first round of projects. One project, *Promoting Partnerships Through Community Engagement*, was mentioned in Critical Success Factor C. The other projects included: 1) *Employee Satisfaction: A Leader's Challenge* (Barry Hultquist, Ernesti, Kotcherlakota, Waters [all from CON]), 2) *Invasive Pressure Monitoring: Arterial* (Miller, Kotcherlakota, P. Rejda [all from CON]), and 3) *Invasive Pressure Monitoring: Intracranial* (Miller, Kotcherlakota, Evans, P. Rejda [all from CON]). These and other innovative ideas may provide opportunities for

partnerships with other universities and organizations that could create economic growth for Nebraska.

Interdisciplinary Healthy Heart Center: Linking Rural Populations by Technology

The Interdisciplinary Healthy Heart Center was established to stimulate and support the further growth of research focused on health promotion and disease prevention with an emphasis on using technology to reach rural individuals who have or are at risk for cardiovascular disease. Five pilot studies were funded and completed. Technology equipment and applications to provide health information, teaching and support for behavior change tailored to participants were funded as part of the grant, including use of cell phones, tablets, web based and face to face devices. Researchers developed expertise in activity monitoring devices, and these devices are available for future research projects as well.



Employee Satisfaction: A Leader's Challenge Interactive Game

CRITICAL SUCCESS FACTOR F:

Strengthen Employee Health, Satisfaction and Wellness



Manda Clarke, Instructor, in her Scottsbluff office.

Creating a Culture of Wellness

A series of activities for Creating a Culture of Wellness were implemented this year. Each of the five CON divisions had a Wellness Champion to assist in coordination of events. Targeted areas included positive thoughts, healthy eating, and fitness, which included a challenge to walk 6,000 to 10,000 steps daily for a month. During the three months of activities, approximately 170 faculty, students, and staff participated. Participants were encouraged to set their own wellness goals, and prizes were awarded to encourage everyone's efforts.

Environmental Wellness:

CON Embraces LiveGreen Initiatives:

CON faculty member Manda Clarke went beyond all expectations preserving the environment. When the West Nebraska Division nursing campus was relocating to a different building, she discovered that many faculty were going to discard countless papers, books, etc. She volunteered to be in charge of the recycling aspect of the move. Textbooks were transported to Keep Alliance Beautiful (KAB) in Alliance. KAB encourages students in the community to recycle and each school was able to earn money based on the pounds retrieved. Because KAB was only accepting

paperback books for their school initiative, all hard covers have to be removed from the books. This was challenging at times, as the covers had to be manually removed from the books. Manda had to borrow her father-in-law's truck in order to transport the boxes of books back to Alliance. She said it was discouraging to think of an excessive amount of paper just being discarded into a dumpster. It was also rewarding to earn money for the school system. She had no idea that her efforts would actually result in recycling more than 2,500 pounds of paper! (from UNMC Newsroom, <http://www.unmc.edu/news.cfm?match=11752>)

MORE A Closer Look

CRITICAL SUCCESS FACTOR G:

Positioning the College of Nursing to Prosper during Health Care Reform



In blue from left to right, students Morggan Key, Skyler Gamble, and Alyssa Beller learning how to assess and move a patient at the UNMC College of Nursing Northern Division's weekend camp (from UNMC for the Record, <http://www.unmc.edu/news.cfm?match=15537>)

Generation Link to Learn about Nursing

To meet the future health care provider needs in rural areas, the UNMC CON Northern Division in Norfolk hosted 22 teens, ages 12-18, at the Aug. 6-7, 2014 Generation Link to Learn About Nursing. The second annual camp for students interested in pursuing a career in nursing featured hands-on activities. The teens also invited a grandparent or adult family member to attend. The fun and educational event exposed participants to careers in nursing. They also learned first aid and participated in computerized simulation training. Students also received mentor support in career planning. The summer camp is funded by private donations and the Nursing Fund for Excellence.

Faculty Improving Patient Care Practice Globally

CON faculty use their expertise to build knowledge and change practice locally, regionally, nationally and internationally to improve health outcomes, which contributes to health care reform efforts. One example is the work CON faculty members continue to do related to pressure ulcers - commonly called bedsores - which are a big problem in the United States. More than 2.5 million U.S. residents develop pressure ulcers every year, with about 60,000 people dying each year from pressure ulcer complications. CON faculty member Dr. Joyce Black is recognized as a national expert in pressure ulcers, and says "this is not just a problem for patients and

their families, but also health facilities. The government won't reimburse for Medicare and Medicaid expenses if patients get pressure sores." CON faculty member Dr. Janet Cuddigan, also an expert in pressure ulcers, serves as a member of the International Guideline Development Group for Pressure Ulcer Prevention and Treatment. Both Dr. Black and Dr. Cuddigan have presented at several international conferences, including conferences in Sweden, Austria, China, Canada and the United Kingdom.

DEVELOPMENT 2013-2014

College Moves Forward with Donor and Community Support

During the 2013-2014 academic year, the College of Nursing has been fortunate to receive steady support from donors, friends and alums for scholarships, programmatic needs, key building projects, and for faculty. This support has helped to advance important faculty research, made education more affordable for students, and allowed the College to expand its scope and offerings in a way that will benefit Nebraskans and health care for generations to come.

Support for these areas has come from individuals and organizations in several different ways. Some gifts came to the University of Nebraska Foundation outright to support a specific scholarship, the white coat ceremonies or the Dean's Fund for Excellence. In other instances, support came in the form of a planned gift, which donors can choose to establish during their lifetime or provide for in their estate plans, designating the University of Nebraska Foundation for the Benefit of UNMC's College of Nursing as a beneficiary.

Other sources of support to the College came in the form of professionals and community members interacting and engaging with students as they prepared for a career in nursing. In the fall of 2013, scholarship luncheons were held in Scottsbluff, Norfolk and Lincoln. All three events were well-attended by many community supporters of students to include alums, business and political leaders, donors and friends of the College. Students had the chance to get to know some of the stories of these supporters and why the work



CON is grateful to the Lienemann family for their generous donations. (L-R: Del Lieneman, Jr., Dorothy Pflug, Del Lienemann, Sr., Daniel Lienemann, Denise Scholz)

of nurses is so highly valued in our communities and by our families. The presence of those supporters was very meaningful to the student participants.

Building a Healthier Nebraska

One of the most exciting projects for the College of Nursing is the creation of the Kearney Health Science Education Complex on the University of Nebraska at Kearney campus. This facility will be the new home of the Kearney Division of Nursing as well as a new location for an expansion of some of the programs in the UNMC School of Allied Health Professions. The new facility will offer many benefits to the community and regional health care professionals.

One of the important ways community health care providers have stepped up to help make this project a reality is through their support of the facility and also through their support of the Kearney Health Science Education Complex Fund for Excellence. This fund will support important priorities of the deans, to include continuing education

opportunities for existing health care professionals, bringing in national experts to speak to students and the local health care community, research catalyst funds to support efforts to improve health and care of patients, and special student support opportunities to include scholarships and research.

Numerous individuals, families and groups have come forward to support this project. While there is more work to be done to ensure that the funding necessary for the project is raised, the progress that has been made in support of this effort is extraordinary. Some of the earliest, major supporters include but are not limited to Good Samaritan Hospital, Phelps Memorial Health Center, Kearney Clinic and St. Francis Medical Center. These are just some of the wonderful gifts received for this important project during the 2013-2014 academic year. The University is fortunate to have their support, and the community will benefit from their generous investments for years to come.

ALUMNI

College of Nursing Association



Submitted by Catherine Mello, Associate Director, Alumni Relations

The College of Nursing Alumni Association (CONAA) is one of nine chapters of the UNMC Alumni Association. It is a non-profit membership organization with a mission to: promote and support the programs and philosophy of the UNMC College of Nursing, to maintain communication with alumni through publications and reunions, to encourage financial support for students and faculty in the College of Nursing, to encourage promotion of the nursing profession, and to recognize individuals and organizations for their meritorious service. Members span the country and class years back to the 1950s.

President: Carrie Smith BSN '12
Vice-President/President-Elect:
Amy Schroeder-Thimm BSN '91

For more information about the College of Nursing Alumni Association, please visit:
www.unmc.edu/alumni or
www.facebook.com/unmcNURSINGalumni

Here are a few highlights of CONAA activities in 2013-2014:

OUTREACH ACTIVITIES FOR STUDENTS & ALUMNI

The CONAA takes pride in connecting with students on each of the five nursing campuses. This year, the CONAA sponsored welcome lunches for students on each campus during orientation. In October 2013, over 60 College of Nursing alumni participated in Alumni Reunion Weekend activities. The CONAA hosted a community welcome reception in November 2013 for Jana Pressler, Ph.D., RN, when she started her new position as assistant dean at the College of Nursing-Lincoln Division.

SPONSORED CONTINUING EDUCATION OPPORTUNITIES FOR ALUMNI

In partnership with the Alumni Relations Office and the College of Nursing Center for Continuing Education, the CONAA offered discounted registration to 80 alumni who attended the 18th Annual Pharmacological Conference for Advanced Practice Nurses in July 2013. The CONAA offered the second annual Distinguished Alumnus Award Lecture in the fall of 2013 that provided one hour of continuing education to about 30 attendees. The association also supported the Infectious Disease Symposium in central Nebraska in April 2014 attended by 40 UNMC alumni, including 16 College of Nursing alumni.

SUPPORTED WHITE COAT CEREMONIES IN COLLABORATION WITH NU FOUNDATION

In partnership with the University of Nebraska Foundation, UNMC alumni and friends sponsored over 300 white coats for the August and September 2013 professionalism ceremonies held at each College of Nursing campus. The white coat symbolizes the students' entry into the nursing profession and the alumni sponsorships establish a connection with current students at the beginning of their nursing school journey.

SPOTLIGHT

Distinguished Visitors



AUGUST 2013

Jane L. Miller, MA, PhD

Director, AHC Simulation Center and Interprofessional Education and Resource Center (IERC), University of Minnesota. Dr. Miller delivered the 6th Annual Audrey Solberg Smith Distinguished Lectureship for Teaching Excellence. Her presentation was titled, "IP (Interprofessional) Simulation – Making It Happen".



NOVEMBER 2013

Kathryn Laughon, PhD, RN, FAAN

Associate Professor, University of Virginia School of Nursing in Charlottesville, VA. Dr. Laughon was the inaugural speaker for the Anna Marie Jensen Cramer Memorial Lectureship in Women's and Children's Health and Family Nursing. Dr. Laughon presented, "Nurses' Role in Addressing Violence Against Women Across Settings".



APRIL 2014

Cynthia Clark, PhD, RN, ANEF, FAAN

Professor at Boise State University School of Nursing. Dr. Clark's visit was sponsored by the University of Nebraska Fund for Excellence – Northern Division. She presented "Fostering Civility in Nursing Education: Strategies to Sustain Healthy Workplaces and Engaged Learning Environments".



APRIL 2014

Eileen Sullivan-Marx, PhD, RN, FAAN

Dean & Erlene Perkins McGriff Professor at the New York University College of Nursing in New York City. Dr. Sullivan-Marx was the 24th Visiting Nurse Scholar and she presented, "Leaping Forward in Health Care Reform: Transitions, Teams & Talent".

KUDOS

Faculty/Staff Awards

**American Academy of Nursing
– Inducted as a New Fellow**
Bunny Pozehl

**American Association of
Colleges of Nursing**
Juliann G. Sebastian –
Elected President-Elect

**American Association of Colleges
of Nursing Leadership for
Academic Nursing Program**
Connie Miller

**American Council on Education
(ACE) Fellowship**
Cheryl Thompson

**American Nurses Association
Nurse Fatigue Professional Issues
Steering Committee Panel**
Ann Berger – Appointed

**American Association of Colleges of
Nursing Bonus Planning Committee**
Kelly McDonald – Elected Chair

**American Society of Plastic
Surgical Nurses' Founders Award**
Joyce Black

Appointments

Marlene Cohen - Kenneth E.
Morehead Endowed Chair in Nursing,
reappointed for a 2nd five-year term
Mary Ann Mertz – Special
Projects Coordinator – Kearney
Division (effective 1-1-14)
Connie Miller – Special
Projects Coordinator –
Omaha (effective 1-1-14)
Jana Pressler – Assistant Dean –
Lincoln Division (effective 8-1-13)
Lani Zimmerman – Florence Niedfelt
Professor – three-year term

Chancellor's Silver U Award
Kristi Brummels – September 2013
Shirley Wiggins – November 2013
Anji Wittman – January 2014
Julie Quickert – March 2014
Gloria Geiselman – May 2014
Kelly Gonzales – June 2014

COLLEGE OF NURSING ANNUAL FACULTY & STAFF AWARDS (AWARDED MAY 2014)

**Ada M. Lindsey Professional
Service Award**
Trina Aguirre

Distinguished TEAM Award
The Syllabus Task Force - Diane
Jackson, Lori Turner, Rolee
Kelly, Suhasini Kotcherlakota,
Barb Wehrmann, Lori Cooley,
Liane Connelly, Lynne
Buchanan & Patrick Rejda

**Donna Westmoreland Excellence
in Faculty Mentoring Award**
Anne Wilber

**Kathryn Sandahl Philp Creativity
and Innovation Award**
Nancy Meier

**Pennie Z. Davis Faculty
Research Award**
Melody Hertzog

Spirit of Shared Governance Award
Mary Ann Mertz

Staff Excellence Award
Kris Claussen

Staff Leadership Award
Patrick Rejda

Staff Spirit Award
Lori Cooley

**The Dean's Excellence
in Teaching Award**
Kati Bravo

**The Rosalee C. Yeaworth
Excellence in Teaching Award**
Karen Schumacher

**Virginia Tilden Leadership
Development Award**
Teresa Hultquist

**College of Nursing
Distinguished Alumnus**
Cynthia Dougherty – ASN '77, BSN '79

College of Nursing Promotions (effective 7/1/13)

Lynne Buchanan - Continuous
Appointment (Tenure)
Teresa Hultquist – Associate
Professor with Continuous
Appointment (Tenure)
Margaret Kaiser - Associate
Professor with Continuous
Appointment (Tenure)
Paula Schulz - Associate
Professor with Continuous
Appointment (Tenure)
Shirley Wiggins – Associate Professor

**Commission on Collegiate
Nursing Education**
Doctor of Nursing Practice
(DNP) Program – Awarded
full five-year accreditation

Doctoral Degrees Awarded
Beth Burbach – PhD – December 2013
Amy Ford – DNP – May 2014

Emeritus Appointment
Polly Hulme – August 2013
Kate Nickel – January 2014

**Harriman Award for Distinguished
Volunteer Service, the highest
recognition for volunteer service
in the American Red Cross**
Susan Hassmiller – MSN '83

**March of Dimes Nebraska
Chapter Academic Excellence
in Nursing Award**
Connie Miller

**March of Dimes Nebraska
Chapter Excellence in Nursing
Leadership Award**

Denise Waibel-Rycek

**Midwest Nursing Research
Society Fundraiser**

College of Nursing – Third Place

**Midwest Nursing Research Society
Pediatric Outstanding Dissertation
Award (Pediatric Research Section)**

Tiffany Moore

**National Institute of Nursing
Research's new Innovative
Questions Initiative, entitled
"Wellness: Promoting Health and
Preventing Illness" (Invited)**

Carol Pullen

Society of Pediatric Nursing

Shirley Wiggins – Installed
as new President

**The Kansas Nurse Journal
Clinical Writing Award**

Liane Connelly

**UNMC College of Nursing "Making
a Difference" Recognition**

Kris Claussen
Gloria Geiselman
Cara Mouw

UNMC Distinguished Scientist Award

Karen Schumacher

UNMC Green U Award

Manda Clarke – Category of
Innovation & Implementation
Marlene Cohen – Category of
Education & Promotion

UNMC Service-Learning Academy

Nancy Farris – Honored
Kathy Kaiser – Honored

UNMC Vital Thank "U" Award

John Barrier
Kris Claussen
Lori Cooley
Bobbi Hartshorn
Ana Lara-Ramirez
Lauren Luger
Kelly McDonald
Cara Mouw
Diane Potter
John Rejda
Patrick Rejda
Jerry Schledewitz
John Sherlock
Jill Thewke
Pat Trausch
Colleen Tworek
Alan Wass
Dani Wilson-Baxter

UNMC YEARS OF SERVICE

30 Years

Christie Campbell-Grossman
Kathy Duncan
Diane Brage Hudson
M.J. Jobes

25 Years

Hilary Christo
Carol Meyer

20 Years

Carol Pullen

15 Years

Myra Schmaderer
Mary Wendl

10 Years

Kati Bravo
Bob Schmida
Colleen Tworek
Alison White
Dani Wilson-Baxter

5 Years

Molly Belieu
Sara Brown
Manda Clarke
Marlene Cohen
Paul Dizona
Barb Fletcher
Jami Monico

SALUTE

Student Recognitions



College of Nursing students presented an Honor and Remember flag to the wife of fallen Navy Pilot Lieutenant Commander Thomas Blake. *(photo courtesy of Vicky Cerino, UNMC Public Relations)*

Good Samaritan Hospital Student Excellence Award

Abby Meier – Kearney Division

March of Dimes Excellence in Nursing Student Award

Jessica Blake - Omaha Division
Nick Claridge - Kearney Division
James Kuster - West Nebraska Division

Midwest Nursing Research Society Poster Award (2nd place)

Kathleen Reeves – Omaha Division

Midwest Nursing Research Society Poster Award (Honorable Mention)

Marcia Shade – PhD Student

Nebraska Nurse Practitioner Student Evidence Based Project Poster Award

Kim Hiser – DNP Student

Nebraska State Student Nurses Association (NSSNA)

Kaelee Stuchlik – Lincoln Division
– NSSNA Board Member
and Legislative Chair

Presented an Honor and Remember Flag

Jessica Blake in honor of her husband
Navy Pilot Lt. Com. Thomas Blake

FUNDED

2013-2014 Grants

*New Funding

Aguirre, T. (P.I.) Subaward from University of Nebraska-Lincoln/University of Maine/USDA, National Institute of Food and Agriculture, *iCook: A 4H Program to Promote Culinary Skills and Family Meals for Obesity Prevention*. ME0-2011-04536. 8/1/12 – 7/31/17: \$10,443

Cramer, M. (P.I. for subaward/Rautianen, PI) National Institutes of Health, National Institute for Occupational Safety and Health (U54 Grant), *Evaluation Program for Central States Center for Agricultural Safety and Health (CS-CASH)*. 1 U54 OH010162-01. 9/1/11 – 8/31/16: \$580,616

***Cramer, M. (P.I.)** Marshfield Clinic Research Foundation, *NCCRAHS-Childhood Agricultural Safety Network (CASN)*. 9/30/13 – 9/29/14: \$15,000

Filipi, M. (P.I.) MARS Foundation, *Impact of Structured Weight Resistance Training on Balance in MS Patients*. 7/1/12 – 6/30/15: \$20,000.

***Filipi, M. (P.I.)** Biogen Idec MA, Inc., *The Effect of Exercise on Strength and Mobility and Corresponding CNS Plasticity in Multiple Sclerosis Patients: A Multimodal Neuroimaging Investigation*. 9/16/13 – 9/15/14: \$90,650

Kaiser, K., (P.I.) American Nurses Foundation, *Expanding the Typology of Life Transitions in Women Using a Clinical Data-Based Approach*. #2451-12. 9/1/12 – 8/31/14: \$6,995

Morris, K. (P.I.) Central States Center for Agricultural Safety and Health (CS-CASH), *Prevention and Treatment of Agricultural Respiratory Disorders: A Pilot Educational Program of Rural Health Care NPs and PAs*. 12/1/12 – 5/31/14: \$20,000

***Moore, T. (P.I.)** National Institutes of Health, National Institute of Nursing Research K01 Grant, *Physiologic Stress During Pregnancy on Maternal and Infant Outcomes*. 1 K01 NR14474-01A1. 4/15/14 – 3/31/17, \$237,870

Pozehl, B. (P.I.), Duncan, K., Norman, J., Hertzog, M., Artinian, N., Keteyian, S., Plano-Clark, V., Krueger, S. National Institutes of Health, National Heart, Lung, and Blood Institute R01 Grant, *Heart Camp: Promoting Adherence to Exercise in Patients with Heart Failure*. 1 R01 HL112979. 4/1/12 – 3/31/17: \$3,318,262

Pullen, C. (P.I.), Yates, B., Cohen, M., Zimmerman, L., Hertzog, M., Bevil, C., Thompson, C., Pozehl, B., Meza, J., Schulz, P., Barnason, S., Barry, T., K., Seo, Y., Nieveen, J. National Institutes of Health, National Institute of Nursing Research P20 Grant, *Interdisciplinary Healthy Heart Center: Linking Rural Populations by Technology*. 1 P20 NR011404-01. 8/4/09 – 5/31/14: \$2.3 million

Pullen, C. (P.I.), Hageman, P., Boeckner, L., Pozehl, B., Hertzog, M., Harvey-Bernino, J. National Institutes of Health, National Institute of Nursing Research R01 Grant, *Web-based Weight Loss & Weight Maintenance Intervention for Older Rural Women*. 1 R01 NR010589. 9/9/10 – 6/30/15: \$3,065,719

***Schumacher, K. (P.I.)** Eilers, J., Hertzog, M., Lackner, R., Lydiatt, W., Sasson, A. American Cancer Society Research Scholar Grant, *A Mixed Study of Rural Family Caregiving During Cancer*. RSG-13-167-01-CPPB. 7/1/13 – 6/30/17: \$720,000

Young, L. (P.I.) Nurse Practitioner Healthcare Foundation, *Advanced Nurse Practitioner Role to Improve Medication Reconciliation in Rural Elders with Heart Disease*. 5/1/12 – 4/30/14: \$4,000

***Young, L. (P.I.)** Barnason, S., Paulman, A., Hertzog, M. National Institutes of Health, National Institute of Nursing Research R15 Grant, *Promoting Self-Management Through Adherence Among Heart Failure Patients*. 1 R15 NR013769-01A1. 8/7/13 – 7/31/15: \$301,000

***Zimmerman, L. (P.I.)** Pozehl, B., Bauer, L., Blue Cross Blue Shield of NE Foundation, *Home Based Care Transitions Tailored By Cognition And Patient Activation: A Prudent Use Of Transitional Care Resources*. 8/1/13 – 7/31/14: \$200,000

GRADUATE STUDENTS RESEARCH GRANTS FUNDED FOR FISCAL YEAR 2013-2014

***Geary, C. (P.I.)** Schumacher, K (Mentor), National Institutes of Health, National Institute of Nursing Research, NRSA F31 Grant, *Hospitalized Older Adults' Care Transition: Themes Symptoms, QOL, and Utilization*. 1 F31 NR013596-01. 9/26/13 – 9/25/14: \$42,480

EDUCATIONAL/SPECIAL PROJECTS GRANTS FUNDED FOR FISCAL YEAR 2013-2014

***Berger, A. (P.D.)** U.S. Dept of Health and Human Services, Nurse Faculty Loan Program, CFDA 93.264. 1E10HP25820. 7/01/13 - 06/30/14: \$22,504

Chaperon, C. (P.D.) Univ of NE Foundation, Women Investing in Nebraska, *Kearney Nebraska Mobile Nurse Managed Clinic Comprehensive Geriatric Assessment Project*. 10/1/12 – 12/31/13: \$77,425

***Cramer, M. & Brage-Hudson, D. (Co-P.D.)** Charles Drew Health Center, *Evaluation of Douglas County Healthy Start Initiative*. 6/1/13 – 5/31/14: \$50,000.

LaFramboise, L. (P.D.) Robert Wood Johnson Foundation, *New Careers in Nursing*. ID 70069. 9/1/12 – 8/31/14: \$50,000

LaFramboise, L. (P.D.) Robert Wood Johnson Foundation, *New Careers in Nursing Pre-Entry Immersion Program*. ID 70069. 9/1/12 – 12/31/14: \$5,200

McDonald, K. (P.D.), Berger, A. Jonas Center for Nursing Excellence, *The Jonas Nurse Leaders Scholar Program Scholarship*. 7/1/12 – 6/30/14: \$10,000.

McDonald, K. (P.D.), Berger, A. Jonas Center for Nursing Excellence, *Jonas Veterans Healthcare Program Scholarship*. 8/1/12 – 7/31/14: \$10,000

Morris, K. (P.D.), Barnason, S., Bevil, C. U.S. Dept of Health & Human Services, Advanced Nursing Education Grant, CFDA 93.359, *Advanced Rural Hospital Care (AHRC) Program*. 1D11HP22188-01-00. 7/1/11 – 6/30/14: \$504,771

***Morris, K. (P.D.)**, Barnason, S., Bevil, C. U.S. Dept of Health & Human Services, Advanced Nursing Education Grant, CFDA 93.247, *Advancing Rural Emergency and Acute Care (AREA) Program for Family Nurse Practitioners (FNPs)*. 1D09HP25929-01-00. 7/1/13 – 6/30/16: \$768,825

*Bold type demotes current College of Nursing faculty and/or staff members.

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MEGEL, MARY (Emeritus)

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