



UNMC

COLLEGE OF NURSING Annual Report

July 1, 2014 — June 30, 2015



VOICE

From the Dean's Desk

Dear Colleagues, Friends, Learners, and Discoverers,

What a momentous year this has been! I am delighted to share with you a report on the wonderful work that is underway at the College of Nursing and invite you to join with us as we continue our journey to transform lives.

Faculty, staff, students, alumni and friends of the College have all been working hard to improve health and health care. With concerns about quality and safety, access, and cost effectiveness at the forefront, it is more important than ever that nurses lead and collaborate with others to support healthy lifestyles, effective prevention and management of injuries and chronic conditions, and support palliative and end-of-life care. Our work together is all about creating a better world for today and tomorrow. The University of Nebraska Medical Center College of Nursing's tripartite mission forms the foundation for this work.

Through our education mission, faculty, staff and students partner in lifelong learning. Today's students want plans of study that are flexible and support their learning styles. This means one size definitely does not fit all! In addition to our traditional academic options, faculty have developed a range of faster and slower routes for degree completion. This means students can select what works best for them in their individual circumstances. Following the successful launch of the post-Master's track in the Doctor of Nursing Practice program, faculty updated and approved a BSN-DNP curriculum. We will admit our first students to the new post-BSN track in fall, 2015. This ushers in a new era of accelerated educational options for us as we will now have post-BSN options in both the PhD and DNP programs, plus the accelerated BSN program.

Faculty, staff, and students advance the research mission through the innovative studies that are part of our research portfolio. In this year's annual report, we share funded projects, scholarly manuscripts, awards, and an appointment to a key national committee that showcase the way our scientists are advancing knowledge of health, health and nursing care, and health care outcomes.

Our service mission includes faculty practice, and engagement in professional service and leadership. With the arrival of our new Associate Dean for Transformational Practice and Partnerships, Kate Fiandt, PhD, APRN-BC, FAAN, FAANP, we are advancing our work in the practice arena and our work with partners through lifelong learning and global connections. This annual report details the great successes our Continuing Nursing Education and International Programs are having.

We are proud of the 25 Year Reunion held for the Western Division in Scottsbluff this year. Events such as this give us the opportunity to celebrate the work of the many faculty, staff, and students who preceded us and to anticipate the great work with communities throughout Nebraska.

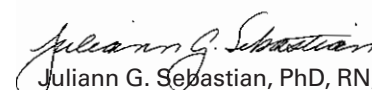
We had three retirements this year, with two from the Kearney Division and one from the Omaha Division. This is a wonderful opportunity to wish our longtime colleagues all the best and thank them for their many contributions. Steve Pitkin and Pat Trausch both retired after long and successful careers teaching in the Kearney Division. Mr. Pitkin led the Division as Assistant Dean from 2008-2014, and was instrumental in the successful completion of the Health Sciences Education Complex with colleagues from the University



Dean Juliann G. Sebastian,
PhD, RN, FAAN

of Nebraska Kearney, the College of Nursing, and the College of Allied Health Professions. Ms. Trausch was beloved by students for her expert clinical instruction and deep knowledge of adult health nursing. In Omaha, Allison White retired after eleven years of dedicated instruction of undergraduate students. We are grateful to each of you and acknowledge the depth and breadth of your contributions to the College of Nursing, your colleagues, and our graduates.

On behalf of our College of Nursing community, I hope you enjoy reading about our goals and aspirations, as well as our accomplishments. I invite you to join with us as we move forward and I thank each of you for all you do every day to make our world a healthier place for all!


Juliann G. Sebastian, PhD, RN, FAAN
Dean and Professor

CONTENTS

Forging New Territory

Inside

- 1 VOICE
- 2 CONTENTS
- 3 MOVERS
- 4 SHAKERS
- 6 FOCUS
- 7 STRATEGY
- 8 MORE
- 18 DEVELOPMENT
- 19 ALUMNI
- 20 SPOTLIGHT
- 21 APPENDICES

Contributions

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Appendices

Appendix A Kudos

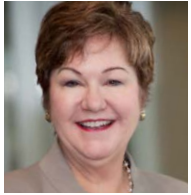
Appendix C Funded

Appendix B Salute

Appendix D Inked

MOVERS

2014-2015 Executive Council



Juliann G. Sebastian, PhD, RN, FAAN
Dean



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Jana Pressler, PhD, RN
Assistant Dean, Lincoln Division



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Kelly McDonald, MHA
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LaDonna Tworek
Administrative Assistant to the Dean



Lisa Muschall
Director of Administration & Operations

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Mary Ann Mertz, EdD, MN, RN, Assistant Professor &
Interim Assistant Dean Kearney Division
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B. Colleen Quadhamer, MS, RN, Nurse Specialist/Instructor
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Patricia Trausch, MS, RN, Instructor
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SHAKERS 2014-2015 Faculty

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Yaewon Seo, PhD, RN, Assistant Professor
Lynnette Leeseberg Stamler, PhD, RN, FAAN, Professor & Associate Dean Academic Programs
Leeza Struwe, PhD, RN, Assistant Professor
Cheryl Thompson, PhD, RN, Associate Professor
Janice Twiss, PhD, RN, CWHNP, APRN-NP, Associate Professor & MSN Area Coordinator
Maralyn Walko, MSN, RN, Instructor
Alison White, MSN, RN, Instructor
Deborah Wisnieski, PhD, RN, Nurse Specialist/Instructor
Bernice Yates, PhD, RN, Professor

FOCUS

Our Mission and Vision



The **Mission** of the College of Nursing is to improve the health of Nebraska through premier nursing education programs, innovative research, the highest quality patient care, and service to underserved populations.

The **Vision** of the College of Nursing is to be a vital part of a world-renowned health sciences center and to:

- Deliver state of the art nursing education blending traditional learning approaches with emerging learning technologies;
- Offer health care and health systems solutions grounded in leading-edge nursing science;
- Promote health, reduce the burden of illness, and lessen health disparities in Nebraska and beyond.

The mission and vision of the College of Nursing are accomplished through leadership by faculty, staff, and students.

The **Leadership Philosophy** of the College embraces resiliency, shaping positive change, pro-active thinking, effective partnerships, and risk-taking toward creative possibilities. The mission and vision of the College of Nursing also are accomplished through the College's communication philosophy of open, honest, and respectful dialogue among all employees. Diverse opinions are sought and valued, and decisions are made after adequate discussion. We hold ourselves and each other accountable for positive communication behaviors.

STRATEGY 2014-2015 Plan

A: ENHANCE UNMC'S EDUCATIONAL PROGRAMS AS THE MOST HIGHLY LEARNER-CENTERED UNIVERSITY IN HEALTH PROFESSIONS EDUCATION

College of Nursing Long Range Plan: Offer high quality, cost-effective educational programs that prepare nurse leaders to shape a preferred health care future.

- Goal 1: Prepare graduates who are prepared to meet the challenges of a changing healthcare environment using innovative educational models that incorporate evolving technological solutions.
- Goal 2: Provide ongoing faculty development opportunities related to eLearning, interprofessional education, simulation and virtual reality, concept-based curricula, and "flipped classrooms".

B: INCREASE RESEARCH PROMINENCE AS A TOP TIER ACADEMIC HEALTH SCIENCES CENTER

College of Nursing Long Range Plan: Achieve and sustain a pervasive culture of research and scholarship throughout the College of Nursing.

- Goal 1: Increase our capacity and prominence in research aimed at promoting health, reducing risk, managing chronic conditions, and delivering interventions and monitoring outcomes to rural and underserved populations using technology.
- Goal 2: Support new and ongoing patient centered translational research that is interdisciplinary, multi-site, and multi-campus.

C: ADVANCE COMMUNITY/GLOBAL PARTNERSHIPS FOR HEALTH

College of Nursing Long Range Plan: Reduce health disparities in Nebraska and the region through faculty practices and community partnerships that focus on health promotion and disease prevention, chronic care management, behavioral/mental health services, and other emerging health issues.

- Goal 1: Develop interprofessional practice models focused on innovative community based practices that improve patient and population health outcomes.
- Goal 2: Expand international initiatives for nursing education.

D: CREATE AN EXEMPLARY CULTURALLY COMPETENT ORGANIZATION

College of Nursing Long Range Plan: Increase multi-cultural presence across all Divisions of the College of Nursing. Improve faculty, staff, and students' understanding of being a global citizen and living within the context of a global community.

- Goal 1: Increase representativeness of students, staff, and faculty to mirror population of the state.
- Goal 2: Expand student, faculty, and staff understanding of cultural preferences and strategies for inclusivity

E: ADVANCE BIOMEDICAL TECHNOLOGIES TO IMPROVE HEALTH, DIVERSIFY UNMC REVENUES, AND CREATE ECONOMIC GROWTH IN NEBRASKA

College of Nursing Long Range Plan: Advance technologies and information systems to support education, research, practice, and administrative operations of the College.

- Goal 1: Develop the College of Nursing's infrastructure to promote innovative technology use across education, research, and practice missions.

F: STRENGTHEN EMPLOYEE LOYALTY, SATISFACTION, AND WELLNESS

College of Nursing Long Range Plan: Strategically align faculty and staff with the missions of the College of Nursing so as to optimize their role satisfaction, talents, interests, productivity, and loyalty.

- Goal 1: Maximize the health goals of faculty, staff and students.
- Goal 2: CON nurtures a culture that demonstrates individuals are valued, respected and recognized for their contributions to the CON mission and vision.

G: POSITION THE COLLEGE OF NURSING TO PROSPER DURING ONGOING HEALTH CARE REFORM

- Goal 1: Complete the Health Sciences Education Building and enroll increased numbers of students as stated in the project goals.
- Goal 2: Complete the fund raising for the Lincoln Division Nursing Building and obtain Board of Regents approval for the conceptual drawings of the building.

MORE A Closer Look

CRITICAL SUCCESS FACTOR A:

Enhance UNMC's Educational Programs as the Most Highly Learner-Centered University in Health Professions Education



Utilizing the latest technology, CON students and faculty created an interactive teaching module.

UNMC's E-Learning Program: Focus on Student Developed Curricula

E-learning development opportunities were expanded this year to harness the skills of innovative faculty and students, supported by instructional designers, to create new technology driven learned centered projects and curricula. Using funding provided by UNMC Academic Affairs, twenty UNMC students partnered with faculty to help design curricula that are more engaging to students. According to the UNMC Educational Technology Student Survey completed in 2015, 75% of students bring 2 or more devices to class, and 60% agree they are more actively involved in courses that use technology. As an example, three CON

undergraduate and graduate nursing students along with three faculty members developed a module "An Interactive Journey Combining Behavioral Health and Medical-Surgical Nursing." This module helps students recognize that physical factors can precipitate mental health problems, and likewise, mental health problems can complicate physical conditions, irrespective of the location of care delivery. As one student noted, the experience "made me feel like I had something valuable to contribute to the university, and that I could have an impact on the way future nurses provide care to patients".

Audrey Solberg Smith Distinguished Lecture Explores Concept-Based Education

Dr. Karen Carlson, professor emeritus, College of Nursing, The University of New Mexico, delivered the Solberg Smith Distinguished Lecture for Teaching Excellence to UNMC nursing faculty and staff. This annual lectureship in the UNMC College of Nursing honors an alumni and generous donor, Audrey Solberg "Solly" Smith, a 1947 and 1965 graduate of UNMC's nursing programs. Dr. Carlson's presentation "Speed Bumps, Potholes, and Roadblocks of Implementing Concept-Based Nursing Education" was streamed live from the Kearney Division campus to all other campus sites.

Beginning in 2010, UNMC College of Nursing revamped the undergraduate curriculum; building the curriculum around concepts. This design promotes learner-centered education by categorizing and organizing information into broader principles, or concepts. For students, rather than just memorizing facts, a concept-based framework helps students think more critically about the new subjects and situations they encounter. Students can build on concepts to gain a deeper understanding the larger patterns and relationships that define patient care and patient illness. Dr. Carlson's lecture helped faculty to identify areas for improvement to continue to enhance student learning experiences.

CONT. PG 9

MORE

A Closer Look

CRITICAL SUCCESS FACTOR A FROM PG 8

HEROES Program Meets Global Emergency Preparedness Educational Needs

How does it feel to help save lives around the world with information that keeps health professionals and others safe when treating patients with the Ebola virus? The Healthcare and Emergency Responder Organization Education through Simulation (HEROES) project was funded by a University of Nebraska Programs of Excellence grant program implemented in 2005. HEROES was originally created as a method of counteracting disasters such as 9-11, anthrax attacks and Hurricane Katrina. Its purpose is to enhance clinical decision making and competencies in emergency preparedness training and public health emergencies. With the recent Ebola outbreaks, through the College of Nursing HEROES project, Beth Beam and Stephen Smith of UNMC's College of Nursing and the Nebraska Biocontainment Patient Care Unit at Nebraska Medicine have provided educational materials on the safe use of personal protective equipment (PPE) for the many types of health care providers needed to care for patients with the Ebola virus. The information they have produced, which includes procedures for putting on and removing PPE, has been used worldwide and is linked on the Centers for Disease Control and Prevention website. In fact, Beam has received contacts from all over the world since the Ebola outbreak. Notable contacts have included Johns Hopkins University, Walter Reed National Military Medical Center, and even the Dr. Oz Show.

HEROES education is offered to health professions students and health care providers through simulation online and through mobile training throughout the state for only the cost of travel. The



Beth Beam, center, teaches nursing students in Scottsbluff about biological personal protective equipment. (from UNMC Newsroom: <http://www.unmc.edu/news.cfm?match=16161>)

UNMC College of Nursing in collaboration with the College of Medicine, School of Allied Health Professions, and Center for Preparedness Education, established this interdisciplinary program for emergency preparedness training. Connie Miller, Ph.D., assistant dean of the college's Omaha division, is director of the program. "We knew that our materials made a difference," Beam said. "But now the need is greater. Our materials help people to put rubber to the road in terms of biological preparedness. We have been able to collaborate with some of the brightest people in this area right here in Nebraska," Beam said. "Help from both faculty and staff has been so critical. That makes a difference."

Faculty Development and Educational Innovations for the CON

Faculty development is an important component to encourage new ideas and innovation in classroom and clinical education. UNMC faculty had

the opportunity to participate in an educational banquet that encouraged interprofessional collaboration and showcased innovative work taking place across UNMC. Conference attendees were challenged to address who we teach, how we teach, what we teach and how we assess student learning. Two College of Nursing presenters were among the featured speakers, including Louise LaFramboise, PhD, RN, who spoke about the College of Nursing's advancements in team-based learning, and Heidi Keeler, PhD, RN from the College of Nursing Continuing Nursing Education office who co-presented with Lois Colburn from the UNMC Center for Continuing Education regarding the Continuing Nursing Education Office's collaborations across the state. According to Dr. Dele Davies, Vice Chancellor for Academic Affairs, the speakers showcased the focus as a premier educational institution and provided vision for future efforts in educational innovation.

CRITICAL SUCCESS FACTOR B:

Increase Research Prominence as a Top Tier Academic Health Science Center

College of Nursing Faculty Member Appointed to National Committee

Karen Schumacher, PhD, RN was appointed to the Institute of Medicine (IOM) Committee on Family Caregiving for Older Adults. This prestigious committee examines and provides conclusions and recommendations for health delivery system reform. In addition, the committee reviews policies and actions that groups and individuals could institute to reduce the difficulties encountered by family caregivers of older adults and to support their ability to perform critical caregiving tasks. Dr. Schumacher joins several other colleagues at the College of Nursing who provide expertise and consultation to various national organizations and committees to further research at the local, regional and national level.

Research Manuscript Award

College of Nursing faculty regularly contribute to the research literature to improve health and care delivery; leading many interprofessional efforts in research at UNMC. For example, Dr. Bernice Yates was the lead author on a manuscript that was selected for the Western Journal of Nursing Research outstanding faculty manuscript award. The title of the paper was "Reducing Cardiovascular Risk in Spouses of Cardiac Patients: A Randomized Controlled Trial". Co-authors included a variety of interprofessional partners; Sheri Rowland, MSN, RN, and Dr. Kevin Kupzyk from the College of Nursing, Kerry Mancuso from The Nebraska Medical Center, Dr. Joseph Norman from the College of Allied Health

Professions, Dr. Scott Shurmur from Texas Tech Health Sciences Center, and Karen Tesina, MSN, RN from Nebraska Methodist Hospital. The study examined the Partners Together in Health (PaTH) intervention versus usual care on cardiovascular risk factors. Spouses in the usual care group attended educational classes with patients, and spouses in the experimental group attended cardiac rehabilitation with patients and made the same physical activity and healthy eating changes as the patients. Results showed that spouses in both groups significantly reduced their 30-year risk scores (using the Lifetime Risk Scale) at 3 and 6 months, with exercise as the key ingredient in lowering risk.

UNMC Interprofessional Study to Prevent Osteoporosis

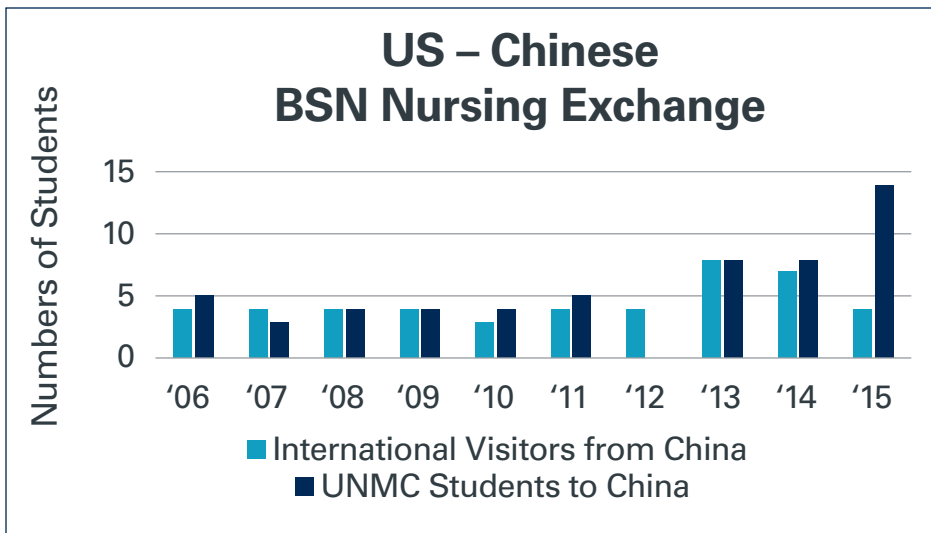
The prevention of osteoporosis in post-menopausal women is the focus of a \$3.2 million grant awarded by the National Institutes of Health to the UNMC College of Nursing and the School of Allied Health Professions. Nancy Waltman, Ph.D., of the UNMC College of Nursing and Laura Bilek, Ph.D., of the UNMC School of Allied Health Professions, are co-investigators for the project. Ten million Americans have severe bone loss (osteoporosis), and 34 million have early bone loss (osteopenia). Eighty percent of patients with osteopenia and osteoporosis are women. Without treatment, osteopenic women will likely develop more severe loss (osteoporosis) and have a greater risk of fractures. One in every two women will suffer an osteoporotic fracture during her lifetime.

While clinical guidelines for treatment of osteoporosis are clear (first-line treatment is a bisphosphonate), there are no clear guidelines for treating osteopenic or pre-osteoporotic women. The research study will test three treatments for improving bone strength and preventing bone loss in osteopenic women during their first five years of menopause. Women will be randomly assigned to 12 months of treatments of optimal calcium and vitamin D only, a bisphosphonate plus optimal calcium and vitamin D, or a structured exercise program plus optimal calcium and vitamin D, Dr. Waltman said. After 12 months of treatment, outcomes measured in women in the three groups will include changes in bone mineral density, bone structure and bone formation. Dr. Waltman said that the research team has developed a structured exercise program to promote bone health that consists of both weight-bearing exercises (short stretches of jogging with weighted vests) and resistance exercises (weight lifting on machines.) Women assigned to the exercise group will participate in exercises three times weekly at the YMCA of their choice, Dr. Waltman said. "We hypothesize that women in the exercise group will have better outcomes at 12 months than women who take calcium and vitamin D only and equal to or better outcomes than women taking a bisphosphonate," she said. Studies suggest that prescriptions for bisphosphonates for many women should be limited to five years or less. This study is an important step in contributing to the knowledge related to the prevention of osteoporosis.

MORE A Closer Look

CRITICAL SUCCESS FACTOR C:

Advance Community/Global Partnerships for Health



Student exchanges with China have grown significantly over the last 10 years.

CON International Programs Offers Global Experiences

In keeping with UNMC’s global mission to promote health through excellence in education, research, outreach, and care by creating accountable and strategic partnerships, CON International Programs coordinates a variety of international experiences, providing connections to a global community of partners in nursing. At the heart of this connection is hosting international exchanges. Nursing students from Sweden and China visited UNMC in fall 2014 and spring 2015. The experience allowed the international students to gain a better understanding of US healthcare and nursing culture. In addition, CON students had the opportunity to travel abroad in spring 2015 as part of the student exchange program. Students visited universities

in China, Norway, Sweden and for the first time, Oman, gaining valuable insights into other cultures and healthcare systems. May 2015 marked the first class of students and faculty training in Traditional Chinese Medicine at Shanghai Institute of Health Sciences in Shanghai, China. Eight students and faculty spent three weeks learning about the healing system of Eastern Medicine that was developed in China more than 2,000 years ago. Traditional Chinese Medicine includes such treatments as herbal formulas, acupressure and cupping. The experience provided the participants with an introduction and awareness to these treatments aimed at balancing the body, mind and spirit.

UNMC Community Outreach: Chancellor Gold, College of Nursing and University of Nebraska Foundation Administrators Visit Scottsbluff Campus

Chancellor Jeffrey P. Gold, M.D., Juliann Sebastian, Ph.D., dean of the UNMC College of Nursing, Louise LaFramboise, Ph.D., director of the college’s undergraduate program, and Sarah Carlson, development director of the University of Nebraska Foundation visited the Scottsbluff campus and community this fall. The visit included meeting with community leaders to talk about challenges as well as opportunities to expand programs and partnerships. The group met with: Todd Holcomb, Ed.D., president of Western Nebraska Community College; Todd Sorensen, M.D., president and CEO

of Regional West Health Services; and John Mentgen, who will succeed Dr. Sorensen. They also met Shirley Knodel, vice president of patient care and chief nursing officer for Regional West Health Services, and Hod Kosman, president and CEO of Platte Valley Bank.

Dr. Gold said UNMC has a responsibility to the state and is dedicated to serving the state. "We understand the economic vibrancy of a community depends on many things, including access to health care." He said he was grateful for the warm reception by the community. "It was exciting. I got to meet a lot of people. We wanted to initiate a dialogue and share ideas on how to do things better and what we aren't doing that we can be doing."

While talking with nursing faculty and staff, the former pediatric heart surgeon related his philosophy of what it means to be a health professional. "I learned quickly that before parents would put their newborn's life in your hands, they cared about your knowledge and skill set, but they also cared about whether you cared about them," Dr. Gold said. "Life is about our families and friends and conveying a message to patients that you care and that you have someone's back." In a room full of 75 bright-eyed nursing students, he said at the end of the day, what it's really about is the relationship health professionals build with patients and the community. "When you walk across the stage, it's a very magic moment," he said. "And it's a magic moment when you tell parents everything is going to be okay. You will be an ambassador of the University of Nebraska Medical Center the rest of your career."



Joann Schaffer, M.D., chief medical director of Blue Cross and Blue Shield of Nebraska, presents a symbolic check to Mary Cramer, Ph.D., UNMC College of Nursing, Stephen Lazoritz, M.D., chief medical network director, Arbor Health Plan and Ken Shaffer, M.D., chief medical director, UniNet—Kearney. (from the UNMC Newsroom <http://www.unmc.edu/news.cfm?match=16563>)

Community Research Partnership Draws on Strength of Community Health Team

A community research partnership between UNMC, central Nebraska health providers and insurers hopes to cut the high rate of premature births through education and regular health care. The UNMC College of Nursing and its community partners have received a \$203,000 grant from Blue Cross and Blue Shield of Nebraska for a study that will focus on lowering the rate of premature births in the Lexington and Kearney areas where the rate of pre-term births can be up to 30 percent.

Mary Cramer, Ph.D., principal investigator of the study and professor in the UNMC College of Nursing, said the study is unique. "The research was initiated from what the health care community said is important to them," Dr. Cramer said. "This project has a potential to improve health care because it expands the outreach of the rural primary care provider. If this proves successful, insurers might be interested in spending money on low cost interventions like this."

Pre-term birth, or the birth of a baby more than three weeks before the due date, is a rising concern in Nebraska. According to the March of Dimes, one

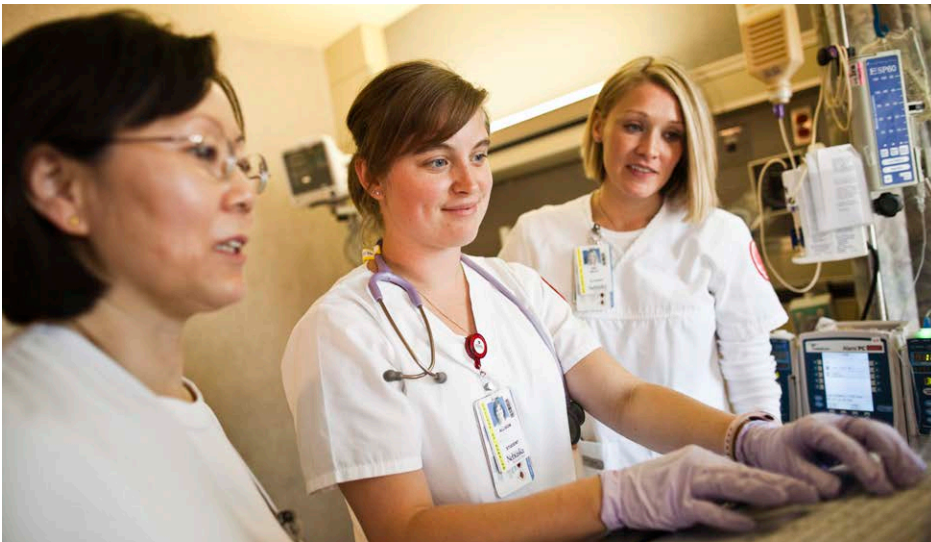
in nine births in the state is pre-term. Babies born premature can have a variety of problems, including lung, heart and other problems. Hospitalization from premature births can cost from \$60,000 to \$250,000, Dr. Cramer said.

The study, which will include 100 pregnant women in the Lexington and Kearney areas, will use smartphones and a special text messaging program to send tailored information to pregnant women. Some study participants will receive periodic visits from a community health worker to reinforce prenatal education and care. The grant involves 35 members of the Central Nebraska Prenatal Advisory Board. The board, which includes Dr. Cramer, is co-chaired by Stephen Lazoritz, M.D., Arbor Health Plan network medical director, and Ken Shaffer, M.D., UniNet medical director in Kearney. Dr. Cramer said members include nearly every medical practice in Kearney and Lexington, the Two Rivers Health Department, and three hospitals -- Good Samaritan in Kearney, Lexington Regional Health Center and Cozad Community Hospital. "Our partners pulled right up to the table," Dr. Cramer said. "As a team we will review data and it will help us problem solve. There's a real benefit to doing research this way."

MORE A Closer Look

CRITICAL SUCCESS FACTOR D:

Create an Exemplary Culturally Competent Organization



The Doctor of Nursing Practice Program prepares graduates for the highest level of nursing leadership and practice.

College of Nursing Expands Doctoral Program

To better meet the growing demand for advanced practice nurses with leadership and research skills in rural and underserved areas, the UNMC College of Nursing is expanding its Doctor of Nursing Practice (DNP) degree. These students will help create a health care workforce that can meet the needs of a variety of populations. Beginning this fall, applications will be accepted from nurses with bachelor's degrees in nursing interested in earning a DNP degree. The program, which will help prepare more nurses to meet the growing health needs of Nebraskans, is available at the college's five campuses in Omaha, Lincoln, Kearney, Scottsbluff and Norfolk. Students accepted for the BSN to DNP program would begin in the fall of 2015.

The degree is for those who want to expand their nursing career options as advanced practice registered nurses (APRN). Potential candidates include nurse practitioners, clinical nurse specialists and nurse administrators who wish to further develop their leadership and research skills to improve health care delivery and patient outcomes. Advanced practice nurses diagnose, treat, prescribe medication and deliver health promotion/disease prevention services. The DNP degree provides the skills needed for individuals seeking leadership positions or clinical administrative roles. In addition, graduates also could serve as faculty members in nursing education programs and provide leadership for changes in nursing practice and health policy.

The DNP program began in 2011 with admission of advanced practice registered nurses with master's degrees

in nursing. To date, 16 have graduated from the program with 27 currently enrolled. It is increasingly becoming the norm that those wanting to become APRNs and nurse administrators pursue the DNP, whereas before it was the master's degree only. The DNP path requires fewer required credit hours than taking the master's and DNP separately, which also means it's a faster way to earn the degree, said Juliann Sebastian, Ph.D., dean of the UNMC College of Nursing. In addition, she said APRNs with leadership and research skills are in demand nationwide. "This degree will enable these new nurse leaders with advanced clinical expertise, leadership and research skills, to close some of the gaps in health care and improve outcomes for patients," Dr. Sebastian said. "We see a need for these skills in the metropolitan areas and especially in small towns, rural areas and underserved metro neighborhoods."



From left, diaper drive coordinators Emma Friesen, Lauren Dahlquist and Natalie Burcham. (from UNMC Newsroom story <http://www.unmc.edu/news.cfm?match=15633>)

Interprofessional Service Learning

As part of the larger interprofessional service learning initiatives at UNMC, CON students from the Omaha and Lincoln campuses formed a service learning group called Fostering the Future. UNMC students work to help empower children and young adults in the foster care system to understand and take control of their own health. The group sponsored a UNMC wide diaper drive to benefit pregnant teens and young mothers in the foster care system. "These are among the youngest and most vulnerable mothers in Omaha," said Emma Friesen, one of the coordinators of the event. "This week's diaper drive is just one way Fostering the Future is working to effect positive change in the lives of these at-risk youth." Another project included raising money to fund Project Linus, making fleece tie blankets for

underprivileged children, and distributing them to community groups that serve underprivileged children, such as Project Harmony and Ronald McDonald House.

Another interprofessional service learning program CON students participate in is EMPOWER. This project's mission is to provide education and basic health screenings through collaboration with community partners. The group's goal is to empower those affected by domestic violence and poverty through knowledge of their personal health and to educate students, providers, and community members and raise awareness regarding violence against women. The group works with a community partner, the Women's Center for Advancement.

All these initiatives encourage building partnerships based on understanding

and honoring an individual's background, culture, and experiences. These efforts are empowering individuals, families, communities and populations, and provide opportunities for students, faculty and staff to serve the community and provide culturally competent care.

MORE A Closer Look

CRITICAL SUCCESS FACTOR E:

Advance Biomedical Technologies to Improve Health, Diversify UNMC Revenues, and Create Economic Growth in Nebraska

Instructional Designers Aid E-learning Initiative

When the UNMC Innovators in Education project held its unveiling of 16 new e-learning modules in June, two names appeared frequently among the list of team members who created the works — Analisa McMillan and Suhasini Kotcherlakota, Ph.D. The pair are instructional designers, McMillan for the College of Public Health and Dr. Kotcherlakota for the College of Nursing. “As an instructional designer, I collaborate with faculty on designing e-learning modules and courses that are interactive, engaging and visually appealing,” said McMillan. “The faculty are the subject matter experts, and I can take their content and design the different learning, visual, auditory and hands-on elements in their modules.”

E-learning is not new for College of Nursing faculty, Dr. Suhasini said — she has been collaborating with College of Nursing colleagues on e-learning projects for some time. But the new emphasis is exciting, she added. “There is now a dedicated resource of support and encouragement,” she said. “Up until now, resources might have been a limiting factor for faculty members who wanted to embark on such projects. This new effort provides an opportunity for faculty to explore and innovate.” With the first wave of funded e-learning modules completed and projects chosen for the second series, the collaboration between educators and instructional designers will

become increasingly important as UNMC expands and optimizes its e-learning efforts. The advantage of an instructional designer, with training in both education and technology, is that they can help faculty members build a course from their vision that helps students succeed, McMillan said. “We can take the course as they want it to be and apply their ideas in ways that are applicable to all different kinds of students and to the online learning environment,” she said. “As an instructional designer, you find out what the faculty member wants and build something to help them succeed.”

The instructional designer is an integral part of the process right from the beginning, Dr. Kotcherlakota said. “The subject matter experts, the faculty members, bring us the content and explain what they want to do or explore -- the learning outcomes, the objectives for the project,” she said. “After analyzing the content and what the instructor wants to do, we go into more in-depth details about how they want to create the learning process and discuss educational strategies for teaching, assessment and technologies that are best suited for delivering the content.”

College of Nursing Faculty and Staff Recognized for Innovative Technology

Three College of Nursing faculty and staff were part of interprofessional teams that received awards at the 2014 UNeMed Innovation Awards ceremony. UNeMed’s mission is simple:

to help improve healthcare by fostering innovation, advancing biomedical research and engaging entrepreneurs and industry to commercialize novel technologies. As noted by Michael Dixon, President and CEO of UNeMed Corporation, “innovations all have the same humble beginning—an idea or hypothesis. The path for an idea to become a product that improves the lives of millions is a daunting and perilous journey fraught with many obstacles. That is why UNeMed exists. We are here to help provide the advice, pathways and connections for your ideas to grow and make the world a better place.” Cynthia Skye from the College of Nursing was honored as a New Invention Notification Contributor. Beth Beam and Stephen Smith from the College of Nursing, Shawn Gibbs from the College of Public Health and Jill Knoell, were honored as creators of licensed technology in the form of instructional health/safety videos.

CRITICAL SUCCESS FACTOR F:

Strengthen Employee Loyalty, Satisfaction and Wellness

Creating a Healthy Workplace

Activities on the College of Nursing campuses help support a healthy workplace for faculty, staff and students. At the Omaha Division, monthly Health Challenges are sent to faculty and staff. A quarterly newsletter highlights wellness activities that faculty and staff participate in, such as growing fresh produce that is shared in the College of Nursing or running in marathons. On the Lincoln Division campus, faculty, staff and students are encouraged to take the steps rather than the elevator, and many walk daily in the indoor skywalks, through the downtown area or on the UNL campus. A core group of Lincoln faculty and staff volunteer at Clinic with a Heart six to seven times a year. These faculty and staff work with both undergraduate and graduate students to provide triage care in the free clinic open to all Lincoln residents. At the Northern Division, faculty, staff and students partner with Faith Regional Health Services to provide health related activities for the community. They participated in a 'Maintain, Don't Gain' challenge over the holidays and a 'Route 66' challenge which involved increasing physical activity. On the Kearney Division campus, students have created websites highlighting Health and Wellness Resources in Buffalo County to promote health for community, faculty, staff and other students.



LiveGreen volunteer Anne Rivas, right, speaks about vermicomposting (a worm bin for composting indoors or in small spaces) at the Sustainability Expo. (from UNMC Newsroom story <http://www.unmc.edu/news.cfm?match=16897>)

Earth Week at UNMC

The fifth anniversary of Earth Week on the UNMC Omaha Division campus added some new events to the old favorites. UNMC kicked off the week by planting two redbud trees in front of the Durham Research Center, commemorating Arbor Day and celebrating UNMC's designation by the Arbor Day Foundation as a Tree Campus USA. On Tuesday, the campus voted for its favorite "Repurpose It Contest" entries. UNMC received more than four tons of material, provided identity protection to donors, and sent the material to be recycled instead of to the landfill. This equals the size of a white

rhinoceros, and will prevent 12 metric tons of carbon dioxide from entering the atmosphere, the equivalent of not consuming 1,350 gallons of gasoline. The first Sustainability Expo capped off the Earth Week festivities. Attendees picked the brains of master gardeners, tasted great recipes using high-protein plant sources like quinoa and bulgur, and learned about recycling on campus and at home. There was information about green cleaning, the Commuter Challenge, vermicomposting, the UNMC student bicycling club, telehealth and wellness, and as a special treat, a fun remote-control car race that will help kick off TravelSmart on campus this summer.

MORE A Closer Look

CRITICAL SUCCESS FACTOR G: Position the College of Nursing to Prosper During Ongoing Health Care Reform

Research Promotes Self-Management Skills in Rural Adults

College of Nursing faculty member Dr. Lufei Young was the recipient of one of the UNMC New Investigator Awards at the annual faculty meeting. Her research focuses on promoting self-management skills in rural adults and older adults living with multiple, life-limiting and/or debilitating chronic conditions. This focus fits the current issues facing health care delivery in the United States of an increasing aging population with many chronic health care needs. Dr. Young's work helps to guide research at the College of Nursing that will match national health care reform efforts underway across the country.

Dr. Young mentions "As a rural researcher and clinician, I have seen the barriers and challenges rural Nebraskans are facing to manage their chronic conditions with limited resources. These chronic and life-limiting health conditions jeopardize a person's productivity, reduce the quality of life and drain family/societal resources. Effective self-management skills play a vital role in helping the patients/family coping with the chronic conditions, leading to reduced burdens and better lives. My long-term research goal is to build a safe and effective care net centered on the patients/family in rural communities."



Nursing student Eli Rodriguez explains test results to a health fair attendee. (from *UNMC News*, <http://www.unmc.edu/news.cfm?match=16053>)

West Nebraska Nursing Students Hold Inaugural Health Fair

UNMC nursing students at the West Nebraska Division had the chance to put their knowledge and skills to the test at the first UNMC College of Nursing Health Fair earlier this month. Community participants took advantage of health screenings, immunizations, information and activities designed to raise awareness and increase knowledge on a variety of health and safety issues. More than 25 booths providing information, screenings, and interactive materials were available to the community members. Prevention,

detection and early treatment is emphasized in health reform efforts and supports community efforts to maintain and improve the health of its citizens.

"We were very pleased at the success of this inaugural event," said Wendy Wells, MSN, RN, a College of Nursing instructor and event co-coordinator. "It provided a chance for our nursing students to positively impact the community. We look forward to the health fair becoming an annual event." Working in groups, the students researched, designed and implemented the booths at the health fair. Each group chose a health or safety issue, designed written information and pamphlets for participants, and provided screenings and activities related to their topic.

Student designed booths included:

- coronary artery disease;
- smoking cessation;
- distracted driving and walking;
- keeping kids active;
- ergonomics;
- depression;
- immunizations, and more.

Interprofessional collaboration was an important part of the event. Nursing students collaborated with other health care professionals including family practice residents, pharmacy students, dental hygiene students, physical therapists and respiratory therapists.

DEVELOPMENT 2014-2015

Health Science Education Complex at the University of Nebraska at Kearney

Contributed by Deidra Sheppard-Calloway, Director of Development for College of Nursing, University of Nebraska Foundation



University and community leaders broke ground April 4, 2014, at the University of Nebraska at Kearney for the new Health Science Education Complex. On August 20, 2015, the doors of the complex officially opened after nearly three years of planning and activity to bring the \$19 million building to the University of Nebraska at Kearney campus. Funding for the project comes from a 2012 Nebraska Legislative Appropriation through the university-wide Building a Healthier Nebraska initiative and private donations.

This partnership between University of Nebraska Medical Center and University of Nebraska at Kearney will help reduce the shortage of health professionals in Nebraska by expanding UNMC's programs and making them more accessible to students. The UNMC College of Nursing will expand its master's programs for nurse practitioners

and its bachelor's in nursing programs.

The 46,000-square-foot education complex features high-technology collaborative classrooms, suites where simulations and examinations take place, a gross anatomy lab, an "energized lab" (a fully functional digital X-ray suite), physical therapy lab; and an Anatomage, a digital virtual anatomy table much like a human body-sized iPad.

We are grateful to the generous donors who championed the private sector to raise money to support construction of the facility and also those who supported programmatic work of the UNMC College of Allied Health and the UNMC College of Nursing. Of significant note is a challenge grant from long-time UNMC supporters, the William and Ruth Scott Family Foundation of Omaha to kick off the funding for the

building. Their gift encouraged other support from individuals and businesses including Blue Cross Blue Shield, CHI Health Good Samaritan, CHI Health St. Francis, First National Bank, Gloria G. Tye Family, Tom & Mary Henning, Kearney Clinic, John & Sharon Martin, Wayne & Virginia McKinney, Minden Exchange Bank, J. Scott & Terri Nelson, New West Orthopedic and Sports Rehabilitation, Phelps Memorial Health Center, Jim D. and Faye D. Rasmussen, John & Sonia Sahling, Emma Jane Wilder, and Paul & Linda Younes.

College of Nursing Lincoln Division to Get New Space

In 2014 UNMC's nursing building project in Lincoln moved closer to reality due to the generosity and a leadership gift from Ruth and Bill Scott of Omaha. Of the \$5.5 million needed in private support, through fundraising efforts, including the Scott's gift, the Lienemann Charitable Foundation and Ethel S. Abbott Charitable Foundation, Duane and Phyllis Acklie of Lincoln, Drs. Dennis and Teresa Anderson of Omaha, Assurity Life Insurance Co., the Estate of Sharon K. Holmberg; and, Dr. David M. Schmidt and Marla Schmidt of Lincoln the goal has been met.

The College of Nursing is so grateful for the support from donors as this building will allow for more space to educate more students, attract more nursing faculty and raise the level of nursing education and research.

The building will be shared with University of Nebraska Lincoln's Student Health Center.

ALUMNI College of Nursing Alumni Engagement Council



Submitted by Catherine Mello, Associate Director, Alumni Relations

The College of Nursing Alumni Engagement Council (formerly called the Alumni Association) is one of seven councils of the UNMC Alumni Association. It is a non-profit organization with a mission to: promote and support the programs and philosophy of the UNMC College of Nursing, to maintain communication with alumni through publications and reunions, to encourage financial support for students and faculty in the College of Nursing, to encourage promotion of the nursing profession, and to recognize individuals and organizations for their meritorious service.

President:
Amy Schroeder-Thimm BSN '91

For more information about the College of Nursing Alumni Engagement Council, please visit: unmc.edu/alumni or facebook.com/unmcNURSINGalumni.

Here are a few highlights of CONAEC activities in the 2014-2015 fiscal year:

HOSTED OUTREACH ACTIVITIES FOR STUDENTS & ALUMNI

The CONAEC takes pride in connecting with students on each of the five nursing campuses. This year, the CONAEC sponsored welcome lunches for students on each campus during orientation. In September 2014, over 100 attendees participated in the first West Nebraska General Hospital School of Nursing and UNMC College of Nursing West Nebraska Division all school reunion. In October 2014, over 50 College of Nursing alumni participated in UNMC Alumni Reunion Weekend activities.

SPONSORED CONTINUING EDUCATION OPPORTUNITIES FOR ALUMNI

In partnership with the Alumni Relations Office and the College of Nursing Center for Continuing Nursing Education, the CONAEC offered discounted registration to 50 alumni who attended the 19th Annual Pharmacological Conference for Advanced Practice Nurses in July 2014. The CONAEC offered the third annual Distinguished Alumnus Award Lecture in the fall of 2014 that provided one hour of continuing education to 40 attendees.

SUPPORTED WHITE COAT CEREMONIES IN COLLABORATION WITH NU FOUNDATION

In partnership with the University of Nebraska Foundation, UNMC alumni and friends sponsored over 300 white coats and Nightingale pins for the August and September 2014 professionalism ceremonies held at each College of Nursing campus. The white coat symbolizes the students' entry into the nursing profession and the alumni sponsorships establish a connection with current students at the beginning of their nursing school journey.

SPOTLIGHT

Distinguished Visitors



OCTOBER 2014

Karen Carlson, PhD, RN

Professor Emeritus, College of Nursing, The University of New Mexico

Faculty Consultant, Pearson Health Sciences Publishing

Dr. Carlson delivered the 7th Annual Audrey Solberg Smith Distinguished Lectureship for Teaching Excellence. Her presentation was titled, "Speed Bumps, Potholes, and Road Blocks of Implementing Concept-based Nursing Education".

OCTOBER 2014

Deborah Gross, DNSc, RN, FAAN

Leonard and Helen Stulman Endowed Chair, Johns Hopkins University School of Nursing

Dr. Gross presented "From Clinical Trial to Sustainability: Lessons Learned from the Chicago Parent Program" at the 2nd Annual Anna Marie Jensen Cramer Memorial Lectureship in Women's and Children's Health and Family Nursing.

FEBRUARY 2015

Judith Walker de Felix, PhD

Professor, Department of Educator Preparation, Innovation and Research

Associate Vice Chancellor for Academic Affairs and Dean of the Graduate School, University of Missouri-St. Louis

Dr. Felix visited the College of Nursing as the Higher Learning Commission Mock Visit Consultant.

FEBRUARY 2015

Donna L. Berry, PhD, RN, AOCN, FAAN

Associate Professor, Medicine, Harvard Medical School

Director, Phyllis F. Cantor Center for Research in Nursing & Patient Care Services, Dana-Farber Cancer Institute

Dr. Berry was the invited speaker for Cancer Center Grand Rounds.

KUDOS

Faculty/Staff Awards

American Association of Colleges of Nursing Leadership for Academic Nursing Program Fellow

Connie Miller

Appointments

Kate Fandt, Associate Dean for Transformational Practice and Partnerships (effective 7-1-14)

Karen Grigsby, Interim Director, MSN Program (effective 11-1-14)

Kathy Hanna, Carol M. Wilson Endowed Chair in Nursing (effective 8-1-14)

Marge Kaiser, Acting Director, Learning Resource Center (effective 7-1-14)

Mary Ann Mertz, Interim Assistant Dean – Kearney Division (effective 8-16-14)

Connie Miller, Interim Assistant Dean – Omaha Division (effective 7-1-14)

Lisa Muschall, Director of Administration & Operations (effective 4-13-15)

Lynnette Stamler, Associate Dean for Academic Programs (effective 7-1-14)

Chancellor's Silver U Award

Diana Rizzo – September, 2014

Diane Potter – November, 2014

Cathy Binstock – January, 2015

Dana Samson – March, 2015

Pat Trausch – May, 2015

COLLEGE OF NURSING ANNUAL FACULTY & STAFF AWARDS (AWARDED MAY 2015)

Ada M. Lindsey Professional Service Award

Nancy Waltman

Distinguished TEAM Award

Continuing Nursing Education Special Project Team:

Valeta Creason-Wahl

Tim Gilbert

Manny Hora

Taha Kapadia

Heidi Keeler

Bob Schmida

Anji Wittman

Catherine Bevil

Patrick Rejda

Suhasini Kotcherlakota

Teresa Hultquist

Beth Beam

Stephen Smith

Donna Westmoreland Excellence in Faculty Mentoring Award

Pat Trausch

Kathryn Sandahl Philp Creativity and Innovation Award

Jean Allen

Pennie Z. Davis Faculty Research Award

Sue Barnason

Staff Excellence Award

Linda Dobson

Staff Leadership Award

Kristi Brummels

Staff Spirit Award

Gloria Geiselman

The Dean's Excellence in Teaching Award

Donna McElvain

The Rosalee C. Yeaworth Excellence in Teaching Award

Ann Berger

Virginia Tilden Leadership Development Award

Becky Kreman

College of Nursing Promotions (effective 7/1/14)

Kathy Kaiser – Professor

Doctoral Degrees Awarded

Beth Beam – PhD, December 2014

Beth Burbach – PhD, December 2013

Kati Bravo – PhD, August 2014

Mary Christensen – DNP, August 2014

Beth Culross – PhD, August 2014

Amy Ford – DNP, May 2014

Jill Reed – PhD, August 2014

Leeza Struwe – PhD, August 2014

Ebola Teams Recognized by Time Magazine as Persons of the Year Recognized as Midlanders of the Year

Beth Beam

Stephen Smith

Emeritus Appointment

Steve Pitkin – June, 2015

Barb Sand – September, 2014

Cindy Seidl – September, 2014

Graduate Faculty Status

Beth Burbach

Christine Eisenhauer

Kelly Gonzales

Kathy Hanna

Jill Reed

Lynnette Stamler

Healthcare Simulation Conference Poster Presenter Award

Mickey Zhang and her team:

Connie Miller

Kathleen Volkman

Jane Meza

Katherine Jones

**Western Journal of Nursing Research
Outstanding Faculty Manuscript
Award**

Bernice Yates & co-authors:

Sheri Rowland
Kerry Mancuso
Kevin Kupzyk
Joseph Norman
Scott Shurmur
Karen Tesina

**International Organization of Multiple
Sclerosis Nurses Outstanding
Research Award**

Mary Filipi

**March of Dimes Nebraska Chapter
Nurse of the Year Award**

Karen Grigsby

**March of Dimes Nebraska Chapter
Award Recognition**

Julie Houfek
Wendy Wells

**National Pressure Ulcer Advisory
Panel Biennial Conference President's
Recognition Award**

Janet Cuddigan

**National Pressure Ulcer Advisory
Panel Biennial Conference Thomas
Stewart Founder's Award**

Joyce Black

**National Rural Health Association
Rural Health Fellow**

Christine Eisenhauer

**Nebraska Action Coalition's "2014 Top
40 Nurse Leaders Under 40"**

Christine Eisenhauer

**Omaha Magazine Inaugural
Excellence in Nursing Award**

Beth Beam

One World Milagro Award

CON Morehead Center for Nursing
Practice

**Seattle Nursing Research Conference
"Best Podium Presenter"**

Jill Reed

**University of Cincinnati College of
Nursing 125th Anniversary Legacy
Awards**

Karen Grigsby
Lynnette Stamler
Rosalee Yeaworth

**UNeMed Corporation Innovation
Awards**

Beth Beam
Cynthia Skye
Stephen Smith

**UNMC College of Nursing "Making a
Difference" Recognition**

Buffi Union (two times)
Janis Lovitt

UNMC Distinguished Alumnus Award

Nancy Waltman

**UNMC Distinguished Nursing Alumni
Award**

Marie Kreman – Emeritus Faculty,
West Nebraska Division

**UNMC Foundations for Success
Graduate**

Cara Mouw

UNMC Green U Award

Beth Beam
Tom Mason
Lori Turner
Colleen Tworek

UNMC Honorary Alumnus Award

Joan McVay – Emeritus Faculty,
West Nebraska Division

UNMC iLEAD Program

Michelle Ellermeier
Suhasini Kotcherlakota
Audrey Nelson
Jennifer Swantek

UNMC New Investigator Award

Lufei Young

UNMC Outstanding Teaching Award

Kati Bravo

UNMC YEARS OF SERVICE

40 Years

Marlene Lindeman

35 Years

Lori Cooley
LaDonna Tworek

25 Years

Lisa Muschall

20 Years

Susan Wilhelm
Bernice Yates

15 Years

Cara Mouw

10 Years

Catherine Bevil
Claudia Chaperon
Diane Potter
Karen Schumacher

5 Years

Tom Gaffney
Tim Gilbert
Rolee Kelly
Lauren Luger
Gwen Porter

SALUTE

Student Recognitions Honors and Awards



Students Lauren Dahlquist (4th from left) and Jessica Semin (5th from left) are joined by faculty (left to right) Dean Julie Sebastian, Dr. Karen Grixby, Dr. Julie Houfek, Dr. Louise LaFramboise and Dr. Teresa Hultquist after receiving the Nebraska Chapter of the March of Dimes Student Nurse Excellence Award

American Psychiatric Nurses Association Annual Conference First Place Poster Presentation Award in the Student Category

Kosuke Niitsu

Nebraska Chapter of the March of Dimes Student Nurse Excellence Awards

Lauren Dahlquist
Jessica Semin

Student Nurse Association Outstanding Community Service Award for their efforts in the People City Mission Penny Wars

Lincoln Semester 4 Students

Association for Nursing Professional Development 2014 Change Agent/Team Member Practice Award

Sue Schuelke

Midwest Nursing Research Society Second Place Student Poster Award

Kosuke Niitsu

Bryan Health Beyond Expectations Award

Courtney Schwisow

Gamma Pi Chapter At-Large Research Awards

Kosuke Niitsu
Jennifer Miller

FUNDED

2014-2015 Grants

*New Funding

Aguirre, T. (P.I.) Subaward from University of Nebraska-Lincoln/University of Maine/USDA, National Institute of Food and Agriculture, *iCook: A 4H Program to Promote Culinary Skills and Family Meals for Obesity Prevention*. ME0-2011-04536. 8/1/12 – 7/31/17: \$10,443

***Connelly, L. (P.I.)** Elkhorn Logan Valley Public Health Department, *Partnering for Behavioral Health in Rural Northeast and North Central Nebraska*. CFDA 93912. 6/1/15 -5/31/16: \$14,286

Cramer, M. (P.I. for subaward/ Rautianen, PI) National Institutes of Health, National Institute for Occupational Safety and Health (U54 Grant), *Evaluation Program for Central States Center for Agricultural Safety and Health (CS-CASH)*. 1 U54 OH010162-01. 9/1/11 – 8/31/16: \$580,616

Cramer, M. (P.I.) Marshfield Clinic Research Foundation, *NCCRAHS-Childhood Agricultural Safety Network (CASN)*. 9/30/13 – 9/29/14: \$15,000

Cramer, M. (P.I.) Nebraska DHHS, Office of Rural Health, *Central Nebraska Prenatal Advisory Board Development*. 6/20/14 – 10/30/14: \$15,000

***Cramer, M. (P.I.)** Blue Cross/Blue Shield, *Mobile Technology with Community Health Worker Reinforcement: An Evidence-based Intervention to Reduce Rural Preterm Births*. 1/1/15 – 12/31/15: \$201,088

***Cuddigan, J. (P.I.)** University of Kansas Medical Center Research Institute, *Research Services, Non-disclosure & Intellectual Property Agreement for National Database of Nursing Quality Indicators Program*. 11/5/14 – 12/31/14: \$5,578

Filipi, M. (P.I.) MARS Foundation, *Impact of Structured Weight Resistance Training on Balance in MS Patients*. 7/1/12 – 6/30/15: \$20,000

Filipi, M. (P.I.) Biogen Idec MA, Inc., *The Effect of Exercise on Strength and Mobility and Corresponding CNS Plasticity in Multiple Sclerosis Patients: A Multimodal Neuroimaging Investigation*. 9/16/13 – 9/15/14: \$90,650

***Filipi, M. (P.I.)** Paralyzed Veterans of America, *Assessing the Role of the CYP2J2 Gene and Serum Vitamin D Levels in Multiple Sclerosis*. #3012. 1/1/15 – 12/31/16: \$102,629

Fletcher, B. (P.I.), Cohen, M., Schumacher, K., Kupzyk, K. UNMC Fred & Pamela Buffett Cancer Center's American Cancer Society Institutional Research Seed Grant, *Factors Influencing Relational Communication between Head and Neck Cancer Survivors and their Partners*. 12/1/13 – 11/30/14: \$35,000

***Hudson, D Brage (P.I.)** CON Dean's Research Grant, *Development of a Social Support Intervention for Single and Low-Income African American Mothers*. 1/13/15 – 1/12/16: \$5,000

Kaiser, K., (P.I.) American Nurses Foundation, *Expanding the Typology of Life Transitions in Women Using a Clinical Data-Based Approach*. #2451-12. 9/1/12 – 8/31/14: \$6,995

Moore, T. (P.I.) National Institutes of Health, National Institute of Nursing Research K01 Grant, *Physiologic Stress During Pregnancy on Maternal and Infant Outcomes*. 1 K01 NR14474-01A1. 4/15/14 – 3/31/17, \$237,870

Pozehl, B. (P.I.), Duncan, K., Norman, J., Hertzog, M., Artinian, N., Keteyian, S., Plano-Clark, V., Krueger, S. National Institutes of Health, National Heart, Lung, and Blood Institute R01 Grant, *Heart Camp: Promoting Adherence to Exercise in Patients with Heart Failure*. 1 R01 HL112979. 4/1/12 – 3/31/17: \$3,318,262

Pullen, C. (P.I.), Hageman, P., Boeckner, L., Pozehl, B., Hertzog, M., Harvey-Bernino, J. National Institutes of Health, National Institute of Nursing Research R01 Grant, *Web-based Weight Loss & Weight Maintenance Intervention for Older Rural Women*. 1 R01 NR010589. 9/9/10 – 6/30/15: \$3,065,719

Schumacher, K. (P.I.), Eilers, J., Hertzog, M., Lackner, R., Lydiatt, W., Sasson, A. American Cancer Society Research Scholar Grant, *A Mixed Study of Rural Family Caregiving During Cancer*. RSG-13-167-01-CPPB. 7/1/13 – 6/30/17: \$720,000

***Waltman, N. (Co-P.I.)**, Bilek, L. (Co-P.I.). National Institutes of Health, National Institute of Nursing Research R01 Grant, *Bone-Loading Exercises versus Risendronate on Bone Health in Post-Menopausal Women*. 1 R01 NR015029-01. 9/17/14 – 6/30/19: \$2,324,205

Young, L. (P.I.), Barnason, S., Paulman, A., Hertzog, M. National Institutes of Health, National Institute of Nursing Research R15 Grant, *Promoting Self-Management Through Adherence Among Heart Failure Patients*. 1 R15 NR013769-01A1. 8/7/13 – 7/31/15: \$301,000

Zimmerman, L. (P.I.), Pozehl, B., Bauer, L., Blue Cross Blue Shield of NE Foundation, *Home Based Care Transitions Tailored By Cognition And Patient Activation: A Prudent Use Of Transitional Care Resources*. 8/1/13 – 12/31/14: \$200,000

FUNDED

2014-2015 Grants

GRADUATE STUDENTS RESEARCH GRANTS FUNDED FOR FISCAL YEAR 2014-2015

Geary, C. (P.I.), Schumacher, K (Mentor), National Institutes of Health, National Institute of Nursing Research, NRSA F31 Grant, *Hospitalized Older Adults' Care Transition: Themes Symptoms, QOL, and Utilization*. 1 F31 NR013596-01. 9/26/13 – 9/25/14: \$42,480

EDUCATIONAL/SPECIAL PROJECTS GRANTS FUNDED FOR FISCAL YEAR 2014-2015

***Berger, A. (P.D.)** Department of Health and Human Services/Health Research Services Administration, *Nurse Faculty Loan Program*. CFDA 93.264. 1E10HP27074. 7/1/14 – 6/30/15: \$45,024

***Kaiser, K. (P.I.)** American Association of Colleges of Nursing, *Evaluating the Impact of an Academic-Practice Partnership on an Epidemic: The dojuSTIce Program*. 12/1/14 – 6/1/15: \$5,000.

LaFramboise, L. (P.D.) Robert Wood Johnson Foundation, *New Careers in Nursing*. ID 70069. 9/1/12 – 8/31/14: \$50,000

LaFramboise, L. (P.D.) Robert Wood Johnson Foundation, *New Careers in Nursing Pre-Entry Immersion Program*. ID 70069. 9/1/12 – 12/31/14: \$5,200

McDonald, K. (P.D.), Berger, A. Jonas Center for Nursing Excellence, *Jonas Veterans Healthcare Program Scholarship*. 8/1/12 – 7/31/14: \$10,000

***McDonald, K. (P.D.)**, Berger, A. Jonas Center for Nursing Excellence, *Jonas Nurse Leaders Scholar Program Scholarship*. 8/1/14 – 7/31/16: \$20,000

Morris, K. (P.D.), Barnason, S., Bevil, C. U.S. Department of Health & Human Services, Advanced Nursing Education Grant, CFDA 93.247, *Advancing Rural Emergency and Acute Care (AREA) Program for Family Nurse Practitioners (FNPs)*. 1D09HP25929-01-00. 7/1/13 – 6/30/16: \$711,875

***Stamler, L. (P.D.)** U.S. Department of Health & Human Services, *Advanced Education Nursing Traineeship*. CFDA 93.358. 1A01HP28027-01-00. 9/1/14 – 6/30/15: \$308,000

*Bold type demotes current College of Nursing faculty and/or staff members.

2014 PROFESSIONAL JOURNALS/BOOK CHAPTERS

AGUIRRE, TRINA

Aguirre, T., Koehler, A., & Wilhelm, S. (2014). Bio-impedance analysis measures in a rural Latina community. *Public Health Frontier*, 3(1), 1-3.

Franzen-Castle, L., & **Aguirre, T.** (2014, October). Perceptions of body habitus and cultural health among Hispanic adults. *Journal of Immigrant and Minority Health / Center for Minority Public Health*. Advance online publication. doi: 10.1007/s10903-014-0064-1

Merfeld, C., Kattelman, K., Meendering, J., Mathews, D.R., Olfert, M.D., White, J., Colby, S.E., Meade, R., Franzen-Castle, L., **Aguirre, T.**, & White, A. (2014). iCook 4-H: Report of correlation between quality of life measures and physical activity in 9-to10-year-old children. *Journal of Nutrition Education and Behavior*, 46 (4):S134-S135. doi:10.1016/j.jneb.2014.04.101

Smith, E., Root, A., Flanagan, S., Colby, S., Meade, R., Franzen-Castle, L., **Aguirre, T.**, Kattelman, K., Kabala, C., White, A., Mathews, D., & Olfert, M. (2014). Assessing blood pressure and quality of life in 9- to-10-year-old children: iCook 4-H pilot study. *Journal of Nutrition Education and Behavior*, 46(4), S123-S124.

Joshi, A., Trout, K., **Aguirre, T.**, & Wilhelm, S. (2014). Explore factors influencing initiation and continuation of breastfeeding among Hispanic women living in rural settings: A Multimethod study. *Journal of Rural and Remote Health*. 14(3), 2955.

Wilhelm, S., **Aguirre, T.**, Koehler, A., & Rodehorst, T.K. (2014). Motivational Interviewing to Promote Breastfeeding by Rural Mexican-American Mothers: Challenges and Opportunities. *Comprehensive Issues in Pediatric Nursing*. 1-15. doi: 10.3109/101460862.2014.971977

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Burbach, B.E., **Barnason, S.**, & Hertzog, M. (2014, June). Preferred thinking style, symptom recognition, and response by nursing students during simulation. *Western Journal of Nursing Research*. Advance online publication. doi: 10.1177/0193945914539739

Macken, L.C., Yates, B.C., Meza, J., Norman, J., **Barnason, S.**, & Pozehl, B. (2014). Health-related quality-of-life outcomes in coronary artery bypass surgery patients and partners. *Journal of Cardiopulmonary Rehabilitation and Prevention*, 34(2), 130-137.

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Young, L., & **Barnason, S.** (2014). Older patients' perception and experience with lifestyle changes following cardiac revascularization. *American Journal of Clinical Medicine*, 10(1), 30-38.

Schulz, P., Zimmerman, L., Johannson, P., Hertzog, M., **Barnason, S.** (2014). Physical activity patterns in rural-residing spousal caregivers and cardiac surgery patients in the first 6 months post-surgery. *Online Journal of Rural Nursing and Health Care*, 14(2), 123-144. doi: 10.14574/ojrnhc.v14i2.330

Fleisher, L., Fleischmann, K., Auerbach, A., **Barnason, S.**, Beckman, J., Bozkurt, B., et al. (2014). 2014 ACC/AHA Guideline on Perioperative Cardiovascular Evaluation and Management of Patients Undergoing Noncardiac Surgery: A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines. *J Am Coll Cardiol*. 64(22), 2373-2405. doi:10.1016/j.jacc.2014.047.945

BEAM, ELIZABETH

Beam, E.L., Gibbs, S.G., Hewlett, A.L., Iwen, P.C., Nuss, S.L., & Smith, P.W. (2014). Method for investigating nursing behaviors related to isolation care. *American Journal of Infection Control*, 42(11), 1152-1156.

Smith, P.W., **Beam, E.**, Sayles, H., Rupp, M.E., Cavalieri, R.J., Gibbs, S., et al. (2014). Impact of adenosine triphosphate detection and feedback on hospital room cleaning. *Infection Control and Hospital Epidemiology: The Official Journal of the Society of Hospital Epidemiologists of America*, 35(5), 564-569.

BERGER, ANN

Berger, A.M., Desailniers, G., Matthews, E.E., Otte, J.L., & Page, M.S. (2014). Sleep wake disturbances. In M. Irwin, & J.A. Johnson (Eds.), *Putting evidence into practice: A pocket guide to cancer symptom management* (pp. 255-267). Pittsburgh, PA: Oncology Nursing Society.

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Erickson, J., & **Berger, A.** (2014). Sleep-wake disturbances. In C. G. Brown (Ed.), *A guide to oncology symptom management* (2nd ed.). Pittsburgh, PA: Oncology Nursing Society.

Matthews, E., & **Berger, A.** (2014). Sleep disturbances. In C. Yarbro, D. Wujcik & B. Holmes (Eds.), *Cancer symptom management* (4th ed., pp. 93-112). Boston: Jones and Bartlett.

Matthews, E.E., **Berger, A.M.**, Schmiege, S.J., Cook, P.F., McCarthy, M.S., Moore, C.M., et al. (2014). Cognitive behavioral therapy for insomnia outcomes in women after primary breast cancer treatment: A randomized, controlled trial. *Oncology Nursing Forum*, 41(3), 241-253.

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Pecka, S.L., Kotcherlakota, S., & **Berger, A.M.** (2014). Community of inquiry model: Advancing distance learning in nurse anesthesia education. *AANA Journal*, 82(3), 212-218.

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Shade, M.Y., **Berger, A.M.**, & Chaperon, C. (2014). Potentially inappropriate medications in community-dwelling older adults. *Research in Gerontological Nursing*, 7(4), 178-192.

Visovsky, C., **Berger, A.M.**, Hertzog, M., Rice, J., & Shade, M.Y. (2014). Breast Cancer Collaborative Registry: Comparison of physical and mental health and sleep in breast cancer survivors. *Journal of Oncology Navigation & Survivorship*, 5, 29-38.

BLACK, JOYCE

Black, J. (2014). *Pressure Ulcers*. Retrieved from <http://smartmedicine.acponline.org/content.aspx?gbosId=119>

Black, J., Clark, M., Dealey, C., Brindle, C. T., Alves, P., Santamaria, N., et al. (2014, March 3). Dressings as an adjunct to pressure ulcer prevention: Consensus panel recommendations. *International Wound Journal*. Advanced online publication. Doi: 10.1111/iwj.12197

Clark, M., **Black, J.**, Alves, P., Brindle, C., Call, E., Dealey, C., et al. (2014). Systematic review of the use of prophylactic dressings in the prevention of pressure ulcers. *International Wound Journal*, 11(5), 460-471.

Keast, D., Swanson, T., Carville, K., Fletcher, J., Schultz, G., & **Black, J.** (2014). Ten top tips... understanding and managing wound biofilm. *Journal of Lymphoedema*, 5(2), 20-24.

BROWN, SARA

Brown, S., Hudson, D. B., Campbell-Grossman, C., & Yates, B. C. (2014). Health promotion text blasts for minority adolescent mothers. *MCN*, 39(6), 357-362.

BURBACH, BETH

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CAMPBELL-GROSSMAN, CHRISTIE

Brown, S., Hudson, D.B., **Campbell-Grossman, C.**, & Yates, B.C. (2014). Health promotion text blasts for minority adolescent mothers. *MCN. The American Journal of Maternal Child Nursing*, 39(6), 357-362.

CHAPERON, CLAUDIA

Shade, M., Berger, A.M., & **Chaperon, C.** (2014). State of the science on potentially inappropriate medications in community-dwelling older adults. *Western Journal of Nursing Research*, 36(10), 1380-1381.

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COHEN, MARLENE

Balas, M.C., Vasilevskis, E.E., Olsen, K.M., Schmid, K.K., Shostrom, V., **Cohen, M.Z.**, et al. (2014). Effectiveness and safety of the awakening and breathing coordination, delirium monitoring/management, and early exercise/mobility bundle. *Critical Care Medicine*, 42(5), 1024-1036. doi: 10.1097/CCM.000000000000129

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Jones, P.R., **Cohen, M.Z.**, McIlvain, H.E., Siahpush, M., Scott, A., & Okafor, K. (2014). Smoking in young adult african americans. *Journal of Advanced Nursing*, 70(5), 1117-1127.

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CRAMER, MARY

Mollard, E.K., Guenzel, N., Brown, P.A., Keeler, H.J., & **Cramer, M.E.** (2014). Policy considerations for improving influenza vaccination rates among pregnant women. *Public Health Nursing* (Boston, Mass.), 31(3), 281-288.

Pounds, L., Duysen, E., Romberger, D., **Cramer, M.E.**, Wendl, M., & Rautiainen, R. (2014). Social marketing campaign promoting the use of respiratory protection devices among farmers. *Journal of Agromedicine*, 19(3), 316-324.

CUDDIGAN, JANET

Coleman, S., Nelson, E.A., Keen, J., Wilson, L., McGinnis, E., Dealey, C., **Cuddigan, J.**, et al. (2014). Developing a pressure ulcer risk factor minimum data set and risk assessment framework. *Journal of Advanced Nursing*, 70(10), 2339-2352.

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DUNCAN, KATHLEEN

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EISENHAUER, CHRISTINE

Heckert, W., & **Eisenhauer, C.** (2014). A case report of historical trauma among American Indians on a rural northern plains reservation. *Journal of Forensic Nursing*, 10(2), 106-109.

FILIP, MARY

Filipi, M.L., Beavin, J., Brillante, R.T., Costello, K., Hartley, G.C., Hartley, K., et al. (2014). Nurses' perspective on approaches to limit flu-like symptoms during interferon therapy for multiple sclerosis. *International Journal of MS Care*, 16(1), 55-60.

HANNA, KATHLEEN

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HERTZOG, MELODY

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HOUEK, JULIA

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HUDSON, DIANE BRAGE

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KAISER, KATHY

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KEELER, HEIDI

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MCGUIRE, RITA

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MOORE, TIFFANY

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POZEHL, BUNNY

Duncan, K., **Pozehl, B.**, Hertzog, M., & Norman, J.F. (2014). Psychological responses and adherence to exercise in heart failure. *Rehabilitation Nursing*, 39(3), 130-139.

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