

COLLEGE OF NURSING **Annual Report**

July 1, 2015 - June 30, 2016

VOICE

From the Dean's Desk

Dear colleagues and friends,

It is truly a privilege to share with you some of the highlights from the College of Nursing's 2015-16 year! Faculty, staff, and students are doing extraordinary work and our alumni and community partners continue to amaze us with their accomplishments and dedication to health and the best health care. One of our key themes this year has been diversity and inclusivity. We take seriously our mission to transform lives to create a better future and we know that diversity and inclusivity are the bedrocks of helping us achieve this mission. Diverse backgrounds, ways of thinking, cultural beliefs and values, and diversity in terms of race, ethnicity, geography, age, gender, or any of the innumerable ways in which each of us is unique, lead us toward greater innovation and more creative ways of thinking, and help us best serve people in our communities. Taken together, diversity and inclusivity are the essential elements for ensuring equity in health care. I am so pleased to share with you stories and metrics that shine a light on the ways we are trying to promote diversity, inclusivity, and equity as we work toward our mission and vision.

One example is the Nursing Workforce Diversity Grant that project directors Liane Connelly, PhD, RN and Jana Pressler, PhD, RN received from the Health Resources Services Administration for 2015-17. This grant, entitled "*Nebraska Link to Learn*" provides funding to introduce nursing to high school students and their families through summer camps at each of our five campuses, and funding to support nursing students in their programs of study. One of the unique aspects of the program is the inclusion of family members in the summer camps, building on the importance of family networks as part of the crucial emotional support networks that students find so helpful. The camps were first held in summer, 2016 and are described further in this report (see p. 16).

The unique rural and urban areas of our state provide geographic diversity in the ways people seek and receive health care. The opening of the Health Science Education Center on the Kearney campus gives us the opportunity to enroll more students interested in rural health and practicing in rural communities. We also plan to generate additional research to support rural health care. This beautiful facility is shared with the UNMC College of Allied Health Professions and represents a strong partnership across our two UNMC colleges and with the University of Nebraska at Kearney. The work that already is occurring with the opening of the Health Science Education Complex shows the commitment of our chancellors and our new University of Nebraska President, Hank Bounds, PhD, to greater collaboration for the benefit of rural and urban areas alike in our state.

We were delighted earlier this spring when the Board of Regents and more recently the Nebraska Coordinating Commission for Post-Secondary Education approved the establishment of the Center for Patient, Family, and Community Engagement. The Center will officially begin on July 1, 2016 with Lani Zimmerman, PhD, RN, FAAN serving as its inaugural Director. The work of the interdisciplinary researchers affiliated with the Center will expand our understanding of how to help people adopt self-management strategies for treatments and lifestyle changes associated with chronic conditions and more effectively manage symptoms that may be associated with chronic conditions.

Our international student exchanges continue to grow under Dr. Sheila Ryan's leadership and now include two universities in the Middle East (Oman and Jordan), and universities in Norway and Sweden, in addition to three universities in China. Students who spend three weeks in one of these countries learn about new ways of seeing the world



**Dean Juliann G. Sebastian,
PhD, RN, FAAN**

and how health care is organized and delivered differently around the globe. They make new friends and enjoy learning about cultures and parts of the world that are new to them. All of these learning activities, as well as our rich and varied faculty practice programs, add to our goals of expanding diversity and inclusivity and ensuring health equity.

On behalf of our faculty, staff, and students, we hope you enjoy reading about the many strategic initiatives underway at the University of Nebraska Medical Center College of Nursing. I thank you for your interest in this annual report. Most importantly, I thank you for all you do to improve the health of our world, whether you are a student, staff or faculty member, alumnus, community partner or clinical colleague. The work we are privileged to do is vitally important to a better future for all. Succeeding with our shared missions requires the talent, commitment, and dedication to excellence that each of you demonstrates daily. Thank you!

A handwritten signature in black ink that reads "Juliann G. Sebastian". The signature is fluid and cursive, written in a professional style.

Juliann G. Sebastian, PhD, RN, FAAN
Dean and Professor

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Forging New Territory

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Contributions

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Appendices

Appendix A Kudos

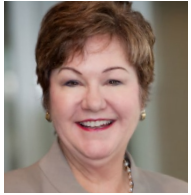
Appendix B Salute

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MOVERS

2015-2016 Executive Council



Juliann G. Sebastian, PhD, RN, FAAN
Dean



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Interim Assistant Dean, Kearney Division



Connie Miller, PhD, RN
Assistant Dean, Omaha Division



Jana Pressler, PhD, RN
Assistant Dean, Lincoln Division



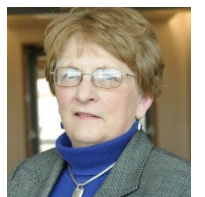
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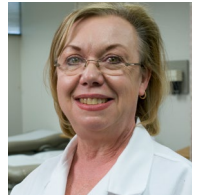
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Acting Director, Learning Resource Center



Louise LaFramboise, PhD, RN
Director, Undergraduate Program



Sheila Ryan, PhD, RN, FAAN
Director, International Program



Linda Sather, EdD, RN
Director, Morehead Center for Nursing Practice



Lani Zimmerman, PhD, RN, FAAN
Chair, General Faculty Organization



Rolee Kelly, MSW
Director, Student Services



Lisa Muschall
Director of Administration & Operations



LaDonna Tworek
Administrative Assistant to the Dean

SHAKERS

2015-2016 Faculty

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Mary Girard, MSN, RN, Instructor
Diana Hines, MSN, RN, APRN-NP, Instructor
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SHAKERS 2015-2016 Faculty

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Sheila Ryan, PhD, RN, FAAN, Professor,
Charlotte Peck Lienemann & Alumni Distinguished
Chair in Nursing, & Director International Program
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Linda Sather, EdD, RN, Assistant Professor &
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Karen Schumacher, PhD, RN, Professor
Barbara Schwarz, MSN, RN, Instructor
Juliann Sebastian, PhD, RN, FAAN, Professor & Dean
Yaewon Seo, PhD, RN, Assistant Professor
Lynnette Leeseberg Stamler, PhD, RN, FAAN, Professor &
Associate Dean Academic Programs
Leeza Struwe, PhD, RN, Assistant Professor
Cheryl Thompson, PhD, RN, Associate Professor &
Associate Vice Chancellor for Academic/Student Affairs
Janice Twiss, PhD, RN, CWHNP, APRN-NP, Associate
Professor & MSN WHNP Area Coordinator
Deborah Wisnieski, PhD, RN, Assistant Professor
Bernice Yates, PhD, RN, Professor

FOCUS

Our Mission and Vision



The **Mission** of the College of Nursing is to improve the health of Nebraska through premier nursing education programs, innovative research, the highest quality patient care, and service to underserved populations.

The **Vision** of the College of Nursing is to be a vital part of a world-renowned health sciences center and to:

- Deliver state of the art nursing education blending traditional learning approaches with emerging learning technologies;
- Offer health care and health systems solutions grounded in leading-edge nursing science;
- Promote health, reduce the burden of illness, and lessen health disparities in Nebraska and beyond.

The mission and vision of the College of Nursing are accomplished through leadership by faculty, staff, and students.

The **Leadership Philosophy** of the College embraces resiliency, shaping positive change, pro-active thinking, effective partnerships, and risk-taking toward creative possibilities. The mission and vision of the College of Nursing also are accomplished through the College's communication philosophy of open, honest, and respectful dialogue among all employees. Diverse opinions are sought and valued, and decisions are made after adequate discussion. We hold ourselves and each other accountable for positive communication behaviors.

STRATEGY 2015-2016 UNMC Plan

Critical Success Factor A:
Enhance UNMC's educational programs as the most highly learning centered university in health professions education.

- Goal 1: Implement the Interprofessional Experiential Center for Enduring Learning (i-Excel) innovative educational models that embrace new and evolving technologies for student interactive learning including blended learning, advanced simulation and virtual immersive reality, online education, and formal partnerships with advanced technology and multi-media public organization and private companies.
- Goal 2: Integrate the academic programs of the UNMC Colleges and Institutes broadly with Nebraska Medicine and other clinical educational partners to enhance health professions education.
- Goal 3: Establish program, curricular and learner assessment structures that facilitate each learner's demonstration of competence in the knowledge, skills and professionalism critical to fully embrace the future health delivery system.
- Goal 4: Optimize the preparation for future career opportunities through academic counseling and career counseling including transferable skills for all UNMC learners, alumni and those embracing our educational community.
- Goal 5: Expand academic programs in the health professions to meet workforce needs by enrolling the best students from across Nebraska and beyond.

Critical Success Factor B:
Increase the research scope and prominence as a top tier academic health sciences center.

- Goal 1: Enhance research collaboration among the UNMC Colleges, Institutes and Nebraska Medicine in the areas of clinical trials, industry collaboration, population health, and clinical/basic science partnerships.
- Goal 2: Enhance the campus-wide framework for biomedical informatics including strategic partnerships with Apple, IBM and others.
- Goal 3: Increase extramural funded research from all sources including the NIH, VAMC, PCORI, DOD, NSRI (UARC), USAMRIID, the state and industry.
- Goal 4: Reduce organizational risk by enhancing the safety and knowledge of facilities, policies, procedures and systems among all Colleges, Institutes and Nebraska Medicine across the academic and clinical enterprise.

Critical Success Factor C:
Continue to grow UNMC and Nebraska Medicine in clinical scope and size, quality, patient experience and access as a hub and spoke academic health system across Nebraska and beyond.

- Goal 1: Develop and implement clinical growth in scope and size through regional partnerships and position UNMC and Nebraska Medicine for success.
- Goal 2: Ensure the UNMC Colleges and Institutes are optimally integrated with Nebraska Medicine in the patient care settings.
- Goal 3: Achieve excellence with time based outcomes in clinical quality and patient safety.
- Goal 4: Achieve excellence with time based objectives for enhancing patient access to inpatient and outpatient services.
- Goal 5: Achieve excellence with time based objectives with patient and patients' family such that all feel welcome and have a distinctive positive experience.
- Goal 6: Expand the UNMC/Nebraska Medicine virtual/telehealth presence in the region to serve referring physicians, provider partners and patients using high technology platforms including wearable devices.

Critical Success Factor D:
Advance community both urban and rural, national and global partnerships for a healthier future.

- Goal 1: Expand programs to improve population health – Make Nebraska the healthiest state in the United States.
- Goal 2: Strengthen the breadth and depth of international relationships in education and research through expanded faculty and student exchanges and collaborative relationships with international institutions.
- Goal 3: Broaden and implement UNMC's agenda and role in federal and state legislative issues as well as state-wide health professions education and population-based care delivery strategic planning.
- Goal 4: Develop strategic relationships and alignment with the alumni, the urban and rural communities, clinical and educational partners, corporate/industry and local, state and federal government.
- Goal 5: Continue to strengthen UNMC's national and global roles in the area of Health Security and Biomedical Preparedness.

Critical Success Factor E:
Create an exemplary culturally sensitive and broadly embracing organization.

- Goal 1: Increase retention, recruitment, engagement and mentorship of diverse faculty and staff.
- Goal 2: Increase retention, recruitment, engagement and mentorship of a diverse student body.

Critical Success Factor F:
Advance regional economic impact in biomedical diagnostics, biomarker development, personalized therapeutics and biotechnologies to improve health, diversify UNMC revenues and create economic growth in Nebraska and beyond.

- Goal 1: Increase efforts in biomedical diagnostics, biomarker development, personalized therapeutics, biotechnologies, drug development and GMP expansion that will lead to either new intellectual property transfer and/or commercialization.
- Goal 2: Use telehealth and other innovative technology to improve patient care, provide education over distance and conduct research in the work place and the home.
- Goal 3: Attain the strategic goals of the UNeTech Institute.

Critical Success Factor G:
Strengthen employee loyalty, satisfaction and wellness by enhancing the organizational cultural alignment.

- Goal 1: Strengthen employee loyalty, engagement and satisfaction.
- Goal 2: Increase student, faculty and staff awareness, engagement and access to health and wellness programs.
- Goal 3: Implement professional development programs for faculty and staff including GAP Cultural Leadership Development, "Extraordinary Thinking", and customer service (student and patient centeredness).
- Goal 4: Enhance and widely communicate the UNMC mission, value and visions statements in light of "the Stand," "We are Nebraska Medicine and UNMC. We lead the world in transforming lives to create a healthy future through extraordinary care, discovery and learning".
- Goal 5: Broadly embed the transformative principles and vocabulary from the Breakthrough Initiative sessions in the UNMC and Nebraska Medicine culture.
- Goal 6: Enhance our communications strategy throughout campus to inform faculty, staff, students, our partners and the community through traditional, high technology and other innovative means.

Critical Success Factor H:
Provide campus-wide organizational leadership and management for planning, program development and implementation.

- Goal 1: Enhance the efficiency and effectiveness of our leadership for administrative, fiscal, operational and management practices.
- Goal 2: Implement the projects in the campus master development plan and other priority programs.
- Goal 3: Implement the PRISM campus-wide strategic planning tool with institutional metrics and quarterly dashboard reports.
- Goal 4: Complete campus-wide facilities master planning process for a decade-long horizon.
- Goal 5: Develop requests to the NU Foundation to identify philanthropic support for new and existing initiatives.
- Goal 6: Obtain NCI Comprehensive Cancer Center designation for the Fred & Pamela Buffett Cancer Center in 2021.

MORE A Closer Look

CRITICAL SUCCESS FACTOR A:

Enhance UNMC's educational programs as the most highly learning centered university in health professions education.

An Integrated Approach to Student Success

In 2015-2016, the Northern Division received a HRSA workforce diversity grant to support educationally disadvantaged learners in nursing. A project director, two academic success coordinators (one for the Northern Division and one for the West Nebraska Division), and two graduate assistant academic coaches were hired for the first year of the project to develop the specific learning strategies and educational technologies to be used in this project. Under the direction of the principal investigator and the project director, this academic success program will be deployed to all five divisions of the CON in the second year of the grant (AY 2016-2017) through the use of newly expanded academic coaching procedures and technologies, graduate assistant coaches, and faculty mentoring at each division. The academic success program supports the development of additional student learning and engagement strategies for students who have received scholarships from the grant, with academic resources that are made available to all students in the BSN program. Overall, the CON is: a) identifying at-risk students at each division and using strategies such as individual coaching to assure their academic success as they move through the curriculum, b) using tools to assist in developing test-taking strategies to develop skill and testing success, and c) using a faculty mentor process with all students during the final semester (Semester 4), developing and implementing an individualized student study plan to augment the student's

knowledge base based on results from the Assessment Technologies Institute (ATI) comprehensive predictor assessment. For 2016 graduates, graduating students also completed a mandatory three day NCLEX review provided at each campus site, and can take advantage of access to a CON subsidized virtual ATI product for use in preparing for NCLEX following graduation.

Partnership to Increase RNs with Bachelor's Degrees

In an effort to increase the number of registered nurses in Nebraska with bachelor's degrees, the UNMC College of Nursing began providing guaranteed early admission in the RN to BSN program for qualified students enrolled in associate degree nursing programs at the six community colleges in the state. The intent of the Nebraska RN-BSN Collaborative is to encourage seamless transfer opportunities for students and enhance communication between the institutions. The agreement also is one strategy toward Nebraska's goal of attaining 80 percent of registered nurses with BSN degrees, said Juliann Sebastian, Ph.D., dean of the UNMC College of Nursing.

The six community colleges are:

- Central Community College, Kearney/Grand Island
- Metropolitan Community College, Omaha
- Mid-Plains Community College, North Platte

- Northeast Community College, Norfolk
- Southeast Community College, Lincoln
- Western Nebraska Community College, Scottsbluff.

"This is a wonderful opportunity for students and will help boost the BSN pipeline in the state," Dr. Sebastian said. "One of the most exciting things is each community college worked with our faculty to design the program in a way that will work optimally for students and strengthen opportunities for seamless progression from the associate to the baccalaureate degree." Students at the community colleges still will have opportunities to apply for any nursing program of their choice, Dr. Sebastian said, but the agreement provides a unique early entry option for students who meet the qualifications. Community college students approved for early admission will have completed at least one quarter of the nursing coursework and have a minimum GPA of 3.25. Students will be admitted pending completion of the associate degree in nursing program and attaining their registered nursing license.

The RN to BSN program requires 20 credit hours of coursework and is delivered online. An additional 11 credits hours of are required and are met through documentation of professional and educational accomplishments that meet the BSN program outcomes. The program is designed to bridge the gap between the credit hours students

already have taken in their associate degree programs and what they need for a BSN. Flexibility of the program enables students to finish full time in two semesters or part time over three years. In addition, the degree is one of the most affordable in the country. UNMC College of Nursing's program was ranked 29th in the 2016 ranking of the most affordable online fully accredited RN to BSN programs by Top RN to BSN, a leading nursing school search resource. Programs were ranked on tuition, general education requirements, and "net cost" (average cost of tuition and fees minus financial aid) as determined by the US Department of Education. (<https://www.unmc.edu/news.cfm?match=17976>)

Expansion of Accelerated BSN Program

As part of its continuing effort to address the state's nursing shortage, the UNMC College of Nursing began offering its accelerated bachelor's degree in nursing program in Kearney and admitting more students in its accelerated program in Scottsbluff. Students who already have a bachelor's degree in another field are eligible to apply to the intense program that requires completion in one year. The opening of the Health Sciences Education Complex on the University of Nebraska at Kearney campus enabled expansion of the program at the UNMC College of Nursing Kearney Division. The UNMC College of Nursing West Nebraska Division in Scottsbluff expanded its current program to accept two more students each year. To date, 60 students have graduated from Scottsbluff's accelerated program. The college has accelerated programs in Omaha and Lincoln as well.

"We are delighted to expand our accelerated bachelor's program in nursing," said Juliann Sebastian, Ph.D., dean of the UNMC College of Nursing. "This program provides exceptional

learning experiences and career opportunities. Students in the accelerated programs come from so many different backgrounds and bring such diverse expertise, they add new perspectives to the field that advance our values of providing comprehensive, person and family-centered care." Students in both the accelerated and traditional bachelor's degree programs earn 62 credit hours. The 58 credit hours or required prerequisite courses are accepted from any accredited community college, college or university. Upon completion, students earn a bachelor's in nursing degree from UNMC.

Adult-Gerontology Advanced Nursing Practice Program Nationally Ranked

The UNMC College of Nursing's online adult/gerontology advanced practice graduate program has been ranked by BestMedicalDegrees.com as seventh among the top 30 nursing gerontology degree programs offering the best value to students. Online nursing gerontology programs were ranked by accreditation, cost and length of program. Schools that were ranked met educational standards set by the Commission on Collegiate Nursing Education.



"It is our great pleasure to receive this recognition," said Lynne Buchanan, Ph.D., associate professor, UNMC College of Nursing and coordinator of the Adult Gerontology Specialty Graduate Program. "We know there will continue to be increasing numbers of older adults managed by specialized care that advanced practice registered nurses provide. We want our students to be the very best. This is such a rewarding and satisfying career pathway for advanced practice nurses, and we need more of them," said Dr. Buchanan, who is a nurse practitioner.

The college offers three specialty tracks within its master's degree program that focus on gerontology: adult gerontology clinical nurse specialist, adult gerontology acute care nurse practitioner, or adult gerontology primary care nurse practitioner. The tracks require 47 credit hours for graduation. Since 2005 when the gerontology advanced practice graduate program started, 80 students have graduated.

The specialty program is especially important because the growth in the number and proportion of older adults is unprecedented in the history of the United States, according to the U.S. Centers for Disease Control and Prevention (<https://www.cdc.gov/aging/pdf/State-Aging-Health-in-America-2013.pdf>). Two factors — longer life spans and aging baby boomers — will combine to double the population of Americans aged 65 years or older during the next 25 years to about 72 million. By 2030, older adults will account for roughly 20 percent of the U.S. population.

MORE A Closer Look

CRITICAL SUCCESS FACTOR B:

Increase the research scope and prominence as a top tier academic health sciences center

Awards and Grants for Nursing PhD Students

UNMC College of Nursing PhD students, post-doctoral fellows, and advisors received grants and awards this year that demonstrate commitment to research and provide new contributions to the advancement of nursing science. Two students, post-doctoral fellows, Ms. Sheri Rowland (Advisor Dr. Bernice Yates) & Ms. Crystal Epstein (Advisors Dr. Julia Houfek and Dr. Jeffery French) received very competitive National Institutes of Health (NIH) F31 – Ruth L. Kirschstein National Research Service Award, Pre-Doctoral Fellowships. Ms. Rowland’s study is entitled **“Intervention with Successful Peers to Increase Physical Activity in Working Women: The INSPIRATION Study.”** Ms. Epstein’s study is entitled **“Stress, Coping, and Health Behaviors During Pregnancy.”** Mr. Pallav Deka (Advisor Dr. Bunny Pozehl) received a Midwest Nursing Research Society / Council for the Advancement of Nursing Science (MNRS/CANS) Dissertation grant for his study **“Move HF: A Pilot Study to Improve Adherence in Heart Failure.”** Mr. Ko Niitsu (Advisor Dr. Julia Houfek) received two research grants for his study, **“Genetic Influence on Resilience to Potentially Traumatic Events.”** One grant was funded by the International Society of Nurses in Genetics (ISONG), and the second grant was funded by the American Psychiatric Nursing Foundation (APNF). Mr. Nicholas Guenzel (Advisor Dr. Mary Cramer) received funding from the American Psychiatric Nurses Association (APNA) for his project entitled **“Relationships between Historical Trauma**

and Mental Health among Adult Urban American Indians.” Ms. Alyson Hanish (Advisors Dr. Ann Berger and Dr. Brett Kuhn) received the Outstanding Research Presentation Award from UNMC’s Munroe-Meyer Institute. Her poster topic was **“Integrative Review: Sleep Research Methodology in Adolescents with a Neurodevelopmental Disorder.”**

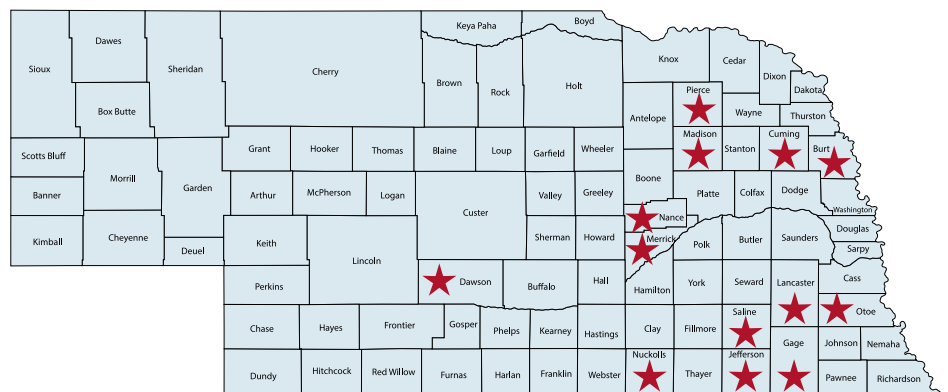
Gauging Heart Disease Risk in Nebraska Farmers

Most people think American farmers lead an active lifestyle that keeps them in shape. But just as advanced machinery, computers and fast food have influenced the general population, so have they influenced farmers. The UNMC College of Nursing Lincoln Division launched a pilot study this year to gauge heart disease risk in farmers. The \$20,000 study was funded by the Central States Center for Agricultural Safety and Health

at the UNMC College of Public Health and will recruit farmers with the help of two public health districts that cover nine counties in northeast and southeast Nebraska. The counties include Fillmore, Gage, Jefferson, Saline, Thayer, Burt, Cuming, Madison and Stanton.

“We picture farmers as lifting hay bales and working with cattle,” said Paula Schulz, Ph.D., associate professor, UNMC College of Nursing Lincoln Division. “But so much of farming is automated today that farmers don’t do as much physical work. They have air conditioned cabs with GPS. They have three-wheelers to check on livestock or drive to the range or barn. They are in front of their computers and eating more fast food, like the general population,” she said.

Dr. Schulz, principal investigator of the study, said those living in rural areas



Map depicts farming locations of study participants.



Dr. Paula Schulz, associate professor, Lincoln Division, administers survey questionnaire to a rural Nebraska farmer.

with geographical and cultural barriers experience greater health disparities in receiving standard risk factor reduction strategies. She said little is known about the physical activity levels and dietary habits of farmers in today's environment. "We have a large number of farmers in Nebraska, and, because of the disparities that exist, different lifestyle strategies are needed to reduce the risk of heart disease and address health promotion. We saw a need and found out no one has done studies to objectively measure physical activity in farmers."

Researchers recruited individuals age 19 and older whose main occupation is

farming. Recruitment will occur through two public health districts — Public Health Solutions in southeast Nebraska and Elkhorn Logan Valley in northeast Nebraska. In the one-year study, researchers collected information about physical activity and dietary habits, quality of life and cardiovascular disease. The study required participants to complete survey questions and wear a device that measures activity during peak farming season and during off season. Researchers hope the information from the pilot study can be used in future grant proposals to identify strategies that could be tailored to the farming lifestyle to reduce heart disease risk.

MORE A Closer Look

CRITICAL SUCCESS FACTOR C:

Continue to grow UNMC and Nebraska Medicine in clinical scope and size, quality, patient experiences and access as a hub and spoke academic health system across Nebraska and beyond.

Practice and Academics

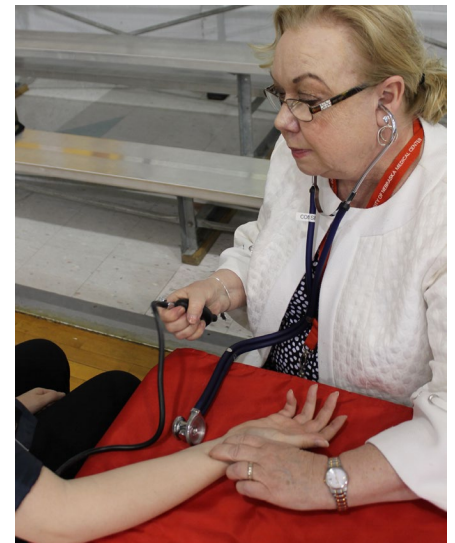
The College of Nursing provides clinical leadership across Nebraska through its academic-practice partnerships. One example of this partnership is the Senior Health Promotion Center (SHPC) located at two sites in Lincoln. Undergraduate nursing students work with Aging Partners' patrons to take medical and functional histories, and provide nursing services such as foot care, cerumen removal, blood pressure check, blood sugar and cholesterol screening, osteoporosis screening, and medication review. The SHPC serves people ages 60 and older, with approximately 35% of clients over 85 and a majority with one or more chronic diseases, such as hypertension, cardiovascular disease, osteoarthritis, diabetes, hearing impairment, and vision impairment. Rita Antonson, MSN, APRN-NP oversees the operation of the SHPC and says, "I can be a mentor and role model to student nurses to treat older adults with dignity, respect, kindness and compassion. There are so many opportunities to provide care, teach and learn from older adults." She notes that many "have survived many losses in their lives and must still carry on. At the Senior Health Promotion Center we have time to spend with the clients, doing assessment, learning about how they cope with disease, aging and loss."

Another example of an academic-practice partnership is at the Salem Village complex in North Omaha, a part of Neighborworks. Faculty and students provide health promotion services to an

elderly, African American, low income population. These services include assessment of health issues that could affect functioning. Nursing interventions are based on best practices in health promotion with older adults, and issues are addressed so older adults can remain independent for as long as possible. The interventions include education and support to improve the resident's quality of life and well-being, and students have the opportunity to practice nursing outside of an institutional setting.

Practice Profiles: Providing Quality Health Care

The College of Nursing maintains several practice partnerships across the state, with faculty nurse practitioners providing quality health care services to populations in need. One partnership is focused on rural primary care, with Kearney as the hub for outreach. Steph Burge, APRN, is the primary medical provider for the Rural Health Clinics (RHC) in the Village of Hildreth (population 300), located 27 miles south of Kearney, and is part of a larger medical team serving the Campbell and Franklin clinics, part of the Franklin Community Memorial Hospital. Ms. Burge provides advanced practice nursing services, caring for all ages in south central rural Nebraska who often are associated with the agriculture industry. Burge says, "I come from rural Nebraska. I understand the culture, work ethic, and devotion that exists for an agricultural-based lifestyle. There is passion and drive for farming that often mirrors my own



Dr. Linda Sather provides health services as part of an academic-practice partnership

drive for the practice of nursing. I get it when my clients say 'Steph, there's nothing more important than planting, irrigating, or harvesting.' That is not an easy concept for someone outside of the culture to understand. Being able to do the work, is often perceived as more important than personal health and well-being. APRN's, by our nature, challenge the notion of neglecting self-care and well-being, striving for opportunity to help people value, understand, and take ownership of their health."

Partnerships in the Omaha-Council Bluffs area between the College of Nursing and Federally Qualified Health

Centers support providing quality care to populations in need. All Care Health Center in Council Bluffs and Charles Drew Health Center in Omaha exemplify these College of Nursing partnerships. College of Nursing nurse practitioner faculty provide lifespan and multi-specialty care, participating in primary care, women's health, psychiatric nurse practitioner behavioral health care, and health promotion and preventative care. Providers build long-term relationships to provide care and connections with patients, making positive changes in their health and lifestyle. Kelly Gonzales, APRN notes "I have patients who have referred their family and friends to me, which I love. I feel like this is a testament to the quality of care that the patient receives and that I am part of providing. I have several families where I am truly treating the entire family."

CRITICAL SUCCESS FACTOR D:

Advance community both urban and rural, national and global partnerships for a healthier future

Community Ebola Education

Instructor Elizabeth Beam, Ph.D., and instructional technologist Stephen Smith discussed educating the world on Ebola care in a Science Café event at the Steel Grill, in Gering, Neb. Dr. Beam and Smith were both heavily involved in creating online learning modules regarding safe donning and doffing practices for health care providers among other related videos. Both are members of the HEROES project. The HEROES project provides hands-on training, media, and interactive learning modules for emergency preparedness education to health professions students and health care providers throughout Nebraska as part of a program of excellence grant at the UNMC College of Nursing.

Dr. Beam has been the project coordinator since 2005 and also serves as the director of education for the Nebraska Biocontainment Unit. Smith supports the HEROES project with skills in media development and instructional design for health care education. The event was co-sponsored by the Nebraska Panhandle Area Health Education Center.

Caregiver Strain a Focus of Science Café in Lincoln

Science Cafes are designed as face-to-face conversations and interactions between community members and researchers on a variety of current

science topics. They are open to everyone (21 and older), and take place in casual settings like pubs and coffeehouses. Each meeting is organized around an interesting topic of conversation. A scientist gives a brief presentation followed by a question and answer period. This interaction encourages dissemination of research ideas and best practices, and allows community members to get their questions answered about their topics of interest.

Joan Harvey, MSN, APRN-NP, and Mary Christensen, DNP, APRN-NP, both instructors in the UNMC College of Nursing-Lincoln Division, discussed caregiver strain at a Lincoln Science Cafe. Ms. Harvey discussed current research looking at the effect of caring for patients suffering from dementia, heart failure, chronic obstructive pulmonary disease (COPD) and other chronic illnesses. Dr. Christensen described the problem, how prevalent it is, who caregivers are and the financial impact of caregiver strain.

Faculty-Student Health Screening and Outreach Events

Fall has always been a busy time for students involved in community outreach. Education and health screenings fill a gap, particularly for the underserved. The UNMC College of Nursing West Nebraska Division in Scottsbluff and the

MORE A Closer Look

CRITICAL SUCCESS FACTOR D FROM PG 14



West Nebraska Division nursing students (left to right) Julie Jordan, Jessica Bruce, Annie McCloud, Ashley Montoya and Anna Joy staff an information booth about nursing school and careers.

Western Nebraska Community College hosted its Second Annual Health Fair open to the community in November 2015. Students from the College of Nursing coordinated the event with assistance from Wendy Wells, nursing instructor.

Planning for the event included senior students learning about a particular health issue and its impact, investigating prevention options and creating information for the public. Ms. Wells said planning, organizing, and promoting the health fair “increases their skills & confidence with working with the public and provides education and services to the public.”

Other UNMC outreach events this fall included Kearney Division nursing students providing flu shots on the University of Nebraska at Kearney campus, diabetes A1C screening tests

for about 100 community members and working with a homeless shelter and a middle school on an 8-week program to combat childhood obesity. Kearney students also worked with Loup City Public Schools to survey and educate students on seat belt use and distracted driving habits, and conducted state mandated childhood screenings at Zion School in Kearney. In Lincoln, students provided blood pressure and blood sugar screenings to 51 adults and 11 children at the Malone Center, and 66 adults and 11 children at the Asian Center Harvest Moon Festival. Norfolk students served several hundred people in the Santee Sioux community through health education and screenings. In Omaha, nursing students conducted a variety of outreach events including making 230 blankets for children in the Omaha area to be donated to groups such as the Ronald McDonald House, Omaha Police Department and Project Harmony.

In addition, Panhandle area high school students interested in health careers participated in five hands-on activities at the West Nebraska Division in November 2015. It was part of a multi-agency Business and Industry Program to connect high school students to local health education options and career opportunities. College of Nursing faculty member Wendy Wells coordinated the event for the college.

CRITICAL SUCCESS FACTOR E:

Create an exemplary culturally sensitive and broadly embracing organization



High school students attend summer camp at Northern Division.

Nebraska Link to Learn Grant Connects High School Students and Nursing Students to Promote Diversity in Nursing

As part of the "Nebraska Link to Learn" grant funded by the United States Health Resource Services Administration, high school summer camps were held at the five campus sites across Nebraska. These camps were designed for high school students interested in nursing careers, and promote the development of diversity through mentorship programs with current nursing students and nurse leaders. Nursing instructors and students from community college and

BSN programs shared information about the nursing profession and their experiences. Hands-on activities included first aid training, computerized simulation with high-tech human patient simulators, health assessments/vital signs and disaster planning. Nursing student mentors help support high school student involvement in activities throughout the year so high school students can learn more about nursing. Mentors also work with other nursing students to promote development of clinical skills and critical thinking skills necessary for a successful career in nursing.

International Programs

As part of its educational mission, the College of Nursing encourages students to experience another culture and health care system by participating in international experiences through exchange or interdisciplinary programs. These opportunities provide a glimpse into another culture's health system and expand the understanding of being a global citizen. In 2016, 18 UNMC nursing students participated in international experiences in a variety of locations. Current exchange sites include six universities in four countries (China, Jordan, Norway, and Sweden). In addition, UNMC College of Nursing has hosted 10 visitors from Shanghai, China along with a visiting scholar from Xi'an, China. These experiences assist nursing students and faculty to compare various health care systems, nursing practice, and educational preparation. Students practice being global citizens and gain an appreciation of the intersection of culture and health, which prepares them to better serve and understand different populations at home or abroad.

MORE A Closer Look

CRITICAL SUCCESS FACTOR F:

Advance regional economic impact in biomedical diagnostics, biomarker development, personalized therapeutics and biotechnologies to improve health, diversify UNMC revenues and create economic growth in Nebraska and beyond



Ribbon cutting for the Health Science Education Complex on the University of Nebraska at Kearney campus. From left, UNMC Student Senate President Andrew Shaw; Matt Schendt, Hausmann Construction; Kyle Meyer, Ph.D., dean of the UNMC College of Allied Health Professions; Juliann Sebastian, Ph.D., dean of the UNMC College of Nursing; UNMC Chancellor Jeffrey P. Gold, M.D.; University of Nebraska President Hank Bounds, Ph.D.; UNK Chancellor Douglas Kristensen, J.D.; Charlie Bicak, Ph.D., UNK senior vice chancellor of academic and student affairs; and Joe Lang, RDG Planning and Design. (Photo by Corbey R. Dorsey, UNK Communications)

A Wonderful Collaboration: Health Science Education Complex in Kearney

The Health Science Education Complex, a joint venture between UNMC and the University of Nebraska-Kearney, opened in the fall of 2015 after nearly three years of planning and fundraising. The \$19 million dollar building was funded through partnerships with private donors as well as the Nebraska Legislature as part of the Building a Healthier Nebraska Initiative. This building provides shared collaborative space for the UNMC College of Nursing and the UNMC College of Allied Health Professions faculty and students, with distance technology used to connect to other College of Nursing campuses. Classroom and lab spaces in the complex emphasize active learning using technology-enhanced tables where students work collaboratively in small groups. Featured within the roughly 46,000 square foot building are 14 simulation areas, seven classrooms, and five labs. Four projection screens and more than 80 large flat-panel displays – including several 90-inch screens – line the walls of classrooms and labs throughout the building. The screens allow for synchronous learning and web conferencing, connecting students and faculty with each other and people across the Nebraska and other university campuses. The facility can accommodate 300 students: 168 in nursing and 132 in allied health programs. UNK Chancellor Douglas Kristensen, J.D.,



CON Continuing Nursing Education team. From left, Bob Schmida, Maninder Hora, Valeta Creason-Wahl, Anji Wittman, Catherine Bevil, Heidi Keeler, Taha Kapadia and Tim Gilbert

noted “The collaboration that has led to the development of Health Science Education Complex is the biggest change to this campus since our days as Nebraska Normal School at Kearney. This education complex will become a national model for rural health care delivery and will bolster our reputation by demonstrating that we – UNK and UNMC – can deliver on big dreams and big projects.”

Contributions of Continuing Nursing Education: Economics and Education

UNMC College of Nursing’s Continuing Nursing Education (CNE) program has a national reputation for excellence. Its formal designation as an ANCC Provider with Distinction reflects the mission of UNMC and the College of Nursing to provide educational programs of the highest quality. In 2016, CNE provided 236 accredited educational activities, with 171 offered in web-based formats and 65 offered using traditional, real-time delivery methods. More than 13,000 learners received certificates of completion from these programs.

Partnerships are an important part of the CNE work, accounting for more than 90% of CNE’s accredited educational activities. These partnerships include working with professional associations, medical education companies, and numerous health-care related entities that allow sharing of talent, education and clinical resources. These partnerships also facilitate cost-effective production of high-quality accredited activities, with funding primarily obtained through educational grant funds. In fact, CNE has been self-supporting for more than a decade. CNE uses revenues from accreditation work and contracted services with parties outside UNMC to wholly support personnel and operating expenses. Additionally, CNE develops and provides accredited educational activities at no charge for CON and UNMC faculty, and selected professional groups in the regional community.

MORE A Closer Look

CRITICAL SUCCESS FACTOR G:

Strengthen employee loyalty, satisfaction and wellness by enhancing the organizational cultural alignment

Developing Shared Values: UNMC and Nebraska Medicine

This past year, an Organizational Values Task Force worked to develop a draft of UNMC/Nebraska Medicine shared values. This task force included 75 individuals from UNMC and Nebraska Medicine, and this group sought input from their college, department and unit colleagues. The values adopted by UNMC/Nebraska Medicine include Innovation, Teamwork, Excellence, Accountability, Courage and Healing and are known as iTEACH. Each value represents a key focus for UNMC and the CON.

Innovation: Search for a better way. Seek and implement ideas and approaches that can change the way the world discovers, teaches and heals. Drive transformational change.

Teamwork: Respect diversity and one another. Communicate effectively and listen well. Be approachable and courteous. There is no limit to what we can achieve when we work together.

Excellence: Strive for the highest standards of safety and quality in all that you do. Work to achieve exceptional results.

Accountability: Commit. Take ownership. Be resilient, transparent and honest. Always do the right thing and continuously learn.

Courage: Make the tough decisions. Have no fear of failure in the pursuit of excellence. Admit mistakes and learn from them.

Healing: Show the empathy you feel. Be selfless in caring for patients, one another and the community.



UNMC Chancellor Jeffrey P. Gold, M.D., speaks at the “Elevating the Conversation” symposium on stress (photo from UNMC Today <http://www.unmc.edu/news.cfm?match=18198>)

Addressing Stress and Well-being

Dean Juliann Sebastian and Chancellor Jeffrey Gold helped to guide a major initiative to address student and faculty wellness this year. This work also included a task force from across UNMC who helped envision and develop educational events on this important topic. An educational offering, *Under Pressure: Managing Stress* was offered in January 2016. The topics and speakers included *Prevalence, Consequences, and Drivers of Distress*, presented by Liselotte Dyrbye, MD, Professor at Mayo Clinic; *Stress in the Health Professions: An Interprofessional Perspective*, presented by Richard Valachovic, DMD, MPH, president and CEO, American Dental

Association; *Systems Level Change-National Level Initiatives*, presented by Timothy Brigham, PhD, chief of staff and senior vice-president, Accreditation Council for Graduate Medical Education; and *Mind Body Medicine in Health Professionals Training*, presented by Darshan Mehta, MD, MPH, medical director, Benson-Henry Institute for Mind Body Medicine, Massachusetts General Hospital. As Chancellor Jeffrey Gold, MD said “Perhaps no other effort on our campus is as important as our initiative to reduce the outcome and stigma associated with stress, burnout, and mental illness, and to provide services for our students, faculty, and staff who are experiencing this type of distress.”

CRITICAL SUCCESS FACTOR H:

Provide campus-wide organizational leadership and management for planning, program development and implementation

Dean Sebastian Named Chair of American Association of Colleges of Nursing (AACN)

The American Association of Colleges of Nursing (AACN) has elected Juliann Sebastian, PhD, Professor and Dean of the UNMC College of Nursing, as chair of the AACN Board of Directors. Dr. Sebastian began her two-year term as the association's highest elected official at the close of AACN's 2016 spring business meeting held in Washington, D.C. AACN is the national voice for university and four-year-college education programs in nursing. Representing more than 780 member schools of nursing at public and private institutions nationwide, AACN's educational, research, governmental advocacy, data collection, publications, and other programs work to establish quality standards for bachelor's and graduate-degree nursing education, assist deans and directors to implement those standards, influence the nursing profession to improve health care, and promote public support of baccalaureate and graduate nursing education, research, and practice (<http://www.aacnnursing.org/About-AACN/Who-We-Are>). "As the voice for academic nursing, AACN is committed to using collaboration, innovation, and strategic action to improve both health and health care," Dr. Sebastian said. "I believe that AACN is extremely well-positioned to expand its impact as a catalyst for excellence and innovation, and I am honored to have the opportunity to lead the organization during this pivotal point in its history."

New Director of the College of Nursing PhD Program

As long as she can remember, Kathleen Hanna, PhD, was always asking "why". Why did things work for her patient and not for another? Asking "why" has driven her research, and now as the Director of the PhD program, she will encourage others to ask "why". The program prepares nurse scientists who pursue research interests using funding and creating rigorous, well-designed methods to discover new knowledge related to nursing to advance health care. Positions held by PhD-prepared nurses include academic faculty positions emphasizing research, primary investigators on research grants and research scientists for health care organizations or government agencies.

"Dr. Hanna comes to us with significant experience in working with Ph.D. students, and her role as endowed chair will complement her activities in this role," said Lynnette Leeseberg Stamler, Ph.D., professor and associate dean for academic programs. Her research expertise is in promoting the health of adolescents and young adults within the context of development and family, particularly those with type 1 diabetes. Dr. Hanna succeeds Ann Berger, Ph.D., who served in the role since 2007 and recently took the reins as associate dean for research at the UNMC College of Nursing.

"It's an honor to serve in this role," said Dr. Hanna, who is responsible for ensuring standards and policies in the Ph.D.



Kathleen Hanna, Ph.D.

program are met as well as continuous improvement of the program. "We are looking for nurses who are interested in advancing care and health through conducting research and also passing on their knowledge and high standards of nursing which will influence generations of nurses."

DEVELOPMENT 2015-2016

OUR STUDENTS OUR FUTURE

Content provided by Jennifer Arnold, Senior Director, Marketing Communications, University of Nebraska Foundation

Increased access and success for current and future students is the focus of \$200 million fundraising initiative announced by the University of Nebraska and the University of Nebraska Foundation in 2015.

Our Students, Our Future, which concludes at the end of 2017, will provide support for the university's greatest resource: its students. Students will benefit from: need- and merit-based scholarships that will make their college education more affordable; support for programs that improve student outcomes, particularly among traditionally underrepresented students; improvements to facilities that will enhance the learning experience; and other student-focused priorities.

Our Students, Our Future seeks to not only advance the university's highest priority of affordable excellence, but also position the university to attract more students in support of its goals to significantly grow enrollment and produce more graduates for Nebraska's workforce.

Gifts to the *Our Students, Our Future* initiative will increase both immediate, expendable funds available for student

scholarships, as well as permanently endowed scholarship funds that will enable the university to support many generations of students. In addition, the initiative seeks funding for university programs focused on helping students stay in school and complete their degree, as well as support for learning facilities that meet student interests and enhance the learning experience.

Our Students, Our Future will build on the momentum of past and current support from University of Nebraska alumni and friends through strategic, targeted investments in students that will ensure affordable access to an excellent education, aid the university's enrollment growth objectives, assist with student completion and success initiatives, and enhance the learning environment and student experience.

The end goal of the initiative is to have a direct impact on students and enhance their University of Nebraska experience.

"I've been fortunate to experience firsthand the transformative power of higher education. My goal is for the University of Nebraska to be accessible to every student who wants to change their life in the same way education changed mine," said NU President Hank Bounds. "The university is doing great things to advance the Board of Regents' priority of affordable excellence. Yet we know unmet need remains. With support from generous alumni and friends, Our Students, Our Future will help us become a giant in higher education, doing even more to ensure affordability and success for our students – the future leaders of Nebraska."

Bounds noted that because of stable support from the state, the university

has been able to keep tuition and fees across the campuses at least 25 percent below the peer averages. More than half of all NU undergraduates receive financial aid. Still, most NU students – including 77 percent of UNK undergraduates, 72 percent of UNO undergraduates and 62 percent of UNL undergraduates – apply for need-based financial aid, demonstrating that need remains high. To help ensure that the university remains accessible for students and families, and to be successful in growing enrollment, which this year reached a 22-year high, the university must maintain its focus on supporting students, Bounds said.

OBJECTIVES OF OUR STUDENTS, OUR FUTURE INCLUDE:

- Programs at UNMC that expose high school and undergraduate students to opportunities in health care, thus creating a stronger pipeline of future health workers, as well as scholarship programs for rural, low-income and other underserved students.
- Scholarships for graduate students at UNMC, for whom fellowships and stipends are a key tool for recruitment and retention.

ALUMNI College of Nursing Alumni Engagement Council



Submitted by Catherine Mello, Associate Director, Alumni Relations

The College of Nursing Alumni Engagement Council (CONAEC), formerly called the Alumni Association, is one of seven councils of the UNMC Alumni Association. In 2015, the UNMC Alumni Association board of directors voted to usher in a New Era of Engagement. In the New Era, all alumni are now welcomed into the UNMC Alumni Association with automatic membership. The Engagement Council now focuses on serving and engaging graduates, disseminating effective communications, forming meaningful connections between alumni and students, and facilitating opportunities for alumni to invest in their UNMC passions through a close partnership with the College of Nursing.

President:
Amy Schroeder-Thimm BSN '91

For more information about the College of Nursing Alumni Engagement Council, please visit:
unmc.edu/alumni or
facebook.com/unmcNURSINGalumni.

Here are a few highlights of CONAEC activities in the 2015-2016 fiscal year:

HOSTED OUTREACH ACTIVITIES FOR STUDENTS & ALUMNI

The CONAEC takes pride in connecting with students on each of the five nursing campuses. Welcome lunches were held for students on each campus during orientation. Over 350 students enjoyed these lunches in July and August of 2015 and April of 2016.

In October of 2015, over 40 nurses participated in UNMC Alumni Reunion Weekend activities. The nurses were from the classes of 1955, 1960, 1965, 1972, 1975, and 1977. Barbara "Bobbie" Swenson '65, received a Distinguished Alumni Award during the reunion.

SPONSORED CONTINUING EDUCATION OPPORTUNITIES FOR ALUMNI

In partnership with the Alumni Relations Office and the College of Nursing Continuing Nursing Education Program, the CONAEC offered discounted registration to 50 alumni who attended the 20th Annual Pharmacological Conference for Advanced Practice Nurses in July 2015.

The CONAEC offered the fourth annual Distinguished Alumni Award Lecture during reunion weekend 2015, which provided continuing education for the 44 attendees. Bobbie Swenson '65 presented "A Nursing Journey... Advocate to Entrepreneur... Come Along with Me".

SUPPORTED WHITE COAT CEREMONIES IN COLLABORATION WITH THE NU FOUNDATION

In partnership with the University of Nebraska Foundation, UNMC alumni and friends sponsored over 260 white coats and Nightingale pins for the August and September 2015 professionalism ceremonies held at each College of Nursing campus. The white coat symbolizes the students' entry into the nursing profession and the alumni sponsorships establish a connection with current students at the beginning of their nursing school journey.

SPOTLIGHT

Distinguished Visitors



OCTOBER 2015

Lorraine O. Walker, RN, EdD, MPH

Luci B. Johnson Centennial Professor in Nursing,
The University of Texas at Austin School of Nursing

3rd Annual Anna Marie Jensen Cramer Memorial Lectureship
in Women's & Children's Health & Family Nursing

*Transforming Women's Health: Gaps, Needs, Opportunities
after Birth*

DECEMBER 2015

Marcia Stanhope, DSN, RN, FAAN

Nursing Consultant, Tuft Associates Inc.

Consultation on NCLEX Pass Rates

JANUARY 2016

Laurie Lauzon Clabo, PhD, RN

Dean and Professor,
Wayne State University School of Nursing
MGH Institute of Health Professions
Audrey Solberg Smith Distinguished Lectureship for
Teaching Excellence

Education for Contemporary Practice: A Focus on Competency

APRIL 2016

Nelda Godfrey, PhD, RN, ACNS-BC, FAAN

Associate Dean, Undergraduate Programs,
University of Kansas Medical Center School of Nursing

*The Nuts and Bolts of Implementing Concept-Based
Curricula*

APRIL 2016

Tracy E. Williams, DNP, RN, FNAP

Senior Vice President and System Chief Nursing Officer,
Norton Healthcare
and

Kim Tharp-Barrie, DNP, RN, SANE

System Vice President,
Institute for Nursing and Workforce Outreach
Norton Healthcare

*Academic Practice Partnerships: The Norton Healthcare
System Example*

KUDOS

Faculty/Staff Awards

American Academy of Nursing Fellow
June Eilers

American Association of Colleges of Nursing – Named Chair of Board of Directors
Juliann Sebastian

American Association of Nurse Practitioners Nebraska State Award for Excellence in Nursing Practitioner Clinical Practice
Steph Burge

Appointments
Ann Berger, Associate Dean for Research (effective 7-1-15)

Kathy Hanna, Director, PhD Program (effective 11-1-15)

Teresa Hultquist, Interim Director of Evaluation (effective 7-1-15)

Linda Sather, Director, Morehead Center for Nursing Practice (effective 9-1-15)

College of Nursing Promotions (effective 7-1-15)
Karen Schumacher promoted to Professor with Tenure

Event Leadership Institute – Certificate in Event and Meeting Management Fundamentals
Valeta Creason-Wahl

International Nursing Association for Clinical Simulation and Learning Fellow
Beth Burbach

COLLEGE OF NURSING ANNUAL FACULTY & STAFF AWARDS (AWARDED MAY 2016)

Ada M. Lindsey Professional Service Award
Linda Sather

Distinguished TEAM Award
The Evaluation Task Force:
Teresa Hultquist
Catherine Bevil
John Barrier
Patrick Rejda
Connie Miller
Kathy Kaiser
Lori Turner
Christie Campbell-Grossman

Donna Westmoreland Excellence in Faculty Mentoring Award
Karen Grigsby

Kathryn Sandahl Philp Creativity and Innovation Award
Julie Quickert

Pennie Z. Davis Faculty Research Award
Tiffany Moore

Staff Excellence Award
Tom Mason

Staff Leadership Award
Valeta Creason-Wahl

Staff Spirit Award
Karen Schledewitz



Dr. Peggy Pelish

The Dean's Excellence in Teaching Award
Julie Quickert

The Rosalee C. Yeaworth Excellence in Teaching Award
Peggy Pelish

College of Nursing Making a Difference Award
John Rejda

KUDOS

Faculty/Staff Awards

Kearney Hub Freedom Award in Healthcare

Judy Billings (Emeritus)

March of Dimes Nebraska Chapter Academic Excellence Award

Therese Mathews

March of Dimes Nebraska Chapter Nurse of the Year Award

Beth Culross

March of Dimes Nebraska Chapter Nurse Excellence Awards

Sara Brown

Audrey Nelson

Midwest Nursing Research Society – Physiology, Behavior, Genomics, and Society Research Interest Group Outstanding Dissertation Award

Alyson Hanish

National Gerontological Nurses Association Fellow

Beth Culross

Nebraska Medicine “Extraordinary Nurse”

Julie Quickert

Nebraska Organization of Nurse Leaders “Stellar Leadership Award”

Dee Ernesti

Nebraska State Board of Nursing Appointment

Louise LaFramboise

Nebraska State Board of Nursing Awarded Full Approval (Four Years)

UNMC College of Nursing, Undergraduate Program

Sigma Theta Tau International Gerontologic Nursing Leadership Academy Fellow

Beth Culross

UNMC Distinguished Scientist

Nancy Waltman

UNMC Graduate Faculty Status

Beth Culross

Deb Wisnieski

Chao “Mickey” Zhang

UNMC Outstanding Mentor of Junior Faculty Award

Lani Zimmerman

UNMC Silver U Awardees

Anne Wilber – September 2015

Sharon Baker – November 2015

Lori Cooley – January 2016

Melissa Snyder – March 2016

Denise Waibel-Rycek – May 2016

Connie Miller – June 2016

UNMC YEARS OF SERVICE

40 Years

Audrey Nelson

35 Years

Marian Marchand

30 Years

Shirley Wiggins

25 Years

Jill Thewke

20 Years

Diane Feldman

Becky Kreman

Kim Rodehorst

Linda Sather

Alan Wass

15 Years

Colleen Buescher

Ana Lara-Ramirez

10 Years

John Barrier

Beth Beam

Donna McElvain

Connie Miller

Mary C. Petersen

5 Years

Kristi Brummels

Jennifer Cera

Beverly Davey

Amy Fellhoelter

Daneisha Hall

Lauren Lesiak

SALUTE

Student Recognitions Honors and Awards



West Nebraska Division in Scottsbluff, faculty, staff and Class of 2017 displaying the National Student Nurses Association Stellar School Chapter Recognition Award

College of Nursing Class of 2014

Presented an Honor and Remember Flag to the family of Thomas Franklin Christ

College of Nursing Class of 2016

Presented an Honor and Remember Flag to the family of Brandon Abbott Meyer

March of Dimes Nebraska Chapter Student Nurses Awards

Jennifer Kopp
Brianna Weber

Midwest Nursing Research Society/Council for the Advancement of Nursing Science Dissertation Award

Pallav Deka

Midwest Nursing Research Society Graduate Student Research Scholars' Award

Marcia Shade

National Student Nurses' Association Stellar School Chapter Recognition

UNMC College of Nursing
West Nebraska Division

Nebraska State Student Nurse of the Year Award

Eli Rodriguez (West Nebraska Division)

Nebraska State Student Nurses Association Outstanding Community Health Award

UNMC Student Nurses Association (Lincoln Division)

Nebraska State Student Nurses Association Unique Community Health Award

UNMC Student Nurses Association (West Nebraska Division)

FUNDED

2015-2016 Grants

*New Funding

***Aguirre, T. (P.I.)** Faculty Diversity Award, University of Nebraska Medical Center. 07/01/2015-6/3/2016: \$50,000

Aguirre, T. (P.I.) Subaward from University of Nebraska-Lincoln/ University of Maine/USDA, National Institute of Food and Agriculture. *iCook: A 4H Program to Promote Culinary Skills and Family Meals for Obesity Prevention*. MEO-2011-04536 08/01/12-07/31/2017: \$1,723

***Berger, A. (P.I.)**, Eppley Cancer Institute, University of Nebraska Medical Center. *Behavioral and Genetic Factors Associate with Sleep Quality in Breast Cancer Patients*. 02/01/2016-01/31/2017: \$6,400

***Bravo, K. (P.I.)**, Kotcherlakota, S. Kelly Fund, University of Nebraska Enhanced Safe Medication Delivery Education for BSN Students 07/01/2015-06/30/2016: \$15,318

***Cramer, M. (P.I.)**, Ford, A., Kupzyk, K., Wilson, F., Blue Cross and Blue Shield of Nebraska Foundation. *Mobile Technology with Community Health Worker Reinforcement: An Evidence-based Intervention to Reduce Rural Preterm Births* 01/01/2015-07/31/2016: \$201,088

Cramer, M. (P.I. for subaward/ Rautianen, P.I.), National Institutes of Health, National Institute for Occupational Safety and Health, U54 Grant, *Central States Center for Agricultural Safety and Health (CS-CASH)*. 1 U54 OH010162-01. 9/1/11 – 8/31/16: \$96,581

***Cuddigan, J. (P.I.)**, University of Kansas Medical Center Research Institute. *Consultation on Pressure Ulcers to Support the National Database of Nursing Quality Indicators (NDNQI)* 1/1/2015-12/31/2016: \$33,223

***Filipi, M. (P.I.)**, Paralyzed Veterans of America. *Assessing the Role of the CYP2J2 Gene and Serum Vitamin D Levels in Multiple Sclerosis* 01/01/2015-12/31/2016: \$102,629

***Hudson, D Brage (P.I.)**, CON Dean's Research Grant. *Development of a Social Support Intervention for Single and Low-Income African American Mothers* 1/13/15 – 1/12/16: \$5,000.

***McGuire, R., (P.I.)**, Pozehl, B., Hertzog, M., American Nurses Foundation. *Balance Activities and Strengthening to Improve Condition [BASIC]: Training for Elders with Heart Failure* 09/01/2015-08/31/2017: \$27,778

Moore, T. (P.I.), National Institutes of Health, National Institute of Nursing Research (K01). *Physiologic Stress during Pregnancy on Maternal and Infant Outcomes*. 1 K01 NR 14474-01A1 04/01/2015-3/31/2016: \$69,550

***Moore, T. (P.I.)**, Edna Ittner Pediatric Research Support Fund Program. *Oxidative Stress and Inflammation in Low-Risk Pregnant Women and Newborn Infants* 10/01/2015-10/14/2016: \$35,000

***Pozehl, B. (P.I.)**, Nebraska Tobacco Settlement Biomedical Research Development Fund (NTSBRDF). *Perceptions of Patient and Caregiver Self-Management Needs for Living with a Left Ventricular Assist Device (LVAD)* 09/15/2015-08/31/2016: \$16,400

Pozehl, B. (P.I.), Duncan, K., Norman, J., McGuire, R., Hertzog, M., National Institutes of Health - National Heart, Lung and Blood Institute (R01). *Heart Camp: Promoting Adherence to Exercise in Patients with Heart Failure*. 1 R01HL112979 04/01/2012-03/31/2017: \$508,305

***Pressler, J. (P.I.)**, Dinkel, D., Kyvelidou, A., Anderson Berry, A., Hanna, K., Hanson, C., Jana, L., Struwe, L., Wallen, J. Bagenda, D., Food for Health Planning Grant, Nebraska Research Initiative. *Similarities and Differences in Infant Feeding Practices and Weight of Infants during the First 24 Months*. 02/01/2016-06/30/2017: \$14,986

***Pressler, J. (P.I.)**, Struwe, L., American Nurses Foundation. *Cardiopulmonary Resuscitation Instructions-First Responding with Crash Carts* 09/01/2015-8/31/2017: \$4,630

***Schulz, P. (P.I.)**, Zimmerman, L., Johansson, P., Central States Center for Agricultural Safety and Health (CS CASH). *Cardiovascular Disease Risk and Physical Activity in Farmers* 01/01/2016-05/30/2017: \$20,000

Schumacher, K. (P.I.), Eilers, J., Hertzog, M., American Cancer Society. *A Mixed Methods Study of Rural Family Caregiving during Cancer*. RSG-13-167-01-CPPB 07/01/2014-06/30/2017: \$157,554

Waltman, N., (Co-P.I.), Bilek, L. (Co-P.I.), National Institutes of Health – National Institute of Nursing Research. *Bone Loading Exercises versus Risendronate on Bone Health in Post-Menopausal Women*. 1 R01NR015029-01 07/01/2015-06/30/2016: \$292,932

Young, L. (P.I.), Barnason, S., Paulman, A., Hertzog, M., National Institutes of Health, National Institute of Nursing Research R15 Grant. *Promoting Self-Management through Adherence among Heart Failure Patients*. 1 R15 NR013769-01A1 8/7/13 – 7/31/15: \$200,000

***Zhang, C (P.I.)**, McFarland, K., McElvain, D., Schmitz, R., Baker, S., Kelly Fund, University of Nebraska. *Enhancing Teamwork between Nursing and Dental Students via a Blended Interprofessional Education Program*. 07/01/2015-06/30/2016: \$12,330

GRADUATE STUDENTS RESEARCH GRANTS FUNDED FOR FISCAL YEAR 2015-2016

***Deka, P. (P.I.)**, Pozehl, B. (Advisor), Midwest Nursing Research Society. *Move HF: A pilot study to improve adherence in heart failure*. 05/01/2016-04/30/2017: \$5,000

***Epstein, C (P.I.)**, Houfek, J. (Advisor), National Institutes of Health – National Institute of Nursing Research (NRSA). *Stress, Coping and Health Behaviors during Pregnancy*. 1F31NR016176 03/01/2016-8/31/2017: \$33,012

***Niitsu, K. (P.I.)**, Houfek, J. (Advisor), International Society of Nurses in Genetics. *Genetic Influence on Resilience to Potentially Traumatic Events*. 09/01/2015-8/31/2016: \$2,500

***Niitsu, K. (P.I.)**, Houfek, J (Advisor), American Psychiatric Nursing Foundation, *Genetic Influence on Resilience to Potentially Traumatic Events*. 09/01/2015-8/31/2016: \$9,000

***Rowland, S. (P.I.)**, Yates, B. (Advisor), National Institutes of Health – National Institute of Nursing Research (NRSA). *Intervention with Successful Peers to Increase Physical Activity in Working Women: The INSPIRATION Study*. 03/03/2016-03/02/2017: \$33,733

EDUCATIONAL/SPECIAL PROJECTS GRANTS FUNDED FOR FISCAL YEAR 2015-2016

***Cohen, M., (P.D.)**, American Cancer Society. *ACS Graduate Scholarship in Cancer Nursing Practice Application for Whitney Sawyer*. GSCNP-15-114-01. 07/0/2015-6/30/2016: \$10,000

***Connelly, L. (P.D.)**, Pressler, J., Wilber, A., Health Resources and Services Administration (HRSA). *Nursing Workforce Diversity Program - Nebraska Link to Learn*. 1D19HP28491 07/01/2015-06/30/2017: \$300,277

***Connelly, L. (P.D.)**, Elkhorn Logan Valley Public Health Department. *Partnering for Behavioral Health in Rural Northeast and North Central Nebraska*. 06/01/2015-05/31/2016: \$14,286

Hanna, K. (P.D.), Berger, A., Jonas Center for Nursing Excellence. *The Jonas Nurse Leaders Scholar Program Scholarship*. 06/01/2014-07/31/2016: \$10,000

***Hanna, K., (P.D.)**, Berger, A., Health Resources and Services Administration (HRSA). *Nurse Faculty Loan Program 2015-2016*. E01HP28777. 07/01/2015-06/30/2016: \$65,284

Morris, K. (P.D.), Barnason, S., Bevil, C., Vokoun, C, Wadman, M., Britigan, D., Swartz, C., Rejda, P., Health Resources and Services Administration (HRSA). *Advancing Rural Emergency and Acute Care (AREA) Program for Family Nurse Practitioners*. 1D09HP25929-01-00. 07/01/2013-06/30/2016: \$236,625

Stamler, L. (P.D.), Health Resources and Services Administration (HRSA). *Advanced Education Nursing Traineeship*. 1A10P28027-01-00. 09/01/2014-06/30/2016: \$333,592

***Zimmerman, L. (P.D.)**, University of Nebraska Foundation (HEARST Grant). *Center for Patient, Family and Community Engagement in Chronic Care Management through Discovery, Dissemination and Diffusion*. 12/01/2015-11/30/2017: \$150,000

*Bold type demotes current College of Nursing faculty and/or staff members.

2015 PROFESSIONAL JOURNALS/BOOK CHAPTERS

AGUIRRE, TRINA

Aguirre, T., Wilhelm, S., Backer, S., Schoeneman, S., & Koehler, A. (2015). Medication administration interruptions in a rural hospital and evaluation of a red light intervention. *Online Journal of Rural Nursing and Health Care*, 15(2), 49-62. doi: 10.14574/ojrnhc.v15i2.327

Aguirre, T.M., Kuster, J.T., & Koehler, A.E. (2015). Relationship between eating behavior and dietary intake in rural Mexican-American mothers. *Journal of Immigrant and Minority Health*, 19(1), 225-227. doi: 10.1007/s10903-015-0324-8

Franzen-Castle, L., & **Aguirre, T.** (2015). Perceptions of body habitus and cultural health among Hispanic adults. *Journal of Immigrant and Minority Health*, 17(4), 1206-1213. doi: 10.1007/s10903-014-0064-1

Joshi, A., Amadi, C., Meza, J., **Aguirre, T.**, & Wilhelm, S. (2015). Comparison of socio-demographic characteristics of a computer based breastfeeding educational intervention among rural Hispanic women. *Journal of Community Health*, 40(5), 993-1001. doi: 10.1007/s10900-015-0023-3

Wilhelm, S.L., **Aguirre, T.M.**, Koehler, A.E., & Rodehorst, T.K. (2015). Evaluating motivational interviewing to promote breastfeeding by rural Mexican-American mothers: The challenge of attrition. *Issues in Comprehensive Pediatric Nursing*, 38(1), 7-21. doi: 10.3109/01460862.2014.971977

BARNASON, SUE

Young, L., **Barnason, S.**, & Do, V. (2015). Conducting behavioral intervention research in rural communities: Barriers and strategies to recruiting and retaining heart failure patients in studies. *Nursing and Health Care (Winfield, Ill.)*, 1(1), 101.

Young, L., **Barnason, S.**, & Do, V. (2015). Review strategies to recruit and

retain rural patients participating self-management behavior trials. *Online Journal of Rural Research and Policy*, 10(2), 1-12. doi: 10.4148/1936-0487.1070

Young, L., **Barnason, S.**, & Kupzyk, K. (2015). Mechanism of engaging self-management behavior in rural heart failure patients. *Applied Nursing Research*, 30, 222-227. doi: 10.1016/j.apnr.2015.09.008

Young, L., Montgomery, M., **Barnason, S.**, Schmidt, C., & Do, V. (2015). A conceptual framework for barriers to the recruitment and retention of rural CVD participants in behavior intervention trials. *GSTF Journal of Nursing and Health Care*, 2(2), 19-24.

Young, L. & **Barnason, S.** (2015). Uptake of dietary sodium restriction by overweight and obese patients after cardiac rehabilitation. *Rehabilitation Nursing*, 41(3), 149-157. doi: 10.1002/rmj.205

Burbach, B.E., **Barnason, S.**, & Hertzog, M. (2015). Preferred thinking style, symptom recognition and response by nursing students during simulation. *Western Journal of Nursing Research*, 37(12), 1563-1580. doi: 10.1177/0193945914539739

Albert, N. M., **Barnason, S.**, Deswal, A., Hernandez, A., Kociol, R., Lee, E., ... White-Williams, C. (2015). Transitions of care in heart failure: A scientific statement from the American Heart Association. *Circulation. Heart Failure*, 8(2), 384-409. doi: 10.1161/HHF.0000000000000006

Young, L., **Barnason, S.**, Hays, K., & Do, V. (2015). Nurse practitioner led medication reconciliation in critical access hospitals. *Journal for Nurse Practitioners*. 11(5), 511-518. doi: 10.1016/j.nurpra.2015.03.005

Young, L., **Barnason, S.**, & Do, V. (2015). Promoting self-management through adherence among heart failure patients discharged from rural hospitals: A study protocol. *F1000Research*, 3, 317. doi: 10.12688/f1000research.5998.2

Burbach, B.E., Thompson, S.A., & **Barnason, S.** (2015). Using "Think Aloud" to capture clinical reasoning during patient simulation. *International Journal of Nursing Education Scholarship*, 12(1), 1-7. doi: 10.1515/ijnes-2014-0044

Do V., Young L., **Barnason S.** and Tran H. (2015). Relationships between activation level, knowledge, self-efficacy, and self-management behavior in heart failure patients discharged from rural hospitals *F1000Research*, 4, 150. doi: 10.12688/f1000research.6557.1

BEAM, ELIZABETH

Jelden, K.C., Smith, P.W., Schwedhelm, M.M., Gibbs, S.G., Lowe, J.J., **Beam, E.L.**, Kratochvil, C.K., Boulter, K.C., & Hewlett, A.L. (2015). Learning from Ebola: Interprofessional practice in the Nebraska Biocontainment Unit. *Journal of Interprofessional Education & Practice*, 1(3), 97-99. doi: 10.1016/j.xjep.2015.07.071

Jelden, K.C., Gibbs, S.G., Smith, P.W., Schwedhelm, M.M., Iwen, P.C., **Beam, E.L.**, et al. (2015). Nebraska Biocontainment Unit patient discharge and environmental decontamination after Ebola care. *American Journal of Infection Control*, 43(3), 203-205. doi: 10.1016/j.ajic.2014.12.005

Schwedhelm, S., **Beam, E.L.**, Morris, R. D., & Sebastian, J. G. (2015). Reflections on interprofessional team-based clinical care in the Ebola epidemic: The Nebraska Medicine experience. *Nursing Outlook*, 63(1), 27-29. doi: 10.1016/j.outlook.2014.11.019

Jelden, K.C., Gibbs, S.G., Smith, P.W., Schwedhelm, M., Iwen, P.C., **Beam, E.L.**, Kratochvil, C.J., Boulter, K.C., Hewlett, A., Lowe, J.J. (2015). Caring for patients with Ebola virus in the Nebraska Biocontainment Unit. *Infectious Disease Special Edition*, 18, 60-62.

Lowe, J.J., Olinger, P.L., Gibbs, S.G., Rengarajan, K., **Beam, E.L.**, Boulter, K.C., Schwedhelm, M.M., Hayes, K.A.,

Kratochvil, C.J., Vanairsdale, S.; Frislie, B.; Lewis J., Hewlett, A., Smith, P.W., Gartland, B., Ribner, B.S. (2015, April 29). Environmental infection control considerations for Ebola. *American Journal of Infection Control*, 43(7), 747-749. doi: 10.1016/j.ajic.2015.03.006

Beam, E.L., Gibbs, S.G., Hewlett, A.L., Iwen, P.C., Nuss, S.L., & Smith, P.W. (2015). Clinical challenges in isolation care: Safe practices for nurses at the bedside. *American Journal of Nursing*, 115(4), 44-49. doi: 10.1097/01.NAJ.0000463027.27141.32

Smith, P.W., Boulter, K.C., Hewlett, A.H., Kratochvil, C.J., **Beam, E.L.**, Gibbs, S.G., Lowe, J.J., & Schwedhelm, M.M. (2015). Planning and response to Ebola virus disease: An integrated approach. *American Journal of Infection Control*, 43(5), 441-446. doi:10.106/j.ajic.2015.01.019

BERGER, ANN

Shade, M.Y., **Berger, A.M.**, Dizona, P.J., Pozehl, B.J. & Pullen, C.H. (2015). Sleep and health-related factors in overweight and obese rural women in a randomized controlled trial. *Journal of Behavioral Medicine*, 39(3), 386-397. doi:10.1007/s10865-015-9701-y

Berger, A.M., Mitchell, S.A., Jacobson, P.B., & Pril, W.F. (2015). Screening, evaluation, and management of cancer-related fatigue: Ready for implementation to practice? *CA: A Cancer Journal for Clinicians*, 65(3), 190-211. doi: 10.3322/caac.21268

Berger, A.M., Miller, J.N., Shade, M. (2015). Sleep disorders. In D. Alberts, M. Liuria-Prevatt, S. Kha, & K. Weihs (Eds.), *Supportive Cancer Care* (pp. 207-221). Switzerland: Springer International Publishing. doi: 10.1007/978-3-319-24814-1

Berger, A., Mooney, K., Alvarez-Perez, A., Breitbart, W., Carpenter, K., ... Smith, C. (2015). Cancer-related fatigue Version 2.2015. *JNCCN*, 13(8), 1012-1039. doi: 10.6004/jccn.2015.0122

BROWN, SARA GOOMIS

Barry Hultquist, T.L., **Goomis Brown, S.**, Geske, J., Kaiser, K.L., Waibel-Rycek, D. (2015). Partnering with patients for health behavior change: An innovation in health professionals education and practice. *Health Promotion Practice*, 16(6), 906-915. doi: 10.1177/1524839915596309

BURBACH, BETH

Burbach, B.E., Barnason, S., & Hertzog, M. (2015). Preferred thinking style, symptom recognition and response by nursing students during simulation. *Western Journal of Nursing Research*, 37(12), 1563-1580. doi: 10.1177/0193945914539739

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COHEN, MARLENE

Balas, M.C., Bonasera, S.J., **Cohen, M.Z.**, Hertzog, M., Sisson, J.H., Potter, J.F., et al. (2015). Measuring functional recovery in older patients discharged from intensive care units: Is advanced technology an option? *Journal of Applied Gerontology*, 34(3), 22-40. doi: 10.1177/0733464813480267

Cohen, M.Z., & White, L. (2015). Chapter 12: Nursing: Pathways for an exciting and varied career. In K. Vaidya (Ed.), *Nursing for the curious – Why study nursing: Top Professors' Perspective on College/ University Major, Scholarships, Research Issues, and Career Options* [Kindle Edition]. Retrieved from <http://www.amazon.com/dp/B00PQZGGOL>: Curious Academic Publishing.

Kupzyk, K.A., & **Cohen, M.Z.** (2015). Data validation and other strategies for data entry. *Western Journal of Nursing Research*, 37(4), 546-556. doi: 10.1177/0193945914532550

Simeone, S., Savini, S., **Cohen, M.Z.**, Alvaro, R., & Vellone, E. (2015). The experience of stroke survivors three months after being discharged home: A phenomenological investigation. *European Journal of Cardiovascular Nursing*, 14(2), 162-169. doi: 10.1177/1474515114522886

Cohen, M.Z., & Fletcher, B. (2015). Lessons from phenomenological studies. In M. de Chesnay (Ed.), *Springer Series for Qualitative Research in Nursing: Vol. 4 Nursing Research using Phenomenology* (pp. 51-59). New York: Springer Publishing Co.

Conn, V., Ward, S., Herrick, L., Topp, R., Alexander, G., Anderson, C., Smith, C., Benefield, L., Given, B., Titler, M., Larson, J., Fahrenwald, N., **Cohen, M.Z.**, & Georges, S. (2015). Managing Opportunities and challenges of co-authorship. *Western Journal of Nursing Research*, 37(2), 134-163. doi:10.1177/0193945914532722

Cohen, M.Z., Thompson, C.B., Yates, B., Zimmerman, L., & Pullen, C. (2015). Implementing common data elements across studies to advance research. *Nursing Outlook*, 63(2), 181-188. doi: 10.1016/j.outlook.2014.11.006

Zhukovsky, D., Rozmus, C., Robert, R., Bruera, E., Wells, R., Chisholm, G., Allo, J., & **Cohen, M.Z.** (2015). Symptom profiles in children with advanced cancer: Patient, family caregiver and oncologist ratings. *Cancer*, 212(22), 4080-4087. doi: 10.1002/cncr.29597

CUDDIGAN, JANET

Hanson, C., Keim, D., Woscyna, G., McLaughlin, S., Buckland, S., Kupzyk, K., & **Cuddigan, J.** (2015). SUN-PP183: Nutrition factors and the development of hospital acquired pressure ulcers. *Clinical Nutrition*, 34, Supplement 1, S91-S92. doi: 10.1016/S0261-5614(15)30334-4

DUNCAN, KATHLEEN

Duncan, K. & Schulz, P. (2015). Impact of change to a concept-based

*Bold type demotes current College of Nursing faculty and/or staff members.

baccalaureate nursing curriculum on student and program outcomes. *Journal of Nursing Education*, 54(3), S16-20. doi: 10.3928/01484834-20150218-07

EISENHAUER, CHRISTINE

Eisenhauer, C.M., Pullen, C.H., Hunter, J.L., & Nelson, T. (2015). The influence of cognitive decline on rural identity: Perspectives of older women. *Journal of Holistic Nursing*, 33(2), 134-145. doi: 10.1177/0898010114544218

FIANDT, KATHRYN

Fiandt, K. & Rothman, N. (2015). Quality. In T. Hansen-Turton, S. Sherman & E. King (Eds.) *Nurse-led Clinic Operations, Policy and Opportunities* (pp 89-109). New York, NY: Springer.

Hulme, P., Houfek, J., **Fiandt, K.**, Barron, C., & Muhlbaauer, S. (2015). Educating integrated family/psychiatric-mental health nurse practitioners: Program development and evaluation. *Journal of Nursing Education*, 54(9), 493-499. doi: 10.3928/01484834-20150814-03

Alton, S., March, A., Mallary, L., & **Fiandt, K.** (2015). Medication adherence in a nurse practitioner managed clinic for indigent patients. *Journal of the American Association of Nurse Practitioners*, 27(8), 433-440. doi: 10.1002/2327-6924.12211

GONZALES, KELLY

Gonzales, K. (2015). Risk propensity and safe medication administration. *Journal of Patient Safety*, 11(3), 166-173. doi: 10.1097/PTS.0000000000000065

HANISH, ALYSON

Hanish, A.E., Butman, J.A., Thomas, F., Yao, J., Han, J.C. (2015). Pineal hypoplasia, reduced melatonin and sleep disturbance in patients with PAX6 haploinsufficiency. *Journal of Sleep Research*, 25(1), 16-22. doi: 10.1111/jsr.12345

HANNA, KATHLEEN

Shieh, C., Weaver, M.T., **Hanna, K.M.**, Newsome, K., Mogos, M. (2015).

Associations of self-efficacy and self-regulation on nutrition and exercise behaviors of a community sample of adults. *Journal of Community Health Nursing*, 32(4), 199-211. doi: 10.1080/07370016.2015.1087262

Crowder, S.J., **Hanna, K.M.**, Carpenter, J.S., Broome, M.E. (2015). Factors associated with asthma self-management in African American adolescents with asthma. *Journal of Pediatric Nursing*, 30(6), e35-e43. doi: 10.1016/j.pedn.2015.03.005

Hanna, K.M., Weaver, M.E., Stump, T.E., Slaven, J. (2015). Weight control behaviors during emerging adulthood for youth with type 1 diabetes. *The Diabetes Educator*, 41(4), 444-451. doi: 10.1177/0145721715581667

HERTZOG, MELODY

Johnson, M., Zimmerman, L., Welch, J., **Hertzog, M.**, Pozehl, B., Plumb, T. (2015). Patient activation with knowledge, self-management and confidence in chronic kidney disease. *Journal of Renal Care*, 42(1), 51-22. doi: 10.1111/jorc.12142

Seo, Y., Yates, B., LaFramboise, L., Pozehl, B., Norman, J.F., & **Hertzog, M.** (2015). A home-based diaphragmatic breathing retraining in rural patients with heart failure. *Western Journal of Nursing Research*, 38(3), 270-291. doi: 10.1177/0193945915584201

Schmaderer, M., Pozehl, B., **Hertzog, M.**, & Zimmerman, L. (2015). Psychometric properties of the Patient Activation Measure in multimorbid hospitalized patients. *Journal of Nursing Measurement*, 23, E128-E141. doi: 10.1177/0193945914539739

Burbach, B.E., Barnason, S., & **Hertzog, M.** (2015). Preferred thinking style, symptom recognition and response by nursing students during simulation. *Western Journal of Nursing Research*, 37, 1563-1580. doi: 10.1177/0193945914539739

Balas, M.C., Bonasera, S.J., Cohen, M.Z., **Hertzog, M.**, Sisson, J.H., Potter,

J.F., et al. (2015). Measuring functional recovery in older patients discharged from intensive care units: Is advanced technology an option? *Journal of Applied Gerontology*, 34(3), 22-40. doi: 10.1177/0733464813480267

HOUEK, JULIA

Hulme, P., **Houfek, J.**, Fiandt, K., Barron, C., & Muhlbaauer, S. (2015). Educating integrated family/psychiatric-mental health nurse practitioners: Program development and evaluation. *Journal of Nursing Education*, 54(9), 493-499. doi: 10.3928/01484834-20150814-03

Reed, J.R., Yates, B.C., **Houfek, J.**, Pullen, C.H., Briner, W., & Schmid, K.K. (2015). Eating self-regulation in overweight and obese adults: A concept analysis. *Nursing Forum*, 51(2), 105-116. doi: 10.1111/nuf.12125

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