



 University of Nebraska  
Medical Center™

# COLLEGE OF NURSING | ANNUAL REPORT 2016–2017

Omaha ▪ Lincoln ▪ Norfolk ▪ Kearney ▪ Scottsbluff





## ***Dear colleagues and friends,***

Thank you for your interest in the University of Nebraska Medical Center College of Nursing activities in 2016-17! The stories and accomplishments shared in this annual report highlight a year of innovation, growth, and creativity. Although concerns with the Nebraska state budget and university appropriations required time and attention this year, faculty, staff, and students responded with the kind of fresh thinking, dedication, and “can-do” attitude that we appreciate so much. Our driving vision is a commitment to growth and maintaining the amazing momentum that has built this College into the innovative force that it is today.

One of the wonderful accomplishments described in this report is the fantastic outcome of the NCLEX pass rates of our newly graduated pre-licensure students. Faculty and students have worked very hard to ensure success on NCLEX as the test itself changes regularly. This reflects how rapidly practice changes and it places challenging expectations on teaching and learning. Everyone is up to the challenge and I commend all on their hard work and focus on this important metric!

The Lincoln campus celebrated the ground-breaking of the new building in December 2016 they will share with the University of Nebraska Lincoln University Health Center. The building is scheduled for completion in summer, 2018 and represents yet another new partnership and a world class space for learning and research.

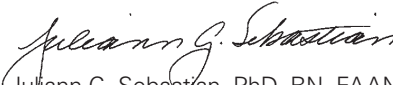
We were thrilled to welcome Cathrin Carithers, DNP, our new Assistant Dean for the Kearney Division in January 2017. She brings a vision and ideas for the Kearney Division that are so exciting and will help advance the great work of that Division.

In response to requests from employers for us to graduate pre-licensure students in December as well as May, we moved the admission date for Accelerated BSN students to January,

beginning in 2017. Those students will graduate in December, which is good for graduates who will be in high demand and employers eager to hire nurses in mid-year. Many thanks to our employer partners who suggested this change and have worked hard on it with us.

The Center for Patient, Family, and Community Engagement in Chronic Care Management (CENTRIC) was launched on July 1, 2016 under the excellent leadership of Lani Zimmerman, PhD, RN, FAAN. This Center will advance interprofessional and interdisciplinary research and doctoral and post-doctoral education in management of chronic conditions. The College of Nursing is extremely proud to serve as the administrative home for CENTRIC and to build team science around this important area. With nearly half of U.S. adults reporting one or more chronic conditions<sup>1</sup>, the problem of managing these conditions and maintaining quality of life is quite serious. This Center will lead the way in developing science to improve how we help people prevent and manage chronic conditions, often in conjunction with harnessing technology to assist.

Faculty, staff, and students received awards, presented and published their work, and were exceptionally productive with grant submissions and generation of faculty practice opportunities. Each of the examples I shared briefly in this letter illustrate the forward movement of this College despite the financial pressures in higher education and health care. I know you will feel the energy when you read these pages and that the vigor behind the many initiatives and accomplishments will be palpable. My deep thanks to all for the tireless work you do every day to ensure that people of our state, our nation, and our world have healthier tomorrows!

  
Juliann G. Sebastian, PhD, RN, FAAN  
Dean and Professor

<sup>1</sup> Ward, B.W., Schiller, J.S., Goodman, R.A. (2014). Multiple chronic conditions among US adults: A 2012 up date. Preventing Chronic Disease, 11, 130389. DOI: <http://dx.doi.org/10.5888/pcd11.13-389>.

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# 2016–17 Leadership

## DEAN:



**Juliann G. Sebastian, PhD, RN, FAAN**  
*Dean, UNMC College of Nursing*

## ASSOCIATE DEANS:



**Ann Berger, PhD, APRN-CNS, AOCNS, FAAN**  
*Associate Dean for Research*



**Kate Fiandt, PhD, APRN-NP, FAANP, FAAN**  
*Associate Dean for Transformational Practice & Partnerships*



**Lynnette Stamler, PhD, DLitt, RN, FAAN**  
*Associate Dean for Academic Programs*



**Sue Nuss, PhD, MBA, RN**  
*Associate Dean for Nebraska Medicine Nursing (effective 5/1/17)*

## ASSISTANT DEANS:

**Michael Bleich, PhD, RN, FAAN**  
*Interim Assistant Dean, Kearney Division (July 1 – December 31, 2016)*

**Cathrin Carithers, DNP, RN**  
*Assistant Dean, Kearney Division (effective 1/1/2017)*

**Liane Connelly, PhD, RN, NEA-BC**  
*Assistant Dean, Northern Division*

**Connie Miller, PhD, RN**  
*Assistant Dean, Omaha Division*

**Jana Pressler, PhD, RN**  
*Assistant Dean, Lincoln Division*

**Susan Wilhelm, PhD, RN**  
*Assistant Dean, West Nebraska Division*

## DIRECTORS:

**Susan Barnason, PhD, RN, APRN-CNS, CEN, CCRN, FAHA, FAEN, FAAN**  
*Director, DNP Program*

**Kathy Hanna, PhD, RN**  
*Director, PhD Program (through 12/1/17)*

**Lynne Buchanan, PhD, RN, APRN-NP**  
*Director, MSN Program  
Co-Director, BSN-DNP Program*

**Louise LaFramboise, PhD, RN**  
*Director, Undergraduate Program*

**Rolee Kelly, MSW**  
*Director, Student Services (through 5/7/17)*

**Molly Belieu, MA**  
*Interim Director, Student Services (effective 5/8/17)*

**Linda Sather, EdD, RN**  
*Director, Morehead Center for Nursing Practice (through 8/22/16)*

**Heather Cook-Mikkelsen, MS, RN**  
*Interim Director, Morehead Center for Nursing Practice (effective 5/1/17)*



**The Leadership Philosophy** of the College embraces resiliency, shaping positive change, pro-active thinking, effective partnerships, and risk-taking toward creative possibilities. The mission and vision of the College of Nursing also are accomplished through the College's communication philosophy of open, honest, and respectful dialogue among all employees. Diverse opinions are sought and valued, and decisions are made after adequate discussion. We hold ourselves and each other accountable for positive communication behavior.

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**Marge Kaiser, PhD, RN**

*Acting Director, Learning Resource Center  
(through 12/31/16)*

**Beth Culross, PhD, RN, GCNS-BC, CRRN,  
APRN-CNS, FNGNA**

*Director, Learning Resource Center  
(effective 1/1/17)*

**Teresa Hultquist, PhD, MSN, RN, PHCNS-  
BC, NE-BC**

*Director of Evaluation*

**Heidi Keeler, PhD, RN**

*Director, Continuing Nursing Education*

**Denise Waibel-Rycek, MSN, RN**

*Director of Operations, Kearney Division  
(7/1/16 to 5/11/17)*

**Lisa Muschall**

*Director, Administration & Operations*

**Sheila Ryan, PhD, RN, FAAN**

*Director, International Program*

**Anne Wilber, MSN, APRN-CNS, PHCNS-BC**

*Chair, General Faculty Organization*

**Lani Zimmerman, PhD, RN, FAAN**

*Director, Center for Patient, Family &  
Community Engagement in Chronic Care  
Management (CENTRIC)*

**LaDonna Tworek**

*Administrative Assistant to the Dean*

**The mission of the College of Nursing is to transform lives through premier nursing education, innovative research, the highest quality health care, and promotion of health equity.**



**The vision of the **College of Nursing** is to be a vital contributor to a world-renowned health sciences center and to:**

- advance innovative nursing education incorporating evidence-based experiential and active learning approaches;
- lead health care and health systems solutions based on world-class nursing research;
- promote health, reduce the burden of illness, and foster health equity in Nebraska and beyond; and,
- embrace diversity and inclusivity as essential to excellence.

# Education

## ACADEMIC PROGRAMS

### Accelerated BSN program moved admissions to January start

Our hospital partners throughout the state asked for a January start date for our 12-month, accelerated BSN program, which is four months earlier than the traditional start. The first students began in January 2017, and will graduate in December ready to begin their nursing careers. We are excited to be able to provide an opportunity for our hospital partners recruit nurses mid-year and manage their workforce throughout the calendar year. There continues to be a shortage of nurses, particularly in rural areas, and this will have an immediate impact in providing quality nursing care throughout our state.

### Nursing grads score high on licensure exam

It's the most important test for those who want to be licensed to practice as a registered nurse – the National Council Licensure Examination (NCLEX-RN®). The standardized test evaluates knowledge and skills to determine if the graduate is ready to practice nursing. We are pleased to share that 312 students who graduated in May 2017 from our accelerated and traditional bachelor's degree in nursing programs achieved a 96 percent pass rate. The national pass rate was 88 percent.

The importance of pass rates goes beyond just showing how much students know. It also reflects nursing program quality.

### Grant prepares nurse practitioner students for rural practice

The College has received a two-year, \$1.2 million grant to boost the number of family nurse practitioners and psychiatric/mental health nurse practitioners practicing in rural and underserved areas. A major part of the grant involves community partners who mentor, nurture and inspire students while they get clinical experience in a rural community.

The grant is funded by the Health Resources & Services Administration, an agency of the U.S. Department of Health and Human Services.

The college recruited UNMC students for up to 36 slots in the master's degree program. The program requires 48 credit hours of academic work and a minimum of 500 hours of clinical training. One of the criteria is students need to have an interest in working in rural or underserved areas of Nebraska. A major part of the grant goes toward supporting students with tuition, fees, books, a stipend and other expenses.

Dr. Lynne Buchanan, associate professor and director and principal investigator of the grant, said the program will provide the UNMC students a more immersive experience than most rural clinical experiences – two semesters with an option to re-apply for two more semesters.

The college is partnering with Nebraska Area Health Education Centers (AHEC) in areas with shortages of health care providers – Scottsbluff, Kearney, Grand Island, Hastings and Norfolk.

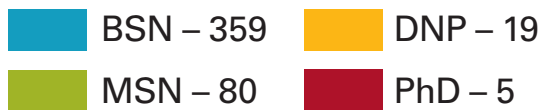
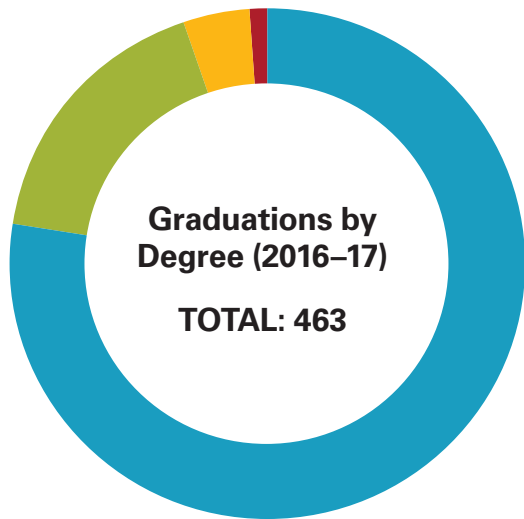


AHECs, clinical preceptors and community partners help students feel connected to the community. A goal of the grant is for students to feel part of the community and consider practicing in rural areas after graduation. The link with clinical and community partners is critical to make the program successful.

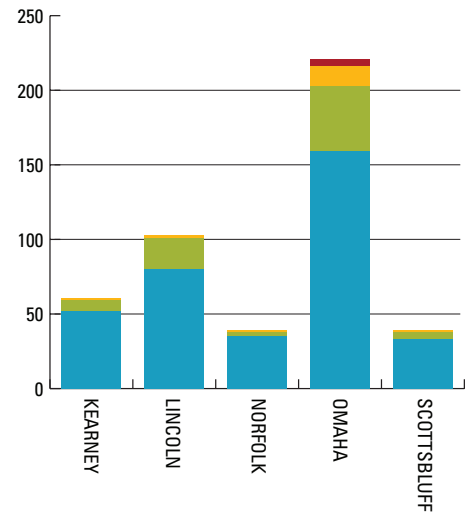
The grant helps students learn how to use telehealth to expand the reach of clinical services throughout Nebraska. It will advance nurse practitioner education and ultimately increase access to care.



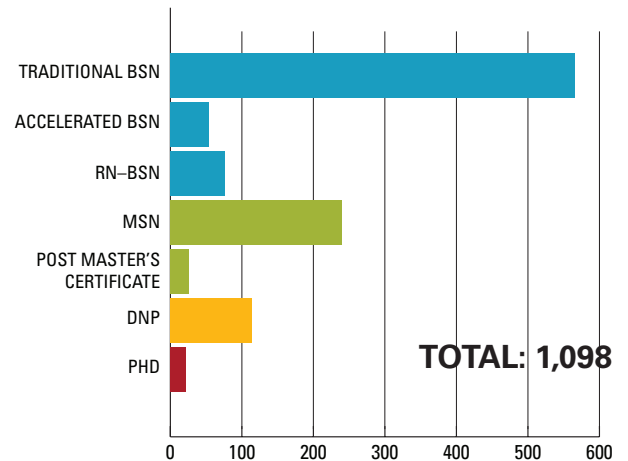
# Graduations & Enrollment



## Graduations by Campus (2016-17)



## Student Enrollment by Program (2016-17)



## UNMC's College of Nursing Awards 2016-2017



**UNMC Outstanding Teaching Award**  
Cathy Binstock, MSN, RN, ANP-BC

- RN to BSN Program ranked **13<sup>th</sup> out of 50 best RN to BSN online programs** in the country according to TheBestSchools.org.
- Doctor of Nursing Practice degree has been **ranked second in the United States** according to the Value Colleges Top 50 Best Value Doctor of Nursing Practice Programs of 2016.

# Research

**The Niedfelt Nursing Research Center, led by Dr. Ann Berger, is committed to the College of Nursing's goal of expanding the research initiative and increasing national prominence as a research health sciences center.**

In the year 2016-2017

- UNMC was **ranked #28 out of 69** Schools of Nursing for NIH Research Dollars (Blue Ridge Institute for Medical Research)
- 56 grant applications were submitted for a total of **\$18,401,854** in direct costs
- **19 new grants** were funded (\$1,711,925 in new grant dollars received)
- **57** active research, education and student grants
- **75** publications, **23** in press
- **38** scientific posters proofed and printed

**Our faculty and students regularly attend conferences and special events to highlight important research findings and expand their knowledge. Here is a sample of some important 2016-2017 events:**



## **Midwest Nursing Research Society Conference, April 2016**

Dean Sebastian, Louise LaFramboise, PhD, RN, Tiffany Moore, PhD, RN and Connie Miller, PhD, RN



## **Omics Conference in Bethesda, Maryland July 2016**

*Several CON faculty and students were selected to attend the Omics Conference.*

*Pictured are Nick Guenzel, PhD, Jill Reed, PhD, APRN-NP, Sydney Buckland (PhD student), Tiffany Moore, PhD, and Crystal Epstein (PhD student).*



## *Living Well with* **BREAST CANCER**



### **Dr. Robin Lally and CaringGuidance™**

Dr. Robin Lally's CaringGuidance™ program is part of a research study available to rural women recently diagnosed with breast cancer in the early stages. According to Dr. Lally, even when patients have great families and caring physicians and nurses, sometimes questions and worries challenge how they feel. CaringGuidance™ is intended to guide women through their questions and concerns through a privately accessed app that allows them to work at their own pace.

### **Claudia Chaperon's Comprehensive Geriatric Assessment Program and Interprofessional Education Initiative**

When a patient moves from the hospital to another facility, it is a period of great risk for many patients. It is a time when medication errors are common. Patients may not receive the proper medications or none at all. Dr. Claudia Chaperon, Associate Professor, Omaha Division, received a \$100,000 grant from the National Center for Interprofessional Practice and Education to help maximize outcomes for patients during this transitional period while training the next generation of health care workers.

Dr. Chaperon's project teams UNMC pharmacy and adult gerontology nurse practitioner students with clinic and staff partners from the Rehabilitation Center of Omaha and Ambassador Health of Omaha. They train together to reduce medication errors in those patients transitioning from the hospital to a skilled nursing facility.

### **Nancy Waltman R01 and the Heartland Osteoporosis Prevention Study**

Osteoporosis and fractures are a major healthcare problem in postmenopausal women. Dr. Nancy Waltman and her co-Principal Investigator Dr. Laura Bilek are in their 3rd year of an 5 year NIH funded research project looking at the best methods of treating postmenopausal women with osteopenia and prevent osteoporosis.

Bone health research is important to Dr. Waltman because as a nurse practitioner she has provided care to patients with early bone loss (osteopenia) and the recommendations for treatment are not clear. Dr. Waltman states, "Osteoporosis is a costly, debilitating, and deadly disease and we need more preventative treatments for women with early bone loss."

# Practice and Partnerships

## Transformational Practice and Partnerships

The Office of Transformational Practice and Partnerships (TPP), led by Dr. Kathryn Fandt, works to improve the health of our state and our world through business models that allow faculty to grow more and reach more. The mission of TPP is to improve the health of individuals, families, and communities using interprofessional teams which provide sustainable solutions through innovative, nurse-led community partnerships.

## Morehead Center for Nursing Practice

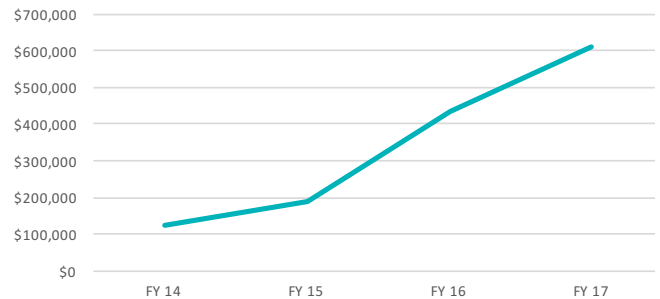
The Morehead Center for Nursing Practice (MCNP) is devoted to pairing faculty with clinical practice sites across the state of Nebraska and beyond. In this innovative model, faculty are able to teach and keep their clinical skills sharp, bringing current expertise back to the classroom for the students.

In the 2016-2017 academic year, under the direction of newly appointed Interim Director, Heather Cook-Mikkelsen, the MCNP continued its pattern of explosive growth. Over the course of the year, the MCNP billed close to 10,000 hours of faculty practice time, more than three times the number of hours in fiscal year 2014.



*Katherine Hoffman, MSN, APRN, CPNP, BC-FNP  
Instructor and Practicing Faculty*

## CON Revenue from MCNP



And in more than any year prior, 26 faculty members from all five campuses were partnered with clinics and health care organizations, bringing in over \$600,000 in revenue. To reach these new growth aims, the MCNP expanded current collaborations and joined together in new partnerships.

### A few new partners to highlight:

- Madonna Rehabilitation Hospital
- Miracle Hills Primary Care
- Nebraska Medicine Plattsmouth Clinic

## Continuing Nursing Education

Now in its 49th year of operations, UNMC's Continuing Nursing Education Office (CNE) continues to deliver continuing professional development programs to nurses. Most notable this year was the retirement of Professor and longtime CNE Director Dr. Catherine Bevil, who served 17 years in this position. Under Dr. Bevil's leadership CNE grew its influence and sustainability. She was succeeded by Dr. Heidi Keeler, who had served five years as Assistant Professor and CNE Nurse Planner.

In the 16-17 academic year, over 600 programs offered nurse learners the opportunity to earn over 1025 ANCC contact hours using various delivery mechanisms. FY 2017 was the most productive in the past five years. Over \$785,000 in revenue was generated.



*Continuing Nursing Education Team*

### Update on Partnerships:

- Gero Nurse Prep is in its 6th year of operation. In FY 17, 91 RNs graduated from the course. To date, the course has assisted 385 RNs to achieve RN-BC status. The course has maintained its 96% pass rate on the ANCC Gerontological Nursing Board Certification exam.
- CNE partnered with Nebraska Medicine to produce an online learning module on Falls Prevention. This marked a new collaborative relationship with Nebraska Medicine Nurse Educators.
- CNE partnered with a UNMC CON DNP student to produce an online module on the topic of discussing bad news with patients. This was the first time CNE accredited a DNP project, and assisted with marketing and data collection.
- The UNMC College of Nursing Continuing Nursing Education office received four years of accreditation with distinction from the American Nurses Credentialing Center.

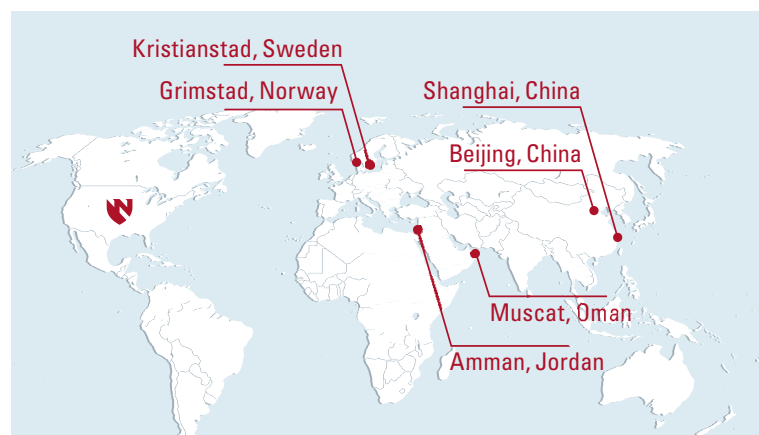
### International Programs

“The benefit of experiencing a culture different from our own is invaluable,” says Dr. Ryan. “As Dr. Martin Luther King, Jr. stated in his Christmas Sermon on Peace at Ebenezer Baptist Church in Atlanta, GA on December 24, 1967, ‘If we are to have peace on earth, [we] must transcend our race, our tribe, our class, our nation; and this means we must develop a

world perspective’ (<https://speakola.com/ideas/martin-luther-king-jr-interconnected-world-massey-5-1967>). We know our nursing students will return with more multicultural assets and having stretched their beliefs and their minds, they will expand their own sense of dignity and equality to others from this educational and cultural experience.”

In 2017, 28 undergraduate nursing students from across all five campuses took part in the spring exchange program. The students, in groups of four to six, were divided across five countries and seven universities, all coming together for a presentation about their learning upon their return.

In addition, the College of Nursing hosted several visiting nursing students from China and Sweden and its first visiting nursing faculty member from Hainan University in Hainan, China.



# DIVISION HIGHLIGHTS: OMAHA



## From the Desk of Dr. Connie Miller, Assistant Dean

Recruitment and hiring of talented faculty members continues in the Omaha division. We also strive to recruit a diverse, talented student body in all programs in the college. Opportunities for faculty and student professional development abound on the Omaha campus that enrich the work and culture of the college. We have 10 faculty in the Omaha division involved in clinical practice. These practices inform both the education and research missions while providing excellent patient care in the Omaha and surrounding areas. Faculty and staff promote the university initiatives through work on committees throughout UNMC and Nebraska Medicine. It's an exciting time to be part of the UNMC College of Nursing!

**Omaha faculty and staff continue to work diligently in all areas of the tripartite mission.** In the fall of 2016 the UNMC Center for Patient, Family & Community Engagement in Chronic Care Management (CENTRIC) issued the first request for proposals for pilot grants that focus on enhancing self-management of chronic conditions. The purpose of the pilot grant is to support research in any area that will support patient, family and community engagement in management of chronic conditions. The award, which functions as a "seed grant," is designed to lay the foundation for larger requests to funding sources external to the University of Nebraska. The request emphasizes use of an interdisciplinary team which consists of a College of Nursing full-time faculty member as principal investigator or co-PI, and include members from two other departments/colleges, in addition to a statistician.

Faculty members, Drs. Beth Beam, Kati Bravo, Teresa Hultquist, Suhasini Kotcherlakota, Louise LaFramboise, Connie Miller, & Audrey Nelson, were inducted into the UNMC Interprofessional Academy of Educators as inaugural fellows. The academy was created to provide a vibrant interprofessional community of educators as a resource to elevate teaching across all colleges and share innovations with UNMC's alumni and community partners. "Installation of the fellows will enable an escalation of faculty-to-faculty peer mentoring in support of teaching, creation of new and innovative curricula and encourage greater scholarly work in areas spanning themes such as simulation, clinical teaching,

wellness and rural health education," Vice Chancellor for Academic Affairs Dele Davies, M.D. said. "Being one of only six interprofessional academies of education in the U.S. allows UNMC to continue our leadership role in shaping the future of interprofessional education." Inductee Howard Liu, M.D., called the ceremony the culmination of a 20-year journey of enhancing the educational culture at UNMC.



*E-Learning Lab*

Dr. Claudia Chaperon, Associate Professor, and graduate students Tim Baack, Lindsey Kerry, Page Pioppe & Paula Schaefer, received an e-learning award for the development of a module entitled "Antibiotic Resistance in Transitional Care". The award was granted as part of UNMC's E-learning initiative which allows students to plan and create an e-learning module with help from their faculty advisor and the E-Learning Lab.

Omaha faculty, staff and students continue to organize and spearhead the Fostering the Future group "Blanket Project" that results in donations of fleece blankets to various community groups in the metropolitan area. The Fostering the Future group helps support the foster youth in Omaha and surrounding areas, provides information on health and health care as well as provide them with knowledge focused on gaining independence as they transition out of the foster care system.

The Blanket Project supports organizations such as the Omaha Police Department, the Lydia House, Project Harmony and the Sienna Francis House.



Blanket Project

**TheBestSchools.org has ranked the college's RN to BSN program, under the direction of Dr. Rebecca Keating Lefler, 13<sup>th</sup> out of 50 best RN to BSN online programs in the country.**

**TheBestSchools.org ranking is based on six categories:**

- academic excellence based on a school's curriculum generally or within the selected discipline;
- strength of faculty scholarship;
- reputation;
- financial aid;
- range of degree programs; and
- strength of online instruction.

The RN to BSN program is an online advancement program for current registered nurses with an associate degree in nursing or a diploma in nursing. Curriculum is presented through distance education, with courses available on demand anytime.

Students complete prerequisite courses totaling 58 credits, some of which may be satisfied by an existing nursing degree.

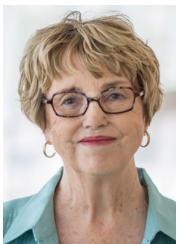
## Kudos to outstanding faculty



**Assistant Professor Tiffany Moore, Ph.D.** received a Top Nurse Award at the March of Dimes Annual Nurse of the Year Awards ceremony in recognition of her program of research.



**Joyce Black, Ph.D.**, was awarded the National Pressure Ulcer Advisory Panel's (NPUAP) President's Recognition Award that recognizes her as a national expert in the wound care provider community.



**Professor Carol Pullen, Ph.D.** received the 2017 Senior Investigator Award from the Health Promoting Behaviors Across the Lifespan Research Interest Group at the Midwest Nursing Research Society annual meeting.



At the annual UNMC Faculty meeting in May, **Dr. Bernice Yates** received the Outstanding Mentor of Junior Faculty award and Catherine Binstock received a UNMC Outstanding Teacher award.

# DIVISION HIGHLIGHTS: LINCOLN



## From the Desk of Dr. Jana Pressler, Assistant Dean

Faculty have been busy moving all courses that had been on Blackboard into the new Canvas platform. New assistant professors are working to secure data-based publications and extramural funding. Primarily using a hybrid approach, faculty across all levels are working to streamline courses and incorporate interprofessional input.

Faculty and staff have been working in various groups established to finalize details for the new CON building. Faculty and staff are looking forward to moving into the new building in 2018, with the high-fidelity Simulation Center, 120 seat classroom, and offices with windows.

## Education

Groundbreaking for the new University Health Center and UNMC College of Nursing, Lincoln Division took place on December 9, 2016. Since that time, the physical structure is in place and construction workers are working on the interior. A new building beam signing took place on May 9, 2017, with faculty and staff signing one of the final beams. Tours of the facility are available to view ongoing progress.

The Army ROTC program at the University of Nebraska-Lincoln designated the UNMC College of Nursing Lincoln Division as a U.S. Army Nursing Center of Excellence. It is one of only 47 programs to be recognized. Beginning in August 2017, the UNMC College of Nursing Lincoln Division will increase the number of guaranteed seats for Army ROTC cadets applying to the bachelor's degree in nursing program from two to three seats. This is a great opportunity to work together with Army ROTC and graduate more Army nurses.



*Groundbreaking Ceremony*



*Beam Signing*





UNMC hosted a summer camp for high school students who are interested in pursuing a career in nursing.



In June 2017, a Summer Camp for interested high school students was held in Lincoln. The summer camp provided the opportunity to explore the nursing field by participating in healthcare facility tours and hands-on activities. Fifteen students and one significant caregiver took part in the series of activities held over a two-day period.

**Grants and Scholarship**

A variety of research and training grants were submitted by faculty from the Lincoln Division.

Of the 18 doctorally-prepared faculty, one has federal research funding and 10 submitted one or more grants, either research, practice, or education in 2017. Thus far, four were successful in receiving some funding.

**Practice**

The College of Nursing Lincoln Division and the College of Dentistry in Lincoln participated in the annual Homeless Connect Project. Faculty and students provided services that others take for granted to Lincoln’s homeless. Faculty and advanced practice registered nurses Sharon Baker and Rita Antonson teamed with students to provide foot care to 20 individuals. Students were able to gain experience and compassion working with one of the community’s most vulnerable populations.



*photo credit: Alley Poyner Macchietto Architecture*

# DIVISION HIGHLIGHTS: **NORTHERN**



## **From the Desk of Dr. Liane Connelly, Assistant Dean**

We have had an amazing year in the Northern Division as we celebrate the accomplishments of our graduates, and the successes of our faculty in the areas of high quality teaching, research and practice. These three areas serve to help the citizens of Northeast Nebraska as they thrive in the rural community. We are fortunate to be able to serve this portion of the state of Nebraska and look forward to many more opportunities and ways to reach out and help our fellow citizens of Nebraska.

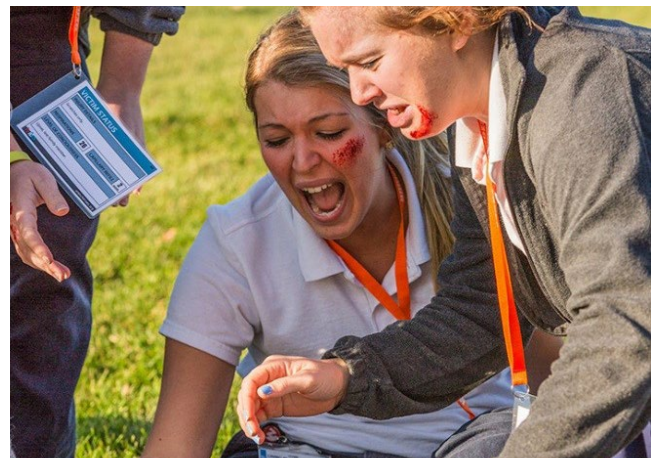
Students on the Northern Division participate in active learning strategies to help them understand key concepts of professional nursing practice. In these photos, Paige Blackman performs foot assessment to a community member. Emmalee Johnson participates in the HEROES Program, fall 2016.

Faculty in the Northern Division are active researchers, educators and practitioners. Recently, Dr. Christine Eisenhauer led a project to understand how rural men

can use mobile health technology to improve self-monitoring of eating and activity. A pilot study gave 12 rural men a consumer activity monitor so that they could track in real-time, their food intake and activity level. They also received educational and motivational text messages daily. Participants helped the research team understand the cultural acceptability and utility of incorporating the use of activity monitors into future health promotion research with rural men.



*Foot Assessment*



*HEROES Program*



Mother and Daughter

The location of the Northern Division, in rural northeast Nebraska, enable individuals from all walks of life, the opportunity to pursue their dreams of becoming a BSN prepared nurse. In fact, we recently have had a mother-daughter complete the nursing programs at UNMC. Jennifer Lemmons completed her BSN in the first class in 2012, and pursued the MSN through UNMC CON as well. Her daughter, Mackenzie is currently a student at the Northern Division, with plans to graduate from the program in the spring of 2018.



Summer Camp

The two-year workforce diversity grant, funded by HRSA also enabled students in the Northern Division, and across the state to participate in summer externship programs so they could see nursing practice in action for a six week period of time in the summer. Working alongside an RN, each student participated in providing care across the state on all 5 campuses of the CON. Summer camps for high school students were completed on all campuses as well, provided potential nursing students the opportunity to learn about nursing first hand.

## Northern Division Fast Facts

- 100%** of the faculty in the Northern Division grew up in rural areas
- 94-96%** of rural nursing students in the CON receive financial assistance to attend college
- 100%** of nursing students in the Northern Division participate in service activities in the NE region during their BSN education

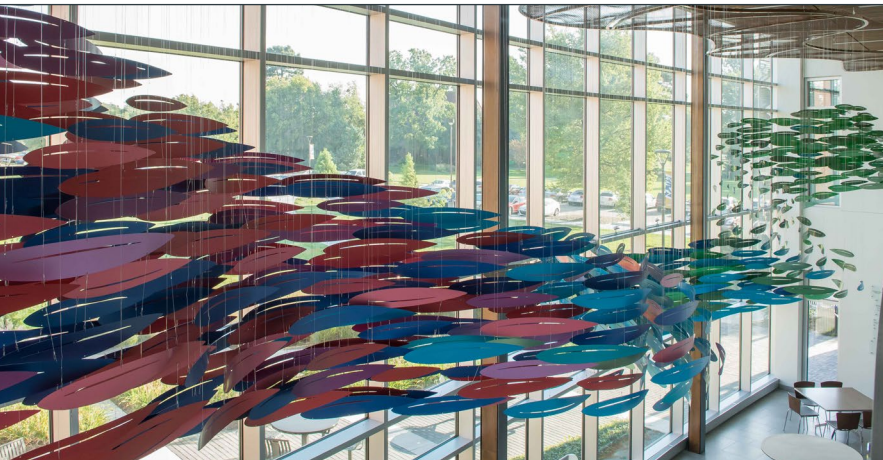
# DIVISION HIGHLIGHTS: **KEARNEY**



## **From the Desk of Dr. Cathrin Carithers, Assistant Dean**

The College of Nursing (CON) Kearney division is becoming technology central! We eagerly await the installation of the multi-taction iWall, an interactive media delivery system. This technology will allow for student engagement across Nebraska and beyond. The CON Kearney division is also anticipating the delivery of telehealth equipment that will allow the education of nurses at the undergraduate and graduate levels on this health care delivery model. We continue to partner with the College of Allied Health Professions in interprofessional education and collaborative practice to improve access to care and quality outcomes for Nebraskans.

We continue to recruit, admit and graduate a diverse group of students from Central Nebraska with a passion for rural health care. We are excited with our increase in student enrollment in the Accelerated Baccalaureate Nursing program and the graduate programs. Faculty continue to be dedicated to the delivery of quality and excellence in education, research, and service. We look forward as we build on the CON's 100-year history as innovators in education!



A highlight for the Health Science Education Complex which houses the University of Nebraska Medical Center (UNMC) College of Nursing (CON) and College of Allied Health Professions was the installation of the new artwork titled "River at Dawn". The suspended sculpture is based on the path of the Platte River as it flows through Nebraska.

The UNMC Office of Faculty Development presented an award for Visionary Leadership to the University of Nebraska at Kearney (UNK), UNMC CON and UNMC College of Allied Health Professions for championing premier education through extraordinary vision and perseverance in creating the Health Science Education Complex (HSEC) at UNK. Interprofessional education and practice is a key initiative for HSEC

The Kearney division continued to increase enrollment in the pre- licensure and graduate programs to meet the healthcare needs of Nebraska. In addition to increased enrollment of traditional baccalaureate nursing students, the first cohort of eight accelerated baccalaureate nursing students were admitted in June and graduated in May



*Visionary Leadership Award Winners*



CON Student and Governor Pete Ricketts

UNMC Kearney nursing students positively impacted population health outcomes for rural Nebraskans through community collaborations. Service learning opportunities included health screenings and physical exams for Special Olympic athletes by accelerated baccalaureate nursing students. Baccalaureate nursing students provided blood pressure checks, skin screenings and health promotion education to attendees of Husker Harvest Days (HHD) in Grand Island.

To promote wellness and prevent illness, Kearney baccalaureate nursing students collaborated with UNK Student Health to plan and implement a flu shot clinic for University of Nebraska Kearney (UNK) and UNMC students, faculty, staff, their families and members of the community



Flu Shot Clinic

Healthcare and Emergency Responder Organization Education through Simulation (HEROES) provided training for healthcare providers and students across the state of Nebraska. The HEROES faculty perform a disaster triage activity with Kearney senior nursing students.

As part of the HEROES program, a student role plays a tornado victim and students in orange vests perform a triage assessment. One student communicates to the Incident Command Center.



# DIVISION HIGHLIGHTS: WEST NEBRASKA



## From the Desk of Dr. Susan Wilhelm, Assistant Dean

We are excited to be planning for the multi-taction I-Wall that will be purchased soon. This technology will facilitate interactive, creative student engagement. We continue to recruit a diverse group of students who provide a rich cultural experience for our program and have added new instructors to our faculty this year. Exciting times are ahead for the Western Nebraska Division as we promote lifelong learning and embrace new technologies.

### Honors

Instructor Melissa Snyder received the "40 Under 40" Emerging Nurse Leaders Award from the Nebraska Action Coalition

Dr. Becky Kreman received a post-master's certificate in Psych-Mental Health

Ellen Otto received a post-master's certificate as a Family Nurse Practitioner

Assistant Dean Susan Wilhelm received a Rural Leader Award for the Nebraska Action Coalition Education Team.

Dr. Joan McVay, emeritus professor, was inducted into the Nebraska Nurses Association Hall of Fame. Dr. McVay's forty years of teaching nursing in diploma and baccalaureate programs in Nebraska greatly influenced patient care especially to those in the Panhandle of Nebraska. Dr. McVay was the key person responsible for the making possible the transition from the diploma program to the baccalaureate program because she served as director of one and interim assistant dean of the other. She was awarded Honorary Alumnus at the 25-year anniversary of the University of Nebraska Medical Center West Nebraska Division in 2014 and the "My Favorite Nurse" award by a former student in 2016.

### Research and Practice

Drs. Kim Rodehorst and Susan Wilhelm conducted a qualitative study on transitioning to concept-based nursing education.

Dr. Wilhelm received an Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN) grant to conduct a study of prenatal breastfeeding support intervention with Hispanic mothers.

Dr. Nancy Meier, a new DNP, was named a co-investigator on Comprehensive Geriatric Assessment Practice Interprofessional Education (CGAP IPE) supported by the Josiah Macy Jr. Foundation and the University of Minnesota led by Dr. Claudia Chaperon. Faculty will work with adult/geriatric Primary Care Nurse Practitioner students and Doctor of Pharmacy students across three semesters in interprofessional activities, including modules, simulations and clinical practice.

Dr. Trina Aguirre continues a strong program of research, submitting 8 grant proposals including an R01 to the National Institutes of Health Minority Health Disparities Institute. This project proposes collaboration with promotoras to help Latino moms select healthy foods for their children.



*Multi-taction I-Wall*



*HEROES Program*

## Education

Hospital Ward Simulations are conducted twice a year and give students a real-life experience of being a Registered Nurse in a critical access hospital. The competencies focus on prioritization and delegation to other health team members. This experience also provides an opportunity for the students in all of levels of the undergraduate program to collaborate and learn from one another.



*Hospital Ward Simulations*

Students are assigned four different patient case scenarios simultaneously and take turns fulfilling the role of the charge nurse, RN, LPN, or CNA. They work together as a team and triage all patients according to their diagnosis and symptoms. Throughout the simulation the students continuously work to reprioritize their patients based on the current condition of their patients.

The HEROES program provides emergency preparedness training and education for healthcare providers and students across the state of Nebraska. HEROES personnel guided Semester 3, Accelerated, and 2nd Year Western Nebraska Community College (WNCC) students in hands-on participation and evaluation. Students rotated through six stations including START Triage, Transport of a Highly Infectious Patient, Type C PPE for Hospital Decontamination, Child and Infant CPR, Medsled, Blanket Carry and Splinting, and HEROES Website Investigation. Instructor Wendy Wells helped organize the event in coordination with outgoing HEROES Program Coordinator Beth Beam and Instructional Technologist Stephen Smith. Assisting with the event as station facilitators were Brittany Nordby, newly appointed HEROES Program Coordinator, Nursing Instructors Manda Clarke, Melissa Snyder, Hannah Weisgerber, and Jessica Anders, and WNCC Nursing Instructor and Health Sciences Division Chair, Ronda Kinsey.

West Nebraska Division held a nursing summer camp for high school students interested in the field of nursing. Funding for the camp was provided by a workforce grant from the U.S. Health Research Services Administration entitled "Nebraska Generation Link to Learn". The camp provided mentorship, scholarship and clinical activities, connecting high school students to nursing students and registered nurses.

# Awards & Recognition

## College of Nursing Annual Faculty and Staff Awards

### Ada M. Lindsey Professional Service Award

Shirley Tachenko Achord

### Distinguished TEAM Award

GSO Committees – Steering, Membership Engagement & Professional Development

### Donna Westmoreland Excellence in Faculty Mentoring Award

Colleen Kennedy

### Kathryn Sandahl Philp Creativity and Innovation Award

Jessica Nielsen

### Pennie Z. Davis Faculty Research Award

Trina Aguirre  
Mary Cramer

### Spirit of Shared Governance

Michelle Ellermeier

### Staff Excellence Award

Patrick Rejda

### Staff Leadership Award

Molly Belieu

### Staff Spirit Award

Diane Potter

### The Dean's Excellence in Teaching Award

Cathy Tierney

### The Rosalee C. Yeaworth Excellence in Teaching Award

Becky Kreman

### College of Nursing Making a Difference Staff Awards

John Barrier  
Jerry Schledewitz  
Kristin Gregerson  
Gwen Porter  
John Rejda  
Valeta Creason-Wahl

## Other Awards and Appointments

### College of Nursing Emeritus Appointments

Melody Hertzog – July 2016  
Karen Grigsby – July 2016  
Catherine Bevil – July 2016  
Linda Sather – August 2016  
Kathy Kaiser – January 2017  
Kathy Duncan – May 2017  
Bernice Yates – June 2017  
Shirley Tachenko Achord – June 2017

### March of Dimes 2016 Academic Excellence Award

Kathy Duncan

### March of Dimes 2016 Top Nurse Award

Tiffany Moore

### Nebraska Action Coalition Future of Nursing's 40 under 40 Emerging Nurse Leader Awards (2016)

Sara Brown  
Amy Ford  
Kelly Gonzales  
Melissa Snyder

### Nebraska Nurses Association Hall of Fame Award

Rosalee C. Yeaworth (Emeritus Professor)  
Joan McVay (Emeritus Assistant Professor)

### Nipissing University, Ontario, Canada - Honorary Doctor of Letters

Lynnette Leeseberg Stamler

### UNMC Academic Affairs Office Distinguished Volunteer Faculty Award

Sue Nuss

### UNMC Outstanding Mentor of Junior Faculty

Bernice Yates

### UNMC Silver "U" Award Recipients

Colleen Kennedy – September 2016  
Amy Frizzell – November 2016  
Marlene Lindeman – January 2017  
Tia Stevenson – June 2017



**UNeMed Innovation Award for the Nebraska Pressure Ulcer Matrix**

Janet Cuddigan

**Midwest Nursing Research Society 2017 Senior Investigator Award from the Health Promoting Behaviors Across the Lifespan Research Group**

Carol Pullen

**National Pressure Ulcer Advisory Panel's (NPUAP) President's Recognition Award**

Joyce Black

**American Association of Colleges of Nursing**

Juliann Sebastian

Chair, Board of Directors (2016-18)

## College of Nursing Student Awards

**CHI Good Samaritan Student Excellence Award**

Katie Loughran – Kearney Division

**Consortium of Universities for Global Health Essay Contest Honorable Mention**

Mark Darby – FNP student

**March of Dimes Awards Ceremony Student Recognition**

Kyle McClellan – Omaha Division

Yanet Rouillard – Omaha Division

Miranda Meyers – Omaha Division

Marion Techentien – West Nebraska Division

**Nebraska Action Coalition Future of Nursing's 2016 40 under 40 Emerging Nurse Leader Award**

Carli Zegers – Doctoral student

**Nebraska Nurses Association Student Award**

Emily Fink – Kearney Division

**Nebraska State Student Nurses Association Board appointments**

Rebekah Mallory, President – West Nebraska Division

Alexa Longoria, Second Vice President – West Nebraska Division

Rebecca Volf, Treasurer – West Nebraska Division

Lindsay Pfankuch, Breakthrough to Nursing Chair – West Nebraska Division

Rylee Schnell, Communications Editor – West Nebraska Division

Allison Hansen, Secretary – Lincoln Division

**Nebraska State Student Nurses Association Board Member of the Year Award**

Niesha Ginn – West Nebraska Division

**UNMC E-Learning Award**

Tim Baack

Lindsey Kerry

Paige Poppe

Paula Schaeffer

**UNMC Student Senate**

Carissa Lueck – DNP student elected President

Austin Clark – BSN student elected Vice President

# UNMC College of Nursing Alumni Engagement Council

The College of Nursing Alumni Engagement Council is one of seven councils of the UNMC Alumni Association (UNMCAA). In 2015, the UNMC Alumni Association ushered in a New Era of Engagement. All alumni are now automatic members in the Association. The Engagement Council's focus is on serving and engaging graduates, disseminating effective communications, forming meaningful connections between alumni and students, and facilitating opportunities for alumni to invest in their UNMC passions through a close partnership with the College of Nursing.

**President:** Amy Thimm BSN '91

## Honoring Outstanding Alumni

During Alumni Reunion Weekend in 2016, Teresa Lynne Krieger Anderson EdD, MSN, RNC-OB, NE-BC, '81, '83, '87 was honored with the Distinguished Alumnus Award and Anita E. Brenneman, BSN, MSE '61, the Dorothy Patach Spirit of Service Award.



Dr. Anderson has worked in clinical nursing, teaching, administration, and consultation, including work with the American Nurses Credentialing Center's Magnet Recognition Program. She belongs to a number of professional organizations, has held many leadership positions, presented widely in terms of topics,

occasions, and geographic areas, and has received many accolades.

Ms. Brenneman has a strong commitment to her community of Norfolk, Nebraska and is a dedicated leader, educator, and volunteer. She lives and leads by example and has guided organizations toward resolution during challenging times through her commitment, wisdom, leadership, and unwavering commitment to patient care. She was instrumental



in nursing education at Northeast Community College—developing and implementing the Practical Nursing Program, serving as Dean of the Health, Science and Drafting Division, and developing the Early Childhood Program and the Associate Degree in Nursing Program. She is credited with giving countless nurses a solid foundation to their nursing careers.

- **Sponsored Continuing Education for 50+ Alumni**
- **Sponsored 400 White Coats for Nursing Students**
- **Hosted 60+ Alumni During Reunion Weekend**
- **Prepared Strategies for the Second Year of the UNMCAA's New Era: [unmc.edu/alumni/about/newera.html](http://unmc.edu/alumni/about/newera.html)**

For more information about the College of Nursing Alumni Engagement Council, please visit: [unmc.edu/alumni](http://unmc.edu/alumni) or [facebook.com/unmcNURSINGalumni](https://facebook.com/unmcNURSINGalumni).

# Development



*An artist's rendering of the 107,000-square-foot joint building for the new University Health Center and the UNMC College of Nursing Lincoln Division building. (photo credit: Alley Poyner Macchietto Architecture)*

A ribbon cutting ceremony took place on December 9, 2016 to celebrate the start of construction of the University of Nebraska-Lincoln University Health Center and University of Nebraska Medical Center College of Nursing Lincoln Division building. The 107,000-square-foot building, divided between the health center and nursing college space, will be built with both state and private funds and represents a partnership between the two institutions to better serve students, open new opportunities for efficiencies and expand university programming in a critical workforce area. One half of the building, 53,000-square-foot, will house the UNMC College of Nursing and will allow UNMC to attract more students to meet the state's need for nurses.

"We in the College of Nursing are so grateful for the support from donors and the Legislature," College of Nursing Dean Juliann Sebastian said. "This will be an amazing facility that will provide the space to educate more students, attract more nursing faculty and raise the level of nursing education and research. The space will be configured to provide active learning in contemporary learning environments, and strengthen opportunities for inter-professional learning and research.

"This is what 21st-century learning and discovery are all about and we thank our partners for making this possible."

Bringing the two programs together enables both institutions to enjoy savings and increase effectiveness in utilities, space and technology, Sebastian said. Since the establishment of the Lincoln Division in 1974, it has been in several spaces on or near City Campus. In 2005, it moved to its current leased space in downtown Lincoln.

### **The following individuals and organizations made donations to the NU Foundation in support of the nursing facility:**

- Ruth and Bill Scott of Omaha as an initial challenge gift;
- Del A. Lienemann Sr. of Lincoln, with the Lienemann Charitable Foundation and Ethel S. Abbott Charitable Foundation, in memory of Charlotte Lienemann;
- Duane and Phyllis Acklie of Lincoln;
- Drs. Dennis and Teresa Anderson of Omaha;
- Assurity Life Insurance Co.;
- Estate of Sharon K. Holmberg; and
- Dr. David M. Schmidt and Marla Schmidt of Lincoln.

### **Information provided by:**

University of Nebraska Foundation, Director of Development,  
Deidra Sheppard-Calloway

# In Memoriam

## Faculty Members

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### Margaret McMahon

Margaret McMahon, a retired assistant professor from the UNMC College of Nursing died on August 19, 2016 at the age of 85. She received her BSN from Creighton University in 1953 and her MS from the University of Nebraska in 1970. Ms. McMahon started her nursing career at St. Catherine's Hospital in Omaha, NE as an Assistant Supervisor and Instructor. Her tenure at the UNMC College of Nursing began in 1967 until her retirement in 1994.

### Doris Hutchison

Doris Hutchison passed away peacefully on August 30, 2016. She was born in Louisville, NE on October 11, 1930 to John and Rosa Hutchison. Her nursing education earned her a diploma in 1951 from the Nebraska Methodist Hospital School of Nursing, a BSN degree in 1958 from the University of Omaha and an MSN degree from Indiana University in 1970. Ms. Hutchison had a long nursing career beginning as an Instructor at Immanuel Hospital School of Nursing in 1959 and retiring from teaching at the UNMC College of Nursing as an Assistant Professor in 1993.

## Benefactors

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### Duane W. Acklie

Duane W. Acklie of Lincoln, NE passed away on September 17, 2016. He was 84. He was the only child of William and Irene Acklie of Madison County. He attended Madison County schools and Norfolk Junior College, graduating in 1955 from the University of Nebraska College of Law. He served on active duty as an Army officer in counter intelligence from 1955 to 1957. He practiced law

from 1957 to 1972 and then left his law practice to run a business of banking and trucking. He served as chairman of Crete Carrier Corporation and Bank First. The Acklie Charitable Foundation was one of his many philanthropic ventures and he was a huge supporter of the University of Nebraska, including support of the new College of Nursing – Lincoln building.



### J. Paul McIntosh

J. Paul McIntosh, a generous supporter of the University of Nebraska Medical Center, College of Nursing – Northern Division in Norfolk passed away on February 16, 2017. He was 92.

Born at home at Boggs Table, between Sargent and Broken Bow, Neb.,

McIntosh graduated from Pilger High School. He earned a bachelor's degree in natural science and vocational education/agriculture from the University of Nebraska-Lincoln, and a master's degree in natural sciences from Oklahoma State University.

A former high school instructor, he also worked as an agricultural consultant in six countries and as a foreign business owner since 1967.

McIntosh taught social studies at Norfolk Junior High School from 1955-1956, during which he was awarded a National Science Foundation (NSF) Scholarship to attend the first Graduate NSF Program at Oklahoma A&M, now Oklahoma State University, at Stillwater. He returned to Norfolk in 1957 and became the guidance director of the Norfolk Public School System, taught an advanced science class at Norfolk High School and Norfolk Junior College, while continuing his fertilizer business, as well as other business enterprises. He left the teaching profession in 1963.

In his later years, McIntosh shared his wisdom of the importance of education with Northeast students during the college's annual Scholarship Luncheon.

He repeatedly said that 'education is the great equalizer.'

The J. Paul and Eleanor McIntosh building which houses the College of Nursing in Norfolk is named for McIntosh and his wife, who provided major funding to place the division on the campus of the Northeast Community College in Norfolk.

## **UNMC College of Nursing mourns the loss of the following alumni:**

### **1940s**

Dorthea Yeutter '41 – *May 18, 2017*  
Helen Nelligan '41 – *August 28, 2016*  
Claudia Hartz '42 – *November 19, 2016*  
Alice Roth '46 – *August 31, 2016*  
Doran Goll '47 – *October 5, 2016*  
Marjory Laymon '49 – *April 26, 2017*

### **1950s**

Josephine Macias '51 – *August 24, 2016*  
Alpha Tamisiea '52 – *February 24, 2017*  
Meredith Dubois '52 – *January 2, 2017*  
Betty Rundlett '54 – *July 12, 2016*  
Marion Allen '55 – *April 27, 2017*  
Mary House '56 – *July 6, 2016*  
Donna Klawitter '57 – *May 11, 2017*  
Elaine Mansfield '57 – *August 14, 2016*  
Jeanette Ekberg '58 – *October 12, 2016*

### **1960s**

Jean Reese '69 – *May 18, 2017*

### **1970s**

Kathie Perez '70 – *July 22, 2016*  
Mary Fee '74 – *January 19, 2017*  
Jeanelle Thelen '79 – *February 7, 2017*

### **1980s**

Osa Jensen '80 – *May 11, 2017*  
Corrine Weihe '84 – *June 20, 2017*  
Joann Flickinger '85 – *November 18, 2016*

### **1990s**

Christine Sommer '90 – *October 30, 2016*  
Alice Didier '93 – *August 22, 2016*

### **2000s**

Kathleen Hansen '05 – *January 28, 2017*  
Brady Smith '09 – *August 29, 2016*  
Brandie Taylor '14 – *June 8, 2017*

# Research Grants

## RESEARCH GRANTS FUNDED FOR FISCAL YEAR 16-17

**Aguirre, T. (P.I.)** Subaward from University of Nebraska-Lincoln/University of Maine/USDA, National Institute of Food and Agriculture, iCook: A 4H Program to Promote Culinary Skills and Family Meals for Obesity Prevention. ME0-2011-04536. 8/1/12 – 7/31/17: \$11,409

**Aguirre, T., (P.I.)** University of Nebraska Medical Center, Academic Affairs, Faculty Diversity Award. 7/1/15 – 6/30/17: \$100,000

**\*Berger, A., (P.I.)** Fred & Pamela Buffet Cancer Center/ Eppley Cancer Center, Behavioral and Genetic Factors Associated with Sleep Quality in Breast Cancer Patients. 2/1/16 – 1/31/17: \$6,400.

**\*Cramer, M. (P.I. for subaward/Rautianen, PI)** National Institutes of Health, National Institute for Occupational Safety and Health, U54 Grant , Central States Center for Agricultural Safety and Health (CS-CASH). 2 U54 OH010162-06. 9/1/16 – 8/31/17: \$100,000

**\*Cramer, M. (P.I. for subaward/Rizzo, PI)** National Institutes of Health, National Institute of General Medical Sciences, U54 Grant, Great Plains IDeA-CTR. 1U54GM115458-01. 9/1/16 – 6/30/21: 9/1/16 – 6/30/17: \$90,813

**Cuddigan, J. (P.I.)** University of Kansas Medical Center Research Institute, Consultation on Pressure Ulcers to Support the Nat'l Database of Nursing Quality Indicators (NDNQI). 11/1/15 – 12/31/16: \$33,223

**Filipi, M. (P.I.)** Paralyzed Veterans of America, Assessing the Role of the CYP2J2 Gene and Serum Vitamin D Levels in Multiple Sclerosis. 1/1/15 – 12/31/16: \$102,629. No cost extension to 6/30/17.

**\*Guenzel, N. (P.I.)** American Psychiatric Nursing Foundation, Mental Health Correlates with Historical Trauma among Urban Native American Adults using a Mixed-Methods CBPR Approach. 7/1/16 – 10/31/17: \$9,000

**\*Kotcherlakota, S. (P.I.), Pelish, P., Hoffman, K., Kupzyk, K.** CON Development Research Grant, Efficacy of an Augmented Reality Technology in Learning Pediatric Asthma Management. 6/1/17 – 5/30/18: \$5,680.

**\*Lally, R., (P.I.)** Nebraska Tobacco Settlement Biomedical Research Development Fund (NTSBRDF), Focus Group Determination of Rural Breast Cancer Survivors Satisfaction with Internet –based Psychoeducational Program: Caring Guidance after Breast Cancer Diagnosis. 7/1/16 – 6/30/17: \$31,670.

**\*Lally, R. (P.I.), Eisenhauer, C., Kupzyk, K., Reed, E., Mudgapalli, A.** Cattlemen's Ball Association of NE/ UNMC Buffett Cancer Center Reducing Distress and Depressive Symptoms in Rural Women Using an Internet-delivered, Self-Self-guided Intervention: CaringGuidance™ After Breast Cancer Diagnosis. 4/1/17 – 3/31/18: \$39,053.

**McGuire, R. (P.I.),** Pozehl, B., Hertzog, M. American Nurses Foundation, Balance Activities and Strengthening to Improve Condition [Basic]: Training For Elders With Heart Failure. 9/1/15 – 8/31/16: \$27,778 No cost extension to 8/31/17.

**Moore, T. (P.I.)** National Institutes of Health, National Institute of Nursing Research K01 Grant, Physiologic Stress During Pregnancy on Maternal and Infant Outcomes. 1 K01 NR14474-01A1. 4/15/14 – 3/31/17, \$220,250

**Moore, T. (P.I.),** Zimmerman, M. Edna Ittner Pediatric Research Grant, Oxidative Stress and Inflammation in Low-Risk Pregnant Women and Newborn Infants. 10/15/15 – 10/14/16: \$35,000. No cost extension to 10/31/17.

**Pozehl, B. (P.I.),** Duncan, K., Norman, J., Hertzog, M., Artinian, N., Keteyian, S., Plano-Clark, V., Krueger, S. National Institutes of Health, National Heart, Lung, and Blood Institute R01 Grant, Heart Camp: Promoting Adherence to Exercise in Patients with Heart Failure. 1 R01 HL112979, 4/1/12 – 3/31/17, \$2,648,710 No cost extension to 3/31/18

**Pozehl, B. (P.I.)** Nebraska Tobacco Settlement Biomedical Research Development Fund (NTSBRDF), Pilot Funding for American Heart Association's Strategically Focused Research Network Grant. 9/1/15 – 8/31/16: \$16,400.

**Pressler, J. (P.I.),** Struwe, L., Nieveen, J., Fleck, M., Kotcherlakota, S. American Nurses Foundation, Cardiopulmonary Resuscitation Instructions: First Responding with Crash Carts. 9/1/15 – 8/31/16: \$4,630. No cost extension to 8/31/17.

**Pullen, C. (P.I.),** Hageman, P., Boeckner, L., Pozehl, B., Hertzog, M., Harvey-Bernino, J. National Institutes of Health, National Institute of Nursing Research R01 Grant, Web-based Weight Loss & Weight Maintenance Intervention for Older Rural Women. 1 R01 NR010589. 9/9/10 – 6/30/15: \$2,100,371 No cost extension to 12/31/16.

**Schulz, P. (P.I.),** Zimmerman, L., Johansson, P. Central States Center for Agricultural Safety & Health via Nebraska Tobacco Settlement Biomedical Research Development Fund (NTSBRDF), Cardiovascular Disease Risk and Physical Activity in Farmers, 1/1/16 – 12/31/16: \$20,000. No cost extension to 5/31/17.

**Schumacher, K. (P.I.),** Eilers, J., Hertzog, M., Lackner, R., Lydiatt, W., Sasson, A. American Cancer Society Research Scholar Grant, A Mixed Study of Rural Family Caregiving During Cancer. RSG-13-167-01-CPPB. 7/1/13 – 6/30/17: \$601,532

**Waltman, N. (Co-P.I.), Bilek, L. (Co-P.I.).** National Institutes of Health, National Institute of Nursing Research R01 Grant, Bone-Loading Exercises versus Risendronate on Bone Health in Post-Menopausal Women. 1 R01 NR015029-01. 9/17/14 – 6/30/19: \$2,348,753

**\*Wilhelm, S., (P.I.), Kupzyk, K., Hessler, K., Wambach, K.** Association of Women's Health, Obstetric & Neonatal Nurses AWHONN, The Effects of a Motivational Interviewing Intervention to Increase Breastfeeding Duration in Rural Hispanic Mothers. 6/1/17 – 5/30/18: \$10,000.

**\*Wilhelm, S., (P.I.), Kupzyk, K., Hessler, K., Wambach, K.** CON Development Research Grant, The Effects of a Motivational Interviewing Intervention to Increase Breastfeeding Duration in Rural Hispanic Mothers. 6/1/17 – 5/30/18: \$5,000.

## **RESEARCH GRANTS – GRADUATE STUDENTS**

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**\*Deka, P. (P.I.),** Pozehl, B. (Advisor). Midwest Nursing Research Society/CANS Dissertation Research Grant, Move HF: A Pilot Study to Improve Adherence in Heart Failure. 5/1/16 – 4/30/17: \$5,000.

**\*Epstein, C. (P.I.),** Houfek, J. (Sponsor). National Institutes of Health, National Institute of Nursing Research, NRSA F31 Grant, 1 F31 NR016176-01A1. 3/1/16 – 8/31/2017: \$48,407

**\*Kigundu, N. (P.I.),** Chaperon, C. American Cancer Society, Graduate Scholarship in Cancer Nursing Practice, 7/1/16 – 6/30/18: \$20,000

**Niitsu, K. (P.I.)** Houfek, J. American Psychiatric Nurses Association, Genetic Influence on Resilience to Potentially Traumatic Events. 9/1/15 – 8/31/16: \$9,000

**Niitsu, K. (P.I.)** Houfek, J. International Society of Nurses in Genetics, Inc., Genetic Influence on Resilience to Potentially Traumatic Events. 9/1/15 – 8/31/16: \$2,500.

**\*Rowland, S. (P.I.),** Yates, B (Sponsor). National Institutes of Health, National Institute of Nursing Research, NRSA F31 Grant, INtervention with Successful Peers to INcrease Physical AcTivity In Working WOME: The INSPIRATION Study, 1 F31 NR016174-01. 3/3/16 – 6/2/17: \$43,258

**Shawver, W. (P.I.),** Kreman, R. American Cancer Society, Graduate Scholarship in Cancer Nursing Practice, 7/1/15 – 6/30/17: \$20,000

## **EDUCATIONAL/SPECIAL PROJECTS GRANTS FUNDED FOR FISCAL YEAR 16-17**

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**Bravo, K. (P.D.),** Kotcherlakota, S., Kupzyk, K. UNMC Kelly Fund, Enhanced Safe Medication Delivery Education for BSN Students. 7/1/15 – 6/30/17: \$25,000

**\*Burbach, B. (P.D.)** International Nursing Association for Clinical Simulation & Learning, Examining the Impact of Facilitation Method in Simulation on Learning, Retention, and Performance. 1/1/17 – 12/31/17: \$1,000.

**\*Chaperon, C. (P.D),** Regents of the Univ of Minnesota Subcontract, Accelerating Interprofessional Community-Based Education and Practice Sites (IPE). 10/1/16 – 9/30/18: \$45,454

**Connelly, L. (P.D.),** Pressler, J. U.S. Dept of Health and Human Services, Nursing Workforce Diversity Grant, CFDA 93.178, Nebraska Link to Learn Project. 1D19HP28491-01-00, 7/1/15 – 6/30/17: \$573,395

**Connelly, L. (P.D.)** Elkhorn Logan Valley Public Health Dept Subcontract, Preparing for Behavioral Health in Rural Northeast and North Central Nebraska. 6/1/15 – 5/31/16: \$14,286 No cost extension to 4/30/17.

**\*Hanna, K. (P.D.)** U.S. Dept of Health and Human Services, Nurse Faculty Loan Program, CFDA 93.264. 2E10HP28777-02-00, 7/01/16 - 06/30/17: \$11,968.

**\*Hanna, K. (P.D.)** Jonas Center for Nursing Excellence, Jonas V Scholar Program. 6/1/16 – 7/31/18: \$10,000.

**Kaiser, K., (P.D.)** Four Corners Health Department Subcontract, Rural Health Network Development Planning Program. 6/1/16 – 5/31/17: \$8,759.

**LaFramboise, L. (P.D.)** Robert Wood Johnson Foundation, New Careers in Nursing Pre-Entry Immersion Program. ID 70069, 9/1/12 – 8/31/13: \$5,200. No cost extension to 12/31/17.

**Morris, K. (P.D.),** Barnason, S., Bevil, C. U.S. Dept of Health & Human Services, Advanced Nursing Education Grant, CFDA 93.247, Advancing Rural Emergency and Acute Care (AREA) Program for Family Nurse Practitioners (FNPs). 1D09HP25929-01-00, 7/1/13 – 6/30/15; 5D09HP25929-03-00, 7/1/15 – 6/30/16 = \$711,875: No cost extension to 6/30/17.

**Pressler, J. (P.D.)** Nebraska Research Initiative, Food For Health, Similarities and Differences in Infant Feeding Practices and Weight of Infants during the first 24 Months. 2/1/16 – 6/30/17: \$14,896.

**\*Pressler, J. (P.D.)** CVS Health Foundation, Advance Practice Nurse & Physician Assistant Scholarships. 1/1/17 – 12/31/17: \$5,000.

**\*Stamler, L. (P.D.)** U.S. Dept. of Health & Human Services, Advanced Education Nursing Traineeship, CFDA 93.358, Advanced Education Nursing Traineeship. 1 A01HP30089-01-00: 7/1/16 – 6/30/17: \$333,592

**Zhang, C. (P.D.),** Baker, S., Schmitz, R., McElvain, D. UNMC Kelly Fund, Enhancing Teamwork Between Nursing and Dental Students Via a Blended Interprofessional Education Program. 7/1/15 – 6/30/17: \$124,890.

**Zimmerman, L. (P.D.)** The Hearst Foundation/Univ of NE Foundation, Center for Patient, Family and Community Engagement in Chronic Care Management through Discovery, Dissemination and Diffusion. 12/1/15 – 11/30/17: \$150,000.

**\*indicates new funding for FY 2016-2017**





# Publications

**CON Faculty members** continue to publish the results of their scholarly work including research, education, and practice. Here is the list of publications from calendar year 2016.

## PRIMARY AUTHOR

**Aguirre, T. M.,** Koehler, A. E., Joshi, A., & **Wilhelm, S. L.** (2016). Recruitment and retention challenges and successes. *Ethnicity & Health, 23*(1), 111-119. doi: 10.1080/13557858.2016.1246427

**Aguirre, T. M., Wells, W. L.,** & Koehler, A. E. (2016). Prevalence of underhydration and its association to cardiovascular risk factors in a rural community setting. *Annals of Public Health and Research, 3*(4).

**Beam, E. L.,** Gibbs, S. G., Hewlett, A. L., Iwen, P. C., Nuss, S. L., & Smith, P. W. (2016). Evaluating isolation behaviors by nurses using mobile computer workstations at the bedside. *Computers, Informatics, Nursing, 34*(9), 387-392. doi: 10.1097/CIN.0000000000000248

**Beam, E. L.,** Schwedhelm, S., Boulter, K., Kratochvil, C., Lowe, J., Hewlett, A., Gibbs, S. G., & Smith, P.W. (2016). Personal protective equipment processes and rationale for the Nebraska Biocontainment Unit during the 2014 Activations for Ebola Virus Disease. *American Journal of Infection Control, 44*(3), 340-342. doi: 10.1016/j.ajic.2015.09.031

**Beam, E.** (2016). Letter to the Editor. Call for improvement in personal protective equipment guidance and research. *American Journal of Infection Control, 44*(11), 1428. doi: 10.6004/jnccn.2016.0144

**Berger, A.** & Mooney, K. (2016). Dissemination and implementation of guidelines for cancer-related fatigue. *Journal of the National Comprehensive Cancer Network, 14*(11), 1336-8. doi: 10.6004/jnccn.2016.0144

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**Bravo, K. S., Pozehl, B., & Kupzyk, K. A.** (2016). Revision and psychometric testing of the safe administration of medication scale. *Journal of Nursing Measurement, 24*(1), 147-165. doi: 10.1891/1061-3749.24.1.147.

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**Burbach, B. E.,** Thompson, S. A., **Barnason, S., Wilhelm, S., Kotcherlakota, S., Miller, C. L.,** & Paulman, P. M. (2016). Lived experiences during simulation: Student-perceived influences on performance. *Journal of Nursing Education, 55*(7), 396-398. doi: 10.3928/01484834-20160615-07

**Burbach, B., Cohen, M., Zimmerman, L., Schmaderer, M., Struwe, L., Pozehl, B.,** & Paulman, A. (2016). Post-hospitalization transition to home: Patient perspectives of a personalized approach. *Journal of Nursing Education and Practice, 6*(5), 32-40. doi: 10.5430/jnep.v6n5p32

**Campbell-Grossman, C., Yates, B. C., Hudson, D. B., Kupzyk, K. A., Brown, S. E., & Hanna, K. M.** (2016). Low-income, African American, adolescent mothers' depressive symptoms, perceived stress, and social support. *Journal of Child and Family Studies, 25*(7), 2306-2314. doi: 10.1007/s10826-016-0386-9

**Eisenhauer, C. M.,** Hageman, P. A., Rowland, S. A., Becker, B. J., Barnason, S., & Pullen, C. H. (2016). Acceptability of mHealth technology to self-monitor eating and activity among rural men. *Public Health Nursing, 34*(2) 138-146. doi: 10.1111/phn.12297

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