

Common Opioid Oral Morphine Milligram Equivalent (MME) Conversion Factors

OPIOID (UNITS)	CONVERSION FACTOR
Codeine (mg)	0.15
Fentanyl patch (mcg)	7.2
Hydrocodone (mg)	1
Hydromorphone (mg)	4
Meperidine (mg)	0.1
Morphine (mg)	1
Oxycodone (mg)	1.5
Tramadol (mg)	0.1

To calculate daily MME

MME/day = Dose size x Doses/Day x MME Factor

Example: Tramadol 50 mg BID

50 mg/dose x 2 Doses/day x 0.1 = 10 mg/day



NOTES

1. Buprenorphine used for opioid use disorder is exempt from daily MME restrictions.
2. For additional opioid medication conversion factors, please see the full table at:
unmc.edu/NebraskaGWEP
3. Reference: **<https://www.cms.gov/Medicare/Prescription-Drug-Coverage/PrescriptionDrugCovContra/Downloads/Oral-MME-CFs-vFeb-2018.pdf>**

This program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) grant (U1QHP33079). The contents are those of the authors and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government HRSA GWEP.