



Alzheimer's Association Nebraska Chapter Caregiver Support Groups

Updated 8/9/21

Because of the rapid spread of the delta variant of COVID-19, the Alzheimer's Association is following new Centers for Disease Control and Prevention (CDC) recommendations to wear a mask in public indoor settings regardless of vaccination status.

- Everyone attending an Association program or event indoors must wear a mask and social distance. We ask participants to provide their own masks or hand sanitizer.
- Our volunteers and staff who deliver in-person programs are all fully vaccinated.
- We strongly recommend and encourage all participants of our in-person activities to be vaccinated, but it is not required.
- The Association offers a wide variety of online and telephone support programs for those who are not fully vaccinated or otherwise uncomfortable attending in-person activities.

*This listing is updated often. Please check back frequently for updates and changes.

Support Group Area	Monthly Meeting Day	Time	Location	To Register or for More Information	Meeting IN-PERSON	Meeting VIRTUALLY or via Phone
Fremont Support Group	2 nd Tuesday of the month	5:30 pm	Shalimar Gardens 749 East 29 th Street Fremont NE 68025 *Meeting is held on 2 nd floor in the Library	Cindy Swanda 402-753-8077 or 402-721-1616 cswanda@heritage-communities.com	x	
North Platte Support Group	2 nd and 4 th Monday of the month	1:00 pm	First Methodist Church 1600 West E Street North Platte, NE 69101 *Fireside Room	Dick Warneke 308-532-9443 rwarn@charter.net	x	
Loup City Support Group	3 rd Tuesday of the month	10:00 am	St. Josephat Convent 644 North 9th Street Loup City, NE 68853	Sharon Usentowski 308-380-9363 kolachedesire@gmail.com	x	

Bellevue Support Group	3rd Monday of the month	7:00 pm	Bellevue Senior Center 109 West 22nd Avenue Bellevue, NE 68005	Kathie Bickerstaff 402-292-0515 or 402-630-3241 kbickers@cox.net OR Monica Brown 402-292-2528 or 402-301-7673 mbrownkt@gmail.com	x	
Kearney Support Group	2nd Tuesday of the Month	6:00 pm	Kearney Faith United Methodist Church 1623 Central Avenue Kearney, NE 68847	ggjacobitz@yahoo.com	x	
Grand Island Support Group	1st Wednesday of the Month	10:30 am	Grand Generation Center 304 East Third Street Grand Island NE 68801	Brenda 308-384-1080 Brenda.wells@amedisys.com	x	
Chadron Support Group	3rd Friday of the month	3:00 pm	Country Kitchen 1250 West 10th Street Chadron NE 69337 *Meeting room off main dining room	Sherri Blome 308-432-8190 sherri.blome@wchr.net OR Alynn Risseuw 308-432-0253 alynn.risseuw@chadronhospital.com	x	
Columbus Area Support Group	4th Monday of the month	1:30 pm	Columbus CommunityCenter (Old hospital) 3111 19th Street Columbus, NE 68601 *Door on the North side	Adam Lassen 402-910-8111 OR Martha Davidson 402-910-8580 jdavidson6@neb.rr.com	x	

Seward Support Group	3rd Tuesday of the month	7:00 pm	Kinship Pointe 500 Heartland Park Drive Seward, NE 68434 *Meets in the private dining room	Karen McConnell 402-641-0440 kgarmcc@gmail.com	x	
Broken Bow Support Group	2nd Wed of the month	2:00 pm	United Methodist Church 1000 South 3rd Avenue Broken Bow NE 68822	Jeanette Denson custercare@gpcom.net	x	
Omaha West Support Group	1st Thursday of the month	6:30 pm	King of Kings Church 11615 I Street Omaha, NE 68137 *CORE Conference Room	Karen Lovejoy 402-333-6464 x9088 Karen@Kingofkings.org	x	
Omaha Central Support Group	1st Monday and 3rd Monday	1:00 pm	New Cassel 900 North 90th Street Omaha, NE 68114 *Meets in the auditorium	Melanie Haynes-McCurry mmccurry@newcassel.org	x	
Omaha North Area Support Group	3rd Tuesday of the Month	5:00 pm	*Currently meeting virtually	Cheryl Willis 402- 493-1373 cqwillis@cox.net		x
Omaha Southwest Support Group	3rd Thursday of the Month	10:00 am	Country House 5030 South 155th Street Omaha, NE 68137	Erinn Drouin edrouin@countryhouse.net Or Traci Shaffer tshaffer@countryhouse.net	x	

Questions? Please contact the Alzheimer's Association Nebraska Chapter at: nevolunteers@alz.org or 402.502.4300

Additional Resources:

ALZConnected® alzconnected.org powered by the Alzheimer's Association®, is a free online community for everyone affected by Alzheimer's or another dementia, including:

- People with the disease.
- Caregivers.
- Family members.
- Friends.
- Individuals who have lost someone to Alzheimer's.

Alzheimer's Navigator: Map out a plan to approach Alzheimer's alzheimersnavigator.org

When facing Alzheimer's disease, there are a lot of things to consider. Alzheimer's Navigator helps guide Caregivers to answers by creating a personalized action plan and linking you to information, support and local resources.

On-Demand Learning Anytime: training.alz.org

Find virtual education and virtual/phone support groups across the country! You can join any open support group or education session across the United States!

Steps:

Go to the Community Resource Finder here: alz.org/CRF

Once there, go to the Alzheimer's Association Program and Events. Choose an option from the menu (It only lets you search one option at a time) and then put in your zip code.

*Hint! After the initial search appears. Go to the menu on the left that says adjust your search and scroll down to expand your search to 500 miles and many more options will appear. Feel free to put in other zip codes too for more results.

Helpline: 1-800-272-3900 Available 24/7