

***Kä jin kie ney tin nhok i dee ke tee ke juey min coalä Alzheimer min la käp ney tin ke run ti jen nuan kie jen Dhiac kie juey min coalä dementia min la ger car ran e ci mo tagg eë ca dap je?***

Buən neyni tin tee ke juey min coalä (The Alzheimer's Association) luäk ke nath kä moc ke ney tin tee ke juey min coalä Alzheimer kene juey min coalä dementias ke jueth tin kon.

**Kë cän kene wär bi luäk jek (1-800-272-3900) kame e nath luäk.**

Ney tin tee ke jueth kene ney tin moc ke nath luäk deë luäk jek e lor kä dee ke jek ke ney tin lin ke luäk min deri gor. Kä luocke je ke loar ke thuk ti bal ke kur rew (200). Deri nac mi ron nac ke kuic jueth, matni ro rey lätni ke, kä bi luäk jek kä ji nuotni, dueli, kene tagg min deë ciej ni ji kene luäk taggä min bec.

**Gör nac kene buən tin luäkä**

- [Training.alz.org](https://www.training.alz.org) Tëe ke thok Spanish, ke English kene thuk ti nol 24/7
- Kë yöö bi njic jek wër kä buən ke yöö bi ke wä [www.communityresourcefinder.org](https://www.communityresourcefinder.org). Kë kor kä min ca min colä ;ip code kuenj rey, be taggde ger kä kath tin cop ke kur Dhiel (500) kä nanj thok Spanish kie thok min nhok i.
- Buən tin luäk ke naath duolke, ke rey juom min colä (online computer video) kie ke telephone. Deri ro mat guath luäk rey wec keliwde.
- [www.alzconnected.org](https://www.alzconnected.org) e guath min jek ke luäk thin rey matdä min deri jek ke Spanish, English kene thuk tin nol.
- Buən matdä juey min coalä (The Alzheimer's Association) ke jek thin e: <https://www.alz.org/>. Tëe ke ti nuan ti kame naath ke Spanish kene English.

Mi gori yöö bi ney tin kon luäk ke yöö bi kule tee ke nac mi ron ke juey min coalä Alzheimer kene juey min coalä dementia kie deri naath luäk banj, kie bi yot ke

**1-800-272-3900** kie deri ro mat kä: [volunteer.alz.org](https://www.volunteer.alz.org).

Cako bu an jueth min colä (Alzheimer's Association) mat thin ke rit ti thu ok ti kon. Deri luäk jek ke k ath ti jen rew wicde nuan (24) ke cänji kel, ke nin bäröw rey juokä kä **1-800-272-3900**.

Mi ti ke thiecni ke t a a pu anydu, kie gori yöö bi jek ke kim, yotni matäbdä ikä ke

## ***Do you or a loved one have Alzheimer's disease or other dementia?***

The Alzheimer's Association gives support and resources to people facing Alzheimer's disease and other dementias.

**A 24/7 helpline (1-800-272-3900)** offers support.

Patients and caregivers can get FREE help and meet people who understand the support you need. There is free translation for more than 200 languages. You can learn about the disease, sign up for programs, get help with legal, housing, and care choices and help with crisis care.

### **Learning and support groups**

- [Training.alz.org](http://Training.alz.org) has Spanish, English and other languages 24/7
- To find LIVE education and support groups go to [www.communityresourcefinder.org](http://www.communityresourcefinder.org). After your zip code is entered, change the range to 500 miles and choose Spanish or preferred language.
- Support groups are meeting, using on-line computer video or over the phone. You can join any open support group across the country.
- [www.alzconnected.org](http://www.alzconnected.org) is an on-line support group which you can get in Spanish, English and other languages.
- The Alzheimer's Association website is: <https://www.alz.org/>. It offers many resources in Spanish and English.

If you would like to help others learn more about Alzheimer's and dementia or would like to volunteer, please call **1-800-272-3900** or join at: [volunteer.alz.org](http://volunteer.alz.org).

We have included an Alzheimer's Association brochure for more facts. You can get support 24 hours a day, 7 days a week at **1-800-272-3900**.

If you have questions about your health, or would like to meet with your doctor, please call our office at