

Do you or a loved one have Alzheimer's disease or other dementia?

The Alzheimer's Association gives support and resources to people facing Alzheimer's disease and other dementias.

A 24/7 helpline (1 -800-272-3900) offers support.

Patients and caregivers can get FREE help and meet people who understand the disease, sign up for programs, get help with legal, housing, and care choices and help with crisis care.

Learning and support groups

- x Training.alz.org K D V 6 S D Q L V K (Q J O L V K D Q G R W K H U O D Q .
- x To find LIVE education and support groups go to www.communityresourcefinder.org. After your zip code is entered, change the U D Q J H W R P L O H V D Q G F K R R V H 6 S D Q L V K R U S U H
- x Support groups are meeting, using on-line computer video or over the phone. < R X F D Q M R L Q D Q \ R S H Q V X S S R U W J U R X S D F U R V V
- x www.alzconnected.org is an on-line support group which you can get in Spanish, English and other languages.
- x The Alzheimer's Association website is: www.alz.org. It offers many resources in Spanish and English.

If you would like to help others learn more about Alzheimer's and dementia or would like to volunteer, please call 1-800-272-3900 or www.alz.org/volunteer.

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If you have questions about your health, or would like to meet with your doctor, please call our office at