

# Navigating a Dementia Diagnosis

Winter 2024



## Have you recently been diagnosed with Alzheimer's or another form of Dementia?

The purpose of this program is to help a person living with early stage dementia AND their care partner.

This program is a place to start to help navigate this journey by providing education, guidance, and community resources for next steps. The topics being covered include:

- Understanding Alzheimer's and Dementia
  - Disclosure/Changing Relationships
  - Emotions, and Communications
  - Legal Planning for the Future
  - Staying Connected for the long term
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\*There is a required screening in order to attend the program.  
Registration closes 1 week prior.

Call 1 800 272 3900 for screening and to register.

### Upcoming Friday sessions:

\*You only need to attend one session.

-January 19th

-February 23rd

-March 22nd

Time: 11:30AM to 1:30 PM CST