**Information for Testing Day**

**What to Wear**
Please wear or bring shorts and tennis shoes with short socks. A tank top is preferable, and women should wear a sports bra if possible. Avoid using lotions on testing day.

**Directions**
To get to the Student Life Center (SLC), enter the parking lot from Dewey Ave or Jones/Emilie Street. Enter into the Student Life Center through the double doors on south side of building. After entering continue through a second set of doors and keep going straight until you see a sign for Physical Therapy pointing to the right. Take a right turn and follow the hallway to room 1036. If you have difficulty finding where to park or getting into the building, please call (402) 559-6504 or email acl@unmc.edu.

**Parking**
You may park in the designated visitor parking spots along the East side of the Student Life Center.