The Cost of Courage: Supporting Rural First Responders

March 2, 12-1pm Central Time

Join BHECN for a webinar on The Cost of Courage: Supporting Rural First Responders by Elizabeth Tolliver, PhD, LIMHP.

Learning objectives:
1. Identify key career cultural concepts of the first responders physical and psychological factors, and what makes trauma different for first responders
2. Describe the unique needs and considerations of rural first responder departments, particularly in Nebraska
3. Integrate best support strategies for first responders through the identification and remediation of treatment barriers

Cost: Free

Who should attend? Advanced practice providers, nurses, licensed mental health therapists, and social workers

Presented by:
Elizabeth Tolliver, PhD, LIMHP
Assistant Professor
School Counseling Program Coordinator
University of Nebraska Omaha

Dr. Elizabeth Tolliver joined the faculty at the University of Nebraska Omaha in 2018 as an Assistant Professor and became the School Counseling Program Coordinator in 2019. Prior to UNO, Dr. Tolliver completed her doctoral studies at the University of Northern Colorado. Liz is determined to have a voice when it comes to the advocation of mental wellness and first responders. Since January of 2019, she has been a team member in the Omaha area developing community partnerships and examining areas of need for holistic first responder services.

Continuing Education:
The University of Nebraska Medical Center College of Nursing Continuing Nursing Education is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center’s Commission on Accreditation. This activity is provided for 1.0 contact hour under ANCC criteria.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the American Nurses Credentialing Center’s Commission on Accreditation (ANCC) through the joint providership of the University of Nebraska Medical Center College of Nursing Continuing Nursing Education (UNMC CON CNE) (provider) and Behavioral Health Education Center of Nebraska (BHECN).