BHECN Webinar Series:
Core Topics for Behavioral Health Providers

Risk and Protective Factors in Child Mental Health

Join BHECN for a webinar on Risk and Protective Factors in Child Mental Health by Therese Mathews, PhD, APRN, PMHNP-BC.

Learning objectives:
1. Describe salient social and demographic factors that influence child/adolescent mental health.
2. Discuss the influence of social and demographic risk and protective factors on children’s and adolescents’ biological and psychological growth and development.
3. Describe interventions that minimize risk and promote protective factors to enhance child/adolescent mental health.

Cost: Free

Who should attend? Advanced practice providers, nurses, licensed mental health therapists, and social workers

Presented by:
Therese Mathews, PhD, APRN, PMHNP-BC
Associate Professor
College of Nursing, Omaha Division
University of Nebraska Medical Center

Therese L. Mathews, PhD., APRN, PMHNP-BC- Dr. Mathew’s clinical practice is in Developmental and Behavioral Pediatrics at Munroe Meyer Institute as a psychiatric mental health nurse practitioner and a licensed psychologist. Her doctoral dissertation evaluated protective factors (i.e., peer mentoring and social skills training) on children with socially withdrawn behaviors who had exposure to child abuse and neglect.

March 9, 12-1pm Central Time

Continuing Education:
The University of Nebraska Medical Center College of Nursing Continuing Nursing Education is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center’s Commission on Accreditation. This activity is provided for 1.0 contact hour under ANCC criteria.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the American Nurses Credentialing Center’s Commission on Accreditation (ANCC) through the joint providership of the University of Nebraska Medical Center College of Nursing Continuing Nursing Education (UNMC CON CNE) (provider) and Behavioral Health Education Center of Nebraska (BHECN).


CID: 20CE044a