

## **2023 BHECN Webinar Series: Core Topics for Behavioral Health Providers *Eating Disorders in Rural Communities: Diagnosis, Treatment, and Ethical Considerations***

Release Date: 6/5/2023

Expiration Date: 6/4/2024

Course ID: 23CE00063e

The estimated time to complete this enduring material is **60** minutes.

### **TARGET AUDIENCE**

This accredited continuing education activity is designed for Behavioral Health providers to include psychologists, advanced practice nurses, nurses, licensed mental health therapists, and social workers.

### **EDUCATIONAL OBJECTIVES**

At the conclusion of this enduring material, the participants should be better able to:

- Discuss how to assess and diagnose eating disorders.
- Identify evidence-based therapies and best practices when treating eating disorders.
- Discuss unique challenges and ethical considerations when working with clients with eating disorders, especially in a rural setting.

### **ACCREDITED CONTINUING EDUCATION**



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INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, University of Nebraska Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Nebraska Medical Center designates this activity for 1.0 ANCC contact hour. Nurses should only claim credit for the actual time spent participating in the activity.



As a Jointly Accredited Organization, University of Nebraska Medical Center is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers participating in this activity receive 1.0 ethics continuing education credit.

**Social Work Level of Content: Intermediate**



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

This activity has been approved for **1.0** credit hour of continuing education credit.

### **METHOD OF PARTICIPATION**

In order to receive continuing education credits, you must complete these steps prior to the activity expiration date.

1. View the entire presentation
2. Complete the post-test with a score of 80% or better
3. Complete the online evaluation
4. Save and print your certificate. Retain for future documentation.

Any questions regarding credit, please contact Valeta Creason-Wahl 402-559-7487 or [vcreason@unmc.edu](mailto:vcreason@unmc.edu).

### **DISCLOSURE DECLARATION**

As a jointly accredited provider, the University of Nebraska Medical Center (UNMC) ensures accuracy, balance, objectivity, independence, and scientific rigor in its educational activities and is committed to protecting learners from promotion, marketing, and commercial bias. Faculty (authors, presenters, speakers) are encouraged to provide a balanced view of therapeutic options by utilizing either generic names or other options available when utilizing trade names to ensure impartiality.

All faculty, planners, and others in a position to control continuing education content participating in a UNMC accredited activity are required to disclose all financial relationships with ineligible companies. As defined by the Standards for Integrity and Independence in Accredited Continuing Education, ineligible companies are organizations whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. The accredited provider is responsible for mitigating relevant financial relationships in accredited continuing education. Disclosure of these commitments and/or relationships is included in these activity materials so that participants may formulate their own judgments in interpreting its content and evaluating its recommendations.

This activity may include presentations in which faculty may discuss off-label and/or investigational use of pharmaceuticals or instruments not yet FDA-approved. Participants should note that the use of products outside currently FDA-approved labeling should be considered experimental and are advised to consult current prescribing information for FDA-approved indications.

All materials are included with the permission of the faculty. The opinions expressed are those of the faculty and are not to be construed as those of UNMC.

## **DISCLOSURES**

*The accredited provider has mitigated and is disclosing identified relevant financial relationships for the following faculty, planners, and others in control of content prior to assuming their roles:*

### **FACULTY**

The below faculty have nothing to disclose:

Kristen Rose, MEd, LPC, LIMHP, CCTP

### **PLANNING COMMITTEE**

The below planning committee members have nothing to disclose:

Valeta Creason-Wahl, HMCC

Katrina Cordts, PhD

Marley Doyle, MD

Heidi Keeler, PhD, MSN/MBA, RN

Renee Paulin, MSN, RN, CWOCN

Erin Schneider, MSW

### **FINANCIAL SUPPORT**

No commercial support was received for this activity.