

# DSM-5-TR Updates: What Providers Need to Know

## CID: 54307

### ACTIVITY DIRECTOR

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### ACTIVITY DESCRIPTION

After nine years of using the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5), changes are on the horizon for behavioral health practitioners with the release of the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition, Text Revision (DSM-5-TR). In March of 2022, the DSM-5-TR was released with a new disorder, changes, and clarifications for 70 disorders, and billing updates that include new ICD-10-CM codes. Important in this revision is how culture, racism, and discrimination are viewed from the diagnostic lens. Revisions from the DSM-5 to the DSM-5-TR will be reviewed in this webinar with a focus on understanding how the changes will impact diagnosing, billing practices, strategies to address cultural changes, and application to real-world cases.

### TARGET AUDIENCE

This accredited continuing education activity is intended for behavioral health providers to include psychiatrists, psychologists, advanced practice nurses, nurses, licensed mental health therapists, social workers, and other interested healthcare professionals.

### EDUCATIONAL OBJECTIVES

At the conclusion of this enduring material, the participants should be better able to:

- Discuss the changes made related to the DSM-5 and resources available to the newly released DSM-5-TR in practice.
- Describe the clarifications incorporated into the new DSM-5-TR diagnostic criteria including the updated coding procedures.
- Identify how to incorporate the new criteria of the DSM-5-TR based on 'real world' cases.

### METHOD OF PARTICIPATION

Release Date: **June 27, 2022**

Expiration Date: **June 26, 2023**

The estimated time to complete this free enduring material is 240 minutes.

In order to receive continuing education credits, you must complete these steps prior to the activity expiration date:

1. View the entire presentation.
2. Log into your UNMC CCE account or create one [www.unmc.edu/cce](http://www.unmc.edu/cce)
3. On your dashboard, Click **Evaluate an Activity**
4. Enter Activity Code **54307**
5. Complete the post-test with a score of 80% or better
6. Complete the online evaluation.

Your certificate will be saved in your UNMC CCE Account portal under **Certificates & Transcripts**.

## ACCREDITED CONTINUING EDUCATION



In support of improving patient care, University of Nebraska Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. This activity has been approved for 4.0 credit hours of continuing education credits.

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