

## Psychiatric E-Modules Advancing Clinical Education: Motivational Interviewing: Applications in Primary Care

### TARGET AUDIENCE

This accredited continuing education activity is designed for primary care providers (physicians, NPs, PAs), nurses (RNs), psychologists, counselors, and social workers.

### EDUCATIONAL OBJECTIVES

At the conclusion of this enduring material, the participants should be better able to:

- Define motivational interviewing and explain its core elements.
- Identify motivational interviewing techniques, such as open-ended questions, affirmations, and reflective listening to patient encounters.
- Demonstrate motivational interviewing techniques for treatment of substance use, chronic disease management, medication adherence, mental health issues, and beyond.
- Discuss the potential challenges and barriers to using motivational interviewing, and how to overcome them.

### METHOD OF PARTICIPATION

Release Date: **9/5/2023**

Expiration Date: **9/4/2024**

**CID: 58973**

The estimated time to complete this enduring material is **60** minutes.

In order to receive continuing education credits, you must complete these steps prior to the activity expiration date:

1. View the entire presentation.
2. Sign into your account or create one [www.unmc.edu/cce](http://www.unmc.edu/cce) under **MyCCE Portal**
3. On your dashboard, Click **Evaluate an Activity**
4. Enter Activity Code **58973**
5. Complete the post-test with a score of 80% or better
6. Complete the online evaluation.

Your certificate will be saved in your UNMC CCE Account portal under **Certificates & Transcripts**.

### ACTIVITY DIRECTOR

Riley Machal, MD

Assistant Professor

Assistant Director for Medical Education, BHECN

Department of Psychiatry

University of Nebraska Medical Center

## ACCREDITED CONTINUING EDUCATION



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, University of Nebraska Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Nebraska Medical Center designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Nebraska Medical Center designates this activity for 1.0 ANCC contact hour. Nurses should only claim credit for the actual time spent participating in the activity.



AMERICAN  
PSYCHOLOGICAL  
ASSOCIATION

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. This activity has been approved for 1.0 credit hour of continuing education credit.

## DISCLOSURE DECLARATION

As a jointly accredited provider, the University of Nebraska Medical Center (UNMC) ensures accuracy, balance, objectivity, independence, and scientific rigor in its educational activities and is committed to protecting learners from promotion, marketing, and commercial bias. Faculty (authors, presenters, speakers) are encouraged to provide a balanced view of therapeutic options by utilizing either generic names or other options available when utilizing trade names to ensure impartiality.

All faculty, planners, and others in a position to control continuing education content participating in a UNMC accredited activity are required to disclose all financial relationships with ineligible companies. As defined by the Standards for Integrity and Independence in Accredited Continuing Education, ineligible companies are organizations whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. The accredited provider is responsible for mitigating relevant financial relationships in accredited continuing education. Disclosure of these commitments and/or relationships is included in these activity materials so that participants may formulate their own judgments in interpreting its content and evaluating its recommendations.

This activity may include presentations in which faculty may discuss off-label and/or investigational use of pharmaceuticals or instruments not yet FDA-approved. Participants should note that the use of products outside currently FDA-approved

labeling should be considered experimental and are advised to consult current prescribing information for FDA-approved indications.

All materials are included with the permission of the faculty. The opinions expressed are those of the faculty and are not to be construed as those of UNMC.

## **DISCLOSURES**

***The accredited provider has mitigated and is disclosing identified relevant financial relationships for the following faculty, planners, and others in control of content prior to assuming their roles:***

## **FACULTY**

The following faculty have nothing to disclose:

- Alexandra Burt, MD

## **PLANNING COMMITTEE**

The following planning committee members have nothing to disclose:

- Katrina Cordts, PhD
- Valeta Creason-Wahl, HMCC
- Marley Doyle, MD
- Heidi Keeler, PhD, MSN/MBA, RN
- Riley Machal, MD
- Renee Paulin, MSN, RN, CWOCN
- Brenda Ram, CMP, CHCP
- Alyssa Spartz, MPH

Any questions regarding credit, please contact Valeta Creason-Wahl 402-559-7487 or [vcreason@unmc.edu](mailto:vcreason@unmc.edu).