

Psychiatric E-Modules Advancing Clinical Education: Identifying and Treating Anxiety Disorders in Primary Care

TARGET AUDIENCE

This accredited continuing education activity is designed for primary care providers (physicians, NPs, PAs), nurses (RNs), psychologists, counselors, and social workers.

EDUCATIONAL OBJECTIVES

At the conclusion of this enduring material, the participants should be better able to:

- Recite the prevalence, cost and societal impact of anxiety disorders
- Describe the initial physical health work up of anxiety disorders
- Define the clinical features of anxiety disorders
- Discuss evidence-based first-line treatments
- Explain the appropriate use and risks associated with benzodiazepines
- Describe symptom and illness-specific anxiety disorders

METHOD OF PARTICIPATION

Release Date: **9/5/2023**

Expiration Date: **9/4/2024**

CID: 59008

The estimated time to complete this enduring material is **45** minutes.

In order to receive continuing education credits, you must complete these steps prior to the activity expiration date:

1. View the entire presentation.
2. Sign into your account or create one www.unmc.edu/cce under **MyCCE Portal**
3. On your dashboard, Click **Evaluate an Activity**
4. Enter Activity Code **59008**
5. Complete the post-test with a score of 80% or better
6. Complete the online evaluation.

Your certificate will be saved in your UNMC CCE Account portal under **Certificates & Transcripts**.

ACTIVITY DIRECTOR

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ACCREDITED CONTINUING EDUCATION



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INTERPROFESSIONAL CONTINUING EDUCATION

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The University of Nebraska Medical Center designates this enduring material for a maximum of **0.75 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Nebraska Medical Center designates this activity for **0.75 ANCC** contact hour. Nurses should only claim credit for the actual time spent participating in the activity.

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The accredited provider has mitigated and is disclosing identified relevant financial relationships for the following faculty, planners, and others in control of content prior to assuming their roles:

FACULTY

The following faculty have nothing to disclose:

- Matthew Kelly, MD

PLANNING COMMITTEE

The following planning committee members have nothing to disclose:

- Katrina Cordts, PhD
- Valeta Creason-Wahl, HMCC
- Marley Doyle, MD
- Heidi Keeler, PhD, MSN/MBA, RN
- Riley Machal, MD
- Renee Paulin, MSN, RN, CWOCN
- Brenda Ram, CMP, CHCP
- Alyssa Spartz, MPH

OFF-LABEL DISCLOSURE

Propranolol: Performance-related anxiety

Any questions regarding credit, please contact Valeta Creason-Wahl 402-559-7487 or vcreason@unmc.edu.