

Psychiatric E-Modules Advancing Clinical Education: Clinical Strategies: Tapering Benzodiazepines

TARGET AUDIENCE

This accredited continuing education activity is designed for primary care providers (physicians, NPs, PAs), nurses (RNs), psychologists, counselors, and social workers.

EDUCATIONAL OBJECTIVES

At the conclusion of this enduring material, the participants should be better able to:

- Define clinical scenarios when benzodiazepines are indicated and contraindicated
- Explain the risks associated with long-term benzodiazepine use
- Organize a framework for safely decreasing and/or discontinuing benzodiazepines

METHOD OF PARTICIPATION

Release Date: **9/5/2023**

Expiration Date: **9/4/2024**

CID: 59009

The estimated time to complete this enduring material is **30** minutes.

In order to receive continuing education credits, you must complete these steps prior to the activity expiration date:

1. View the entire presentation.
2. Sign into your account or create one www.unmc.edu/cce under **MyCCE Portal**
3. On your dashboard, Click **Evaluate an Activity**
4. Enter Activity Code **59009**
5. Complete the post-test with a score of 80% or better
6. Complete the online evaluation.

Your certificate will be saved in your UNMC CCE Account portal under **Certificates & Transcripts**.

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ACCREDITED CONTINUING EDUCATION



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INTERPROFESSIONAL CONTINUING EDUCATION

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The University of Nebraska Medical Center designates this enduring material for a maximum of **0.5 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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FACULTY

The following faculty have nothing to disclose:

- Alexander Seger, MD

PLANNING COMMITTEE

The following planning committee members have nothing to disclose:

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