

Psychiatric E-Modules Advancing Clinical Education: Diagnosis and Treatment of Bipolar Disorders in the Primary Care Setting

TARGET AUDIENCE

This accredited continuing education activity is designed for primary care providers (physicians, NPs, PAs), nurses (RNs), psychologists, counselors, and social workers.

EDUCATIONAL OBJECTIVES

At the conclusion of this enduring material, the participants should be better able to:

- Define bipolar disorder and the different subtypes of the condition.
- Recite the criteria to make an appropriate diagnosis of bipolar disorder.
- Recognize different screening tools that can aid in the diagnosis of bipolar disorder.
- Examine different medications, specifically mood stabilizers and antipsychotics, which can be utilized in the treatment of bipolar disorder.

METHOD OF PARTICIPATION

Release Date: **9/5/2023**

Expiration Date: **9/4/2024**

CID: 59011

The estimated time to complete this enduring material is **75** minutes.

In order to receive continuing education credits, you must complete these steps prior to the activity expiration date:

1. View the entire presentation.
2. Sign into your account or create one www.unmc.edu/cce under **MyCCE Portal**
3. On your dashboard, Click **Evaluate an Activity**
4. Enter Activity Code **59011**
5. Complete the post-test with a score of 80% or better
6. Complete the online evaluation.

Your certificate will be saved in your UNMC CCE Account portal under **Certificates & Transcripts**.

ACTIVITY DIRECTOR

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ACCREDITED CONTINUING EDUCATION



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INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, University of Nebraska Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Nebraska Medical Center designates this enduring material for a maximum of **1.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Nebraska Medical Center designates this activity for **1.25 ANCC** contact hours. Nurses should only claim credit for the actual time spent participating in the activity.



AMERICAN
PSYCHOLOGICAL
ASSOCIATION

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. This activity has been approved for **1.25** credit hours of continuing education credit.

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DISCLOSURES

The accredited provider has mitigated and is disclosing identified relevant financial relationships for the following faculty, planners, and others in control of content prior to assuming their roles:

FACULTY

The following faculty have nothing to disclose:

- Andrew Reuss, MD

PLANNING COMMITTEE

The following planning committee members have nothing to disclose:

- Katrina Cordts, PhD
- Valeta Creason-Wahl, HMCC
- Marley Doyle, MD
- Heidi Keeler, PhD, MSN/MBA, RN
- Renee Paulin, MSN, RN, CWOCN
- Riley Machal, MD
- Brenda Ram, CMP, CHCP
- Alyssa Spartz, MPH

OFF-LABEL DISCLOSURE

Oxcarbazepine is not FDA approved for treatment of bipolar disorder.

Any questions regarding credit, please contact Valeta Creason-Wahl 402-559-7487 or vcreason@unmc.edu.