

Psychiatric E-Modules Advancing Clinical Education: Basics of Perinatal Psychiatry for the Non-Psychiatric Practitioner

TARGET AUDIENCE

This accredited continuing education activity is designed for primary care providers (physicians, NPs, PAs), nurses (RNs), psychologists, counselors, and social workers.

EDUCATIONAL OBJECTIVES

At the conclusion of this enduring material, the participants should be better able to:

- Discuss the prevalence and the principles of basic management of perinatal depressive disorder, perinatal obsessive-compulsive disorder, and postpartum psychosis.
- Describe the basic components of the risk-risk discussion of the treatment of perinatal mental illness with the patient.
- Recognize the urgency of postpartum psychosis.

METHOD OF PARTICIPATION

Release Date: **9/5/2023**

Expiration Date: **9/4/2024**

CID: 59012

The estimated time to complete this enduring material is **60** minutes.

In order to receive continuing education credits, you must complete these steps prior to the activity expiration date:

1. View the entire presentation.
2. Sign into your account or create one www.unmc.edu/cce under **MyCCE Portal**
3. On your dashboard, Click **Evaluate an Activity**
4. Enter Activity Code **59012**
5. Complete the post-test with a score of 80% or better
6. Complete the online evaluation.

Your certificate will be saved in your UNMC CCE Account portal under **Certificates & Transcripts**.

ACTIVITY DIRECTOR

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ACCREDITED CONTINUING EDUCATION



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INTERPROFESSIONAL CONTINUING EDUCATION

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The University of Nebraska Medical Center designates this enduring material for a maximum of **1.0 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Nebraska Medical Center designates this activity for **1.0 ANCC** contact hour. Nurses should only claim credit for the actual time spent participating in the activity.



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. This activity has been approved for **1.0** credit hour of continuing education credit.

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DISCLOSURES

The accredited provider has mitigated and is disclosing identified relevant financial relationships for the following faculty, planners, and others in control of content prior to assuming their roles:

FACULTY

The following faculty have nothing to disclose:

- Rebecca Leval, MD, MPH

PLANNING COMMITTEE

The following planning committee members have nothing to disclose:

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- Heidi Keeler, PhD, MSN/MBA, RN
- Riley Machal, MD
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