

# Psychiatric E-Modules Advancing Clinical Education: The Assessment of Common Sleep Disorders in Psychiatric Patients

## TARGET AUDIENCE

This accredited continuing education activity is designed for primary care providers (physicians, NPs, PAs), nurses (RNs), psychologists, counselors, and social workers.

## EDUCATIONAL OBJECTIVES

At the conclusion of this enduring material, the participants should be better able to:

1. Formulate differential diagnoses for common sleep concerns.
2. Describe diagnostic criteria for common sleep disorders.
3. Recognize screening tools used to identify sleep disorders.

## METHOD OF PARTICIPATION

Release Date: **9/5/2023**

Expiration Date: **9/4/2024**

**CID: 61536**

The estimated time to complete this enduring material is **75** minutes.

In order to receive continuing education credits, you must complete these steps prior to the activity expiration date:

1. View the entire presentation.
2. Sign into your account or create one [www.unmc.edu/cce](http://www.unmc.edu/cce) under **MyCCE Portal**
3. On your dashboard, Click **Evaluate an Activity**
4. Enter Activity Code **61536**
5. Complete the post-test with a score of 80% or better
6. Complete the online evaluation.

Your certificate will be saved in your UNMC CCE Account portal under **Certificates & Transcripts**.

## ACTIVITY DIRECTOR

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## ACCREDITED CONTINUING EDUCATION



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INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, University of Nebraska Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The University of Nebraska Medical Center designates this enduring material for a maximum of **1.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Nebraska Medical Center designates this activity for **1.25 ANCC** contact hours. Nurses should only claim credit for the actual time spent participating in the activity.



AMERICAN  
PSYCHOLOGICAL  
ASSOCIATION

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. This activity has been approved for **1.25** credit hours of continuing education credit.

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## **DISCLOSURES**

***The accredited provider has mitigated and is disclosing identified relevant financial relationships for the following faculty, planners, and others in control of content prior to assuming their roles:***

## **FACULTY**

The following faculty have nothing to disclose:

- Cyle Johnson, MD

## **PLANNING COMMITTEE**

The following planning committee members have nothing to disclose:

- Katrina Cordts, PhD
- Valeta Creason-Wahl, HMCC
- Marley Doyle, MD
- Heidi Keeler, PhD, MSN/MBA, RN
- Riley Machal, MD
- Renee Paulin, MSN, RN, CWOCN
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