

## **Project PEACE Part 2: Personality Disorders**

### **ACTIVITY DESCRIPTION**

This course provides a comprehensive overview of personality disorders, focusing on both diagnosis and management in primary care settings. In the first module, you will learn to recognize and diagnose various personality disorders, gaining insight into how to effectively care for these patients. The second module will build upon this foundation, delving into successful management strategies for patients with personality disorders. You will explore both therapeutic and pharmacologic interventions, equipping you with the knowledge to create comprehensive care plans for individuals with these disorders.

### **TARGET AUDIENCE**

This accredited continuing education activity is intended for primary care providers (physicians, NPs, PAs), and Nurses (RNs).

### **EDUCATIONAL OBJECTIVES**

At the conclusion of this accredited continuing education activity, the participant should be better able to:

- Recognize the prevalence and impact of personality disorders in primary care settings.
- Identify the defining characteristics and diagnostic criteria of personality disorders according to the DSM-5-TR.
- Utilize screening tools to identify potential personality disorders effectively.
- Develop an approach for managing patients with personality disorders, including appropriate referrals and treatment recommendations.
- Develop tailored management plans for patients with personality disorders.
- Apply best practices for communication and patient interaction.
- Identify suitable therapeutic approaches.
- Employ pharmacologic treatments and interventions strategically.

### **ACCREDITED CONTINUING EDUCATION**



In support of improving patient care, University of Nebraska Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### ***Physicians/Physician Assistants***

The University of Nebraska Medical Center designates this enduring material for a maximum of 0.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### ***Nurses/Nurse Practitioners***

The University of Nebraska Medical Center designates this activity for 0.5 ANCC contact hours. Nurses should only claim credit for the actual time spent participating in the activity.

## METHOD OF PARTICIPATION

Release Date: January 20, 2026

Expiration Date: January 19, 2027

The estimated time to complete this enduring material is 30 minutes.

1. Complete all modules associated with this course.
2. Sign in to <https://cmetracker.net/UNMCCE/Publisher?page=pubOpen#/myPortal>  
If you need to create an account, enter your email address, click New User? Create Account, then follow the prompts.
3. On your dashboard, Click **Evaluate an Activity**
4. Enter Activity Code **70371**
5. Complete the online evaluation.

Your certificate will be saved in your UNMC CCE Account portal under **Certificates & Transcripts**.

## DISCLOSURE DECLARATION

As a jointly accredited provider, the University of Nebraska Medical Center (UNMC) ensures accuracy, balance, objectivity, independence, and scientific rigor in its educational activities and is committed to protecting learners from promotion, marketing, and commercial bias. Faculty (authors, presenters, speakers) are encouraged to provide a balanced view of therapeutic options by utilizing either generic names or other options available when utilizing trade names to ensure impartiality.

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## DISCLOSURES

The accredited provider has mitigated and is disclosing identified relevant financial relationships for the following faculty, planners, and others in control of content prior to assuming their roles.

### ***Faculty***

The faculty below have nothing to disclose:

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### ***Planning Committee***

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## QUESTIONS?

Please contact Missy Edwards via email at [missy.edwards@unmc.edu](mailto:missy.edwards@unmc.edu) if you have any questions.