Back To School After Treatment

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Disclosure

- This presentation has not in any way been made available through commercial support.
Learning Objectives

O Participants will be able to describe strategies appropriate to their profession or position for facilitating reintegration of students following removal from the academic setting for mental health treatment.

O Participants will know legal requirements for gaining access to HIPPA protected mental health information.

O Participants will know general outcome objectives of out of home treatment settings by level of restrictiveness and length of stay.
Overview

- Out of home treatment settings
- Facilitating a student’s reintegration into the school
- Protected health information
Types of out of home treatment settings
- Inpatient psychiatric placement
- Intensive residential treatment
- Residential/treatment group home
- Emergency shelters
- Foster care
- Day treatment
Focus by Treatment Settings

- Inpatient psychiatric placement
  - Medical model
  - Crisis stabilization
  - 3 to 10 days
Focus by Treatment Settings

- Intensive residential treatment
  - Medical model +
  - Eliminate risk of harm to self or others
  - Education on site
  - 4 to 6 months
Focus by Treatment Settings

- Residential/treatment group home
  - Teaching or medical model
  - Skill development
  - Education on site or in community
  - 12 to 18 months
Focus by Treatment Settings

- Foster care
  - Care & custody
  - Education in community
  - Weeks to months to years
Focus by Treatment Settings

- Day treatment
  - Medical model
  - Transition & stabilization
  - Education on site
  - 2 to 4 weeks
Focus by Treatment Settings

- Emergency shelters
  - Temporary housing
  - Can get school work
  - 1 week to 30 days
Reintegration

- Planning
  - Would be nice
  - Not always feasible

- HIPPA
  - Signed consent
  - Need to know
Reintegration

- Be prepared
  - Consent
  - Treatment
    - Strategies
    - Medication
  - Response
Reintegration

- School as usual is top priority
  - Routine
  - Attendance
  - Work completion
    - Hold accountable
    - Reasonable timeframes
  - Watchful eye
Reintegration

- Teachers
  - Be aware
  - Be caring
  - Report concerns
  - What else?

- Guidance Counselors
  - Check-in discretely
  - Availability
  - What else?
Reintegration

- Administrators
  - Establish culture for how to respond
    - Supportive
    - Healthy vs. stigma
    - Professional
  - Adherence to policy
  - Current contact information
  - Educational planning
  - What else?
Examples

- Sarah
  - 15
  - Local public high school
  - Inpatient 2x
  - Ongoing therapy
  - Anxious mostly
Examples

- Andrew
  - 12
  - Local elementary
  - Residential program 1 yr
  - Back for 7th grade in Fall
  - Outpatient therapy transition
???? Questions ????
This Presentation

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