What: ECHO (Extension for Community Healthcare Outcomes) is an opportunity for providers across the state to get specialist knowledge, clinical advice and recommendations from substance use and pain management specialists in a virtual learning network.

More about ECHO: ECHO uses videoconferencing technology to connect addiction and pain management specialists with providers to discuss de-identified cases related to substance use disorders. Each ECHO call consists of a brief didactic presentation followed by a clinical case discussion from a provider and recommendations from the team for treatment. Visit https://echo.unm.edu/ for more information.

Clinical Goals/Objectives:
- Improve compassionate patient-centered care with substance use disorder and pain management.
- Teach evidence-based principles for screening and treatment, harm reduction, stigma reduction, and compassionate patient centered care for substance use disorders and pain management.
  - Early screening and recognition of pain and substance use disorders to aid in stigma reduction and early intervention.
  - Develop self-efficacy for providers and assist in referrals for pain and substance use disorders.
  - Provide tools and documented strategies for working with clients including medication, referrals, lifestyle changes, early intervention, and treatment.

How it works:
- Join an online video conference from your office
- Share and discuss clinical cases related to pain management and substance use disorders
- Learn from experts in pain management and substance use disorders

Who should participate: Any provider interested in more effectively treating clients and patients with pain management and substance use disorders.

When: 12 - 1:15 p.m. (CDT/CST), on Thursdays starting July 6th (see Call Didactic Schedule) via Zoom Videoconferencing.

Why Participate:
- Opportunities to collaborate with experienced providers statewide including the following professions- LIMHP, physician, nurse, social worker and individuals with lived experience.
- Integration of behavioral health into primary care
- No cost to participate
To Participate and register:


Curriculum for Case-Based Learning and Discussion:

- Addressing Stigma: Medications for Addiction Treatment Ethics - Oct. 3rd, 2019
- Harm Reduction Models for SUD - Oct. 17th, 2019
- How to Have Difficult Conversations (Ethics) - Nov. 7th, 2019
- Evoking Motivation for Change - Nov. 21st, 2019
- Trauma Informed Care for SUD - Dec. 5th, 2019
- Withdrawal Medications - Dec. 19th, 2019
- Screening, Brief Intervention and Referral to Treatment - Jan. 16th, 2020
- Screening Tools for OUD and Pain - Feb. 6th, 2020
- Non-Pharmalogical Options for Pain Management - Feb. 20th, 2020
- Cognitive Behavioral Therapy for Pain - March 5th, 2020
- Co-Occurring Pain and Substance Use Disorders - March 19th, 2020
- Chronic Pain Identification and Management - April 2nd, 2020
- Pain and Personality - April 16th, 2020
- Trauma Informed Pain Care - May 7th, 2020
- Special Populations and Pain: Geriatrics - May 21st, 2020
- PDMP - June 4th, 2020
- Drug to Drug Interactions with Medications for Addiction Treatment - June 18th, 2020
- Recovery Support Networks: AA/Smart Recovery - July 2nd, 2020
- Recovery Support: Spiritual Programs - July 16th, 2020
- ASAM: Medical Perspective - Aug. 6th, 2020
- ASAM: Behavioral Health Components - Aug. 20th, 2020
- Recovery & Relapse Prevention Plans - Sept. 3rd, 2020
- Lifestyle: The 7 F’s - Sept. 17th, 2020

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