Nebraska School Personnel
Suicide Prevention Training

LB 923
LB 923 includes...

- Provide leadership & support for S & S
- School Safety Plans collected by NDE
- Recommend minimum school security standards by Jan. 1, 2016
- Conduct assessment of security of each public school bldg. by Aug., 2017
- Oversee suicide awareness/prevention training
- Establish tornado preparedness standards
- Oversee concussion awareness
Oversee suicide awareness/prevention training

• 1 hr. annually beginning 2015-2016 school year

• Partners identified by LB:
  
  Nebraska State Suicide Prevention Coalition
  Nebraska Chapter, American Foundation for Suicide Prevention
  The Behavioral Health Education Center of Nebraska
  National Alliance of Mental Illness Nebraska
Other partners included

DHHS Behavioral Health
Boys Town
KIM Foundation
Nebraska Association of School Boards

Support from:

ESUCC, NCSA, and NSEA
Intent of the law:

• To equip school personnel with suicide awareness and prevention information

• Recognize signs and symptoms of suicidal behaviors

• Employ methods of responding to students in need and crisis.

*School personnel are critical components of a suicide prevention plan.*
Target Audience:

• **Any** school staff member having contact with students
  (i.e. In addition to required audience,)
  para-professionals, administrative/secretarial staff, bus drivers, custodians, kitchen staff, etc. to be included.

• **Required Audience by LB:**
  *All* public school nurses, teachers, counselors, school psychologists, administrators, school social workers, and any other appropriate personnel are legislatively mandated to participate.
Rationale for Systems Approach:

• Provide equal access to quality training for all school staff members statewide.

• Create statewide focus of training toward suicide prevention. (mobility)

• Afford teachers and staff opportunity to enhance assets for personal resume.
• Construct systems across public and non-public schools, also including education majors in higher education across our state.

• Collect statewide data to support and inform future decisions about youth suicide awareness/prevention training.

• Select statewide training emphasis based on Nebraska needs based on data collected.

• Create common language and prevention message statewide.
Selection of Programs:

• Programs with an evidence-base are priority for inclusion.

• The requirement for inclusion for any program is to be listed on the
  – National Registry for Evidence-based Programs (NREPP) and Practices, or
  – National Suicide Prevention Resource Center (SPRC) Best Practice Registry, or
  – recommended for use by the Nebraska DHHS Division of Behavioral Health and approved by the National Suicide Prevention Resource Center (content) and NDE (process).
<table>
<thead>
<tr>
<th>School YEAR</th>
<th>Prev. Program</th>
<th>Trng. Cost to District</th>
<th>Method</th>
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</thead>
<tbody>
<tr>
<td>2015-2016</td>
<td>KOGNITO High School</td>
<td>$0 District cost</td>
<td>On-line Available Aug. 1, 2015</td>
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<tr>
<td></td>
<td>Middle School</td>
<td>Training cost provided by SAMHSA Grant through DHHS</td>
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<tr>
<td></td>
<td>Elementary</td>
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<tr>
<td>2018-2019</td>
<td>Lessons Learned</td>
<td>$0 District cost</td>
<td>On-line Available Aug. 1, 2018</td>
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<tr>
<td></td>
<td>Postvention Prevention Impact</td>
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<td></td>
<td>Impact</td>
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<td>2019-2020</td>
<td>KOGNITO High School</td>
<td>$0 District cost</td>
<td>On-line Available Aug. 1 – Sept. 30, 2019</td>
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</tbody>
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• Data and plan will be evaluated and revised at the end of five years to include additional programs
  – that obtained an evidence base and has been added to the NREPP or SPRC suicide prevention Best Practice Registry
  and
  – has developed capacity to provide face-to-face training to all schools across entire state during designated 15 day timeframe.
Training Preview

• Late Spring of each year

• All NDE staff & ESU staff encouraged

• More details for 2015 to come
• Specifics will be on school safety page on NDE website soon.

• Eventually will create a suicide prevention training page on NDE website ... by July 1st.

• This page will include details for accessing training each year.
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