School Mental Health Conference

June 26, 2015
8:30 am - 4:00 pm

Embassy Suites-La Vista

Cost: $20 on or before May 31, $30 starting June 1

(Limited number of stipends available for educators. Contact jill.westfall@unmc.edu for details.)

Register online
Healthy children are prepared to develop skills and learn effectively in school. Yet not all children come to school with the emotional and behavioral health they need to succeed. With students in school almost 7 hours every school day, schools are uniquely positioned to support students’ emotional, mental, and behavioral health needs.

**Who should attend:**
The School Mental Health Conference is for both clinicians and educators.

Information to follow regarding continuing education credits.

**Keynote: National Perspectives on School Mental Health**

Sharon Hoover Stephan, Ph.D.
Center for School Mental Health, University of Maryland

Dr. Sharon Hoover Stephan’s expertise is in the area of implementing empirically-supported interventions in school-based settings. She specializes in research and training on evidence-based practices for mental health and primary health care staff in schools. Dr. Stephan is involved in a number of ongoing research projects examining quality assessment and improvement in school mental health, and has a special interest in interventions for trauma-exposed youth. Dr. Stephan has led and collaborated on multiple federally- and state-funded grants, with a commitment to the study and implementation of quality childrens’ mental health services and school mental health (SMH).

Dr. Stephan received her Ph.D. in clinical psychology from the University of Maryland Baltimore County in 2002. She is currently the Co-Director of the Center for School Mental Health and an Associate Professor in the Department of Psychiatry at the University of Maryland College of Medicine.
Tentative Schedule

8:00 am   Registration, breakfast, networking
8:30 am   Opening remarks
8:45 am   Keynote: Sharon Hoover Stephan, Ph.D. National Perspectives on School Mental Health
9:45 am   Break & Networking
10:15 am  Panel: Nebraska school mental health practices
11:30 am  Break & Networking
11:45 am  Lunch
12:30 pm  Panel: Coordinating school, family, and clinician to improve behavioral health outcomes
1:15 pm   Workshops
    - Trauma 101
    - Child Psychiatric Medications 101
    - Suicide prevention
    - Classroom strategies for behavioral health
2:15 pm   Break & Networking
2:45 pm   Workshops
    - Trauma 102
    - How to navigate the education system for your client
    - Transition back to school after treatment
    - How to navigate the child welfare and mental health systems for your student
3:45 pm   Adjourn