Cognitive Behavioral Therapy for Pain
ECHO Call: Thursday, March 5, 12 p.m. – 1:15 p.m. (CDT)

Target Audience:
• Physicians, Physician Assistants and Nurse Practitioners
• Pharmacists
• Licensed Mental Health Therapists
• Licensed Alcohol and Drug Counselors
• Program staff associated with entities that treat substance use disorder and/or pain

Learning Objectives:
• Summarize evidence based behavioral health treatment options for treatment of pain
• Demonstrate CBT as an effective treatment intervention for pain disorders

Overview:
This ECHO (Extension for Community Healthcare Outcomes) is comprised of a group of experts assembled to help care teams in Nebraska address complex issues related to addiction and pain.

Presenter:
Dr. Christine Chasek, clinical mental health counselor and addiction counselor

Dr. Christine Chasek is a licensed independent mental health practitioner and licensed alcohol and drug counselor in Nebraska. She is an associate professor at the University of Nebraska-Kearney in the Department of Counseling and School Psychology and director of the Behavioral Health Education Center of Nebraska-Kearney.

To participate and register: Register for this ECHO call by March 1
https://cmetracker.net/UNMC/Login?formname=RegLoginLive&EventID=44579   CID:44579