June 18: Intergenerational Trauma-Informed Care. Lasting Hope Recovery Center conference hosts nationally known trainer Cheryl S. Sharp, MSW, ALWF. Topics: trauma’s intergenerational carryover effects and implementation of trauma-informed care using S.M.A.R.T. goals. Register now.

June 28: DSM-5 Update - Guide to Impact on Practice. Donald W Black, MS, MD, will update behavioral health professionals on the upcoming changes in the Diagnostic and Statistical Manual of Mental Health Disorders-Fifth Edition. BHECN’s Howard Y Liu, MD, and Joseph H Evans, PhD will facilitate breakout sessions on implications to the adult/geriatric and child/adolescent populations. More

UNO offers new online resources for practitioners. UNO’s Grace Abbott School of Social Work offers vast new online resources for behavioral/mental health practitioners. Initial focus: evidence-based practice and empirically-supported treatments. Jane Woody’s article & link.

ACEs: Adverse Childhood Experiences and adult health risk. Many people spend their adult lives trying to overcome their childhood. What’s your ACE score? Take the quiz: 10 types of childhood trauma can lead to mental and physical illness. ACEs: awareness, understanding and prevention.
Megan’s video: growing up with dad’s mental illness.  
*Megan’s video: growing up with dad’s mental illness.* Nebraskan Megan Plouzek’s powerful human story shines bright light on a difficult, misunderstood and often hidden subject — families touched by a parent’s mental illness.  
26-minute NET video.

**STUDENT RECRUITMENT & RETENTION**

“Dr. Cate” expands care, recruits students in NW Nebraska.  
Meet rural Nebraska’s bright beacon. She expands access to care in care-starved northwest Nebraska. She mentors students in behavioral health careers. And her striking photography helps fund recruitment efforts. More.

April workshop in Kearney drew 32 high schoolers statewide.  
BHECN’s Ambassador Conference in Kearney, April 12-13, attracted 32 students eager to learn about behavioral health careers. A panel of educators and care providers spoke at the event. Photo report from Hemingford High.

Petersburg native: new MD, future rural NE psychiatrist.  
Petersburg native Rachel Faust received her MD degree from UNMC in May and will begin her Creighton-Nebraska Psychiatry Residency Program this summer. She plans to practice in rural Nebraska. Q & A.

**THANKS AND BEST WISHES**

“If we close our eyes tightly enough, maybe she’ll reappear.”  
Kim Carpenter, training guru, trauma-informed care expert, advocate extraordinaire and committed cat mom, accepted a new professional role outside BHECN. Thanks, Kim, for sharing your gifts with us. More.

**ALWAYS WELCOME - SUGGESTIONS, QUESTIONS & COLLABORATIONS**

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link on your homepage under Mental Health BEACON. 3) Help us start a collaborative in your community. Questions? It's easy. Contact us.

Thanks!

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