

HEAD AND NECK CANCERS

Spot the Signs

- ✓ Persistent sore throat
- ✓ Lumps or sores that do not heal
- ✓ Red and white patches in the mouth
- ✓ Hoarse voice or change in voice
- ✓ Pain in the jaw, teeth, or gums
- ✓ Difficulty in breathing or speaking
- ✓ Blocked sinuses and stuffy nose
- ✓ Frequent headaches
- ✓ Difficulty swallowing

