

Genetic Insights Project

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...on behalf of a large and great team

University of Nebraska
Medical Center



Nebraska
Medicine

Conflicts of Interest Disclosure

BeiGene – Speaker

CellTrion – Consultant/advisory board participant

Nuvelo – Board member

Leiters Health – Consultant/advisory board participant

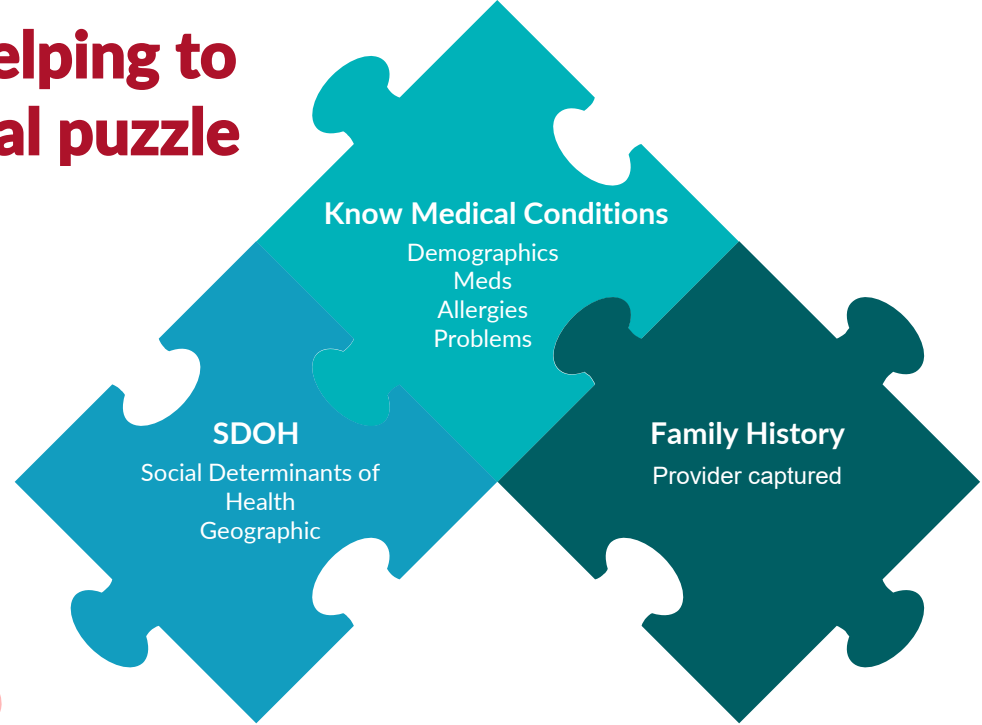
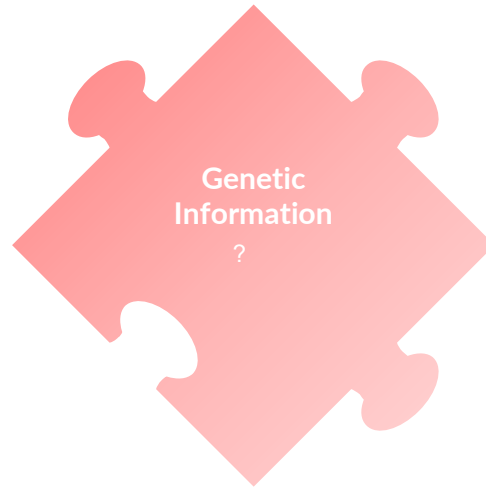
Astra Zeneca – Consultant/advisory board participant

I have no conflicts of interest related to this content



Precision Medicine - Helping to put together the medical puzzle

- Precision Medicine is prevention, diagnosis and treatment tailored to the genetic contributions to a patient's disease
- Genomic variants can be inherited from a parent (germline) or acquired at some point during a person's lifetime (somatic.)



Precision Medicine Strategy



Diagnosis and treatment

Increased specificity in diagnosis
Improved ability to predict which treatments will work for specific patient
Improved ability to rule out inappropriate treatment



Population health

Identify patients at higher risk of disease - prevention
Identify patients at an earlier state in disease progression - detection



Research

Identify patients for clinical trials and other research
Identify targets for future treatments

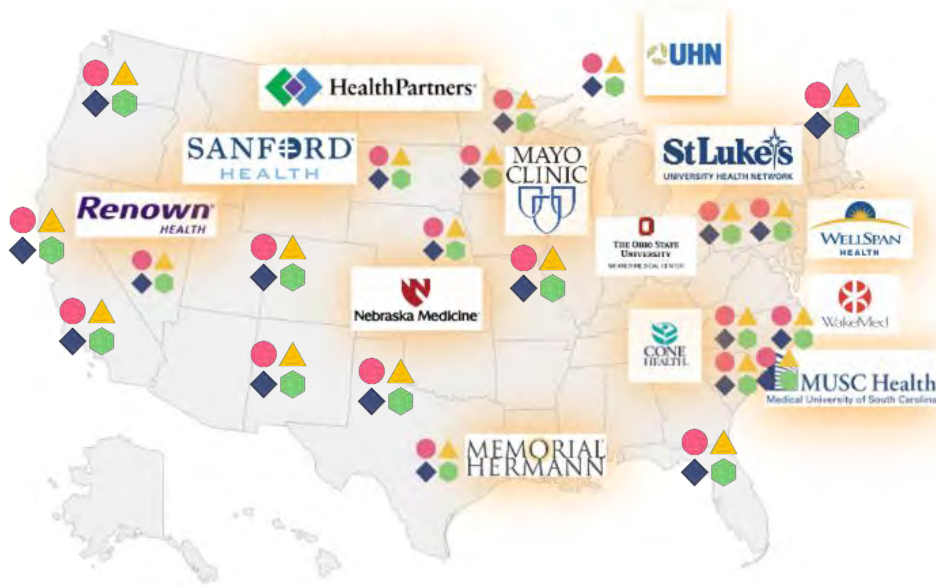


Partnership and Program Overview

- Nebraska Medicine, UNMC and Helix have launched a major population genomics initiative.
- Goal is to recruit 100K+ participants over five years.
- The program will provide participants (age 19+) in Nebraska with no-cost genetic (exome) sequencing (i.e. no billing implications).
- Nebraska Medicine is a founding member of the Helix Research Network, a federated learning network of normalized EHR + Genetic information.
- Aims:
 - Improve patient outcomes
 - Expand access to genetic testing (screening), especially in underserved populations
 - Enable access to large data sets for research
 - Form commercial partnerships
 - Improve health outcomes in Nebraska and beyond
 - Partner with a single vendor for germline testing (diagnostic)
 - Become a leader in genetic medicine



Helix Research Network (HRN)



Founded by Helix

15+ institutions (and growing)

Genetic Insights Projects =
UNMC/NebMed arm of HRN



What clinical tests are included in the project?

FH

Genes: *LDLR*, *APOB*, *PCSK9* and *LDLRAP1*

- Hypercholesterolemia and increased risk for cardiovascular events

HBOC

Genes: *BRCA1* and *BRCA2*

- Significantly increased lifetime risk of breast, ovarian and other cancers

Lynch

Genes: *MLH1*, *MSH2*, *MSH6*, *PMS2* and *EPCAM*

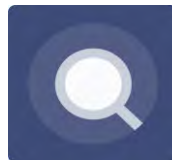
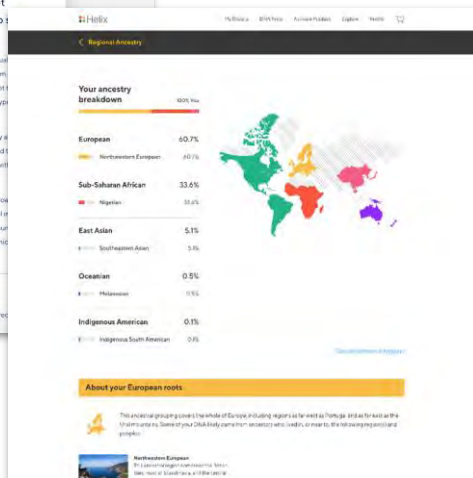
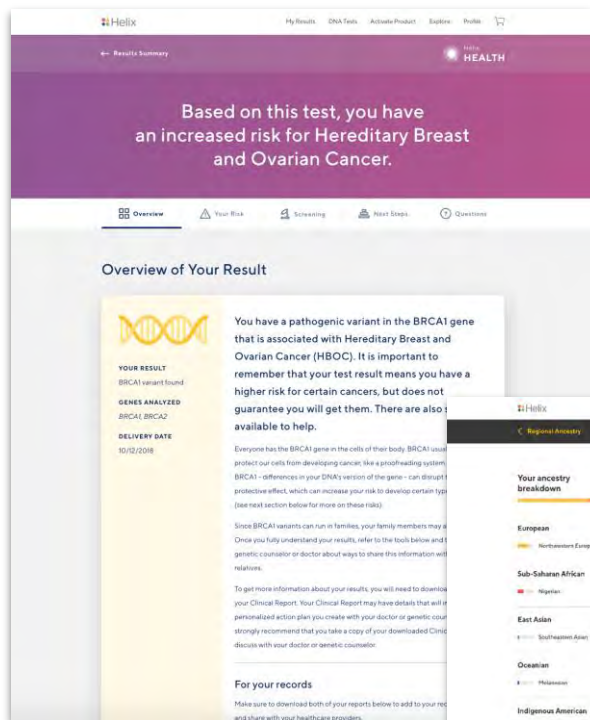
- Significantly increased lifetime risk of colorectal, endometrial, ovarian and other cancers

1-2% of all patients (1 in 75)* have one of these conditions

* Study from Renown Health/Healthy Nevada Project



External Helix portal: Delivering health, ancestry & trait insights to participants



Helix Health:

A genetic health screen that looks for variants that predispose people to the CDC Tier 1 conditions



Helix Ancestry:

A genetic analysis that helps individuals understand their regional ancestry



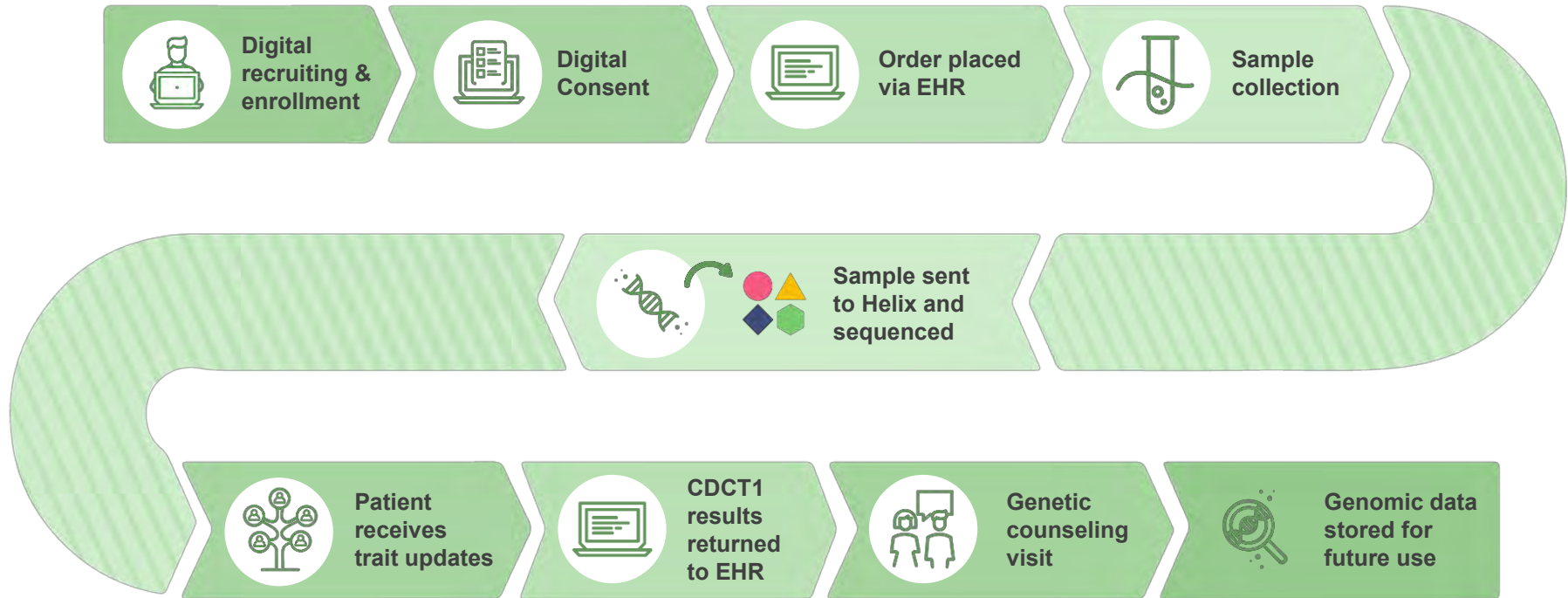
Helix Traits:

A genetic analysis that helps individuals understand the traits that affect wellness, appearance & fitness

Creating a Helix Health account is optional



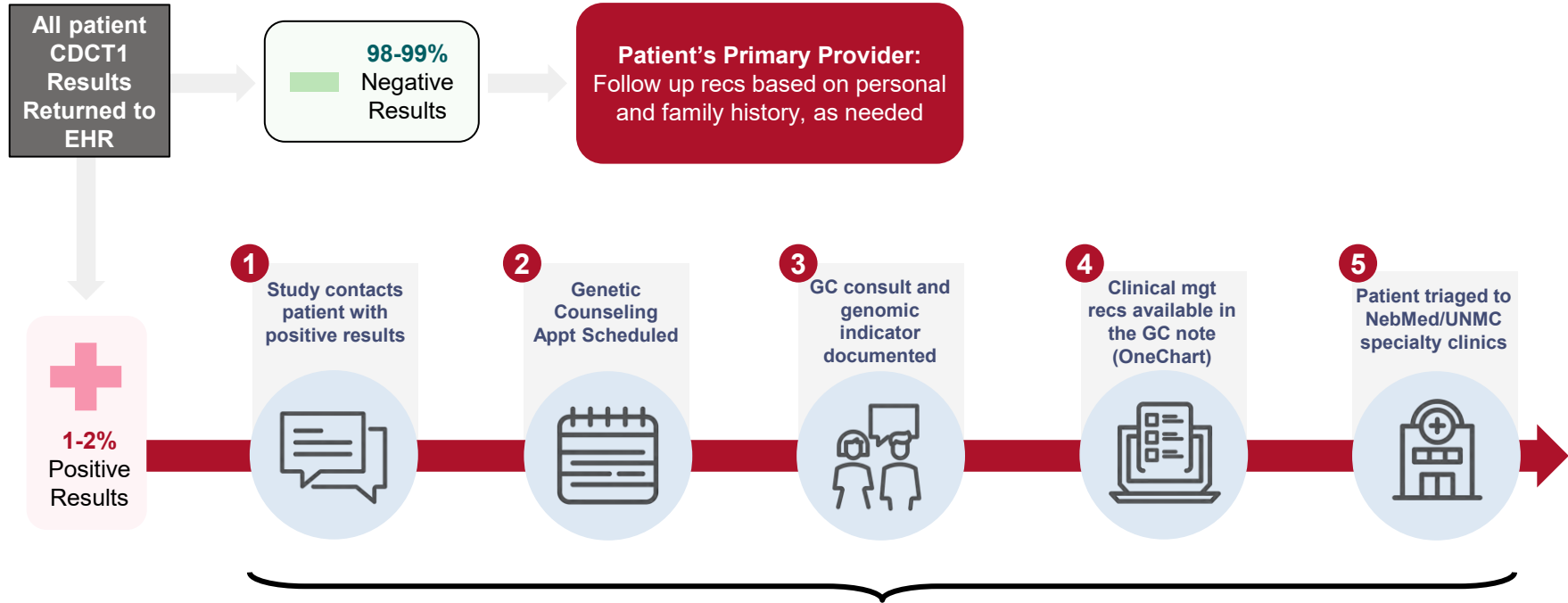
Genetic Insights/Helix Workflow



Must Have a Nebraska Medicine One-Chart Patient Portal
Cannot have had a Bone Marrow/Stem Cell Transplant



Post-test workflow



NebMed/UNMC Genetic Insights Project Team



What does the patient consent include?

- Provide a sample (blood or saliva)
 - Helix will sequence and store the genomic data
 - Receive actionable results (CDC Tier 1) in the EHR and the Helix Health portal
 - Genomic + EHR data will be combined for research
 - Possible future clinical use of the genomic data via provider order (Diagnostic/Therapeutic)
- ⑨ Hereditary Cancer Panel
 - ⑨ Cardiomyopathy Panel
 - ⑨ Pharmacogenomics



UNMC and Central IRB Involvement



Genetic Insights Project Results

Genetic Insights Project

- ~20,000 Enrolled Participants
- ~13,000 Participants sequenced
- >150 actionable results

Enrolling Patients via:

- My chart messages
- Pre-visit embedded workflow
- Community campaigns

Research:

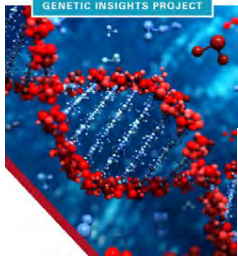
- Created a database with ~13,000 records
- Part of a larger, multi-system database
- Participated in two additional sub-studies



"It gave me a different view on how important your health is, how it can change, and really listening to your body," she says. "Knowledge is powerful, and this is helping me be more preventive."

- (+) Lynch Patient





3/31/2025

CDC Tier 1 Results Breakdown

TOTAL RESULTS DELIVERED

12,293

TOTAL NEGATIVE

12,118

TOTAL POSITIVES

175

- Lynch Syndrome (Ls)
- Familial Hypercholesterolemia (Fh)
- Hereditary Breast & Ovarian Cancer Syndrome (Hboc)



LYNCH SYNDROME (LS)

45

0.4%
of all results delivered



FAMILIAL HYPERCHOLESTEROLEMIA (FH)

48

0.4%
of all results delivered



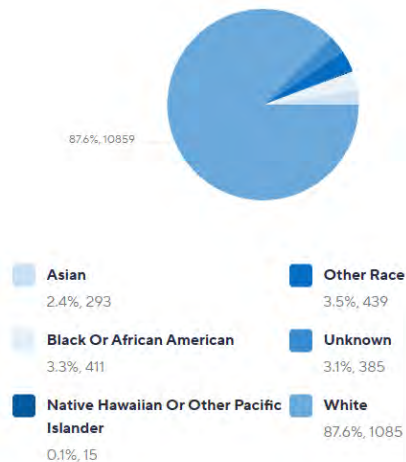
HEREDITARY BREAST & OVARIAN
CANCER SYNDROME (HBOC)

82

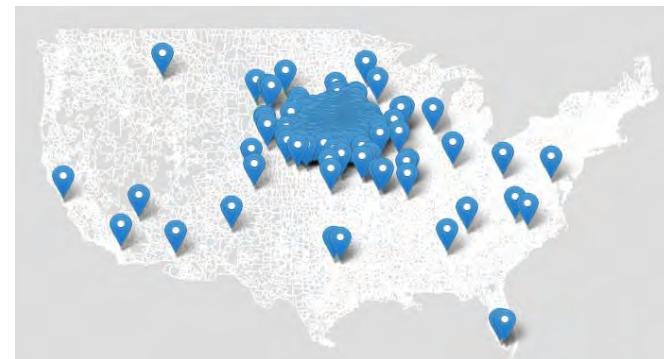
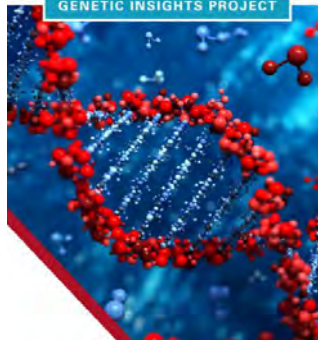
0.7%
of all results delivered



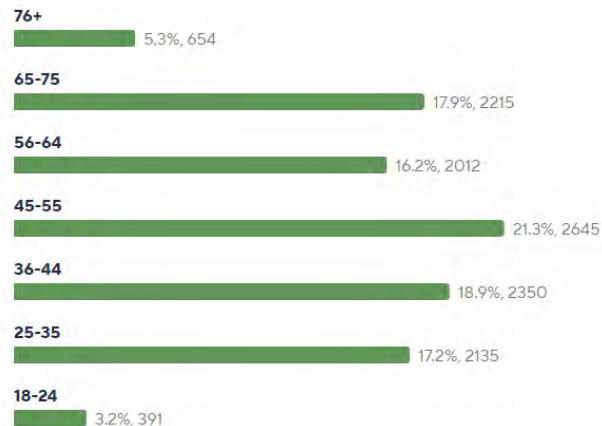
Race & Ethnicity



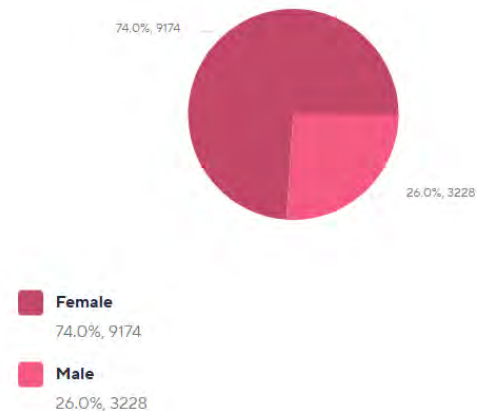
GENETIC INSIGHTS PROJECT



Age Range

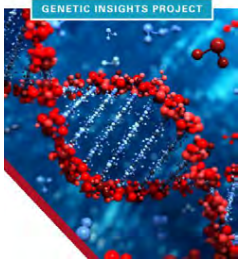


Sex at Birth



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Research and the Genetic Insights Project

The goal:

Broadly accessible and useful data

Available to faculty investigators

Utilized by many with appropriate safeguards and oversight



Genetic screenings results in early detection of disease risk

Improved compliance with guideline driven activities result in primary prevention / early detection of serious disease

10

Regionally Diverse
Systems

>200
K

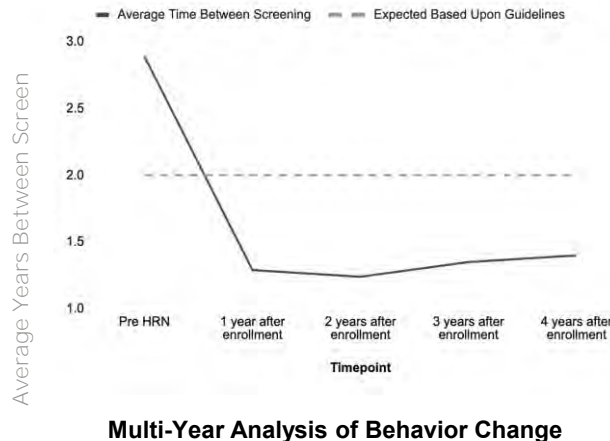
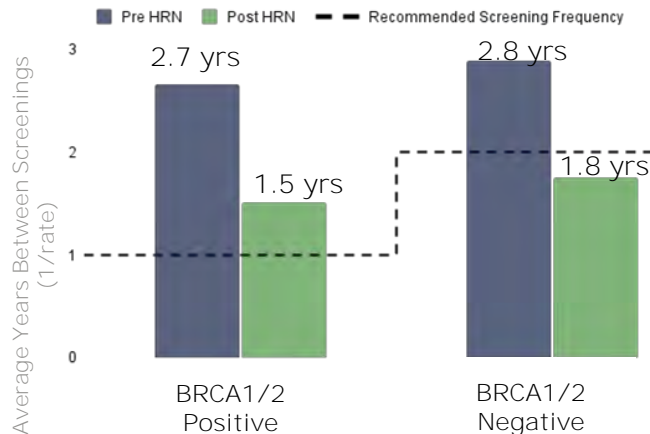
CDCT1 Results
Returned

>2,500

Positive Results
Returned

>900

Positive
BRCA1/2



Takeaways

- Proactive approach identifies underlying risk
- Increased mammograms even with negative population
- Personalized approach drives longitudinal durability



Increased adverse events from clopidogrel in poor metabolizers

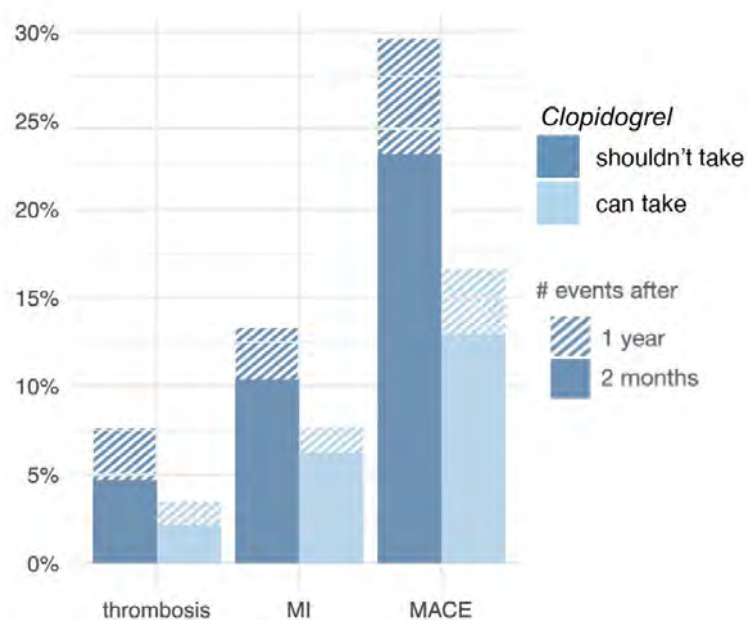
HRN Network
>100k individuals

3.8k clopidogrel users

Compiled events following initiation
of clopidogrel prescription

29% mismatch between
recommended dosage based
CYP2C19 genotype and that given

Adverse events enriched 2x in Poor or Intermediate Metabolizers



Scalable system-wide CYP2C19 pharmacogenomic testing reveals 38% excess incidence of adverse events in metabolizers receiving inappropriate prescriptions

Natalie Telis, Douglas Stoller, Christopher N. Chapman, C.Anwar A. Chahal, Daniel P. Judge, Douglas A. Olson, Joseph J. Grzymalski, Teresa Krusselbrink, Nicole L. Washington, Elizabeth T. Cirulli

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What's Next



Continue expanding outside of Nebraska Medicine



Growth of saliva testing



Growth of at home testing



Community events and partnerships across the state

Questions?

For additional information or to participate:

<https://www.nebraskamed.com/genetic-insights-project>

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Thank you for your time



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