

# 15th Biennial Breastfeeding: Baby's Natural Choice Conference



Registered participants: Access conference information and handouts at  
[www.unmc.edu/cce/attendee-information/breastfeeding](http://www.unmc.edu/cce/attendee-information/breastfeeding)

## AGENDA — Aug. 30, 2023

7:15 a.m.	Registration / Breakfast / Exhibits	
7:45 a.m.	<b>Welcome</b> Carl V. Smith, MD	Windsor I-VI
8:00 a.m.	<b>Lactation Physical Therapy: Biomechanical Interventions</b> Giuseppe "Joe" Siracusano, DPT, PT and Adrienne Connor, PT	Windsor I-VI
9:00 a.m.	Transition to Breakouts	
9:15 a.m.	Breakout Sessions <b>Bariatric Surgery and Pregnancy Care: Prenatal and Postnatal Considerations</b> Jacque Schwartz, RDN, LMNT, LD, MHA	Windsor I-VI
		<b>Maternal Depression and Breastfeeding</b> Dana Raml, MD
10:15 a.m.	Break / Exhibits	
10:45 a.m.	<b>Academy of Breastfeeding Medicine Mastitis Spectrum Protocol</b> Katrina Mitchell, MD, IBCLC, PMH-C, FACS	Dapper I-III
12:00 p.m.	Lunch / Exhibits	
1:00 p.m.	<b>Supporting Breastfeeding with Trauma-Informed Care</b> Kristen Choi, PhD, RN, FAAN	Dapper I-III
2:00 p.m.	Break / Exhibits	
2:15 p.m.	<b>Real-Life Application of Trauma-Informed Care Practices Among Perinatal Health Providers</b> Moderator: Kailey Snyder, PhD, MS Panelists: Megan Falke, DNP, APRN; Becky Baruth, PLMHP, PMH-C, CPD; Ann Smith, BSN, RN, IBCLC	Windsor I-VI
3:15 p.m.	<b>Tongue-Tie and Breastfeeding Challenges: Importance of Appropriate Referral, Diagnosis, and Treatment</b> Laura Wilwerding, MD, IBCLC, FABM, FAAP	Windsor I-VI
4:15 p.m.	<b>Closing Remarks</b> Carl V. Smith, MD	Windsor I-VI
4:30 p.m.	Adjourn	



## CONFERENCE FACULTY

### Becky Baruth, PLMHP, PMH-C, CPD

Mental Health Therapist and Certified Postpartum Doula, Omaha Support, Omaha, NE

### Kristen Choi, PhD, RN, FAAN

Assistant Professor, School of Nursing, University of California Los Angeles, Los Angeles, CA

### Adrienne Connor, PT

Physical Therapist, Nebraska Medicine

### Megan Falke, DNP, APRN

Neonatal Nurse Practitioner, Nebraska Medicine, Omaha, NE

### Katrina Mitchell, MD, IBCLC, PMH-C, FACS

Breast Surgical Oncologist and Lactation Consultant, Ridley-Tree Cancer Center, Samsom Clinic, Santa Barbara, CA

### Dana Raml, MD

Assistant Professor; Director, Adult Outpatient Division, Department of Psychiatry, UNMC

### Jacque Schwartz, RDN, LMNT, LD, MHA

Registered Dietitian Nutritionist, Nebraska Medicine

### Giuseppe "Joe" Siracusano, DPT, PT

Physical Therapist, Chronic Pain Management, Nebraska Medicine

### Ann Smith, BSN, RN, IBCLC

Lactation Therapist, Women and Infant Services, Nebraska Medicine

### Carl V. Smith, MD

Chris J. and Marie A. Olson Endowed Professor; Professor and Chair, Department of Obstetrics and Gynecology; President, Olson Center for Women's Health Advisory Committee, UNMC

### Kailey Snyder, PhD, MS

Assistant Professor, Education and Child Development, Munroe-Meyer Institute, UNMC

### Laura Wilwerding, MD, IBCLC, FABM, FAAP

Pediatrician and Breastfeeding Medicine, Naturally Healthy Kids, LLC, Omaha, NE

## CONFERENCE PLANNING COMMITTEE

Valeta Creason-Wahl, HMCC

Laura Cudzilo-Kelsey, MD

John Davis, PhD

Missy Edwards

Katherine Finney, MD

Tori Greenlee

Jennifer Griffin Miller, MD, MPH

Heidi Keeler, PhD, MSN/MBA, RN

Lora Marshbanks, RD

Lana Molczyk, MA

Tess Parriott, RN, IBCLC, RLC

Renee Paulin, MSN, RN, CWOCN

Brenda Ram, CMP, CHCP

Trixy Schmitz, BSN, IBCLC

Amanda Schraut, MSW, LICSW, LMHP

Carl V. Smith, MD\*

Kailey Snyder, PhD, MS

Jaime Stevens, RD, LMNT

Laura Wilwerding, MD, IBCLC, FABM, FAAP

\*Conference Director