

University of Nebraska Medical Center Nebraska Medicine

15th Biennial **Breastfeeding:** Baby's Natural Choice Conference

AGENDA — Aug. 30, 2023

7:15 a.m.	Registration / Breakfast / Exhibits	
7:45 a.m.	Welcome Carl V. Smith, MD	
8:00 a.m.	Lactation Physical Therapy: Biomechanical Interventions Giuseppe "Joe" Siracusano, PT, DPT and Adrienne Connor, PT	
9:00 a.m.	Transition to Breakouts	
9:15 a.m.	Breakout Sessions	
	Bariatric Surgery and Pregnancy Care: Prenatal and Postnatal Considerations Jacque Schwartz, RDN, LMNT, LD	Maternal Depression and Breastfeeding Dana Raml, MD
10:15 a.m.	Break / Exhibits	
10:45 a.m.	Academy of Breastfeeding Medicine Mastitis Spectrum Protocol Katrina Mitchell, MD, IBCLC, PMH-C	
12:00 p.m.	Lunch / Exhibits	
1:00 p.m.	Supporting Breastfeeding with Trauma-Informed Care Kristen Choi, PhD, RN, FAAN	
2:00 p.m.	Break / Exhibits	
2:15 p.m.	Real-Life Application of Trauma-Informed Care Practices Among Perinatal Health Providers Moderator: Kailey Snyder, PhD, MS Panelists: Megan Falke, DNP, APRN; Becky Baruth, PLMHP, PMH-C, CPD; Ann Smith, BSN, RN, IBCLC	
3:15 p.m.	Tongue-Tie and Breastfeeding Challenges: Importance of Appropriate Referral, Diagnosis, and Treatment Laura Wilwerding, MD, IBCLC, FABM, FAAP	
4:15 p.m.	Closing Remarks Carl V. Smith, MD	
4:30 p.m.	Adjourn	

CONFERENCE FACULTY

Becky Baruth, PLMHP, PMH-C, CPD Mental Health Therapist and Certified Postpartum Doula, Omaha Support, Omaha, NE

Kristen Choi, PhD, RN, FAAN Assistant Professor, School of Nursing, University of California Los Angeles, Los Angeles, CA

Adrienne Connor, PT Physical Therapist, Nebraska Medicine

Megan Falke, DNP, APRN Neonatal Nurse Practitioner, Nebraska Medicine, Omaha, NE

Katrina Mitchell, MD, IBCLC, PMH-C, FACS Breast Surgical Oncologist and Lactation Consultant, Ridley-Tree Cancer Center, Sansum Clinic, Santa Barbara, CA

Dana Raml, MD Assistant Professor; Director, Adult Outpatient Division, Department of Psychiatry, UNMC Jacque Schwartz, RDN, LMNT, LD, MHA Registered Dietitian Nutritionist, Nebraska Medicine

Giuseppe "Joe" Siracusano, DPT, PT Physical Therapist, Chronic Pain Management, Nebraska Medicine

Ann Smith, BSN, RN, IBCLC Lactation Therapist, Women and Infant Services, Nebraska Medicine

Carl V. Smith, MD Chris J. and Marie A. Olson Endowed Professor; Professor and Chair, Department of Obstetrics and Gynecology; President, Olson Center for Women's Health Advisory Committee, UNMC

Kailey Snyder, PhD, MS Assistant Professor, Education and Child Development, Munroe-Meyer Institute, UNMC

Laura Wilwerding, MD, IBCLC, FABM, FAAP Pediatrician and Breastfeeding Medicine, Naturally Healthy Kids, LLC, Omaha, NE

CONFERENCE PLANNING COMMITTEE

Valeta Creason-Wahl, HMCC Laura Cudzilo-Kelsey, MD John Davis, PhD Katherine Finney, MD Tori Greenlee Jennifer Griffin Miller, MD, MPH Heidi Keeler, PhD, MSN/MBA, RN Lora Marshbanks, RD Lana Molczyk, MA

*Conference Director

Tess Parriott, RN, IBCLC, RLC Renee Paulin, MSN, RN, CWOCN Trixy Schmitz, BSN, IBCLC Amanda Schraut, MSW, LICSW, LMHP Carl V. Smith, MD* Kailey Snyder, PhD, MS Jaime Stevens, RD, LMNT Laura Wilwerding, MD, IBCLC, FABM, FAAP