



16th Biennial

Breastfeeding: Baby's Natural Choice Conference

AGENDA — Aug. 27, 2025

7:15 a.m.	Registration / Breakfast / Exhibits
8:00 a.m.	Welcome Laura Wilwerding, MD, NABBLM-C, IBCLC, FAAP, FABM <i>Pediatrician and Breastfeeding Medicine, Naturally Healthy Kids, LLC, Omaha, NE</i>
8:15 a.m.	From Letdown to Letting Go: Dysphoric Milk Ejection Reflection (D-MER) and the Mental Health Effects of Weaning Lindsay Lebin, MD <i>Assistant Professor of Psychiatry, Department of Psychiatry, University of Colorado School of Medicine, Aurora, CO</i>
9:15 a.m.	Thoughts and “Support” That Undermine Breastfeeding Kathleen Kendall-Tackett, PhD, IBCLC, FAPA <i>Owner and Editor-in-Chief, Praeclarus Press; Editor-in-Chief, Clinical Lactation, Psychological Trauma, Amarillo, TX</i>
10:15 a.m.	Break / Exhibits
10:45 a.m.	Breastfeeding and Maternal Mental Health: Understanding the Impact of Psychiatric Medications on Mother and Infant Lindsay Lebin, MD
11:45 a.m.	Lunch / Exhibits
1:00 p.m.	Weighing in on Breastfeeding and Obesity Kathleen Kendall-Tackett, PhD, IBCLC, FAPA
2:00 p.m.	Break / Exhibits
2:15 p.m.	Lactation in Private Practice McKenzie Taylor, BS-MCH, IBCLC <i>Owner, TenderTouch Lactation Services, Omaha, NE</i>
3:15 p.m.	Understanding Food Protein Intolerance and Other Causes of Intestinal Malabsorption in Breastfed Babies Laura Wilwerding, MD, NABBLM-C, IBCLC, FAAP, FABM
4:15 p.m.	Closing Remarks Laura Wilwerding, MD, NABBLM-C, IBCLC, FAAP, FABM
4:30 p.m.	Adjourn