



10th Annual NPQIC Fall Summit

A Decade of Dedication - Advancing Excellence
in Perinatal Care

Agenda — Friday, Sept. 12, 2025

- 7:30 a.m. Registration / Breakfast / Exhibits
- 8:00 a.m. Welcome and Opening Remarks
Ann Anderson Berry, MD, PhD, FAAP
- 8:15 a.m. Expect the Unexpected: Obstetric Hemorrhage
Rebecca Rimsza, MD
- 8:45 a.m. Perinatal Trauma: What It Looks Like, Who It Impacts, and What We Can Do To Help
Alexandra "Allie" Burt, MD and Leigh K. Cook, APRN-NP, PMHNP-BC
- 9:15 a.m. Mental Health in the NICU: Extending Support Beyond the Birthing Parent
Cara Solness, PhD, LP and Sarah Swenson, MD, DPhil, FAAP
- 9:45 a.m. Break / Exhibits
- 10:00 a.m. Film Screening: 24 Days Without You
- 11:00 a.m. Post-Screening Panel
Moderators: Ann Anderson Berry, MD, PhD, FAAP and Todd R. Lovgren, MD
Panelists: Leigh K. Cook, APRN-NP, PMHNP-BC; Elizabeth Elfstrand, MD; Cara Solness, PhD, LP; and Annie Sterle
- 11:50 a.m. Lunch / Exhibits
- 12:45 p.m. NPQIC Awards Ceremony*
Sydnie Carraher, DNP, APRN-NP, NNP-BC; Kara Foster, MPH; and Lindsey Steele, MPH
- 1:00 p.m. Connect and Collaborate: Fortifying a Robust Maternal and Infant Health Network
Sydnie Carraher, DNP, APRN-NP, NNP-BC; Kara Foster, MPH; and Lindsey Steele, MPH
- 1:30 p.m. From Recommendations to Reality: Advancing Care for Newborns and Families With Perinatal Substance Exposure
Christine Gold, MD
- 2:20 p.m. Break / Exhibits
- 2:30 p.m. Syphilis Isn't Extinct
Leah Casanave, DrPH
- 3:00 p.m. Perinatal Infection Treatment (PINT) Clinic*
Andrea Green Hines, MD
- 3:10 p.m. Community Engagement: A Crucial Component for Excellence
Moderator: Siobhan Wescott, MD, MPH
Panelists: Toya Broadway, BSN, RN; Amy Kent; and Karina Ruiz-Vargas, IBCLC
- 4:10 p.m. Closing Remarks
Todd R. Lovgren, MD
- 4:15 p.m. Adjourn

* No credit will be provided for this session.

Summit Director

Ann Anderson Berry, MD, PhD, FAAP

Professor and Chief, Division of Neonatology, Department of Pediatrics, UNMC; Medical Director, NPQIC

Summit Speakers

Toya Broadway, BSN, RN

Patient Partner

Alexandra “Allie” Burt, MD

Assistant Director of Psychotherapy Education, Behavioral Health Education Center of Nebraska (BHECN)

Sydney Carraher, DNP, APRN-NP, NNP-BC

Executive Director, NPQIC

Leah Casanave, DrPH

Division Chief, Community Health, Nutrition and Clinical Services, Douglas County Health Department, Omaha, NE

Leigh K. Cook, APRN-NP, PMHNP-BC

Clinical Instructor, College of Nursing, UNMC; Co-Director of Reproductive Psychiatry Subspecialty Clinic, Nebraska Medicine

Elizabeth Elfstrand, MD

Obstetrician and Gynecologist, Haugen OB/GYN Associates, Minneapolis, MN

Kara Foster, MPH

Project Coordinator, NPQIC

Andrea Green Hines, MD

Associate Professor, Division of Infectious Diseases, Department of Pediatrics, UNMC

Christine Gold, MD

Associate Professor, Section of Pediatric Hospital Medicine, Department of Pediatrics, University of Colorado School of Medicine, Aurora, CO

Amy Kent

Patient Partner

Todd R. Lovgren, MD

Department of Maternal and Fetal Medicine, Methodist Health System, Omaha, NE

Rebecca Rimsza, MD

Assistant Professor, Department of Obstetrics and Gynecology, UNMC

Karina Ruiz-Vargas, IBCLC

Patient Partner

Cara Solness, PhD, LP

Assistant Professor, Department of Psychology, Munroe-Meyer Institute, UNMC

Lindsey Steele, MPH

Project Coordinator, NPQIC

Annie Sterle

Amniotic Fluid Embolism (AFE) Survivor and Maternal Health Advocate

Sarah Swenson, MD, DPhil, FAAP

Assistant Professor, Division of Neonatology, Department of Pediatrics, UNMC

Siobhan Westcott, MD, MPH

Dr. Susan and Susette La Flesche Professor of American Indian Health; Associate Professor, Department of Health Promotion; Director, American Indian Health Program; Director, UNMC Indigenous and Rural Health Program, College of Public Health, UNMC