



# Comprehensive Parkinson's Disease Care

Friday, March 24, 2023

In Person: **UNMC Dr. Stanley M. and Dorothy Truhlsen  
Campus Events Center**  
619 S 42nd Street, Omaha, NE 68198

Live Stream: **via Zoom**

This course will provide a comprehensive multidisciplinary approach to the management of Parkinson's Disease. Topics will include the pathophysiology of the disease, early and late treatment options, the impact of nutrition and diet, motor and non-motor symptoms and complications, the role of therapies in the early and late stages of PD, and innovative outlooks on therapy and prevention. The activity is designed to enhance the training of PD care providers and was prepared and curated by Movement Disorder's Fellowship-trained neurologists at UNMC/Nebraska Medicine.

## AGENDA

|            |   |
|------------|---|
| 7:30 a.m.  | Registration / Breakfast / Exhibits                                   |
| 8:00 a.m.  | Welcome   |
| 8:05 a.m.  | Pre-Test  |
| 8:20 a.m.  | Diagnosis and Initial Steps in the Management of Parkinson's Disease  |
| 8:45 a.m.  | What Causes PD: Genetics, Environment and Beyond                      |
| 9:10 a.m.  | The Roles of Physical and Occupational Therapy in Early PD and Beyond |
| 9:35 a.m.  | Q&A   |
| 9:55 a.m.  | Break / Exhibits  |
| 10:10 a.m. | Management of Moderate to Advanced PD                                 |
| 10:35 a.m. | Non-Motor Symptoms of PD  |
| 11:00 a.m. | Impact of Nutrition on PD   |
| 11:25 a.m. | Q&A   |
| 11:55 a.m. | Lunch / Exhibits  |
| 12:55 p.m. | The Role of Speech Therapy in PD: Discussion of Voice Therapy         |
| 1:20 p.m.  | Cure for PD/Future of Treatment                                       |
| 1:45 p.m.  | Deep Brain Stimulation for PD   |
| 2:10 p.m.  | Q&A   |
| 2:30 p.m.  | Post-Test   |
| 2:45 p.m.  | Review of Answers / Concluding Remarks                                |
| 3:00 p.m.  | Adjourn   |

## TARGET AUDIENCE

This accredited continuing education activity is designed for physicians, nurses, occupational therapists, physical therapists, speech pathologists, and other health care providers who care for patients with PD.

## COURSE OBJECTIVES

At the conclusion of this activity, the participant should be better able to:

1. Identify early signs and symptoms of Parkinson's Disease.
2. Describe the possible causes of PD, including genetic and environmental factors.
3. State the roles of physical and occupational therapy in PD.
4. Explain motor and non-motor complications of PD.
5. Discuss the surgical and non-surgical management options of advanced PD.
6. State the importance and role of nutrition and diet on PD.
7. Identify the role of speech therapy in PD.
8. Recognize the ongoing research focusing on disease modification strategies in PD.

## REGISTRATION INFORMATION

**Registration Fee: \$100**

Registration Deadline: March 17

## QUESTIONS?

Contact Tori Greenlee at [vgreenlee@unmc.edu](mailto:vgreenlee@unmc.edu).

## CONTINUING EDUCATION CREDITS



JOINTLY ACCREDITED PROVIDER  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by University of Nebraska Medical Center and Nebraska Medicine. University of Nebraska Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### Physicians

The University of Nebraska Medical Center designates this live activity for a maximum of 5.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nurses

5.75 Contact Hours Awarded

Nebraska Medicine is approved as a provider of nursing continuing professional development by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

### Physical Therapists

Physical Therapist credit is pending approval.

### Occupational Therapists

This program meets the criteria for an approved continuing education program for Licensed Occupational Therapists.

### Speech Pathologists

This program meets the criteria for an approved continuing education program for Audiology and Speech Language Pathology.

**REGISTER NOW!** [www.unmc.edu/cce/pd2023](http://www.unmc.edu/cce/pd2023)