



Join us for the 16th Biennial Breastfeeding: Baby's Natural Choice Conference

The 16th Biennial Breastfeeding: Baby's Natural Choice Conference, scheduled for **Wednesday**, **Aug. 27**, is a comprehensive event designed for health care professionals involved in maternal and infant health.

This conference brings together experts in lactation, mental health, and pediatric care to address the multifaceted factors influencing breastfeeding practices.

Through a blend of lectures, case discussions, and interactive sessions, participants will explore strategies to support breastfeeding, address challenges in lactation, and promote maternal-infant well-being.

TARGET AUDIENCE

This accredited continuing education activity is designed for physicians (OB/GYN, pediatric, and family medicine), advanced practice providers, nurse midwives, nurses, lactation consultants, registered dietitians and medical nutrition therapists, social workers, breastfeeding advocates, fellows, residents, and students.

LOCATION

UNO Scott Conference Center 6450 Pine Street, Omaha, NE 68106

CONFERENCE DIRECTOR

Carl V. Smith, MD

Chris J. and Marie A. Olson Endowed Professor; Professor and Chair, Department of Obstetrics and Gynecology; President – Olson Center for Women's Health Advisory Committee, UNMC

TOPICS

- From Letdown to Letting Go: Dysphoric Milk Ejection Reflection (D-MER) and the Mental Health Effects of Weaning
- Thoughts and "Support" That Undermine Breastfeeding
- Breastfeeding and Maternal Mental Health: Understanding the Impact of Psychiatric Medications on Mother and Infant
- Weighing in on Breastfeeding and Obesity
- Lactation in Private Practice
- Understanding Food Protein Intolerance and Other Causes of Intestinal Malabsorption in Breastfed Babies

QUESTIONS?

Contact Cece Abbey-Webben via email or call 402-559-8185.

Register now at

www.unmc.edu/cce/breastfeeding

ACCREDITATION



In support of improving patient care, University of Nebraska Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

The University of Nebraska Medical Center, Center for Continuing Education designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses The Univ

The University of Nebraska Medical Center designates this activity for 6.0 ANCC contact hours. Nurses should only claim credit for the actual time spent participating in the activity.

Social Workers

This program meets the criteria of an approved continuing education program for social work.

Dietitians and Medical Nutrition Therapists This activity has been submitted to the Commission on Dietetic Registration (CDR) for prior approval of CPEUs. Approval is pending.

Lactation Consultants

3.00 L-CERPs, 1.00 E-CERPs and 2.00 R-CERPs allocated by the International Board of Lactation Consultant Examiners (IBLCE);

IBLCE approval # C2025470.

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