

Research Goals

- Reduce distress & depressive-symptoms in cancer survivors
- Facilitate patient/family access to early psychological care
- Develop low cost, patient-centered, self-guided, eHealth psychoeducational interventions
- Promote long-term, quality survivorship by reducing burden of acute & chronic outcomes of psychological maladjustment

Past and Current Funding

Current:

- Rural breast cancer survivor focus groups provide input on CaringGuidance™ program content (VCR funded)
- Pilot single group study of newly diagnosed rural women's outcomes and feasibility using CaringGuidance™ program (VCR funded)
- Pilot trial to assess feasibility & outcomes of newly diagnosed rural women's randomly assigned to CaringGuidance™ program use plus usual care vs. usual care alone (Fred & Pamela Buffett Ca Center)

Completed:

- Randomized pilot study of psychological outcomes of newly diagnosed women given access to CaringGuidance™ plus usual care vs. usual care alone (ACS funded)

My Area of Study

What are your concepts?

Psychological adjustment
Distress
Depressive-symptoms
Social constraints
Supportive oncology approach
Cognitive-behavioral techniques
Psychoeducation
Breast cancer
Self-guided eHealth intervention



What are your population(s) ?

Women newly (within first months) diagnosed with breast cancer and their families and friends

Type of design(s) you use

Qualitative descriptive focus groups
Interviews; Think-aloud
Pilot studies
Randomized controlled trials

Collaborative Needs

What kind of interdisciplinary collaborators are you looking for?

- Health psychology and/or
- Counseling psychology

List specific needs you are looking for in a collaborator

- Expertise in measuring/evaluating data pertaining to:
 - family/spouse relationships, communication & interactions when challenged with illness
 - Patient – clinician communication
- Time and willingness to contribute to:
 - protocol development,
 - consulting on analysis and
 - writing contribution to grant/manuscripts

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