Patient Activation Measure® (PAM®) Survey

Link to website https://www.insigniahealth.com/research/science

PAM® Survey Reference

Hibbard, J. H., Stockard, J., Mahoney, E. R., & Tusler, M. (2004). Development of the Patient Activation Measure (PAM): Conceptualizing and Measuring Activation in Patients and Consumers. *Health Services Research, 39*(4 Pt 1), 1005–1026.

Reliability & Validity

The Patient Activation Measure® (PAM®) Survey is used to measure patient's active behavior in the self-management of chronic illness. It is a 13 item scale with a 5-pint Likert response scale (Disagree strongly, disagree, agree, agree strongly, or N/A). Raw scores are transformed to a scaled of 0-100 with 100 being the highest activation in self-management. The Patient Activation Measure® is reliable and valid. Rasch person reliability was between .85 and .87 (Cronbach's alpha .87). The measure has criterion validity (Cohen's kappa .8, .9, .9; p<.001 for all three kappas), (Hibbard et al. 2004).

Access & Cost Information

This measure requires a license to use in research. The University of Nebraska Medical Center has an institutional license with Insignia Health. Anyone affiliated with UNMC can use the PAM® Survey in their research. Contact Laura Robbins laura.robbins@unmc.edu for a copy of the survey, scoring materials and licensing information on the PAM® Survey.

*Contact Laura Robbins to upload the PAM® Survey into your REDCap project.