

# Chronic Care Self-Management Research Interest Group

PRESENTED BY

THE CENTER FOR PATIENT, FAMILY & COMMUNITY ENGAGEMENT  
FOR CHRONIC CARE MANAGEMENT (CENTRIC)

WHEN & WHERE

Thursday, May 10, 2018; 12 PM – 1 PM

LOCATION: CNS 40120; SCOTTSBLUFF B130D; LINCOLN 360;  
KEARNEY HSE 104; NORFOLK 189;  
VIDYO:

<https://rooms.vidyoportal.unmc.edu/flex.html?roomdirect.html&key=jK3IZGNs6gMZifowqxKQKvTds>

Join us at our next CENTRIC RIG meeting for an intriguing dialogue with Dr. Christine Eisenhauer and Dr. Janet Nieveen. Our focus will be on the use of technology in self-management research

## Christine Eisenhauer PhD, APRN-CNS, PHCNS-BC, CNE



Dr. Eisenhauer will be sharing perspectives from her pilot work. *Acceptability of mHealth Technology for Self-Monitoring Eating and Activity among Rural Men.*

We will also have an opportunity to explore how this work provided a basis for her R15 study: *Engaging rural men with mobile technologies for weight loss: A randomized controlled trial.* This trial involves using a mobile app for use by participants.



## Janet Nieveen PhD, RN

Dr. Nieveen will be joining our discussion to address experiences of using a mobile app, in a pilot study she conducted, to improve physical activity among patients following cardiac revascularization.

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<https://unmcredcap.unmc.edu/redcap/surveys/?s=A4LER8PALL>