# UNMC

**Postdoctoral Research Fellow**

**HEART CAMP Connect: Heart Failure and Exercise Study**

**National Institutes of Health (NIH) Funded Research (1R01HL163288-01A1)**

**Position Overview:**

Dr. Windy Alonso, PhD, RN, FHFSA, an Assistant Professor at the University of Nebraska Medical Center College of Nursing, invites applications for a postdoctoral research fellow to join a dynamic team working on a groundbreaking NIH-funded study focusing on promoting adherence to exercise in adults with heart failure with preserved ejection fraction (HFpEF). Ideal candidates will have research interests in heart failure, exercise, adherence, behavior change, wearable technology, and/or intervention development and testing.

**PROMOTING ADHERENCE TO EXERCISE IN ADULTS WITH HEART FAILURE WITH PRESERVED EJECTION FRACTION**

**Project Description:**

The successful candidate will be an integral part of our multidisciplinary team committed to advancing our understanding of heart failure with preserved ejection fraction and helping participants meet the exercise recommendations for adults with heart failure. This position offers a unique blend of research opportunities and professional development in a collaborative and innovative environment.

**Responsibilities:**

* Develop and maintain strong clinical partnerships.
* Explore the use of wearable technologies to enhance data collection, participant engagement, and intervention delivery for individuals with HFpEF.
* Contribute to research through recruitment, data collection, and assisting with clinical trial management.
* Collaborate on grant writing, data analysis, and the development of scientific manuscripts and presentations.
* Work with mentors and collaborators to develop independent research projects and grant proposals aligned with your individual research interests.
* Engage in training, education, and professional development opportunities offered by UNMC.

**Qualifications:**

* PhD in nursing, or closely related field
* Must be eligible to apply for RN license in Nebraska
* U.S. citizen or U.S. permanent resident only (no work visa sponsorship)
* Prior experience in conducting clinical research
* Strong data management and analysis skills
* Commitment to becoming an independent scientist
* We strongly encourage applications from candidates of all backgrounds, including those from underrepresented and historically marginalized groups. We are committed to fostering a diverse and inclusive research environment and welcome individuals with unique perspectives and experiences to join our team

**What UNMC offers:**

* University of Nebraska system – a research-intensive university, consistently ranked in the top tier of national research universities. Features 4 campuses across Nebraska
* Immersion in a collaborative and collegial environment at the Medical Center – the only public, safety-net medical center in Nebraska
* Opportunity to collaborate with colleagues from the College of Medicine, College of Allied Health Professions, College of Public Health, College of Pharmacy, and other colleges and institutes
* Conduct research at Nebraska Medicine – clinical partner of the University of Nebraska Medical Center, ranked as #1 hospital in Nebraska *(U.S. World & News Report)*
* Access to internal research funding through your faculty mentor
* Resources for research funding and advancement of your research career, including Great Plains Institutional Development Award – Clinical and Translational Research center, Fred and Pamela Buffet Cancer Center, Munroe Myer institute, and [many others](https://www.unmc.edu/vcr/index.html)

**What UNMC College of Nursing offers:**

* NIH level salary (level 0 for year 1, level 1 for year 2) for the 2 years of post-doctoral fellowship, benefits
* Nationally recognized College of Nursing with 17 programs of study
* Individual office in a state-of-the-art building (opened in 2014)
* Work with your mentor and receive regular feedback from other faculty
* Niedfelt Nursing Research Center dedicated to researcher’s success: pre- and post-award support, mock reviews, guidance with grant submissions
* Center for Patient, Family, and Community Engagement in Chronic Care Management

**Life in Omaha:**

* Booming live music scene, incredible restaurants, engaging arts and cultural offerings
* Cost of living is 5% below national average
* Family fun: Henry Doorly Zoo, Fontanelle Forest, The Rose Theatre and [more](https://www.omahachamber.org/wedontcoast/we-play/daycation/)
* Attractions: College World Series, CHI Health Center Arena and [more](https://www.omahachamber.org/wp-content/uploads/2019/08/QOL_2019_02_Reduced.pdf)

If interested in applying, please contact Tonya Cejka (tcejka@unmc.edu) or Mariya Kovaleva (mkovaleva@unmc.edu).

Please visit <https://www.unmc.edu/centric/post-doc/index.html> for the information on the required documents needed to start your application and the post-doc opportunities at the UNMC College of Nursing.