

Shared susceptibility to seizures and depression in selectively bred rats

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Depression is the most common psychiatric comorbidity in epilepsy. There is a bidirectional relationship between epilepsy and depression. A person with epilepsy has a 5-fold higher risk of developing depression, while epilepsy is about 5-fold more frequent in individuals with depression, including a family history of depression. There is a connection between these two diseases, yet the evidence for a shared pathology is unclear. We aim to characterize seizure susceptibility and age-dependent depressive-like behavior in rats selectively bred for over 70 generations for immobility in the forced swim test (FST) while also examining the expression of glia. Sprague Dawley (SD) rats from Charles River Laboratories have been selectively bred since 1987 for low activity scores (AS) in the Porsolt FST. The FST involves an animal placed in a cylindrical plexiglass tank 65 cm tall and 30 cm in diameter for 15 minutes. The amount of time an animal spends struggling/high activity is defined as all four paws vigorously moving. The amount of time an animal is immobile/low activity is defined as no limb movement. We subtracted the two scores, and a negative activity score reflects an animal's learned helplessness, as it spent more time immobile than struggling to escape. These low-activity animals named swim low (SwLo) exhibit a robust display of learned-helplessness and have reached over 70 generations. We performed 2 experiments: (1) FST at various postnatal (P) ages: P30 (n=11), P35 (n=8), P42 (n=44) and P90-120 (n=16). (2) seizure occurrence to intraperitoneal kainic acid (KA, 20mg/kg) injection at P35. SwLo rats (n=16) were compared to random SD rats (n=16). At P30, SwLo showed positive AS similar to random control SD. At P35, SwLo started to show negative AS and spent more time immobile than active ($p<0.01$). By P90, naïve SwLo rats, without any further treatment, became nearly immobile in the FST as seen previously ($p<0.001$). GFAP stain for astrocytes and IBA-1 stain for microcytes at P37 exhibit significantly higher activation in SwLo animals than control. At P35, 90% (18/20) of SwLo experienced convulsive seizures, whereas only



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45% (9/20) of SD control rats had overt seizures ($p < 0.05$). Depressive behavior in SwLo rats developed over time, becoming evident by 5 weeks of age (P35). SwLo animals display signs of increased neuroinflammation by P37 in the hippocampus. At P35, these animals also exhibited increased susceptibility to KA-induced seizures.