

UNMC Student COVID Commitment

I commit to do my part to keep myself, my campus, and my community in good health as I engage as a student of the University of Nebraska Medical Center.

I understand that I have a responsibility in the fight against COVID-19 and commit to be an accountable member of both UNMC and the communities we serve. Furthermore, I acknowledge the privilege I have to pursue a career dedicated to the service of humankind in a health profession or in health-related research and the special responsibility placed on me, by virtue of this privilege, to lead by example.

I commit to be an active participant in maintaining my own health, wellbeing, and safety, as well as the safety of others, by following all the guidelines and expectations outlined by the university. I accept the challenge to help UNMC achieve our mission to “lead the world in transforming lives to create a healthy future for all individuals and communities.”

To help reduce the spread of COVID-19, I personally commit to supporting the following campus and community standards:

- Wearing a face covering in accordance with the university's face covering policy.
- Being mindful of physical distancing of a minimum of 6 feet, especially in smaller spaces (i.e. elevators, restrooms, and offices).
- Maintaining good personal hygiene habits and frequently washing hands thoroughly with soap and water and/or using hand sanitizer.
- Utilizing an approved screening tool, such as the *1-Check COVID* self-screening app, each day before going to campus, a clinical rotation or practicum site, or going out in public.
- Staying home if I'm not feeling well.
- Seeking and following guidance from Student Health if I am exposed to a person known to have tested positive for COVID-19, am experiencing symptoms of COVID-19, or have tested positive for COVID-19.
- Doing my best to keep common community spaces clean.
- Avoiding and discouraging large in-person group gatherings wherever possible.
- Abiding by all specified campus room and public space COVID-19 occupancy limits.
- Complying with guidance from university and local health officials.
- Regularly reviewing the Campus Recovery/Coronavirus Resources website.
- Reaching out to the UNMC Office of Health Security with questions as needed.
- Applying the above-mentioned preventive practices to situations outside my educational environments (including stores, restaurants, bars, social gatherings, and other public venues).

In this unprecedented time, UNMC is striving to provide a quality higher education experience while working to keep our community healthy, safe, and secure. By following through on these commitments, I will do my part to maintain the safety of our community and to demonstrate the ITEACH values of the university. As a member of the UNMC community, I renew my commitment to embracing Innovation, Teamwork, Excellence, Accountability, Courage, and Healing as a learner.

I acknowledge that I have read and understand the UNMC Student COVID Commitment.