

# Dermatology News

Spring 2023



Delice Kayishunge  
University of Arkansas for Medical  
Sciences College of Medicine



Divya Sharma  
Northeast Ohio  
Medical University



Morgan Zabel  
University of Nebraska  
Medical Center

## Davis Enters Dermatology Department

Lindsey Davis, MHA  
Dermatology Clinic Director  
& Department Administrator

I was born and raised in Pender, NE, where I was active in our small-town community, athletic programs, and spending time with my wonderful family. After graduation from high school, I attended Briar Cliff University to continue my athletics in volleyball and pursue academics in sport science. My love for being a part of a team, healthcare, and building relationships next led me to a Master of Health, Physical Education and Recreation with an emphasis in Athletic Training from the University of Nebraska at Omaha.

While in my master's program, I met my husband, Dustin, who was active in the U.S. Marine Corps. After graduation from UNO, Dustin and I moved to North Carolina. I started my healthcare career with an Orthopaedic practice, where I worked as an Athletic trainer and clinical assistant to several Orthopaedic surgeons. During our time in NC, we welcomed our first-born son, Brooks. Brooks and I made a great team while dad

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## 2024 ACGME Match Results Are In!

Jaida Carley, Dermatology  
Residency Coordinator

On March 17th, the UNMC Dermatology team announced our three new future resident physicians to our ACGME program!

Starting with our Dermatology Team on July 1, 2024, are Delice Kayishunge, Divya Sharma, and Morgan Zabel.

The official announcement came on March 17th, the annual "Match Day," when hopeful residency candidates await the life-changing news of where they will be continuing their educational journey. The dermatology department and departments across UNMC have been working tirelessly to ensure that UNMC matches

with the best possible candidates for the new growing dermatology department. Collectively, the faculty reviewed over 500 applications before narrowing the search down to 47 candidates invited to a virtual interview in January.

One of the three residents that matched is our own UNMC medical student Morgan Zabel, and we are eager to welcome Delice and Divya during the summer of 2024. The new members of the dermatology residency program were welcomed with excited phone calls from faculty and our current 9 residents. We are excited to have matched with such a strong group of individuals and are eager to add them to our growing department.



# From the Chair

May 1, 2023 marks the 5-year anniversary of our UNMC Department of Dermatology! We have so much to celebrate and for which to be grateful. A few highlights:

- Recruited 16 board-certified dermatologists
- Founded a new ACGME-accredited residency program in dermatology
- Developed a 4-year robust didactic curriculum, clinical courses and mentoring for medical students in dermatology
- Started PhD, MS, and MPH graduate programs in dermatology, cancer biology, and epidemiology.
- Launched year-long medical student and post-doctoral research fellowships in dermatology
- Started Dermatology Grand Rounds continuing medical education (CME) conferences
- Developed a robust teledermatology platform to expand access to rural Nebraska and beyond!
- Launched a podcast, "Skin Deep" and successful social media presence
- Hosted 81 service and outreach events
- Published 193 research and scholarly articles in the worldwide literature
- Built 6 clinical sites and delivered care to over 85,000 patients at Nebraska Medicine.
- Developed first ever pediatric dermatology program at Children's Hospital and Medical Center of Omaha
- Launched new UNMC Dermatology program at the VA-Nebraska Western Iowa Health Care System for veterans.

As we look to the future, we will expand our clinical services and subspecialty dermatologic care, partner with the community and other healthcare systems to provide access for patients, expand our educational offerings, and innovate through cutting edge research. We will work with leadership at UNMC and Nebraska Medicine, as well as our philanthropic partners, to build a long-term home for dermatology on campus. Ultimately, we hope to ensure "the 100-year dermatology plan" and a robust, comprehensive academic dermatology department for many years to come!

## Ashley Wysong MD, MS

Founding Chair and Professor  
Department of Dermatology  
University of Nebraska Medical Center

### Dermatology Newsletter

### Spring 2023

This Newsletter is produced by the Department of Dermatology at the University of Nebraska Medical Center.

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## Village Pointe Nears the End of Construction

Dani Lamer, Clinic Manager

The Dermatology space at the new Village Pointe location is progressing beautifully (literally and figuratively)! Construction is nearing the final stages of the building process. Currently, the team is working on the finishing touches for the Dermatology space so that our teams can prepare everything for opening day. We are anxiously waiting to move into our new space and start making it feel like home for our team and patients. The estimated timeline for seeing our first patient in this beautiful new building is still July of 2023; we cannot believe how close that truly is.

We are beyond excited! This new space will be the first space on Nebraska Medicine's campus built specifically

for Dermatology and will be nothing short of fantastic for our team. We will have a much larger workspace at this location and are ready to get our patients and team into this new space.

At this location, we are excited to be able to offer all our services, including Mohs surgery, vein procedures, laser procedures, cosmetics, light therapy, and general dermatology. In addition to the Dermatology services available, the building will have support from our financial counseling team. It will have a pharmacy on-site to ensure that all our patients are thoroughly cared for. This new building will have a multitude of specialties included on the floors and will serve as a great one-stop shop for all your needs.

I've been participating in an operational task force group focused on each workflow going through this building to ensure that each process is thought through carefully and with patient and staff workflow in mind. We continue to meet and pull in more team members, leading to inspiring and innovative collaborative efforts throughout the organization. With every new building, it is essential to think through how we can do things differently to improve processes for our teams, patients, and their families. I'm excited to see the work of this task force come to light as the opening date comes closer.

We look forward to seeing you at one of our locations, new or current, soon!



Alesha Smith and Ashley Wysong, MD, MS, presenting at the AAD Annual Meeting in New Orleans, LA.

“Dr. Wysong set such an upbeat, enthusiastic tone for this session.”

Alesha Smith, Ambulatory Vascular Technologist - Nebraska Medicine

# UNMC Dermatology Heads to the Big Easy for AAD Annual Meeting

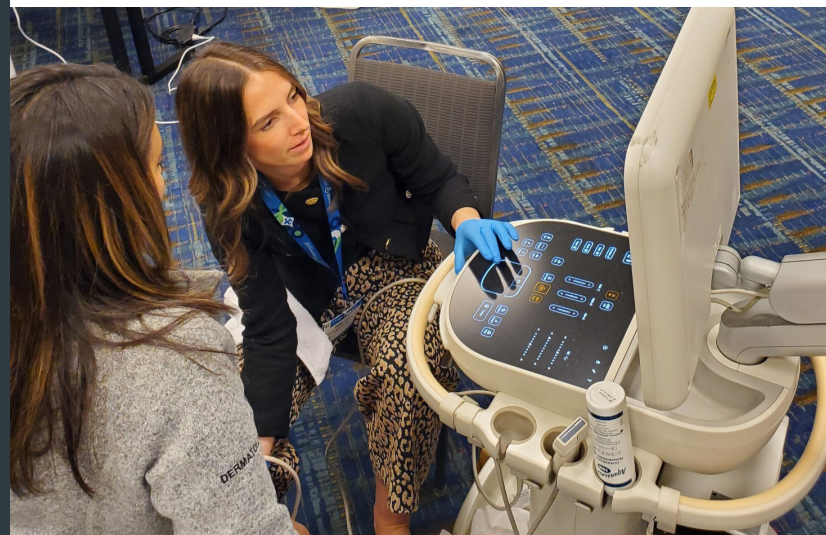
Alesha Smith, Ambulatory Vascular Technologist

The American Academy of Dermatology (AAD) held its annual conference in New Orleans, Louisiana, where medical professionals from around the country and the world came together to share their expertise and insights into the latest advancements in dermatology. Dr. Ashley Wysong, Dr. Adam Sutton, and Dr. Nicole Harter all presented, while Dr. Wysong held two “hands-on” workshop events.

UNMC Dermatology had an outstanding turnout from our medical students and residents with three oral poster presentations and five ePoster presentations.

One of the conference’s highlights was presenting with Dr. Wysong at the Hands-On: Varicose Veins and Telangiectatic Veins lecture and workshop. This hands-on session included a sclerotherapy demonstration on a patient, device training for sclerotherapy, and live ultrasound.

I presented sonography best practices and techniques. I highlighted the importance of a thorough venous duplex exam before consultation with surgical dermatologists in the vein clinic setting. During the hands-on portion of the workshop, I performed an ultrasound on our volunteer patient showing the different modalities used to evaluate for venous disease. Dr. Wysong set such an upbeat, enthusiastic tone for this session. Attendees were excited and involved, asking questions and even trying to do an ultrasound. It was a perfect way to end the AAD conference.





## Awards Taken Home at AAD

### WDS Volunteer of the Year

Kristie Hayes, MD

### WDS Mentor of the Year

Ashley Wysong, MD, MS

### AAD Resident Quality Improvement Award

Erica Lee, MD  
Ritu Swali, MD

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was away on deployments. After four years of living in NC, Dustin had a fantastic opportunity to be transferred to Camp Pendleton, California. During our time in CA, we welcomed our 2nd son, Jackson. When Athletic Training jobs became harder and harder to find, I pursued a second master's degree in Health Care Administration, where I could focus on operational success, strategic planning, and leadership. In early 2016, I had my first supervisor role with a small team of 15 staff members. In 5 short months, I optimized employee appraisal platforms and created a 97% patient satisfaction rating.

After a 10-year military career, Dustin and I relocated to our old stomping grounds and settled in Blair, NE, on a small acreage. I was honored to join the Nebraska Medicine leadership team in August of 2016 as the associate clinic manager for ENT, Allergy and Audiology, General Surgery, Oral Maxillofacial Surgery, and Urology. This opportunity taught me strength, vulnerability, mentorship, and stewardship. Nebraska Medicine became my home.

In February 2018, I was able to advance to a clinic manager role for the ENT, Allergy,

and Audiology Department. My passion for team development, patient care, and optimizing clinical operations paved the way for my overall drive in healthcare. Growth within Nebraska Medicine is a lifestyle that drives collaboration, innovation, and teamwork to allow any leader opportunities for career advancement. I had the privilege to grow during the start of the pandemic to another leadership opportunity within the Olson Center for Women's Health. As their clinic manager, I had a greater responsibility to accelerate my leadership skills, problem-solving techniques, and management skills. I am very fortunate to have such inspiring mentors that allow me to move within the organization for professional growth.

I am honored to grow with Dr. Wysong and all our outstanding Dermatology physicians and staff. The ability to learn from a department whose reputation is a "culture of one," clinical excellence, and supporting individual development, is genuinely motivating. I look forward to growing within my role as Director and Administrator to excel in our department's success and overall mission.

If you can't find me in the Dermatology Department, I am most likely watching my boys compete in baseball, wrestling, soccer, or football, depending on the season. Dustin and I also started a 501(c)3 Non-profit, Out Beside You, that allows transitioning military veterans and their families time to bond from active to civilian life.





## Resident's Corner

Ritu Swali, MD, PGY-4

Time has flown by these past few months with the start of 2023. It's rare and heartwarming to see all the residents present in one place at any time. I am trying to hold on to every moment we have together before graduating this summer. So, what have we been up to?

Dr. Lee spent two weeks in her hometown in Hawaii for an elective rotation, learning about the practice environment she plans to return to after finishing training. She then jetted to Miami, Florida, for the Winter Clinical Conference, where she was recognized as a Rising Derm Star. A few weeks later, Dr. Clarey flew out to Naples, Florida, after receiving a Resident Scholarship from L'Oreal USA via nomination by our program director Dr. Jennifer Adams to attend Derm Foundation Clinical Symposium.

The PGY-3 and PGY-2 residents have all recently taken CORE and Basic Exams, respectively, and are eagerly awaiting their results. However, they mostly enjoy using their widened knowledge base of dermatology for patient

care on a daily basis. PGY-4 residents are somehow juggling studying for boards and looking for jobs.

Resident appreciation week was an extravagant affair, as always, thanks to our mama-bear program coordinator Jaida Carley. She showered us with Sesame Street Bombas (socks) and hand-written notes from our attendings. She stocked our fridge with our favorite snacks and drinks (sparkling water is a fan favorite at our program) and then topped off our badges with more meal money – obviously, this was all gone within a week, but for that week, we feasted like kings.

I missed all the fun on campus while I was off globe-trotting for months. One of the many wonderful aspects of being a UNMC dermatology resident is the three months of elective time we get to spend with anyone we want, anywhere in the world. I spent a few months rotating with cosmetic dermatology authorities all over the States, including Dr. Paul Friedman, Dr. Mitchell Goldman, Dr. Dianne Davis, Dr. Kachiu Lee, Dr. Eric Bernstein, Dr. Mark Taylor, and Dr. Heidi Prather – all rightfully coined as experts in their field.

Most recently, I spent my last month in Mumbai, India, with Dr. Jaishree Sharad, a renowned cosmetic dermatologist with a high-profile clientele. Being double fellowship trained and one of the first injectors in the country, she is a vast source of knowledge with very practiced hands. She took every moment as a teaching moment – whether reviewing facial anatomy, laser endpoints, filler complications, or elucidating how to optimize patient satisfaction, build a business, or manage a team – I was constantly learning. I loved sitting in on new consultations where she walked me through facial analysis and even got to perform several chemical peels. I was thrilled to gain a new mentor who could walk me through treating Fitzpatrick skin types III – V with such finesse, especially since I'll be heading back home to Houston this summer for an ASDS cosmetic dermatology fellowship with Dr. Paul Friedman. My two co-residents, Dr. Clarey and Dr. Evans, are still planning for next year – but they also plan on sticking close to their homes in Nebraska after graduation.

All the buzz over the past few weeks has been about the American Academy of Dermatology (AAD) conference in New Orleans, Louisiana, the largest annual dermatologic conference in the States. With bellies full of beignets, our residents, medical students, and research fellows presented numerous research projects, represented UNMC on various committees, soaked up cutting-edge knowledge at lectures, and investigated new skin care products in the exhibit hall. Special acknowledgment to Dr. Fernandez for receiving two research grants through the Skin of Color Society (SOCS) and AAD, Dr. Siller for his work on a SOCS task force, and Dr. Borucki for his new position with the AAD self-assessment committee. It was an honor being

present for our chair, Dr. Wysong and Dr. Hayes, being recognized as Mentor of the Year and Volunteer of the Year, respectively, at the Women's Dermatologic Society's (WDS) Luncheon. Dr. Lee and I are also proud to have been awarded the Excellence in Patient Care Award for our resident quality improvement project on virtual reality for pediatric procedures, which we had the opportunity to present during the meeting – we cannot thank Katie Plampton, medical student research fellow, enough for her contributions to this project. But, enough about our accolades – we had the best of times bonding with each other and our attendings.

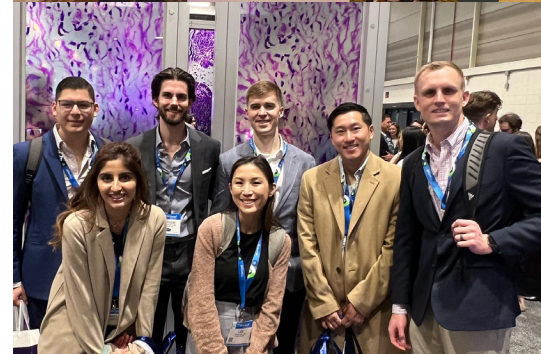
We celebrated our newly matched residents (Morgan Zabel, Divya Sharma, and Delice Kayishunge), met with our former UNMC medical students (Dr. Samuelson, Dr. O'Connor, and Dr. Rentfro), and congratulated our current medical student Marissa Lobl on her match while at the UNMC Alumni event,

and then proceeded to be wined and dined by our rockstar duo program director Dr. Adams and associate program director Dr. Arthur. It is comforting knowing that this meeting is where we can always find ourselves in the presence of those who chose us to be part of our lives.

Although this would be a natural segue into talking about the ever-looming "g-word" (graduation), we are all trying hard to hold back those tears until it is time to say goodbye. So, for now, we are zeroing in on our upcoming resident retreat with team building at a Sherlock-themed escape room – any bets on us beating the Admin team's previous record time?

Ritu Swali, MD

Department of Dermatology  
Chief Resident, PGY-4



Dr. Ashley Wysong and Kara Tomlinson at the 2022 Cattleman's ball.

# Calendar

## April Grand Rounds

4/25 | 6 pm  
Dr. Ronald Sulewski  
"Cosmetics Beyond the Combos"

## Resident Graduation

6/24

## College World Series

6/25 - 6/26 | All Day

## May Grand Rounds

5/23 | 6 pm  
Dr. Kiran Motaparathi

## Cattleman's Ball

6/3 | All Day  
Pender, NE

## June Grand Rounds

6/27 | 6 pm  
Dr. Anisha Patel



Tom Thompson,  
NU Foundation



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# Ways to Support our Department

Developing new clinical programs, innovative education strategies, and cutting-edge research protocols depends on support from our philanthropic partners. UNMC alumni, grateful patients, and community partners have expressed an interest in learning more about our program, opportunities to enhance the impact we have at UNMC and across Nebraska, and our vision to become a national leader in treatment, physician training, and outreach. If you would like to learn more about private gifts and partnerships in these or other areas, or about volunteering for our programs, we welcome the chance to share them with you. We are grateful for every gift, as well as each person who would like to be a part of the team serving our dermatologic community.

**We have immediate needs in the following areas:**

- Dermatology Excellence Fund
- Education Funding – Resident Education Fund, Medical Student Research Scholarships, Endowed Research Fellowship
- Patient Care and Clinical Support
- Endowed Faculty Sponsorship

**For more information please contact:**

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402-559-4503

University of Nebraska Foundation,  
Tom Thompson, 402-502-4116

Visit us on the web at  
[www.unmc.edu/dermatology](http://www.unmc.edu/dermatology)

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