



## PROPER REMOVAL OF CONTAMINATED GLOVES

Gloves are intended to protect you from infectious or otherwise hazardous material. Used gloves can transfer those materials to items or surfaces that are handled by others, increasing the risk of cross-contamination and potential adverse health effects.

Always remove gloves *before* you leave the lab or handle objects such as door handles, elevator buttons, light switches, phones, etc.



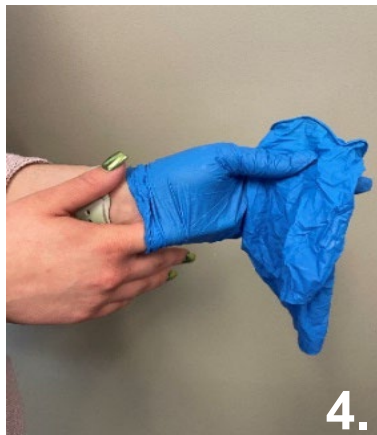
1.  
Pinch the palm side of one glove near your wrist with your thumb and index finger.



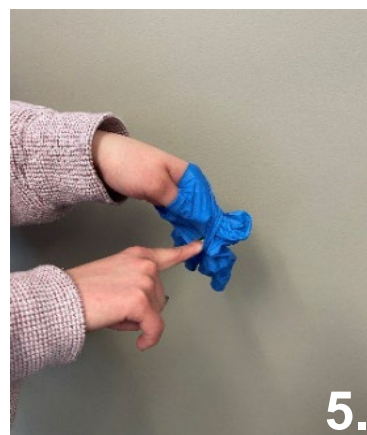
2.  
Pull the first glove off towards your fingertips, turning it inside out.



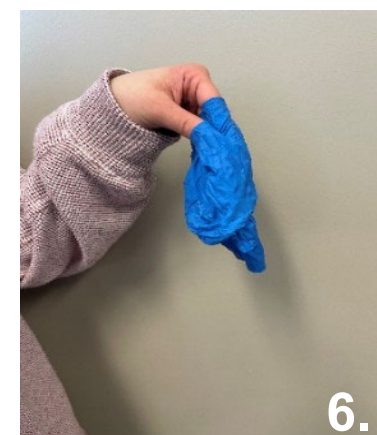
3.  
Hold the removed glove in the palm of your still-gloved hand. Do not snap the glove.



4.  
Slide your finger from the ungloved hand under the wrist of the remaining glove.



5.  
Turn your finger 180° and pull the glove outwards and towards your fingertips. The second glove will be inside out, covering the first glove.



6.  
The first glove will be contained within the second glove. Dispose of gloves appropriately. Wash your hands after glove removal.