

Ergonomic Services

- Work assessments and solutions for injury prevention; pain relief; work accommodations and optimizing work design for improving functionality and performance.

1. *Office Ergonomic Assessments* \$90.00 per assessment. \$45.00 per follow up visit.

2. On-line ergonomics training PowerPoint and Self-Assessment

Ergonomist will provide the on-line content and will work in coordination with IT, Facilities, Purchasing and UNMC Safety, to assist UNMC develop this service for employees.

- Will allow employees to complete their own assessment and implement ergonomic measures, for improving comfort level, relieving pain associated with tasks and improve functionality of their work setup.

3. Ergonomic job hazard analysis

A job hazard analysis may be beneficial in cases where an employee or employees report pain or injury associated with work tasks, for identifying and eliminating risk factors.

- On-site in-person ergonomic assessments for non-office work settings. \$90.00 per hour for first three hours. \$45.00 per hour for subsequent hours including analysis; report writing and follow up visits. Time estimates for project, such as for a job hazard analysis will be submitted for approval prior to scheduling.

4. Ergonomic job hazard analysis for work comp cases

May be beneficial for identifying and eliminating risk factors for injury or re-injury. May help tailor work accommodations for injured employee during the recovery phase or for return-to-work cases.

- \$90.00 per hour for first three hours. \$45.00 per hour for subsequent hours including analysis; report writing and follow up visits. Time estimates for project, such as for a job hazard analysis will be submitted to case manager, for approval prior to scheduling.